

# MEDICAL DIRECTORY

paid advertising

## ACUPUNCTURE CHINESE MEDICINE

**CASCADE ACUPUNCTURE CENTER**  
Hood River, The Dalles & Stevenson  
Acupuncture, Allergy Elimination, Custom Chinese Herbs and Massage  
www.CascadeAcupuncture.org  
**40+ Years of Combined Experience**

- General Acupuncture Practice with a focus on Pain Management
- Effective treatment style, using points below the elbows and knees
- Treatments in Recliner Chairs with massage and heat
- Chinese Herbal Pharmacy, Nutritional Products
- Accept and bill most insurances, Worker's Comp, PIP claims
- Sliding Fee Scale, monthly payment plans, VISA/MC
- Wheelchair accessible locations, free customer parking

Monday - Saturday  
No physician referral needed  
New Patients welcome  
104 5th Street, Hood River (541) 387-4325

1712 E 12 St., The Dalles (541) 298-2378

40 SW Cascade Ave. #40, Stevenson (509) 637-3163

**COLUMBIA RIVER ACUPUNCTURE, LLC**  
Susan Froehlich, LAc, MAcOM  
Charles Cannon, LAc, MAcOM  
Traditional Chinese Medicine is a complete medical system, including acupuncture, herbs, tuina and Qigong. We treat all conditions, such as:

- Pain – Sports injuries, acute & chronic pain, migraines.
- Spinal cord injuries & stroke sequelae
- Chronic Conditions
- Emotional Disorders
- Allergies
- Digestive Conditions
- Women's health, infertility
- Immune enhancement
- Chinese Herbal Pharmacy & nutritional supplements
- Locations are wheelchair accessible
- Most insurance/workers comp./PIP accepted & billed

Open Mon - Sat, by appointment

**TWO LOCATIONS:**  
700 E. Port Marina Drive, Hood River  
302 E. 2nd St., Mosier  
541-386-8767

## CARDIOLOGY

**COLUMBIA GORGE HEART CLINIC — HOOD RIVER**  
Kathy Grewe, MD FACC  
Robert Florek, MD FACC  
Laura Whiting, PA-c  
1108 June Street,  
Hood River, OR 97031  
541-387-1950

**White Salmon:**  
Kathy Grewe, MD FACC  
211 NE Skyline Drive,  
White Salmon, WA 98672  
541-387-1950

## CLINICS

**ONE COMMUNITY HEALTH**  
849 Pacific Ave, Hood River  
541-386-6380

1040 Webber Street, The Dalles  
541-386-6380

Specializing in all your medical needs:

- Dentist
- Nurses/Nurse Practitioners
- Physicians Assistants
- Physicians & Surgeons
- Family medicine
- Obstetrics & Gynecology

Give us a call and let us help you find a way to serve your health needs.

## DERMATOLOGY

**HOOD RIVER DERMATOLOGY**  
LUKE SLOAN, MD  
MELISSA ARNDT, PA-C  
917 11th Street Hood River  
Phone: (541) 386-2517  
Accepting new patients

## DENTISTRY

**WHITE SALMON DENTAL CARE**  
Quality Dentistry in a Comfortable Setting  
DR. TIM MIDDAGH, DMD  
331 E. Jewett Blvd.  
White Salmon, WA 98672  
509-493-4546

- General Dentistry for Adults and Children

- Emergency Care and New Patients Welcome
- Diagnostic and Specialist Referral Service
- Professional and Caring Staff
- Tuesday - Friday 7am to 4 pm

## DENTISTRY ORTHODONTICS

**GORGE ORTHODONTICS, LLC**  
James Bickler, DMD  
James E. West, DDS  
1625 E. 12th Street The Dalles  
541-298-4072  
1002 10th Street, Suite 2  
Hood River, 541-386-5800

- Specialist in Orthodontics
- Braces for Children and Adults
- Referrals Not Required
- Free consultations

**Interest-Free Financing**  
www.gorgeorthodontics.com  
Hablamos español

## DENTISTRY PEDIATRIC

**A KIDZ DENTAL ZONE HAPPY KIDZ, HEALTHY SMILES, FOR A LIFETIME!**  
Specialist in comprehensive, compassionate care for ALL Children (Birth to 21 years)

