

PARKDALE NEWS

Cedar's fundraiser a big success



Photo by Tamara Emler Ball

PARKDALE RESIDENT Cedar, in front, enjoys the music by Bonneville Power Trio: Ryan McAlexander, left, Tim Ortleib, and Ben Bonham.

By **TAMARA EMLER BALL**
Parkdale correspondent

Upper valley residents packed the house at the fundraiser dinner at Solera Brewery on Wednesday, Feb. 11 to support Parkdale resident Cedar and the effort to build him a home.

"The fundraiser was a huge success ... we raised \$10,400," said Leila Coe of Apple Valley BBQ, co-chair of the event. "What an awesome showing of support in such a tiny little town."

Solera Brewery provided the venue, beer and cider; Apple Valley made the delicious dinner of barbecue chicken and pork, mashed potatoes and green beans and many generous people donated to the raffle and live auction items.

A fun time was had by all who came out to enjoy the dinner, auction and live music provided by the Bonneville Power Trio.

Many people have already donated to the "Build Cedar a Home" GoFundMe account posted at gofundme.com/gdxa98; however, an additional account for cash and check donations has been set up locally in Hood River at CenterPointe Community Bank.

Anyone who would like to donate directly to the bank fund can walk in and ask that their donation go to "Cedar's Fundraiser."

"We are currently at almost \$19,000 of our \$25,000 goal," said Coe. "If (people) are in Parkdale they can also find me Wednesday through Sunday at Apple Valley BBQ between 11 a.m. and 8 p.m. to drop off their donation."

The Mt. Hood Railroad begins its 2015 schedule this weekend, running trains on both Saturdays and Sundays.

That means the Hutson Museum will now be open from 12:30 p.m. until 2:30 p.m. on Saturdays and Sundays and as the train adds days to their summer schedule, more open days will be added to the museum's schedule to accommodate train visitors to this Parkdale treasure.

Volunteers are needed to act as docents during open museum hours.

If you are interested in helping out while learning more about Parkdale's history, please call Mary Pellegrini at 541-352-5551.

The women of Parkdale Community Church will begin studying "Twelve Women of the Bible" beginning Wednesday, March 4 at 9:30 a.m. at the home of Pat Franz, 8403 Clear Creek Road in Parkdale.

"All women in the community are invited," said member Tania Tyrrell. "Please join us for inspirational teaching, supportive friendship and delightful tea!"

With the Parkdale School Carnival coming up on Friday, March 13, organizers are looking for volunteers to help run the carnival booths and serve in the kitchen.

This year a dinner of pork sliders, coleslaw and beans by Apple Valley BBQ will be available for purchase as well as hot dogs, cotton candy, cookies and desserts.

Raffle tickets are currently on sale for \$1 each from Parkdale students or at the school office from 7:15 a.m. until 3:30 p.m. on school days and you do not need to be present to win.

Prizes include a 2-night beach house rental, horseback riding lessons, beautiful artwork, handmade quilts, wine gift baskets, gift certificates for local restaurants, local store

merchandise and gas cards.

Raffle prizes are still being accepted and can be dropped off at the school office or mailed to Parkdale Elementary School at P.O. Box 69, Parkdale, OR 97041.

If you'd like to help out or have any questions, contact Sarah Wilson of the Parkdale PTO at 503-819-4092 or by e-mail at parkdalepto@gmail.com.



Tamara Emler Ball

The presentation of "The Wizard of Oz" on Saturday, Feb. 21 by Parkdale Elementary students, with the help of the Missoula Children's Theater, was a big success.

Admission was free, but donations were accepted to help fund much-needed new curtains and a new sound system for the school stage.

"We'd like to thank all of the families and friends who came out to watch the show and support the students and their theatrical talents," said Parkdale PTO member Sarah Wilson. "Also a special thank you to Bill Weiler, who was our piano accompanist for the week."

