

| MONDAY EVENING | | A - Charter Astoria/ Seaside - L - Charter Long Beach | | | | | | | | | | AUGUST 15 | |
|----------------|-------|---|---|--|--|---|--|---|--|--|---|--------------|-------|
| A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 |
| 2 | KATU | (2) KATU News at 6:00 p.m. (N) | Jeopardy! | Wheel of Fortune | The Bachelorette A single woman searches for 'Mr. Right.' | Claim to Fame | News (N) | (35) J. Kimmel (N) | | | | | |
| 4 | KOMO | (4) KOMO 4 News at 6:00 p.m. (N) | Wheel of Fortune | Jeopardy! | The Bachelorette A single woman searches for 'Mr. Right.' | Claim to Fame | KOMO4News (N) | (35) J. Kimmel (N) | | | | | |
| 5 | KING | (5) NBC News (N) | KING 5 News (N) | Evening | American Ninja Warrior Contestants try to become the next Ninja Warrior. | Weakest Link | KING 5 News (N) | (35) Tonight Show | | | | | |
| 6 | KOIN | (6) KOIN 6 News (N) | Evening News (N) | Extra (N) | Ent. Tonight | FBI "Unfinished Business" | FBI: International "Voice of the People" | FBI: Most Wanted "Unhinged" | KOIN 6 News (N) | (35) Colbert | | | |
| 7 | KIRO | (7) KIRO 7 News (N) | Evening News (N) | KIRO 7 News (N) | Ent. Tonight | FBI "Unfinished Business" | FBI: International "Voice of the People" | FBI: Most Wanted "Unhinged" | KIRO 7 Tonight (N) | (35) Colbert | | | |
| 8 | KGW | (8) KGW News (N) | KGW News (N) | The Good Stuff | Inside Edition (N) | America's Got Talent Hopeful stars display their talents. | Password | KGW News (N) | (35) Tonight Show | | | | |
| 9 | KRCW | (9) Young Sheldon | Young Sheldon | Modern Family | Modern Family | Leonardo (P) (N) | Devis (SP) (N) | KOIN 6 News at 10:00 p.m. (N) | Seinfeld | Seinfeld | | | |
| 10 | KOPB | (10) This Old House | Outside Source | PBS NewsHour (N) | Antique "Philbrook Museum Hour 1" | Ore. Experience | Ore. Experience | Antique "Philbrook Museum Hour 2" | POV "Portraits and Dreams" | News (N) | (35) Family Feud | | |
| 12 | KPTV | (12) 6 O'Clock News (N) | Family Feud | Family Feud | Don't Forget the Lyrics | Beat Shazam | 10 O'Clock News (N) | 10 O'Clock News (N) | (35) Family Feud | | | | |
| 13 | KPDV | (13) Family Feud | Family Feud | Big Bang Theory | Big Bang Theory | 8:00 p.m. Prime News (N) | 9:00 p.m. Prime News (N) | Big Bang Theory | The Simpsons | Family Guy | Family Guy | | |
| 19 | KCPQ | (19) News (N) | The Spotlight | Big Bang Theory | Big Bang Theory | Don't Forget the Lyrics | Beat Shazam | Fox 13 News at 10 p.m. (N) | Fox 13 News (N) | PersonPlaceThing | | | |
| 20 | TBS | (20) Young Sheldon | Young Sheldon | Young Sheldon | Young Sheldon | Big Bang Theory | Big Bang Theory | American Dad! | American Dad! | | | | |
| 22 | KZJO | (22) Big Bang Theory | Big Bang Theory | Modern Family | Modern Family | You Bet Your Life | You Bet Your Life | Fox 13 News at 9:00 p.m. (N) | Two and a Half | Two and a Half | | | |
| 29 | ESPN | (29) Fantasy Football Now "2022 Rankings" (L) | | | | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | | | | |
| 30 | ESPN2 | (30) College Football 2022: The Power Rankings (N) | | | | NFL Live | SEC Storied "The Book of Manning" | | E:60 "Project 11: Alex Smith's Final Drive" | | | | |
| 31 | NICK | (31) PatrickStarShow | SpongeBob | SpongeBob | SpongeBob | SpongeBob | SpongeBob | Friends | Friends | Friends | Friends | | |
| 32 | DISN | (32) Miraculous | Miraculous | Big City Greens | Big City Greens | Big City Greens | Big City Greens | Villains Valley | Villains Valley | Miraculous | Miraculous | | |
| 34 | FAM | (34) (5:30) Jumanji: The Next Level (2019, Adventure) Jack Black, Kevin Hart, Dwayne Johnson. | | | | ** Zootopia (2016, Animated) Voices of Jason Bateman, Idris Elba, Ginnifer Goodwin. | | | The 700 Club | | | | |
| 35 | FNC | (35) (4:30) Kingsman: The Golden Circle | (20) ** Kingsman: The Golden Circle | (2017, Action) Channing Tatum, Halle Berry, Taron Egerton. | (10) Keep Watching (2017, Thriller) Joan Gruffudd, Chandler Riggs, Bella Thorne. | | | | | | | | |
| 36 | LIFE | (36) The First 48 "Bad Medicine" | First 48 "Trust No One/Risky Business" | First 48 CM "Heat of the Moment" (N) | #TextMe "Queenie Phua" (N) | | | | | | | | |
| 38 | ROOT | (38) MarinersPre-game | MLB Baseball Seattle Mariners at Los Angeles Angels Site: Angel Stadium -- Anaheim, Calif. (L) | Post-game | MarinersPre-game/MLB Baseball Seattle Mariners at Los Angeles Angels | | | | | | | | |
| 39 | F51 | (39) (5:00) MLB Baseball Houston Astros at Chicago White Sox (L) | MLB on F51 Post-game (L) | A-Rod & Big Papi | MLB Epic | | | | | | | | |
| 43 | SPIKE | (43) Two and a Half | Two and a Half | Two and a Half | To Be Announced | | | | ** The Hitman's Bodyguard (17) Samuel L. Jackson, Ryan Reynolds. | | | | |
| 44 | COM | (44) The Office | The Office | The Daily Show | (45) The Office | (20) The Office | (55) The Office | The Office | The Office | The Daily Show | (45) The Office | | |
| 45 | HIST | (45) Aliens "Mystery of the Standing Stones" | Aliens "Beneath the Sacred Temples" | Modern Marvels (N) | Modern Marvels (N) | (05) Modern Marvels (N) | (05) Modern Marvels (N) | The Office | The Office | The Daily Show | (45) The Office | | |
| 46 | A&E | (46) Intervention | Intervention | Intervention | Intervention | (05) Intervention | (05) Intervention | Digital Addiction | Digital Addiction | (05) Intervention | (05) Intervention | | |
| 47 | TLC | (47) The Family Chantel "Can I Come In?" | Chantel "What Are You Doing Here?" | The Family Chantel (N) | sMothered (N) | Seeking Sister Wife "Brazil or Bust" (N) | I Love a Mama's Boy | | | | | | |
| 48 | DISC | (48) (5:00) Street Outlaws: Full Throttle "The JJ Da Boss Rebuild" (N) | Street Outlaws: End Game "Episode 3" | Street Outlaws "Turn It Up" | | | | | | | | | |
| 49 | NGEO | (49) Uncharted "The Wilds of South Africa" | Gordon Ramsay "Untamed Tasmania" | Running Wild (N) | WorldFlavor "Bahamas Barbecue" (N) | | | | | | | | |
| 50 | TNT | (50) ** Star Wars: Episode II - Attack of the Clones (2002, Sci-Fi) Natalie Portman, Hayden Christensen, Ewan McGregor. | (05) ** Star Wars: Episode III - Revenge of the Sith (2005, Sci-Fi) Natalie Portman, Hayden Christensen, Ewan McGregor. | | | | | | | | | | |
