

# Mental Powers of Our People Need Improving

By Dr. LEWELLYN F. BARKER

Of Johns Hopkins University

ANY movement that will unify, co-ordinate or increase the efforts being made to improve the mental powers of our people should make a strong appeal to the citizens of this country. George Meredith's favorite prayer is said to have been, "More brain, O Lord, more brain!"

CERTAINLY RATIONAL ATTEMPTS TO BETTER THE BRAIN POWER OF A NATION SO THAT ITS INDIVIDUAL MEMBERS MAY THINK BETTER, FEEL BETTER AND ACT BETTER THAN THEY DO NOW SHOULD EXCITE THE SYMPATHY AND SUPPORT OF ALL WHO WISH THE NATION WELL.

It is now believed that A NATIONAL CAMPAIGN FOR MENTAL HYGIENE—that is, for "health of mind"—is not only desirable, but also really practicable.

Provision must be made for the birth of children whose brains shall, so far as possible, be innately of GOOD QUALITY. This means the denial of the privilege of parenthood to those likely to transmit bad nervous systems to their offspring and is a task of eugenics; second, society must be so organized that all individuals, whether well born or ill born, shall, so far as possible, be surrounded by those external influences which MOST FAVOR THE WELFARE OF THEIR MENTALITY.

## Correspondence

PINE GROVE

Miss Florence Avery, the songbird of Pine Grove, after singing with the University Glee Club Saturday night in Hood River, returned to Eugene Sunday.

Willis Van Horn returned to New York Saturday. Mrs. Van Horn will stay here until February. Miss Marion, accompanied by her mother, went to Portland Sunday.

Miss Joy Mason returned to Corvallis to resume her studies in the O.A.C. Sunday.

Miss Anna Godbersen returned from Portland, where she spent part of her vacation, Saturday.

Dr. and Mrs. Swetland and two children, after spending the holidays with her parents, Mr. and Mrs. J. O. Maas, returned to their home in Salem, Sunday.

Mr. and Mrs. Joe Jarvis and baby son left for Portland Monday morning.

Mr. and Mrs. Frank Corey and daughter returned to White Salmon Friday. They have been visiting her parents, Mr. and Mrs. F. Clark.

Miss Zena Miller returned to her school Saturday morning.

Miss Ada Mark returned to the Willamette University Sunday.

Earl Clark, who has been spending the holidays with the home folks, returned to White Salmon the latter part of the week.

Miss Elsa Von Goerres, who spent her vacation in Portland, returned home Sunday.

Miss Hermina Kellar left Monday for Portland where she expects to spend the rest of the winter.

Herbert Wood left Monday for his home in Texas, going by way of California. The Sunflowers gathered at the home of E. E. Lage Saturday evening to bid him farewell and wish him Godspeed. He will be missed by his associates here.

A. I. Mason returned from Portland Sunday, going there in the good roads interest.

A number of the little friends of Riddell Lage gathered at his home Monday afternoon to help him celebrate his fifth birthday.

Mr. and Mrs. A. I. Mason were guests at the Cameron home at Odell Monday evening, attending the meeting of the Development League held at that place.

Lester Jeffries, who is a salesman for Olds, Wortman & King of Portland, spent New Year's with his parents at this place.

Mrs. Hans Lage spent the past week visiting relatives in Portland.

The Sunflower Class held its regular monthly social last evening at the home of Henry Lage. The usual good time was had.

The Turney sisters returned from Portland Sunday to take up their work in the Pine Grove school which opened Monday after a two weeks' vacation.

The Cosmopolitan Four are coming to Pine Grove Grange Hall Saturday evening, January 25, at 8 o'clock. Further particulars later. As there has been no lyceum course here this year it is expected that large crowd will attend this entertainment which has the name of being truly worth attending.

Kenneth Hall of Portland returned to his home on New Year's Day, after spending about a week at the home of Mr. and Mrs. Val Tomkins.