Jackie Wiles and Nick Carusciello of MCT spent all week presenting acting workshops in each classroom at Parkdale Elementary and brought the set, lights, costumes, makeup and props and worked after school every day with students cast in the show so they would be ready for their Saturday performances. "MCT is an international tour children's theater that for over 40 years has been fostering developmental life skills in more than a million kids," said Wilson. "The PTO is pleased to be able to provide this wonderful experience for our students."

Saturday Skate Nights are coming to an early close at Parkdale School this season due to a lack of volunteers.

The final Skate Night will be held this Saturday, Feb. 28 from 6 to 8 p.m. in the gym.

"Skating at Parkdale Elementary is a fun and inexpensive way to get out and have some fun with your family right here in Parkdale," said coordinator Hannah McCarty. "Sadly, with the busier times it is not easy to get volunteer help to keep the skate nights going. If we cannot get some help, we may have to discontinue this fun activity."

If you would be interested in volunteering just two hours of your time on a Saturday evening next season from November through March, please contact Hannah at 541-806-6695 or hannahmccarty@hrecn.net.

The March community breakfast served up by the Parkdale Grange will be held on Sunday, March 8 from 7:30 a.m. to 11:30 a.m.

Take a break from cooking that day and come out to support the Parkdale Grange!

The Spices of India will be the topic for the Parkdale Home Extension Study Group meeting on Thursday, March 12 at 10 a.m. at the Parkdale Grange Hall.

This presentation on exploring the array of spices and herbs from India, the health benefits of them, and how they are used in family meals around the world was postponed from last fall due to the weather.

Community members are invited to come learn about these amazing spices and enjoy tea and snacks featuring them.

For more information contact Joanne Ehl at 541-352-7363.

Send items to: uvup-date@yahoo.com

DALLMAN, KENNEDY TO WED

Sadie Dallman and Andy Kennedy, along with their families, have announced their engagement and will be married at the Kennedy's Lake in Wamic this spring. The bride-to-be is the daughter of Peter and Lynda Dallman and the granddaughter of Margaret and Tony Dallman of Hood River and Dixie Broussard of Portland. The future groom is the son of Patrick and Mary Beth Kennedy and the grandson of Pauline Kennedy and Margaret Gehrig of Odell. Sadie and Andy were high school sweethearts who graduated from Hood River Valley High School in 2008 and reunited in 2013 when they returned home from attending college. They plan to live locally and happily ever after.



Submitted photo

TRAVEL

Continued from Page B1

I will try my hand at some of their dishes as they were yummy and healthy (minus the salt), and as my suitcase was loaded with a variety of their spices on my return.

After the clinic day, we often taught an hour class on different techniques and /or theories in Traditional Chinese Medicine. These classes and the mentoring became valuable learning opportunities for the doctors, as it is cost prohibitive to travel for continuing education. Following the clinic/classes, these doctors would travel back to their own clinics and work for four-plus more hours.

And we would hike ... anywhere and everywhere. Usually, this involved going straight up — about 1,000 foot stairways, well-worn covered paths, footbridges, open rustic steps and trails of sorts. We would try to get to the ridge line so that we could awe at the commanding views of the hillsides, the Irrawaddy River, and the numerous pagodas and temples that dotted the scenery.

There are 500-plus pagodas, temples, monasteries and nunneries in this sacred area of Sagaing Hills. While hiking, we would walk into one that connects with another, which crosses through to the next one. All of them beautiful, different from each other, and open to having people visit them. (We respected the privacy of the monasteries and didn't enter or cross through without permission, as some of them are not open to foreigners.)

In each temple/pagoda, we were required to dress appropriately, remove shoes and speak quietly. These were sacred spaces and they welcomed everyone, and required respect in return.

Actually, in all of Myanmar, dress codes and modesty are customs that should be respected. Women wear long skirts (longyi) or pants, modest blouse with shoulders covered, while men also wear long pants (or longyi) and shirt that covers shoulders.