| 51 | AMC | (51) (20) Better Call Saul "Breaking Bad" | (40) Better Call Saul "Waterworks" | Better Call Saul "Saul Gone" (N) | (40) Better Call Saul "Saul Gone" (N) | | | | | | | | |
| 52 | USA | (52) Law&Order: SVU "Post-Mortem Blues" | Law&Order: SVU "Reasonable Doubt" | WWE Raw (N) | Snake Grass "Masters of Gameplay" (N) | | | | | | | | |
| 53 | FOOD | (53) Beat Bobby Flay "Beat Bobby Flay" | Beat Bobby Flay "Beat Bobby Flay" | Beat Bobby Flay | Beat Bobby Flay | BBQ USA "Going Whole Hog" (N) | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | | |
| 54 | HGTV | (54) 100 Day Dream "Hurricane Safe Haven" | Inside "Turf Wars: Garage Mullet" (N) | Flip To A Million (N) | Love/List "This Space Is Looking Up" | | | | | | | | |
| 56 | FX | (56) (5:00) ** Bohemian Rhapsody (18) Joseph Mazzello, Mike Myers, Rami Malek. | *** Hidden Figures (2016, Drama) Octavia Spencer, Janelle Monáe, Taraji P. Henson. | Hidden Figures (16) Taraji P. Henson. | | | | | | | | | |
| 57 | CNN | (57) CNN Tonight (N) | Don Lemon Tonight (N) | Don Lemon Tonight (N) | Anderson Cooper 360 | CNN Tonight | Tucker Carlson Tonight | Don Lemon Tonight | | | | | |
| 58 | FNC | (58) Hannity | The Ingraham Angle | Gutfeld! | Fox News @ Night (N) | Hannity | The 11th Hour (N) | Don Lemon Tonight | | | | | |
| 60 | MSNB | (60) The Rachel Maddow Show (N) | The Last Word (N) | The 11th Hour (N) | The Rachel Maddow Show | The Last Word | The 11th Hour with Stephanie Ruhle | Greed "Deadly Black Gold Riches" | Dateline "The Face of Evil" | (04, Com) Mark Ruffalo, Jennifer Garner. | (15) Virginia City (40, Act) Errol Flynn. | | |
| 61 | CNBC | (61) Shark Tank | Shark Tank | Shark Tank | The News With Shepard Smith | Greed "Deadly Black Gold Riches" | Dateline "The Face of Evil" | | | | | | |
| 63 | BRAV | (63) Below Deck "Con-text Is Everything" | Below "Never Before Scene 705" (N) | Below Deck: Mediterranean "Walkie of Shame" (N) | BD Down Under "The Tipping Point" | ** 13 Going on 30 | (04, Com) Mark Ruffalo, Jennifer Garner. | (15) Virginia City (40, Act) Errol Flynn. | Resident Alien "Autopsy" | | | | |
| 64 | TCM | (64) Movie | *** Buchanan Rides Alone "58" Randolph Scott. | *** Ride the High Country "62" Joel McCrea. | *** Apollo 13 (1995, Docu-Drama) Bill Paxton, Kevin Bacon, Tom Hanks. | Resident Alien "Autopsy" | | | | | | | |
| 65 | SYFY | (65) ** The Mask (1994, Comedy) Cameron Diaz, Peter Green, Jim Carrey. | *** Apollo 13 (1995, Docu-Drama) Bill Paxton, Kevin Bacon, Tom Hanks. | Resident Alien "Autopsy" | | | | | | | | | |
| 162 | RFD | (162) American Rancher | Red Steagall | To Be Announced | Horse of the West | The Experience | Rural Eve. News | FarmNext | FarmNext | American Rancher | Red Steagall | Paid Program | |

| TUESDAY EVENING | | A - Charter Astoria/ Seaside - L - Charter Long Beach | | | | | | | | | | AUGUST 16 | |
|-----------------|-------|---|---|---|---|---|--|---------------------------------------|------------------------------|------------------|------------------|-----------|-------|