A business meeting of the Adult Bible Class was held Friday evening at the home of Miss Edda Iverson. After the business meeting refreshments were served and a social time enjoyed.

Mrs. Frank Wait entertained the German class of the High School at a New Year's party Tuesday evening. The evening was delightfully spent in playing games and at a late hour delicious refreshments were served. Of course they watched the old year out and the new one in.

Two or three soaking rains, falling just before the final early winter freezeup, put the ground in good condition for the winter and render far less likely damage to meadows, fruit vines, canes and shrubbery of various kinds.

Those cottontails or jack rabbits that may be ranging about the farm or ranch will prove an ideal source of animal food for the flock of laying hens. Have the boys trap or shoot them and thus rid the orchard of their depredations.

A well known health authority and food specialist states that the average family might well double its consumption of milk and be the better for it and yet have the bill of fare month by month cost no more than before. This simply means that milk is good food and is worth all it costs.

The season of bloom of the bulbs which have been buried in earth in the cellar may be spread over a much longer season if two or three of the pots are brought to the light and heat at intervals of a week or ten days. The writer aims to follow this plan and expects to get a good deal of satisfaction out of it.

The value of American farm lands is now put at \$41,000,000,000, which is an increase of \$21,000,000,000 in the last twenty years. There are 6,000,000 farms in the country, with a total area of 900,000,000 acres. It is estimated that of the total number of farms more than 5,000,000 are worked by the men who own them.

From the way a good many voters gazed blankly over the big blanket sheet ballots at the last election it would seem clear that the town and rural schoolm'ans might well teach their youngsters how to vote a ballot properly, along with a number of other useful things that are not contained in the school textbooks.

That was a "turkey trot" in every sense of the word, and not disreputable either, that was pulled off a day or two before Thanksgiving near a large Texas turkey market. Thousands upon thousands of fine young gobblers from neighboring ranches were driven to town, and the grand trot was led by Governor Colquitt with a military escort and band. Shortly after being thus honored these lordly fowls were killed and plucked for the market.

It is estimated by Professor Kennedy, director of the Iowa Agricultural college, that if losses from hog cholera continue until Jan. 1 at the rate they have occurred during the past three months the farmers of the state will have suffered a loss totaling \$12,000,000. To offset this tremendous loss the state legislature appropriated the meagre sum of \$5,000 with which to provide serum for the treatment of the disease within the state.

It is not being exposed to fresh air that induces pneumonia and colds, but rather being shut up in overheated, stuffy houses and schoolrooms where the air is foul. From 68 to 70 degrees F. is the proper temperature for the home and schoolroom, and if there is any variation from these points it should be less rather than more. The keeping of a temperature of 80 degrees is not only wasteful extravagance from the standpoint of fuel expense, but a positive menace to the health.

Lady Cornell, a single combed White Leghorn hen owned by the Cornell (N. Y.) Agricultural college, has an egg record that probably has not been exceeded by any other hen. Lady Cornell weighs but 3.2 pounds; but, notwithstanding this, she laid 257 eggs during one year and the following year laid 200 eggs, making a total of 457 eggs for the two years, which weighed 57.19 pounds. Lady Cornell consumed about eighty-eight pounds of grain and mash to produce the above large egg output.

Alfalfa hay and corn silage make an ideal ration for dairy cows, and, what is more, it is an economical ration from the standpoint of cost. Moreover, the raising of these two feeds helps to solve the biggest problem with which the American stock and dairy farmer is confronted—that of raising his own protein concentrates at home instead of having to pay high prices for imported feed stuffs. The facts stated simply mean that more farmers should erect silos and that more should grow alfalfa.

### Christian Science

Christian Science services are held in the Reading Room, Room 2, Davidson Building, Sunday at 11 a. m. Subject, "Sacrament." Sunday School at 10 a. m. Wednesday meeting at 8 p. m. The reading room is open daily from 2 to 5 p. m.