- Nitrous Oxide
- Sedation
- Hospital Care
- Growth & Development
- Braces

**New Patients & Referrals Welcome**

Hood River News Building  
419 State Street, Suite #4  
Hood River, OR 97031  
Hood River 541-387-8688  
The Dalles 541-296-8901  
www.akidzdentallzone.com

## EAR, NOSE, THROAT ALLERGY

**COLUMBIA GORGE ENT & ALLERGY**  
Matthew D. Proctor, MD\*  
Daniel E. Cannon  
Steven M. Olsen\*  
Providence Hood River ENT at Columbia Gorge ENT

\*Board Certified Otolaryngologists

Specializing in medical and surgical treatment of adult and pediatric ear, nose, and throat disorders, including:

- Allergy testing & immunotherapy management
- Endoscopic sinus surgery
- Sinus problems
- Chronic ear disease
- Hearing testing
- Tonsillectomy, adenoidectomy
- Ear tubes for chronic ear infections
- Thyroid surgery
- Head and neck cancer
- Facial & reconstruction surgery

1619 Woods Ct. Hood River  
541-386-5119  
1815 E. 19th Street, Suite 1  
The Dalles, 541-298-5563

## FAMILY PRACTICE

**PROVIDENCE MEDICAL GROUP — HOOD RIVER FAMILY MEDICINE**

Maria Czarnacki, M.D.  
Mike Harris, M.D.  
Janet Sjoblom, M.D.  
Stacey Campbell, PA

1304 Montello Ave  
Hood River, OR 97031  
541-387-1300

## FAMILY MEDICINE OBSTETRICS

**Summit Family Medicine**  
Family-centered medical care throughout all the seasons of life including family-centered maternity care

AAFP Board-Certified physicians:

- James Brauer, M.D. (541) 386-3883
- James Pennington, M.D. (541) 386-2204
- Laura Starrett, M.D. (541) 386-0007
- Richard Starrett, M.D. (541) 386-0007
- C. Nic Buser, M.D. (541) 386-2204

Certified Physician Assistant:  
• Robert J. Fiske, PA-C (541) 386-3626

1021 June Street, Hood River  
8am-5pm M-F, same-day urgent care appointments available

The specialty of family medicine trains us to care for the whole person, and the whole family, physically, spiritually and emotionally. Let our family take care of yours

Se habla español

**NorthShore Medical Group**  
Open Saturdays  
Weeknights until 7 p.m.  
212 Skyline Drive  
White Salmon, WA 509-493-2133  
875 Rock Creek Drive SW  
Stevenson, WA 509-427-4212  
www.northshore-medical.com

## HEARING TESTING/ HEARING AIDS

**DESIREE AMYX-MACKINTOSH, MA, CCC-A**  
Clinical Audiologist

- Hearing evaluations for adults and children
- Hearing aid fitting, repair and follow-up

**Providence Hood River Memorial Hospital**  
810 12th St.,  
Hood River, OR 97031  
541-387-1346  
www.providence.org/hoodriver

## HOSPICE

**PROVIDENCE HOSPICE OF THE GORGE**  
Serving residents of the Gorge for more than 30 years.

- A local, multidisciplinary team of experts led by board certified hospice and palliative care physicians
- Open access to care, no matter where your physician is employed
- Nursing support available around-the-clock
- Relationships with all community primary and specialty care providers
- Service to all patients regardless of insurance coverage
- Spanish speaking team available

Please call us for more information or to schedule a free consultation  
1630 Woods Court  
Hood River, OR 97031  
541-387-6449  
866-680-6449  
www.providence.org/hospice

**HEART OF HOSPICE HEART.** It's in our name, it's in our care.

- Started and managed by local Hospice nurses who understand pain management, aging and terminal illness.
- Specialists in Hospice and Palliative Care, the most experienced caregivers in the Gorge.
- The only VA 4 Star certified Veterans provider in the Pacific Northwest.
- The only Palliative Care board certified Medical Director in the Gorge.

We admit on evenings and week-ends, and are available on call 24/7.

- There is never a charge for our services, no charge, no co-pay.
- Known for our expertise, excellence and Heart to Heart care.

