



Photo by Trisha Walker

**DOMESTIC VIOLENCE PANEL**

Lauren Kraemer, left, Hood River County Extension Facility, led a panel presentation on domestic violence and sexual assault Jan. 15 at the Hood River Oregon State University Extension Office classroom. Panelists represented agencies throughout the Gorge: Lori Rosenbraugh (investigator, Oregon State Police, The Dalles), Gloria Needam (Victims' Assistance, Hood River County DA office), Barbara Riley (Department of Human Services Community Resource Coordinator for Wasco, Sherman, Gilliam, Wheeler and Hood River counties), Stephanie Irving (executive director, Helping Hands against Violence) and Serra Perino (lead advocate, Helping Hands against Violence). Each panelist spoke for 10 minutes about the prevalence of domestic violence and sexual assault in the community and the roles their respective agencies play in prevention, investigation, prosecution and victim assistance.

A lively discussion followed amongst the 30-plus community members who squeezed into the classroom, including what age is appropriate to talk to children about abuse and how to model healthy relationships. The event was videotaped by John Hardham and will be available for those who missed the meeting; Kraemer said links would probably be available on the Helping Hands website in Hood River and the Haven website in The Dalles in the near future. Kraemer said that the panel was part of the monthly Extension Service Family and Community Education Study groups. Upcoming topics include how to use leafy greens and money management; watch the News' Happenings section for upcoming dates and times.

**THIS WEEK AT HRVHS**

**EA presentations start Jan. 20**

Monday, Jan. 19 — No school, Martin Luther King Day; no activities scheduled  
 Tuesday, Jan. 20 — Wrestling vs St. Helens, 6 p.m. @HRVHS; Extended Application (EA) presentations, 5 to 6:30 p.m. @HRVHS  
 Wednesday, Jan. 21 — EA presentations, 4 to 5:30 p.m. @HRVHS  
 Thursday, Jan 22— Semester 1 Finals, Periods 1-4

Friday, Jan. 23 — Semester 1 Finals, Periods 5-8; JV/JV2 Girls Basketball vs Pendleton, 5:15 p.m. HRVHS Varsity Girls Basketball vs Pendleton 7 p.m. @HRVHS  
 Saturday, Jan. 24 — All Columbia River Conference Swim Meet, 11 a.m. @Hood River Aquatic Center  
 All games and activities (home and away) can be found at www.HRVHS.com.

**Principal Dennis McCauley announces he'll retire in June**

*School District holds community forum on Jan. 22*

McCauley came to the Hood River County School District in August 2004, serving as the principal of Mid Valley Elementary. "The District wishes Mr. McCauley all the best as he moves into retirement at the end of the school year," said Kevin Noreen, district human resources director. The district is immediately initiating a search process to hire the next principal for Mid Valley Elementary. The district will be seeking input from staff as well as parents and community members on the qualities and attributes they would like to see in the next principal for the school. Parents and community members are invited to meet with Superintendent Dan Goldman at an evening forum on Thursday, Jan. 22 at 6:30 p.m. in the Mid Valley Elementary School library.



Dennis McCauley

Dennis McCauley, principal at Mid Valley Elementary, announced last week that he will be retiring from the Hood River County School District at the end of the school year. McCauley began his career in education in 1971 as an elementary teacher for grades 3, 4 and 5 at Davis Elementary in the Reynolds School District, where he taught 17 years. In 1988, he moved to Reynolds Middle School, where he taught until 1996. He then went back to teaching elementary at Woodland Elementary in the Reynolds School District until 1998, when he became principal of Davis Elementary School.

**OSU Extension offers meal planning class in Hood River**

"Let's Cook Up a Meal Plan" will be offered on Tuesday, Feb. 3 starting at 6 p.m. in the Hood River County Extension Annex meeting room, 2990 Experiment Station Dr. (turn just south of Your Party and Rental Center). Do you walk through the door at dinner time and wonder what you're going to prepare for your hungry family? Or maybe it's easier to pick up a fast food meal or individual frozen dinner? Would you like to make healthy meals fast and eat dinner as a family? "Let's Cook Up a Meal Plan" is a class designed to help each participant create a personalized weekly meal plan with tips on organization, preparation, grocery shopping, and enlisting the whole family in meal time fun. "I think families don't know how to start when it comes to planning meal times," said instructor Debbie McDonald. "All they need is a simple road map to eating at home and the desire to make it happen. This class will start the conversation." Cost is \$5 at the door; cash or check; pre-registration is advised. How to preregister: Call the OSU Extension Office, 541-386-3343 ext. 252 Go online at www.signupgenius.com or by email to debbie.mcdonald@oregonstate.edu

