

Comparative Digestibility of Food

Made with different Baking Powders

From a Series of Elaborate Chemical Tests:

An equal quantity of bread (biscuit) was made with each of three different kinds of baking powder—cream of tartar, phosphate, and alum—and submitted separately to the action of the digestive fluid, each for the same length of time.

The relative percentage of the food digested is shown as follows:

Bread made with Royal Cream of Tartar Powder: **100 Per Cent. Digested**

Bread made with phosphate powder: **68 1/2 Per Cent. Digested**

Bread made with alum powder: **67 3/4 Per Cent. Digested**

These tests, which are absolutely reliable and unprejudiced, make plain a fact of great importance to everyone: Food raised with Royal, a cream of tartar Baking Powder, is shown to be entirely digestible, while the alum and phosphate powders are found to largely retard the digestion of the food made from them.

Undigested food is not only wasted food, but it is the source of very many bodily ailments.

Easier to Do Than Say
"Why, George, what a condition you are in! Where have you been?"
"It's all r! Been to say goo'by to Charlie Scapple."
"Where's Charlie going?"
"Charlie's going to girdle the globe."
"What?"
"Girbal the globe."
"Say it slowly."
"Global the gird." "Once more."
"He's going round the earth in 30 days! What's the matter with you?"
"Ah, he's going to girdle the globe, is he? Well, you girdle your way to bed just as fast as you know how. Skip!"
Cheer up; spring's here.

ASSASSIN SHOTS AT KING ALPHONSO

King's Presence of Mind Saves Him From Death in Madrid

Madrid.—For the third time in his reign, King Alfonso narrowly escaped being the victim of an anarchistic attempt against his life. Three shots were fired at the king in the streets of the capital by a native of Barcelona, Rafael Sanchez Allegro, who was immediately overpowered.

King Alfonso owes his escape to his courage, quickness and skilled horsemanship. Accompanied by his staff he was riding along the Calle de Alcalá, returning from the ceremony of swearing in recruits, when a man sprang from the sidewalk and seized the bridle of the king's horse with one hand, pointing a revolver point blank with the other. The king, realizing the situation with lightning rapidity, dug his spurs into his horse, which reared violently.

His quickness saved his life. The bullet, instead of burying itself in the king's breast, struck the horse. So close was the range that the king's left glove was blackened by the powder discharge.

Before the assailant was able to pull the trigger again a secret service man sprang upon him. The two men fell to the ground locked in each other's arms, struggling furiously. The assassin freed his revolver arm and fired two more shots in rapid succession, but the officer knocked his arm aside and the bullets flew harmlessly through the air.

Montenegro Left to Battle Alone
Cettinje, Montenegro.—Plucky little Montenegro has been left to fight its battle with the powers alone. The Serbian army that has been assisting the Montenegrins in the siege of Scutari has been withdrawn and is marching back to Servia. Much bitterness is felt throughout Montenegro.

LAYING MAIN PIPELINE
Contractors have finished laying the distributing system of Hood River's new municipal water system, and the mains that will extend nine miles in the country to Tucker's Spring are being laid. The excavation has been made for the reservoir on the Heights and the concrete work on the structure will begin this week.

BRIEF NEWS OF OREGON

C. L. Reames, of Medford, has been chosen for United States Attorney for the district of Oregon.

The Mount Hood Railroad company has begun the construction of an extension of its line from Dee, into the Lost Lake country.

According to advices received by Senator Lane from Secretary Tumulty, President Wilson will not be able to accept various invitations to visit Oregon this summer.

Will R. King, national committee-man from Oregon, has been named a member of the board of appraisers for New York, and will draw a salary of \$9000 a year.

Palsley authorities have secured from the state water rights in Bear Creek and the Chewaucan river, and will proceed with a distribution system as soon as the time is ripe.

The Pendleton round-up will be held September 11, 12 and 13. This is the final decision made by the directors after considering the request of the Spokane Fair association officials not to have a conflict with their dates.

Senator Lane is being deluged with telegrams from Oregon sheep and goat raisers in protest against the proposed tariff changes in these commodities. They demand at least 20 per cent ad valorem on wool and 40 on mohair.

The mail transfer clerk at the Union depot at Albany found a gold nugget in the craw of a chicken killed for his Sunday dinner, from among his flock. He thinks the chicks picked up the nugget in a creek bed in the rear of his home.

