



'SleevesUp' for Red Cross encourages grassroots blood donation

A new type of drive

January is National Blood Donor Month and this year, American Red Cross supporters have a new way to help save lives through blood and platelet donation with "SleevesUp" virtual blood drives.

SleevesUp is a first-of-its-kind website that lets those who feel passionate about blood donation create a virtual blood drive and encourage colleagues, friends and family members to give blood or platelets, or make a financial donation to support their

A SleevesUp virtual blood drive can be created online at redcross-blood.org/SleevesUp in just a few minutes. Once a campaign is created, others can pledge their support immediately by making an appointment to donate blood or platelets at a blood drive or donation center convenient for them. Those who are not eligible to give blood, do not have a Red Cross blood donation opportunity near them or simply want to do more can also support a SleevesUp campaign by making a financial donation to the Red Cross Blood Services.

SleevesUp is one of many ways individuals and groups can celebrate National Blood Donor Month, which has been observed in January since 1970 and recognizes the importance of giving blood and platelets while honoring those who roll up a sleeve to help patients in need.

All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

LEARN MORE

redcrossblood.org/SleevesUp

campaign. SleevesUp campaigns allow people to honor someone's life, celebrate a special occasion or simply bring others together to help save lives - any time of the year - regardless of location.

"SleevesUp is a new way to empower people to help ensure blood is available for patients this winter and throughout the year," said Jared Schultzman, communications manager for the Pacific Northwest Blood Services Region. "It gives those who feel passionate about blood and platelet donation and want to make a difference in people's lives a chance to multiply their impact many times over."

Bloodmobile visits Jan. 28

The next American Red Cross bloodmobile visit to Hood River will be Jan 28, 12:30 to 6 p.m., at Oregon National Guard Armory, 12th and Belmont streets.

January is a challenging time for blood donations. Inclement weather can result in blood drive cancellations, and cold and flu season may cause some donors to be unable to make or keep blood donation appointments, according to Red Cross spokesman Jared Schultzman.

National Blood Donor Month, celebrated in January since 1970, raises awareness of the need for blood

during the winter and throughout the year, while honoring those who roll up a sleeve to help patients in need.

Donors of all blood types are needed, especially those with O negative, A negative and B negative. Type O negative is the universal blood type and can be transfused to patients with any blood type. Types A and B negative can be transfused to Rh positive or negative patients.

To learn more, or to schedule a donation, download the American Red Cross Blood Donor App, visit redcross-blood.org or call 1-800-RED

CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Annual native plant sale begins

Did you lose some trees from the winter storms or bark beetle damage? Want to add some color to your garden in these grey winter months? Or enhance your streamside vegetation to protect your land from high water?

The Hood River Soil and Water Conservation District (SWCD) is taking orders now through March 20 for its annual native tree and plant sale. A variety of native conifers, deciduous trees and shrubs are offered.

"We've got a great selection of native plant species at fantastic prices," said Kris Schaedel, Conservation Technician.

Native plants are adapted

to the unique climate and soils of the Hood River valley. They require less water, fertilizer and other inputs to maintain, and provide enhanced wildlife habitat, soil stabilization and water conservation.

These bare-root seedlings are 1-2 years old and will be delivered to the SWCD in early April of 2015. The orders will be filled in the order in which they were received.

Go to www.hoodriver-swcd.org to download an order form and gather information on plant descriptions and site suitability. Orders can be placed by mail, e-mail, or phone (541-386-4588).

You can also stop by the

office at 3007 Experiment Station Rd. in Hood River, for more information or guidance when making your selection.

Purchases will be available for pick up on Friday and Saturday, April 3-4.

White Salmon Library community reads event in February

Artists can submit work to non-juried art exhibit

During the month of February 2015, the Friends of the White Salmon Valley Community Library will sponsor our first Community Reads event. The event is named KOOBDOOGA* ("A Good Book" backwards). The featured book is "Short Nights of the Shadow Catcher: the Epic Life and Immortal Photographs of Edward Curtis" by Seattle author Timothy Egan. The featured book won the Washington State Book Award for 2013. Edward Curtis photographed native people during the early 1900s. His subjects included the Columbia

River tribes, Eskimos, Sioux, Navaho, Apache, and Nez Perce, including Chief Joseph. The purpose of our KOOBDOOGA project is to encourage community members, high school age through adult, to come together to celebrate the reading of a good book.

We are planning a variety of events to be held during February, 2015 related to our featured book. One of the featured events will be an exhibition of artworks, photographs, bead work, fiber arts and other mediums at the library. We invite interested artists to participate. Works included in the exhibit must be inspired by or related to the book. Submission deadline is Saturday, January 24, 2015. The Friends of the Library will host an artists' reception at the library on Saturday, Jan. 31, 2015 from 2-4 p.m. If the artist wishes, the piece may be for sale. If works are sold, the Friends of the Library would appreciate a small donation (the amount to be determined by the artist).