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**WORSHIP DIRECTORY**

**ASSEMBLY OF GOD**  
**RIVER OF LIFE ASSEMBLY**  
 Pastor Terry Abbott  
 979 Tucker Rd.  
 Hood River, OR 97031  
 541-386-3656  
 www.river-of-life-assembly.org  
 For details check the current bulletin on our website riveroflifeassembly@gmail.com  
**Service Schedule**  
**Sunday**  
 8:30 a.m. Early Worship Celebration  
 10:00 a.m. Coffee, Conversation & Refreshments  
 10:30 a.m. Worship Celebration & KidzChurch, K-6th\*  
 6:00 p.m. Discipleship Classes (choose from three topics)\*  
**Wednesday**  
 6:30 p.m. Royal Rangers & Impact Girls Club (K-6th)\*  
 Connect Groups for Adults (several groups to choose from)  
**Thursday**  
 6:30 p.m. Youth Group 7-12th  
 7:00 p.m. Connect Group Upper Valley  
 \*Childcare provided at the church for those attending

**BAPTIST**  
**1st BAPTIST CHURCH of ODELL**  
 3081 Odell Hwy., 541-490-3171  
 Sunday School 9:45 a.m.  
 Morning Service 11 a.m.  
 Evening Service 6 p.m.  
 Wednesday Service 7 p.m.

**GRACE BAPTIST CHURCH**  
 1280 W. Jewett • White Salmon  
 Worship Service 9:00 a.m.  
 Sunday School 10:45 a.m.  
 Jr/Sr. High Youth • Small Groups (call for times & location)  
 Pastor Mark Hoeffner (509) 493-2597  
 www.gracews.org

**BELMONT DRIVE MISSIONARY BAPTIST CHURCH**  
 4200 Belmont Road  
 541-386-4201  
 Sunday School 9:45 a.m.  
 Morning Worship 11:00 a.m.  
 Sunday evening Bible study 6:00 p.m.  
 Wednesday evening Bible study 6:00 p.m.

**PARKDALE BAPTIST**  
 6310 Dee Hwy., 541-352-6515  
 Bobby Joe Beauchamp, Pastor  
 Sunday School, 9:45 a.m.  
 Morning Worship, 11 a.m.  
 Evening Worship, 6 p.m.  
 Wednesday Study, 6 p.m.

**TUCKER ROAD BAPTIST**  
 Pastor Dean E. Kelly, Jr.  
 1455 Tucker Road  
 Hood River, OR 97031  
 541-386-1049  
 - Sundays -  
 Bible Study, All Ages, 9:30 a.m.  
 Morning Worship 11:00 a.m.  
 Evening Worship 6 p.m.  
 - Wednesdays -  
 Prayer Meeting 6 p.m.

**CATHOLIC**  
**ST. MARY'S CATHOLIC CHURCH**  
 1501 Belmont, Hood River  
 Saturday Sacrament of Reconciliation in English/Spanish 4-5 p.m.  
 Saturday Mass in English 5:30 p.m.  
 Mass in Spanish 7 p.m.  
**Sunday**  
 Mass in Spanish 8 a.m.  
 Mass in English 10 a.m.  
 Mass in Spanish 1 p.m.  
 Holiday Masses

**EPISCOPAL**  
**ST. MARK THE EVANGELIST**  
 11th & Eugene  
 Rev. Anna Carmichael  
 Sunday Holy Eucharist at 8 and 10 a.m.  
 Child Care at 10 a.m.  
 Wednesday Holy Eucharist at 11:30 a.m.  
 Everyone is welcome.  
 For more information, call: St. Mark's Office 541-386-2077

**DISCIPLES OF CHRIST**  
**HOOD RIVER VALLEY CHRISTIAN CHURCH**  
 Interim Pastor Myrna Phillips  
 975 Indian Creek Road  
 541-386-2608  
 hoodrivervalleychristianchurch.com  
**- Sunday -**  
 9:30 a.m. Classes for all ages  
**10:30 a.m. Worship**  
 & Children Worship & Wonder  
 5:00 p.m. Youth meetings  
 Call for information on other programs for children, youth and adults  
 Childcare provided for all activities

**HOOD RIVER CHURCH OF CHRIST**  
 1512 Tucker Road  
 Cody Singleton - Minister  
 9:45 Bible Classes  
 10:45 Services  
 541-386-2782  
 Wednesday Bible Study 7:00 p.m.