## CONQUEST OF THE AIR.

First Public Flight of an Aeroplane in This Country.

In "The Curtiss Aviation Book" Glenn Curtiss describes the first public aeroplane flight in America, in the days before any one had ever heard of the young Yankee inventor, and he was experimenting with Alexander Graham Bell and others:

"Baldwin climbed into the seat, took the control in hand, and we cranked the motor. When we released our hold of the machine it sped over the ice like a scared rabbit for two or three hundred feet and then, much to our joy, it jumped into the air. This was what we had worked for through many long months, and naturally we watched the brief and uncertain course of Baldwin with a good deal of emotion.

"Rising to a height of six or seven feet, Baldwin flew the unheard of distance of 318 feet 11 inches! Then he came down ingloriously on one wing. As we learned afterward, the frail framework of the tail had bent and the machine had flopped over on its side and dropped on the wing, which gave way and caused the machine to turn completely around.

"It had taken just seven weeks to build the machine and get it ready for the trial; it had taken just about twenty seconds to smash it. But a great thing had been accomplished. We had achieved the first public flight of a heavier than air machine in America!"

## THE FIRST WATCHES.

They Had Weights, Not Springs, and Were as Big as Plates.

At first the watch was about the size of a dessert plate. It had weights and was used as a "pocket clock." The earliest known use of the modern name occurs in the record of 1552, which mentions that Edward VI. had "one larum or watch of iron, the case being likewise of iron gilt, with two plummetts of lead."

The first watches may readily be supposed to have been of rude execution. The first great improvement, the substitution of springs for weights, was in 1550. The earliest springs were not coiled, but only straight pieces of steel.

Early watches had only one hand and, being wound up twice a day, they could not be expected to keep time nearer than fifteen or twenty minutes in the twelve hours. The dials were of silver or brass. The cases had no crystals, but opened at the back and front and were four or five inches in diameter.

A plain watch cost the equivalent of \$1,000 in our currency, and after one was ordered it took a year to make it—Exchange.

### Exasperating.

A stuttering salesman called on a New York buyer with an excellent proposition. In well turned sentences he proceeded to lay before the buyer his superb argument. But, alas, in every well turned sentence there were "be" and "rns," and over these the salesman stuttered pitifully.

The buyer before whom he was pleading was a caustic, nasty sort of chap, and after five minutes of stuttering at a point where the salesman was floundering most dreadfully, the buyer held up his hand and said:

"I'm afraid I can't understand you. Call again when you're sober."

The salesman turned scarlet with mortification and rage.

"B-b-but"—

"No," said the buyer, waving him resolutely toward the door, "not now—when you're sober."

And the infuriated salesman departed.—Washington Star.

### Macaulay as a Talker.

Where Macaulay's talk failed is clearly shown by Greville. "If he could tread less heavily on the ground, if he could touch the subjects he handles with a lighter hand, if he knew when to stop as well as he knows what to say, his talk would be as attractive as it is wonderful." It is all summed up in the sentence, "He gave society more than it required and not exactly of the kind." Macaulay, in fact, suffered from excess of the first requisite of talk, according to Johnson—"material." As Sir Henry Taylor said, "His memory had swamped his mind." Flashes of ignorance as well as of silence are necessary to the perfect talker. And so, as has been said, Macaulay often exhausted his audiences before he exhausted the subject.—London Chronicle.

### A Juvenile Critic.

A small girl of five was walking recently with her mother through the public garden in Boston. The Washington monument attracted her attention, and she inquired what it was.

"That," replied her mother, "is a statue of George Washington."

The little lady regarded it critically for some moments, and then she said, "Washington didn't take a very good statue, did he, mother?—Everybody's."