We serve all patients from all providers and all facilities in the Gorge area, no charge, no co-pay.  
Hood River: 541-386-1942  
The Dalles: 541-296-2289  
Toll Free: 888-882-1942  
Meet our dedicated and passionate team of caregivers and see "What is Hospice/How to Choose a Hospice" On Line at:  
www.HeartOfHospice.org

## INTERNAL MEDICINE

**PROVIDENCE MEDICAL GROUP — HOOD RIVER**

Michelle Edwards, PA-C  
Molly Olsen, M.D.  
Jodi Ready, M.D.  
Stephen Vogt, M.D.  
Karen Ikins, NP  
Specializing in medical care for adults.  
Welcoming new patients

1108 June Street, Hood River,  
OR 97031 541-387-6125

## INTERVENTIONAL PAIN MANAGEMENT

**COLUMBIA PAIN MANAGEMENT, P.C.**  
David P. Russo, DO  
Board Certified in PM&R and Pain Management  
Trey Rigert, MD  
Board Certified in PM&R and Pain Management  
Laura Scobie, PA-C  
Holly Agnor, PA-C  
Cindy Nimmo, FNP  
Offering:

- Comprehensive diagnosis and treatment of acute & chronic pain.
- EMG & Nerve conduction testing.
- Ultrasound, X-ray guided, minimally invasive treatment for spine, joint and nerve pain
- Industrial injury evaluations

1010 10th Street  
Hood River, OR 97031  
541-386-9500  
541-386-9540 (fax)  
www.columbiapain.org  
Office hours:  
Monday-Friday  
8:00 am to 5:00 pm

## MENTAL HEALTH & DRUG/ALCOHOL COUNSELING

**PROVIDENCE GORGE COUNSELING & TREATMENT CENTER**

Elizabeth Chambers, MD  
Psychiatrist - Child & Adolescent  
Daniel McCabe, M.D.

Psychiatrist  
**Shelley (Michelle) Smith, M.D.**  
Medical Provider, Interactive Guided Imagery

**Bruce Ruffenburg, Ph.D.**  
Clinical Psychologist

**David Henehan, PhD**  
Clinical Psychologist

**Jenny Clark, LCSW**  
Licensed Clinical Social Worker

**Linda Torres De Guzman, LCSW**  
Licensed Clinical Social Worker  
Bi-lingual and Bi-cultural  
Mental Health Provider  
Fluent in Spanish

**Deb Lada, CADC II**  
Certified Alcohol and Drug Counselor

- Individual, Couples and Family Counseling
  - Specialized Services for Children and Adolescents
  - Outpatient treatment for Chronic Pain
  - Evaluation for Drug/Alcohol Programs
  - DUI/Deferred Prosecution Services (OR/WA)
  - Medication Management
  - Covered by Most Insurance Plans
- 814 13th St.  
Hood River, OR 97031  
(541) 387-6138 or  
(800) 955-3911, ext. 76138

## NATURAL MEDICINE

**KARI ZIMMERMAN, ND**  
Naturopathic family medicine  
www.drkarizimmerman.com

- Acute and chronic diseases
- Pediatric, women and men's health
- Preventative health care

1312 May Ave.  
Hood River, OR 97031  
541-386-6335

**DENNIS ZIMMERMAN, DC**  
Chiropractic family practice since 1978

- Musculoskeletal rehabilitation
- Motor vehicle accidents
- Acute and chronic illness
- Service for the whole family

1312 May Ave.  
Hood River, OR 97031  
541-386-6335

**JOAN LAURANCE, ND**  
www.joanlaurance.com

- Integrating Western and Natural Medicine
- Naturopathic Family Physician since 1985
- Lyme Disease Diagnosis and Treatment

1940 12th St.  
Hood River, OR 97031  
541-386-4844

## OBSTETRICS GYNECOLOGY SPECIALISTS

**PROVIDENCE MEDICAL GROUP — HOOD RIVER WOMEN'S CLINIC**

Robin Henson, M.D.  
Elaine Adsit, M.D.  
Michele Bouche, C.N.M.  
Cara Streit, M.D.  
Charlie Chambers, M.D.