**ODELL CHURCH OF CHRIST**  
 3784 Summit Drive  
 Worship 10:30 a.m.  
 541-354-3127

**COVENANT CHRISTIAN**  
**COVENANT HOOD RIVER**  
 Pastor Fritz Stranz  
 Temporary service location  
 8th and Pacific (Horizon School)  
 Sunday service at 5pm  
 Wednesday Youth and KIDZ- call 541.386.8805 for location covenanthr.org

**NON-DENOMINATIONAL**  
**BIBLE FELLOWSHIP**  
 Senior Center  
 2010 Sterling Place  
 Sundays 10 a.m.  
 "Love Jesus, Love People"  
 For more information contact John: 541-354-2495 or Don: 541-231-3482  
 www.hoodriver-biblefellowship.org

**FAITH BIBLE CHURCH**  
 1889 Belmont, 541-386-3557  
 www.fbhoodriver.org

**LDS**  
**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
 18th & May, Hood River  
 ALL ARE WELCOME!  
**Hood River Ward**  
 Sacrament Meeting 10 a.m.  
 Sunday School 11:20 a.m.  
 Priesthood/Relief Society 12:10 p.m.  
**Grupo en Español**  
 Hora Sacramental (Traducida) 10 a.m.  
 Escuela Dominical (Clase en Español) 11:20 a.m.  
 Sacerdocio y Sociedad de Socorro (En Ingles) 12:10 p.m.

**LUTHERAN ALLIANCE**  
**HOOD RIVER ALLIANCE**  
 "You're Always Welcome!"  
 2650 W. Montello St.  
 541-386-2812  
 www.hoodriveralliance.org  
 Steve Grace, Senior Pastor  
 John Blosser, Associate Pastor  
 Tina Graves, Youth Pastor  
 Emily Blosser, Worship Pastor  
**Sunday Morning**  
 2 Worship Services  
 9 a.m. & 10:45 a.m.  
**Monday Night**  
 Senior Youth Group  
**Tuesday Night**  
 Celebrate Recovery Group, 6:15 p.m. (Contact Person: John Blosser 507-820-0871)  
**Wednesday Night**  
 Junior Youth Group  
**Nightly Activities**  
 Small group Bible studies through the week.  
**La Iglesia Esperanza Y Vida**  
 Sabado 6 p.m.  
 Spanish Service Saturday at 6 p.m.  
 Tony Estey, Pastor  
 Llame para un orario completo 541-806-2691

**CHRISTIAN SCIENTIST**  
**CHRISTIAN SCIENCE SOCIETY**  
 701 Washington St.  
 The Dalles, OR 97058  
 Sunday Service 10 a.m.  
 Wednesday Service 7 p.m.

**CHURCH OF CHRIST**  
**HOOD RIVER CHURCH OF CHRIST**  
 1512 Tucker Road  
 Cody Singleton - Minister  
 9:45 Bible Classes  
 10:45 Services  
 541-386-2782  
 Wednesday Bible Study 7:00 p.m.

**ASBURY OUR REDEEMER PARTNERSHIP**  
 Pastor David King  
 1140 Tucker Road  
 541-386-3993  
 9:00 a.m. Traditional Worship  
 10-10:30 a.m. Fellowship  
 Time 10:30 a.m. Celebration  
 Worship  
 10:30 a.m. Christian Education  
**Everyone is welcome!**