| A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 |
| 2 | KATU | (2) KATU News at 6:00 p.m. (N) | Jeopardy! | Wheel of Fortune | Celebrity Wheel of Fortune | Celebrity Family Feud | News (N) | (35) J. Kimmel (N) | | | | | |
| 4 | KOMO | (4) KOMO 4 News at 6:00 p.m. (N) | Wheel of Fortune | Jeopardy! | Celebrity Wheel of Fortune | Celebrity Family Feud | KOMO4News (N) | (35) J. Kimmel (N) | | | | | |
| 5 | KING | (5) NBC News (N) | KING 5 News (N) | Evening | America's Got Talent Hopeful stars display their talents. | Password | KING 5 News (N) | (35) Tonight Show | | | | | |
| 6 | KOIN | (6) KOIN 6 News (N) | Evening News (N) | Extra (N) | Ent. Tonight | FBI "Unfinished Business" | FBI: International "Voice of the People" | FBI: Most Wanted "Unhinged" | KOIN 6 News (N) | (35) Colbert | | | |
| 7 | KIRO | (7) KIRO 7 News (N) | Evening News (N) | KIRO 7 News (N) | Ent. Tonight | FBI "Unfinished Business" | FBI: International "Voice of the People" | FBI: Most Wanted "Unhinged" | KIRO 7 Tonight (N) | (35) Colbert | | | |
| 8 | KGW | (8) KGW News (N) | KGW News (N) | The Good Stuff | Inside Edition (N) | America's Got Talent Hopeful stars display their talents. | Password | KGW News (N) | (35) Tonight Show | | | | |
| 9 | KRCW | (9) Young Sheldon | Young Sheldon | Modern Family | Modern Family | Leonardo (P) (N) | Devis (SP) (N) | KOIN 6 News at 10:00 p.m. (N) | Seinfeld | Seinfeld | | | |
| 10 | KOPB | (10) Ask-Old House | Outside Source | PBS NewsHour (N) | Disaster "A Perfect Storm: Mozambique" | Disaster "The Silent Killer: Somalia" | When Disaste "Paradise Lost: Bahamas" | Reel South | Reel South | News (N) | (35) Family Feud | | |
| 12 | KPTV | (12) 6 O'Clock News (N) | Family Feud | Family Feud | So You Think You Can Dance | Fantasy Island | 10 O'Clock News (N) | 10 O'Clock News (N) | (35) Family Feud | | | | |
| 13 | KPDV | (13) Family Feud | Family Feud | Big Bang Theory | Big Bang Theory | 8:00 p.m. Prime News (N) | 9:00 p.m. Prime News (N) | Big Bang Theory | The Simpsons | Family Guy | Family Guy | | |
| 19 | KCPQ | (19) Fox 13 News at 6 p.m. (N) | You Bet Your Life | Big Bang Theory | Big Bang Theory | So You Think You Can Dance | Fantasy Island | Fox 13 News at 10 p.m. (N) | Fox 13 News (N) | PersonPlaceThing | | | |
| 20 | TBS | (20) (4:00) MLB Baseball (L) | Post-game Show | Young Sheldon | Young Sheldon | Young Sheldon | Young Sheldon | George Lopez | George Lopez | | | | |
| 22 | KZJO | (22) Big Bang Theory | Big Bang Theory | Modern Family | Modern Family | You Bet Your Life | You Bet Your Life | Fox 13 News at 9:00 p.m. (N) | Two and a Half | Two and a Half | | | |
| 29 | ESPN | (29) (4:00) Fantasy Football Now | Daily Wager "Football Special" (L) | SportsCenter With Scott Van Pelt (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | SportsCenter (N) | | | | | |
| 30 | ESPN2 | (30) The Captain | The Captain "Bigger Than Baseball" | The Captain "Hiding in Plain Sight" | DC & RC | UFC Top Ten | NFL Live (N) | The Power Rankings | | | | | |