In reply to a query from the secretary of the Oregon State Threshers' association, Assistant Attorney General Van Winkle gave an opinion that the workmen's compensation law does not include threshing machines in its provisions.

After using four charges of dynamite, which shattered the safe, windows and fixtures of the Rogue River Mercantile company at Rogue River, a cracksmen escaped with \$150, using a Southern Pacific speeder to make his getaway.

The Washington board of engineers agreed to reduce from \$100,000 to \$10,000 the bond required for maintaining the nine-foot channel from Bay City to Tillamook and an order to this effect will be sent to the Portland office immediately.

Company A, Oregon National Guard, will be disbanded about May 10. While no official notice has been sent out by the department all indications are that Baker will lose its militia. The cause is due to lack of efficiency and non-attendance of members.

Entailing a loss of \$8000, with insurance of \$4000, only on the building, the Elk Creek hotel, at Cannon Beach, the oldest summer resort hotel on that portion of the Oregon coast was destroyed by fire, owing to a defective flue. Nothing was saved from the burning building.

A movement that will be fostered by the Portland Press Club and newspapermen throughout Oregon has been started for the purpose of raising by public subscription funds for the erection of a monument over the grave of the late Homer Davenport, one of America's greatest cartoonists.

The proprietor of the Stayton saw-mill, has a crew putting in a 500-foot boom three miles above town for the purpose of turning logs from the main channel of the Santiam river into the millrace of the Stayton Water Power company and the Salem Flouring Mills company, which will carry them to Stayton.

Secretary of the Interior Lane intimated to Senator Chamberlain that he has been getting reports from Oregon to the effect that the Hermiston reclamation project is a failure, and he practically said that if such were the case it would hardly be wise to lay out more money in that vicinity in a similar manner.

The president of the Deschutes Land company, who has returned to Salem, from Washington, has announced that his application for a right of way to Crescent Lake has been granted by the interior department, and that work on the project will be resumed. The application has been held up because of charges preferred with the department against the company by Governor West.

Women must tell their exact ages when registering as voters, says Deputy District Attorney Maguire at Portland. To say that they are over 21 is not sufficient, he declares, and he says that it is incumbent upon the registration clerk to ask each voter his or her age in years and that it is the duty of the voter to respond in kind, not with the phrase "over 21" or the word "legal."

Mrs. S. L. Rodgers observed that a certain barn in Turner, where she lived, had a peculiar attraction for men. She had a suspicious curiosity about the matter. Waiting for a favorable opportunity, she investigated and found three kegs of beer neatly cached. She tumbled the beer and kegs into a nearby millrace. In the course of time the kegs reached the mill and gave notice to the mill man that something had happened to their "blind pig."

OREGON NEWS NOTES OF GENERAL INTEREST

Events Occurring Throughout the State During the Past Week.

Capized Mimi Drops From View Bay City.—"Ships that pass in the Light" was an expression which every shoreman hereabouts recalled when they awoke to find that the German bark Mimi, which turned turtle, had dropped out of sight completely.

Whether or not the high seas have carried the ill-fated craft further to sea is not known, as all hands have given up the idea of recovering Captain Westphal's papers, or recovering any bodies of the several sailors who passed to watery graves.

SQUAW DEFIES CITY

Pendleton Water Source Held by Wenix and Red Elk

Pendleton.—Another chapter in the famous case of City of Pendleton vs. Wenix and her son, Red Elk—Cayuse allottees on the Umatilla reservation—was added when the city of Pendleton filed suit against the aged squaw and her son, praying for immediate ejectment of the Indians from the property on which their teepees are now pitched and where they are living, and for \$250 damages.

Through condemnation proceedings two years ago the city acquired title to a small portion of the Wenix allotment, on which there is a spring, and \$2500 was given her for same by the court. She has never drawn out a dollar of the money awarded her, nor has she made any attempt to move from the spot where she has lived for a great number of years. Her son, Red Elk, also has refused to move.

The same spirit of resistance exhibited from the time the first overture was made for the purchasing of the land until the matter had been settled in court is still in evidence.

Gasoline Schooner Sticks on Spit Florence.—The gasoline schooner Anvil from Bandon, which ran aground here inside the mouth of Siuslaw river, lost her rudder and is lying on the north spit about 600 yards below the end of the jetty. The boat is high and dry at low water and is close to the place where the Berwick was wrecked some years ago.