The longyis are very comfortable and are fashioned like a sarong, except that the ends are sewn together, so that you step into this circle of fabric and tightly wrap the top around your waist (women to the side, men in the middle). This custom is changing in the large cities and is beginning to change in smaller areas as well. I received many compliments

from locals when I wore my longyi in the tourist areas like Inle Lake and Bagan.

Back to the temples in Sagaing Hills: Some were simple, but most stupas were adorned in gold paint (or real gold leaf). Soon U Ponya Shin is the most prominent of these temples, with a grande, gold Buddha greeting you, along with amazing territorial views. The Umin Thounzeh, my favorite, is a stunning cave temple, with 45 sitting, gilded Buddhas arranged in a semi-circle pattern, adorned with mirrored glasswork mosaics behind them. This temple is also situated on top of the ridge, so that the views are spellbinding!

Each morning, we attended morning meditation at the Metta Dana Monastery, a short walk (yes, up!) from the hospital. This was a great way to start our day, connected as a group, with quiet peaceful meditation. The traditional form of meditation is called Vipassana, translated into "seeing through the veil of ignorance," to promote insight and concentration. A Pali word, "papanca," was learned and used often — it is a word to free one's mind from craving, false views and conceit and those challenging thoughts that enter your mind while meditating.

Sundays we had off, and our doctors hosted us to shopping and sightseeing in their beautiful country. The first Sunday was spent eating and shopping at Zegyo Market, a large, multi-floored market with literally everything from local produce to longyis to traditional spices and medicinal herbs to the latest fashions, sunglasses, children's toys.

Next stop was Mandalay Hill and Kuthodaw Pagoda, a complex built in 1857, housing the complete text of the Tipitaka Buddhist scripture on stone tablets, 729 of them.

This is the "World's Largest Book," listed in the Guinness Book of World Records. Next, the beautiful Sataungpyei Temple at the top. According to Theravada Lore, the Buddha visited Mandalay Hill and prophesied that a great city would be founded at its foot. As a result, many people pilgrim up this auspicious ascent to pay respect.

In Myanmar, about 90 percent of residents are Buddhist, and this faith seems to permeate every aspect of their life. They believe that Buddhism is an integral part of each of them and that right thought and action will accrue merit for this life and lives to come. This may be

why I did not see any altercations between anyone in the whole month that I was there, except for one time — a motor vehicle accident. People were kind, spoke softly and were pleasant even in the case of challenging situations. Buddhism in Myanmar is of the Theravada sect, which is the oldest surviving sect of Buddhism. Nats, or spiritual guardians — specific to Myanmar Buddhism — are also a part of this tradition and these 37 statues can often be seen at famous temples.

The following Sunday offered us a trip to Poo E Lwein, a mountainous area, famous for its cool air and flowers. We rode in an open-air vehicle for two hours to the top and to Pho Win Taung Caves, a cave temple of sandstone which holds more than 520 rock-cut chambers, carved between the 14-18th centuries depicting various teachings of Buddha with figurines and Buddha statues.

Two of the doctors' families hosted us to a traditional meal and then later, "snacks" which were a meal in themselves. We were also taken to the National Kandawgyi Botanical Gardens, created in 1915. This beautiful garden covers 150 acres and holds nearly 600 species of trees, 480 kinds of flowers, and 300 varieties of orchids. A true treasure of Myanmar!

After three weeks of clinic work, closing ceremonies were held, tears shed, speeches, words of encouragement and pleas to return were shared, and we said goodbye to our new friends and colleagues. This was an experience that has awakened new energy, compassion and has given me much more than I gave. I hope to return next year to continue this reciprocal teaching.

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Birth

Camden Tenneson

A son, Camden Joshua Tenneson, was born Feb. 9, 2015, at Providence Hood River Memorial Hospital to Andrew and Samantha Tenneson of The Dalles. He weighed 9 pounds, 1 ounce.

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