| 31 | NICK | (31) The Loud House | The Loud House | SpongeBob | SpongeBob | Friends | Friends | Friends | Friends | Friends | Friends | | |
| 32 | DISN | (32) Miraculous | Miraculous | Hamster & Gretel | Big City Greens | Bunk'd | Bunk'd | Big City Greens | Big City Greens | Miraculous | Miraculous | | |
| 34 | FAM | (34) The Office | The Office | The Office | The Office | The Office | The Office | Motherland: Fort Salem (N) | The 700 Club | | | | |
| 35 | FNC | (35) Movie | ** Happy Death Day 2U (19, Hor) Israel Broussard, Ruby Modine, Jessica Rothe. | (25) ** Happy Death Day 2U (17) Jessica Rothe. | | | | | | | | | |
| 36 | LIFE | (36) Castle "Still" | Castle "The Human Factor" | Castle "Watershed" | Castle "Valkyrie" | | | | | | | | |
| 38 | ROOT | (38) MarinersPre-game | MLB Baseball Seattle Mariners at Los Angeles Angels Site: Angel Stadium -- Anaheim, Calif. (L) | Post-game | MarinersPre-game/MLB Baseball Seattle Mariners at Los Angeles Angels | | | | | | | | |
| 39 | F51 | (39) Gold Cup: Finals | FIFA Magazine / (50) FIFA Soccer U-20 World Cup Costa Rica vs. Brazil (L) | NHRA Drag Racing Menards Nationals Site: Heartland Motorsports Park -- Topeka, Kan. | | | | | | | | | |
| 43 | SPIKE | (43) Two and a Half | Two and a Half | Two and a Half | ** The Hitman's Bodyguard (2017, Action) Samuel L. Jackson, Gary Oldman, Ryan Reynolds. | | | | | | | | |
| 44 | COM | (44) The Office | The Office | The Daily Show | (45) Tosh.0 | (20) Tosh.0 | (55) Tosh.0 | Tosh.0 | Tosh.0 | The Daily Show | (45) South Park | | |
| 45 | HIST | (45) History's Greatest Mysteries "The Escape of John Wilkes Booth" | History's Greatest Mysteries "Expedition Bermuda Triangle" | (05) Mysteries "The Amityville Horror" | (05) History's Greatest Mysteries | | | | | | | | |
| 46 | A&E | (46) Every Little Step | Every Little Step | Every Little Step | Every Little Step | Bobby Brown: Every Little Step | Origins of Hip-Hop | (05) Every Step | (35) Every Step | | | | |
| 47 | TLC | (47) 7 Little Johnstons "Coming Clean" | 7 Little Johnstons "The Firm-ale" | 7 Little Johnstons "So Last Season" (N) | 7 Johnstons "Eyebrows and Anxiety" | (05) Big Fat Fab. "Thore Family Values" | (05) SeekSisterWife "Brazil or Bust" | Naked and Afraid XL | Naked and Afraid XL | | | | |
| 48 | DISC | (48) Deadliest Catch "The Crush of Winter" | Deadliest Catch "No Turning Back" | Deadliest Catch Follows the daily lives of Alaskan crab fishermen. | | | | | | | | | |
| 49 | NGEO | (49) Life Below Zero "The Great Unknown" | Life Below Zero "A Lesson Learned" | Life Below Zero "Into the Storm" | Primal Survivor (N) | Northern "Hell or High Water" | Northern "Trail Blazing" | | | | | | |
| 50 | TNT | (50) (4:00) Rogue One (16) Felicity Jones. | (55) ** Star Wars: Episode III - Revenge of the Sith (2005, Sci-Fi) Natalie Portman, Hayden Christensen, Ewan McGregor. | Titans | (55) ** Rogue One (2016, Action) Diego Luna, Felicity Jones. | | | | | | | | |