The Umpqua lifesaving crew put an anchor out from the boat toward the river channel. The cargo is being taken off and efforts to float the vessel made.

RAILROAD TO BUILD TO BEND

With Organization Fixed, Contracts May Be Let Within Three Weeks

Salem.—Announcement was made by John H. McNary, attorney for the company, that organization of the Oregon Railroad Company was about perfected and that within three weeks contracts for constructing a portion of the road bed would be awarded.

The company proposes to construct a road from Salem to Bend by way of Stayton and through the Minto Pass, one of the few available railroad passes through the Cascade Mountains.

Just who is backing the road is not certain. It will have direct connections here with Hill and Harriman properties and will have the same at Bend. It will tap the Rosedale district, go through the West Stayton irrigated districts and will tap one of the richest timbered sections in the state along the Santiam and the Breitenbush.

Criticism of Garibaldi Crew In Wreck Bay City.—Investigation of the efficiency of the Garibaldi life-saving crew, Captain Farley, in connection with the disaster when the German bark Mimi capized, drowning 18 men, was begun at Garibaldi. Captain Queen of the United States navy is in charge.

Criticism of the lifesavers was severe among the spectators during the long wait between the turning over of the Mimi, about 3 o'clock April 7, and the rescue of the four survivors 26 hours later. It was said that Captain Farley refused to go out to ascertain whether the men were still aboard and that he did not reach the wreck until Monday morning, shortly before the arrival of the Point Adams life-saving crew.

Big Filing System Needed Salem.—What will probably be the most elaborate filing system in the state is being arranged by S. A. Koser, assistant secretary of state, to be used in connection with registration under the Gill law.

Under that law, which goes into effect June 3, the secretary of state must keep an accurate list of all the registrations in the state. Mr. Koser says that for the registration filing system alone much larger space will be required than the entire filing space now given to the secretary of state's office.

HOME TELEPHONE COMPANY

New Phones
5558 Osborne, Mrs. Alice P.
Odell 336 Busch & Barroll.
Phones Out
5887 Smith, T. G.
5706 Seaton, J. J.
3382 Hodges, W. L.
Numbers Changed
2784 Coe, F. G.
5512 Carmen, R.
3523 Slutz, E. J.

DEGRADED

"You are very low," observed the weather man.
"Yes," replied the official thermometer, regretfully, "I fear I have taken a drop too much."

NOTICE TO CREDITORS

In the County Court of the State of Oregon for Hood River County.

In the matter of the Estate of Eugene R. Swinburne, deceased.
Notice is hereby given that the undersigned was on the 10th day of April, 1913, duly appointed, by the County Court of Hood River County, Executor of the Last Will and Testament of Eugene R. Swinburne, Deceased, and that all persons having claims against said estate are hereby required to present the same, duly verified according to law, at the office of John Baker, Attorney at Law, in the City of Hood River, Oregon, within six months from the date of the first publication of this notice.

Dated and date of first publication this 16th day of April, 1913.
16-20 RALPH C. SWINBURNE.

REPORT OF THE CONDITION OF THE BUTLER BANKING COMPANY

at Hood River, in the State of Oregon, at the close of business April 4th, 1913.

RESOURCES	
Loans and discounts	\$ 460,152.19
Overdrafts, secured and unsecured	92.32
Bonds and warrants	16,900.26
Stocks and other securities	1,770.89
Banking house and lot	None
Furniture and fixtures	5,151.02
Other real estate owned	3,974.63
Due from banks (not reserve banks)	None
Due from approved reserve banks	50,835.13
Checks and other cash items	3,444.51
Exchanges for clearing house	None
Cash on hand	22,965.37
TOTAL	\$ 565,315.43

LIABILITIES	
Capital stock paid in	\$ 100,000.00
Surplus fund	17,500.00
Undivided profits, less expenses and taxes paid	6,658.90
Dividends unpaid	None
Due to banks and bankers	696.32
Individual deposits subject to check	355,422.31
Demand certificates of deposit	16,156.06
Certified checks	57.93
Cashier's checks outstanding	2,737.36
Time certificates of deposit	29,327.54
Savings deposits	56,728.97
Notes and bills rediscounted	None
Bills payable, including certificates of deposit for money borrowed	None
Liabilities, other than those above stated (Letters of Credit)	None
TOTAL	\$ 565,315.43

State of Oregon, County of Hood River, ss. I, C. H. Vaughan, Cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

C. H. VAUGHAN, Cashier.
Subscribed and sworn to before me this 12th day of April 1913.
ERNEST C. SMITH, Notary Public.
Correct—Attest:
TRUMAN BUTLER,
LESLIE BUTLER,
Directors.