**NAZARENE**  
**CHURCH OF THE NAZARENE**  
 Joel & Mindy Alsworth, pastors  
 2168 Belmont Drive  
 Church Office: 541-386-2604  
 Fax: 541-386-2064  
 9 a.m.-Noon  
 Church Web site: www.hrnaz.org  
**Sunday**  
 Worship Service - 9:30 a.m.  
 Christian Education/Sunday School (for all ages) - 11 a.m.  
**Monday-Thursday**  
 Home Group Studies  
**Tuesday:** 6:30 a.m. Men's Prayer Time  
 8 a.m. Ladies Breakfast  
 Downtown  
 6:30 p.m. Youth Group

**PARKDALE CHURCH OF THE NAZARENE**  
 4th & Van Nuys (by grade school)  
**Services**  
 Carl Casey, Pastor  
 Sunday School 9:45 a.m.  
 Morning Worship 11 a.m.  
 Evening Worship 6 p.m.  
 Ladies' Bible Study, Mon. 9:30 a.m.  
 Call 541-352-6913 or 541-490-6673 for further details.

**UNITED CHURCH OF CHRIST**  
**RIVERSIDE COMMUNITY CHURCH UCC**  
 Heart of Downtown at 4th & State  
 Worship at 10:30 a.m.  
 riversideucc.com  
 Doublers welcome  
 An "Open & Affirming" congregation  
 Rev. Vicky A. Stifter, 541-386-1412

**BETHEL UNITED CHURCH OF CHRIST Inclusive - Welcoming - Peace & Justice**  
 480 East Jewett Blvd. (509) 493-1747  
 White Salmon  
 Morning Family Worship & Sunday School 10 a.m.  
 http://church.gorge.net/bethel  
 www.bethelwhitesalmon.org

**UNITED METHODIST**  
**PINE GROVE/ODELL UNITED METHODIST CHURCH**  
 3422 Odell Hwy., Odell; 541-354-1063  
 Christy Matson, Lay Preacher  
 2415 Eastside Road, Pine Grove  
 Sunday Worship Schedule  
 Adult Sunday 8:45 a.m.  
 Worship 10 a.m.  
 Sunday School 10:15 a.m.  
 Sept.-June at Odell Building  
 July & Aug. at Pine Grove Building  
**Everyone is Welcome**

**THE VINEYARD "A COMMUNITY OF CHURCHES"**  
**VINEYARD CHRISTIAN FELLOWSHIP OF HOOD RIVER**  
 "Come as you are!"  
 Pastor Denny & Sue Anderson  
 Assoc. Pastor Dave Turner  
 Youth Pastor Carrie Turner  
**Sunday Worship Celebration**  
 Coffee & Fellowship 9:30 a.m.  
 Worship 9:45  
**Youth Group - Wednesdays 6:15**  
 Grades 6-12  
**AWANAS - Thursdays 6:30**  
 Ages 3 through 6th grade  
**Home Groups - Thursdays 6:30**  
 Celebrate Recovery - Fridays 6:15  
 www.vcfhr.org.  
 508 9th St. (Across from Children's Park)  
 541-386-7070

**PRESBYTERIAN**  
**PARKDALE COMMUNITY CHURCH**  
 4910 Baseline Drive  
 541-352-7747  
 Sunday School, 9:30 a.m.  
 Sunday Worship, 10:45 a.m.  
 Rev. Mark N. Willems, Pastor

**RELIGIOUS SOCIETY OF FRIENDS**  
 Mountain View Worship Group meets First and Third Sundays of the month at 10 a.m. at 700 Union St. (the old Episcopal Church) Everyone is welcome.  
 Contact Jeff Hunter, 541 386 5779  
 or Lark Lennox, 541 296 3949 for directions and information.

**SEVENTH-DAY ADVENTIST**  
 13th & Oak, 541-386-3220  
 Ron Hart, Pastor  
 9:30 a.m. Bible Study  
 11 a.m. Worship Service  
 Spanish Services meet at 1100 22nd St.

**SHEPHERD OF THE VALLEY BIBLE CHURCH**  
 8th & Pacific, Hood River  
 Tommy Moon, Pastor  
 Sunday Service 10:30 a.m. svbchr.org

**SQUAKER**  
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 Mountain View Worship Group meets First and Third Sundays of the month at 10 a.m. at 700 Union St. (the old Episcopal Church) Everyone is welcome.  
 Contact Jeff Hunter, 541 386 5779  
 or Lark Lennox, 541 296 3949 for directions and information.

**Shop Local The Gorge**

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 Hood River, OR 97031  
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