- Complete Women's Health Care
- Gynecologic Surgery
- Obstetrics
- Ultrasound

1151 May Street, Suite 201  
Hood River, OR 97031  
541-387-8940  
www.providence.org/hoodriver

## OCCUPATIONAL/TRAVEL MEDICINE

**PROVIDENCE OCCUPATIONAL AND TRAVEL MEDICINE**

Christopher VanTillburg, MD  
Michael Hauty, MD  
Stephanie O'Connor, NP  
Christie Smith, RN

- Occupational health screenings and evaluations
- Employment physicals including DOT and FAA
- Travel vaccinations and prescriptions
- Assisting employers and workers with on-the-job injuries

917 11th Street  
Hood River, OR 97031  
(541) 387-6391

## ONCOLOGY & HEMATOLOGY

**PROVIDENCE ONCOLOGY CLINIC**  
Dr. Christine Lin, MD  
Dr. Rui Li, MD  
Board certified in Oncology & Hematology.  
Providing comprehensive cancer care in the Columbia Gorge

810 12th Street  
Hood River, OR 97031  
(541) 387-1338

## OPHTHALMOLOGY

**CASCADE EYE CENTER**

John D. Willer, D.O.  
Board Certified Ophthalmologist  
Chris Barbour, Ph.D., O.D.  
Optometric Physician  
Dr. Jeffery Pulk  
Optometric Physician

- Comprehensive vision care for all ages
- Diagnosis and treatment of eye injuries and disease

- Eyewear to fit your style and your budget

Hood River  
2025 Cascade Ave. #101  
Hood River, OR 97031  
(541) 386-2402; (877) 386-2402

The Dalles  
301 Cherry Heights Road  
The Dalles, OR 97058  
(541) 296-1101; (800) 548-5487

**CASEY EYE INSTITUTE-OREGON HEALTH & SCIENCE UNIVERSITY**

Daniel J. Kelly, M.D.  
Comprehensive Ophthalmology

Steven Bailey, M.D.  
Retina

Eric Steele, M.D.  
Oculoplastics

The Dalles  
405 E. 7th Street  
The Dalles, OR 97058  
(541) 298-5144

Hood River  
1410 May Street  
Hood River, OR 97031  
(541) 386-1399

## OPTOMETRY

**INDIAN CREEK FAMILY EYE CARE**  
Rebecca R. Chown, OD, FAAO  
Focused on personalized comprehensive eye care for all ages. Local, sustainable and community oriented

1700 12th Street, Ste A  
Hood River, Oregon 97031  
541-386-1700 www.icfec.com

## ORTHOPEDICS SPORTS MEDICINE

**PROVIDENCE MEDICAL GROUP — HOOD RIVER ORTHOPEDICS AND SPORTS MEDICINE CLINIC**  
902 12th Street  
Hood River, OR  
541-387-1337  
or 1-800-955-3911  
www.providence.org/orthopedics  
John Durkan, MD  
Board Certified, American Academy of Orthopedic Surgeons  
Past Olympic US Snowboard Team Physician  
Rebecca Rawson, FNP  
Board Certified, American Academy of Nurse Practitioners

- Team-based care for all ages treating a wide range of orthopedic issues with expertise in:
- Acute fracture care and trauma
  - Arthroscopic surgery of knees, shoulders, and other joints
  - Carpal tunnel release and hand surgeries
  - Joint replacements of shoulder, knee, hip
  - Shoulder surgery
  - Sports medicine

**CASCADE ORTHOPEDICS & SPORTS MEDICINE CENTER, PC**  
541-296-2294  
Appts available in: The Dalles, Hood River, White Salmon  
www.cosmc.org

Gregory M. Stanley, MD  
Sports Medicine Fellowship  
Charles Petit, MD  
Sports Medicine Fellowship  
U.S. Ski & Snowboard Team Physician  
Robert A. Staver, MD  
Board Certified  
Clara DeLeon, PA-C  
NCCPA Certified

Providing comprehensive orthopedic care for all sport and non-sport related injuries. Sports Medicine trained specialists on site.

- Arthroscopic surgery of the knee, shoulder, hip, wrist, ankle, elbow
- Carpal tunnel release (traditional & endoscopic)
- Foot & ankle surgery
- Fracture care
- Arthritis & joint replacement surgery

Serving the Gorge for 35+ yrs.