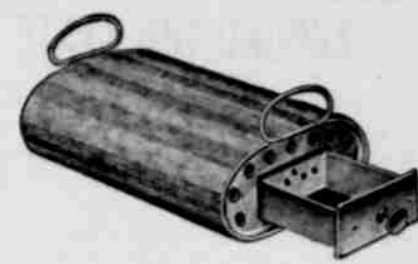
### No Self Seeker.

Indulgent Uncle—The trouble with you, Horace, is that you have not struck your proper vocation. You haven't found yourself yet. Scapgrace Nephew—Huh! You want me to be a self seeker, do you, uncle?—Chicago Tribune.

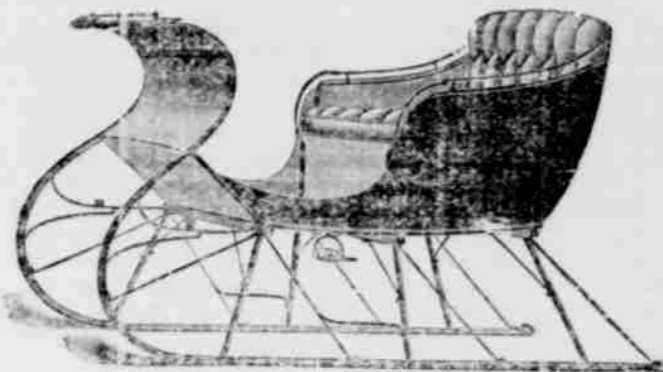
### It Was on Foot.

"You say that there is a movement on foot?" "Sure—did you expect it to be on horseback, or in an automobile, or perhaps in an airship?"—New York Press.

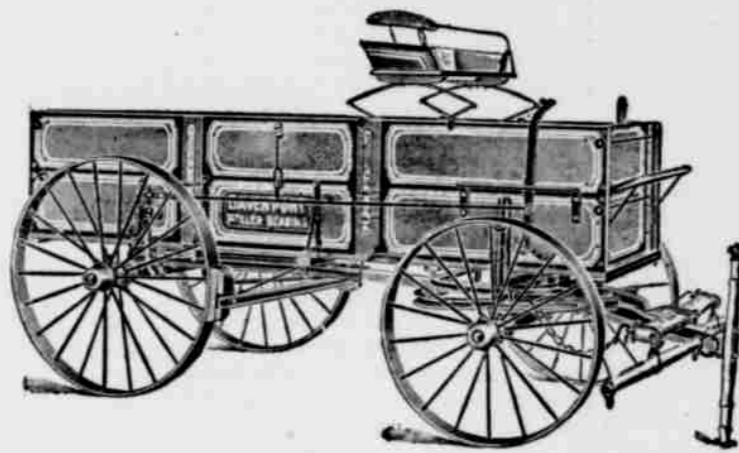
We sometimes have those little rubs which Providence sends to enhance the value of its favors.—Goldsmit".



