

ENTERTAINMENT Update

'Holy Broke' at Trillium Feb. 6

Hood River native Kent Ueland has a new solo project called The Holy Broke, and he returns to the Trillium Cafe on Friday, Feb. 6, promoting a new album "Do It Yourself," which will be released next month. Since Ueland's band The Terrible Buttons went on hiatus, he made a trip to Minnesota to record with friends and local musicians to create songs that "take a turn down a decidedly dirt road, both literally and metaphorically." Trillium Cafe, 207 Oak St., Hood River; 541-308-0800.

Fields of May play Jan. 24 in CL

Stevenson-based band Fields of May will play at Thunder Island Brewing in Cascade Locks on Saturday, Jan. 24, from 6 to 9 p.m. Band members include Dennis Morgan, lead guitar and vocals, Julie Mayfield on guitar and vocals and Jon Bennett on percussion. Expect old timey and western, country blues and a bit of jazz. Thunder Island Brewing, 515 Southwest Portage Road, Cascade Locks; (971) 231-4599.

Wilson, Redwood Son at CEBU

This week at CEBU Lounge:



Jeremy Wilson

Friday, Jan. 23, Jeremy Wilson & The Triangle, 9:30 p.m. "Jeremy Wilson started playing in working bands in 1982 at the age of 14 with The Watchmen. He was the singer for the influential Dharma Bums and from 1994 to 1999 he fronted the rock band Pilot. Now, he's on a solo tour with his first

studio album called "Empty Through Empty Space."

Saturday, Jan. 24, Redwood Son, 9:30 p.m.

"Whether or not the name and music of Redwood Son has yet hit the big radar, this year's "Best New Artist" of the Portland Music Awards is on the rise. Boasting a 20-song double-disc debut album titled "The Lion's Inside" he brings a dynamic versatility that crosses the borders of their West Coast Americana." Best Western Plus Hood River Inn, 1108 E. Marina Way; 541-386-2200.

'Quiet American' at Springhouse



The Quiet American

Springhouse Cellar continues with the Backroom Tuesdays music series, from 6-9:30 p.m. No cover charge, family-friendly, local food available.

Jan 27: The Quiet American; Feb. 3 Sidestreet Reny, Feb. 10: 10 String Symphony; Feb. 17: Matthew Zeltzer Band; Feb. 24: Gregory Rawlins; March 2: Acousta Noir; March 10: Sam Densmore Dam Sensmore.

Springhouse Cellar, 13 Railroad Ave, Hood River; 541-308-0700.

Freshies Bagels and Juice opens on Oak

By **TRISHA WALKER**
News staff writer

Matthew Joyce opened Freshies Bagels and Juice on Nov. 1, 2014 — without any previous knowledge of baking — and business is booming. Located in the former Hood River Bagel Co. store, earnings are up 25 percent over the last eight months than in all 12 months of the previous year.

As a sign outside the store recently touted, "Gluten Rules."

Joyce is a familiar face in downtown, having run the Juice Bros. food cart for a couple of seasons. He purchased Hood River Bagel Co. last year to move his business indoors.

He doesn't miss the food cart — his new digs are much more spacious — but he does plan to bring it back this summer (and sell tacos), parked in the courtyard in front of Freshies. It's a space that's underutilized, Joyce said, and he intends to get rid of the picnic tables and replace them with café tables and umbrellas. New outdoor lighting will illuminate the space, and a bamboo fence will create a cozy enclosure for patrons.

But that's what he calls Phase 2. Right now, he's in Phase 1 — moving into the shop, learning to make bagels and manage a staff of seven employees, redoing the menu and tackling interior projects.

And yes, there is a Phase 3: obtaining a liquor license.

For now, however, he's taking baby steps. "I believe in doing a few things well than a lot poorly," he said.

He didn't know how to make bagels before purchasing the shop — but then, he didn't know anything about juice before opening Juice Bros., either — and, after signing the papers, immediately flew back to an east coast bagel shop for a crash course.

