

HOOD RIVER Sports Club

FEBRUARY IS NATIONAL HEART MONTH!

Get up and get active. HRSC has cardio activities to help **YOU & YOUR FAMILY** get moving! From treadmills to yoga classes we have it ALL!



**Join with this ad
for only \$25.00
Enrollment Fee**

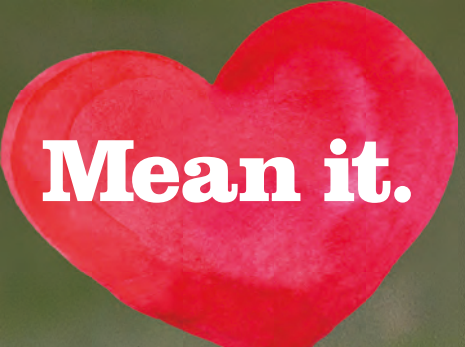
on Silver and Gold Memberships!
Yogapasses also available.
Offer ends February 28, 2014

CALL TODAY! 541.386.3230

www.hrsportsclub.com

1330 Brookside Drive | Hood River

You say you'll always be there. Mean it.



Heart disease is the leading cause of death in Americans and can strike without warning, taking people away from those they love. The good news is that heart disease can often be prevented. Providence is here to help.



How healthy is your heart?
Providence.org/MyRiskMyHealth