Interested artists may pick up a copy of the book, exhibition details, display agreement and registration form at

the library. There will also be a selection of books on Edward Curtis and his photographs on hand at the library for your further inspiration. The art exhibition will not be juried; however, the KOOBDOOGA Committee reserves the right to reject works that do not meet the exhibition criteria.

Contact the library at 509-493-1132 for details.

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Applications due Feb. 9 for Kids' Gorge Soup

Kids' Gorge Soup returns Feb. 26.

Gorge Soup is an evening where people buy tickets to come to dinner and hear four to five community members speed-present their ideas for a new business or nonprofit in the Gorge.

At the end of the night, everyone at the dinner votes for their favorite business or nonprofit. The winner of the vote gets the ticket money (minus \$7 for soup, bread, and minimal expenses).

"It's a great way to meet new people and support individuals working to make our community a better place," said organizer Julie O'Shea. In the past, many of the evenings have resulted in awarding entrepreneurs \$1,500 to \$3,000.

If you know of a student in the Gorge who is starting a new business, nonprofit,

or community initiative, please encourage them to apply to Gorge Soup. Applications can be found on Gorge Soup's website at: www.gorgesoup.wordpress.com.

NEW LEAF

New Leaf Gallery, the first Gorge Kids Soup recipient, in 2012, offers painting and knitting classes in January and February. Contact Amy Zacher at 541-386-3996, and see details in Happenings

Applications must be mailed and posted marked by Feb. 9.

To buy tickets to the event, go to: <http://www.brownpapertickets.com/event/888297>.

To sponsor Gorge Soup

for Kids, email: gorgesoup@gmail.com.

Gorge Soup for Kids will be at Springhouse Cellars. There are 125 tickets costing \$25 each. To buy tickets, go to: www.brownpapertickets.com/event/888297.

How you can get involved with Gorge Soup:

■ Buy tickets and come enjoy the evening.

■ Help us spread the word: applicants are needed for Gorge Soup.

■ Like Gorge Soup on Facebook.

■ Learn more website at www.gorgesoup.wordpress.com.

If you have questions about Gorge Soup, email gorgesoup@gmail.com.

The 2014 adult Gorge Soup recipient, presented in November, was Cascade Mountain School, run by Emily Goodwin of Hood River and based in Trout Lake, Wash.

'Family Dinner Project' will serve quail, Florida-style, and 'Giant Sub'

Family Dinner Project continues this month at Nora's Table Restaurant.

Last year, owner Kathy Watson asked people to send in their memory, with recipes, of a treasured family recipe. Watson chose six and offers them every few weeks. Previous meals were "An Ethiopian Dinner with our New Family" by Lisa Mullis and "Mrs. Chaing and the Cookbook" by Nancy Roach. Two Family Dinners are available for reservation this month:

■ Jan. 14: "An afternoon Quail Hunt in the Florida Panhandle" by David Hanson. A young man from the Atlanta suburbs goes

hunting with a good friend who teaches him how to honor simple foods.

■ Jan 28: "My Mom, her Wake, and the Giant Sub Sandwich" by Sarah Sullivan. Since Sarah's mom died unexpectedly last May, Sarah has spent hours poring over her cookbooks, remembering delicious family meals, and a cook who lived by the maxim, "enjoy every sandwich."

Each winning family will be guests on the night their family dinner is served. Reserve a table in advance at 541-387-4000 or kathy@norastable.com

Price per person is \$25.



Photos by Kirby Neumann-Rea

LEOS COLLECT

Hood River Leos accept can and bottle donations Saturday and organize the containers at the monthly event at Rosauers Supermarket. The Lions-affiliated high school club redeems the containers and gives the money to a different non-profit group each month. The January proceeds go to the Health Media Clubs at the middle schools and high school. Leos can and bottle drives are always the first Saturday from 9 a.m. to 1 p.m.

Soil-Water District holds annual meeting Thursday

Hood River Soil and Water Conservation District holds its annual meeting Thursday at the Experiment Station offices, Experiment Station Road, south of Hood River.

The meeting starts at 3 p.m., and the community is welcome, and there will be a time for public comment.

The meeting will start with the oath of office by Larry Martin, Zone 3, and Rick Ragan, At-large 2, and election of chair, vice-chair, and secretary-treasurer, and appointment of associate directors.

The board is scheduled to accept the annual report and audit for FY 2013-2014 and do

its biennial review of Hood River Agriculture Water Quality Management Area Plan, along with adopt a memorandum of agreement with East Multnomah SWCD to allow them to treat noxious weeds along Eagle Creek.

Also scheduled are informational reports by: Conservationist Carly Heron, of Natural Resource Conservation District; Kris Schaedel, Conservation Technician; Megan Saunders, Watershed Assistant/Technician; Cindy Thieman, Watershed Coordinator; Jordan Kim, Assistant Manager; and Anne Saxby, District Manager.

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