REPORT OF THE CONDITION OF THE HOOD RIVER BANKING & TRUST CO.

at Hood River in the State of Oregon, at the close of business April 4, 1913.

RESOURCES	
Loans and discounts	\$ 59,323.94
Overdrafts, secured and unsecured	134.82
Bonds and warrants	1,684.30
Stocks and other securities	1,150.00
Banking house and lot	32,498.49
Furniture and fixtures	4,053.57
Other real estate owned	None
Due from banks (not reserve banks)	None
Due from approved reserve banks	52,379.36
Checks and other cash items	943.04
Exchanges for clearing house	None
Cash on hand	6,302.05
Expenses	1,601.32
TOTAL	\$ 140,070.89

LIABILITIES	
Capital stock paid in	\$ 25,000.00
Surplus fund	92.18
Undivided profits	1,308.42
Dividends unpaid	None
Due to banks and bankers	None
Deposits due State Treasurer	10,000.00
Individual deposits subject to check	79,754.90
Demand certificates of deposit	4,267.88
Certified checks	2,004.00
Cashier's checks outstanding	325.37
Time certificates of deposit	582.12
Savings deposits	16,715.99
Notes and bills rediscounted	None
Bills payable for money borrowed	None
TOTAL	\$ 140,070.89

State of Oregon, County of Hood River, ss. I, R. W. Pratt, Cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

R. W. PRATT, Cashier.
Subscribed and sworn to before me this 10th day of April, 1913.
J. M. SCHMELTZER,
Correct—Attest:
W. W. REMINGTON,
M. M. HILL,
C. H. SYLVESTER,
Directors.

NEW SCHEDULE Mount Hood Railroad

Effective 12:01 A. M. Sunday, Sept. 8th 1913	STATIONS	Effective 12:01 A. M. Sunday, Sept. 8th 1913
No. 1 A.M.		No. 2 P.M.
9:00	Lv. Hood River Ar.	2:55
9:05	Powerdale	2:50
9:15	Switzknack	2:40
9:35	Van Horn	2:30
9:40	Mohr	2:25
9:45	Osteli	2:20
9:15	Summit	1:50
9:20	Boucher	1:43
9:45	Winans	1:38
10:10	Dee	1:30
10:15	Trout Creek	1:15
10:45	Woodworth	1:05
10:45	Ar. Parkdale Lv.	1:00

A. WILSON, Agent.



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J. C. Johnsen

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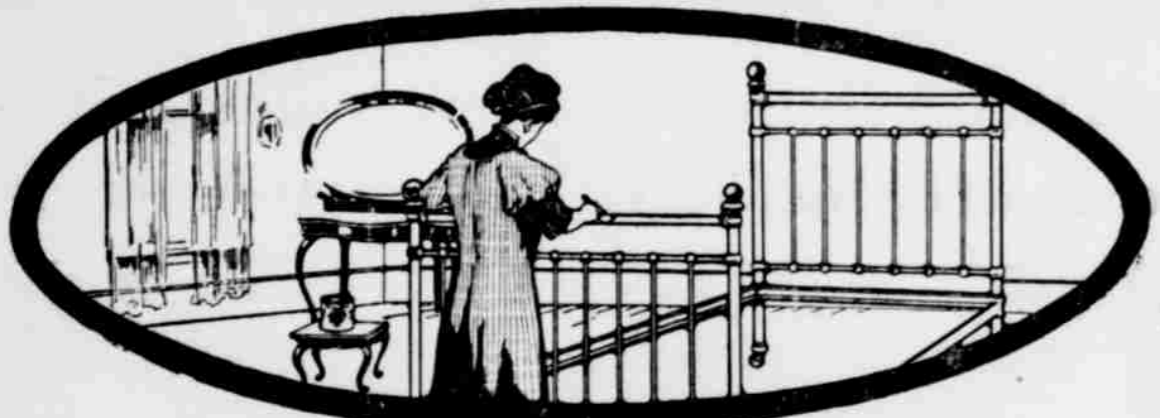
Hood River's Medical Institution. Open to the public for the treatment of Medical and Surgical cases. Rates on application. Address, COTTAGE HOSPITAL ASSOCIATION

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