On the east coast, "if it has a hole, it's not a bagel, it's a doughnut," Joyce said. His bagels are in that tradition: Chewy, yet fluffy, with a golden sheen.

Joyce brought in all new recipes when he took ownership. He's currently selling seven varieties, with plans to add more in the coming months: plain, salted, sesame, cinnamon-raisin, asiago cheese, onion and everything. He's also tweaked the cream cheese recipes, which are mixed onsite and include vegetable, strawberry, jalapeno, and garlic and herb.

Joyce makes bagels fresh each morning beginning at 4:30 a.m., opening his doors for business at 6:30. His breakfast sandwiches are popular items, and he also serves sandwiches at lunchtime, with plans to eventually offer soups and salads. He roasts the turkey for his sandwiches onsite,



Photo by Trisha Walker

BAGEL guy Matthew Joyce holds a fresh tray at Freshies, First and Oak streets.

and thinks his 8-foot by 8-foot oven is underutilized; he'd like to do more baking.

"I take quite a bit of pride in creating something delicious," he said.

The bagel side complements the juice and smoothie side of the shop — people will pop in for a bagel, and end up purchasing a juice or smoothie as well when they see the menu. Popular juices include the Red Eye (beet, carrot, lemon and ginger) and the Cold Buster (apple, lemon and ginger, steamed).

He also serves coffee and

espresso drinks, with beans from local Stoked Roasters.

He tries to incorporate local and organic produce into all of his products. The grain he uses comes from cooperative growers in Oregon and Washington, and in the winter months, local apples play a big part in his juices.

One special note: A bag (one dozen) of day-old bagels sells for \$5.

Freshies Bagels and Juice is open daily from 6:30 a.m. to 3 p.m. and is located at 13 Oak Street; 541-386-2123.

'One Small Hitch' screens Jan. 28

The romantic comedy "One Small Hitch," directed by John Burgess, comes to Columbia Cetner for the Arts, 7 p.m. on Jan. 28.

Meet Molly Mahoney (Aubrey Dollar) who is flying home to Chicago for her mom's wedding and bringing a "Mystery Man" home to meet her family. When she discovers this Mystery Man has a Mystery Wife, she dumps him at the curbside check-in. She ends up crying on the shoulder of childhood friend Josh Shiffman (Shane McRae), who is flying home

for the same wedding. Emotionally drained, Molly passes out in Josh's arms just as he gets a phone call from his parents. Josh learns that his father is dying and his only regret is that he will not get to meet the woman who will one day become his son's wife. Desperate to fulfill his dad's final wish, Josh claims that his dad has already met that woman — his close childhood and family friend: Molly Mahoney. Comic complications ensue, framed in a deadly combination Catholic guilt and playboy charm.

Runtime: 1 hour, 45 minutes
This film is not rated. Tickets are \$5 at the door; Columbia Center for the Arts is located at 215 Cascade Ave. in Hood River.

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Destiny Theatres	Fri - Tue, Jan. 23 - Jan. 27, 2015 Subject to change. Check times daily.
Columbia Cinemas 2727 W. 7th St., The Dalles - 296-8081	
STRANGE MAGIC (PG) Friday - Tuesday 1:30 4:00 7:15	
BIRDMAN (R-17) 1:00 7:00	
AMERICAN SNIPER (R-17) Friday - Tuesday 12:30 3:30 6:45	
PADDINGTON (PG) 1:15 4:15 6:30	
BLACKHAT (R-17) Friday - Tuesday 3:45	
TAKEN 3 (PG-13) Check Online!	
Additional showtimes ONLINE!	
BARGAIN TUESDAYS* \$5.00 Movie Admission \$6.00 3D Movie Admission** **3D Glasses sold separately. *Exclusions apply, details on theatre website. For a limited time. Subject to Change. www.MoviesInTheDalles.com	

FAN APPRECIATION DAY



Saturday, January 24th

Everything 1/2 price at both locations

ALL DAY!

May not be combined with other offers or coupons.

**2525 Cascade Avenue
Hood River**

**403 Cherry Heights
The Dalles**