## Winter Driving Is a Pleasure with a Clark Carriage Heater Aboard

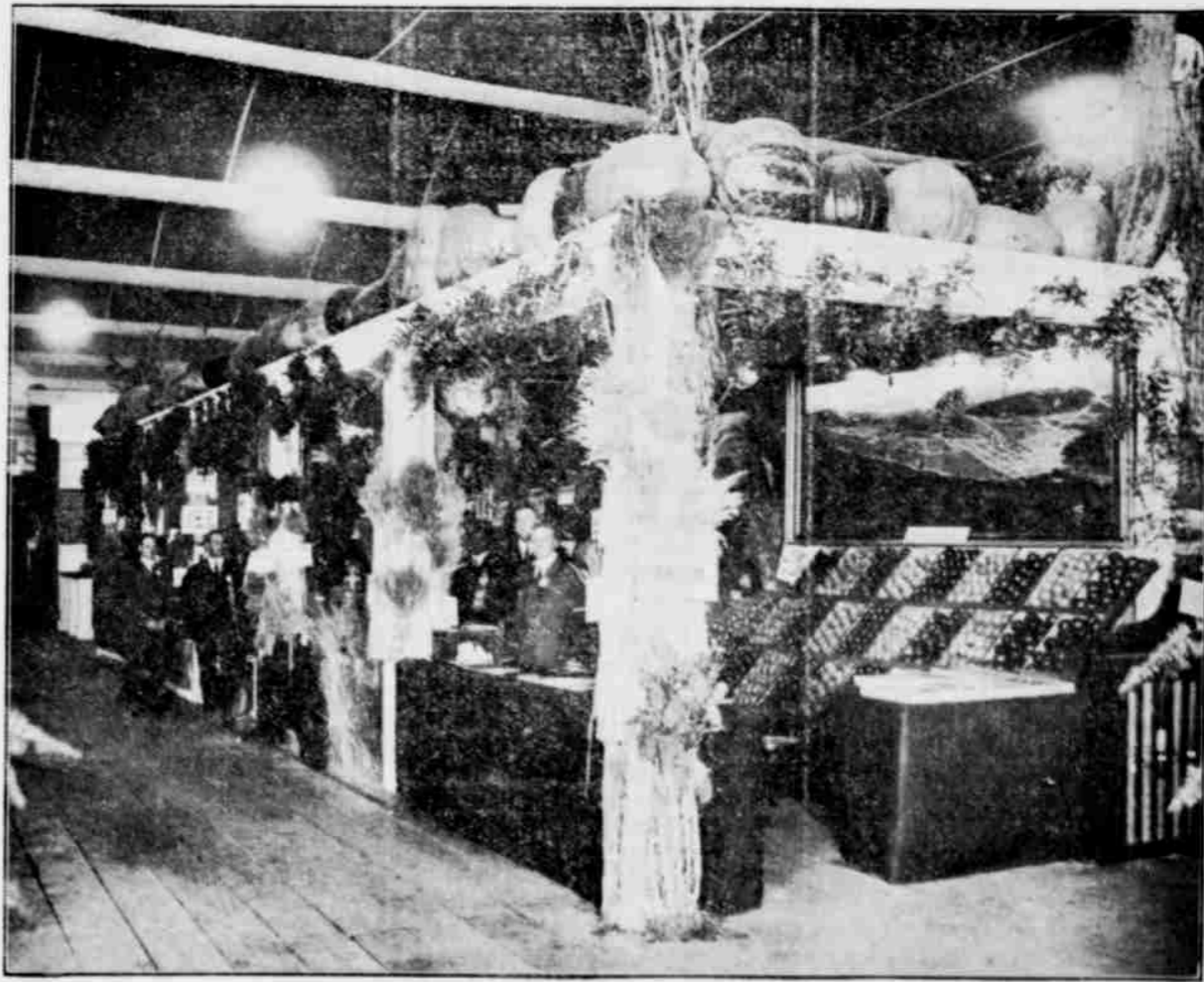


## A Reminder—You May Need One. Complete Stock of Sleigh Goods



## The Davenport Roller Bearing Wagon "King of the Road"

# GILBERT IMPLEMENT CO.



## OREGON AT THE NORTHWEST PRODUCTS EXPOSITION

The state of Oregon was fully represented at the Northwest Products Exposition by the finest collections of fruits, grains, grasses and vegetables that the state has ever sent East to an industrial and agricultural show. In charge of the

booths were Messrs. O. E. Freytag of Oregon City, J. E. Sawhill of Bend, and M. J. Duryea of Eugene, Oregon.

All three gentlemen were prominent speakers at banquets given by the Minneapolis Civic and Commerce Association during the course of the land show. Thousands of booklets, leaflets and folders of handsome appearance were distributed to the land seekers who crowded the show during the entire two weeks.

Regular Sunday excursion to Parkdale. Pleasant trip for yourself and friends.

Don't make good resolutions unless you constantly carry a repair kit with you.

Mrs. Myrtle Sanders has returned to her school from Hood River, where she spent Sunday with her daughter.