| 51 | AMC | (51) (4:30) Under Siege (92) Steven Seagal. | *** The Fugitive (1993, Thriller) Sela Ward, Tommy Lee Jones, Harrison Ford. | ** Gone in 60 Seconds (00, Action) Angelina Jolie, Giovanni Ribisi, Nicolas Cage. | (10) 9-1-1 "The New Abnormal" | (10) 9-1-1 "Alone Together" | | | | | | | |
| 52 | USA | (52) Law & Order: S.V.U. "Broken Rhythms" | Law & Order: S.V.U. "Chasing Theo" | WWE NXT (N) | Chopped "Chuck Wagon Cook-Off" | Supermarket Stakeout (N) | House Hunters (N) | House Hunters (N) | House Hunters | House Hunters | House Hunters | | |
| 53 | FOOD | (53) Chopped "Surf And Turf" | Chopped "Sexy Feast" | Good Bones | Good Bones (N) | Good Bones (N) | Shadows (N) | Shadows | Shadows | Movie | | | |
| 54 | HGTV | (54) Bones "Eclectic Artistry in Garfield Park" | Good Bones | Good Bones | Good Bones (N) | Good Bones (N) | Shadows (N) | Shadows | Shadows | Movie | | | |
| 56 | FX | (56) (4:30) Pacific Rim Uprising John Boyega. | *** Captain America: The Winter Soldier (2014, Action) Scarlett Johansson, Sebastian Stan, Chris Evans. | Don Lemon Tonight (N) | Don Lemon Tonight (N) | Anderson Cooper 360 | CNN Tonight | Tucker Carlson Tonight | Don Lemon Tonight | | | | |
| 57 | CNN | (57) CNN Tonight (N) | Don Lemon Tonight (N) | Don Lemon Tonight (N) | Anderson Cooper 360 | CNN Tonight | Tucker Carlson Tonight | Don Lemon Tonight | | | | | |
| 58 | FNC | (58) Hannity | The Ingraham Angle | Gutfeld! | Fox News @ Night (N) | Hannity | The Last Word | Don Lemon Tonight | | | | | |
| 60 | MSNB | (60) MSNB Prime (N) | The Last Word (N) | The 11th Hour (N) | MSNBC Prime | The Last Word | The 11th Hour with Stephanie Ruhle | Greed "Lesson in Greed/ Soldier Scam" | Dateline "Under a Full Moon" | | | | |
| 61 | CNBC | (61) Shark Tank | Shark Tank | Shark Tank | The News With Shepard Smith | American Greed: Scam | | | | | | | |
| 63 | BRAV | (63) BD Down Under "The Pirate's Booty" | BD Down Under "Something's Fishy" | Under "Never Before Scene 106" (N) | Below Deck Down Under "The Safety Dance" (N) | Below Deck "Walkie of Shame" (N) | BD Down Under | | | | | | |
| 64 | TCM | (64) (5:00) One Million Years B.C. | *** Bandolero (1968, Western) Dean Martin, Raquel Welch, Jimmy Stewart. | ** Hannie Caulder (1971, Western) Robert Culp, Ernest Borgnine, Raquel Welch. | 100 Rifles (69, Western) Burt Reynolds. | | | | | | | | |
| 65 | SYFY | (65) (3:25) Apollo 13 | ** Cowboys and Aliens (2011, Action) Harrison Ford, Olivia Wilde, Daniel Craig. | ** Salt (2010, Action) Liev Schreiber, Chiwetel Ejiofor, Angelina Jolie. | Resident Alien "Autopsy" (N) | La Brea "Pilot" | | | | | | | |
| 162 | RFD | (162) (5:30) Cattlemen | SharkFarmer TV | Chris Cox | Saddle Up | Best of America | Rural Eve. News | Ag PhD | Cattlemen to Cattlemen | SharkFarmer TV | Paid Program | | |

| WEDNESDAY EVENING | | A - Charter Astoria/ Seaside - L - Charter Long Beach | | | | | | | | | | AUGUST 10 | |
|-------------------|---|---|------|------|------|------|------|------|------|-------|------|-----------|--|
| A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:3 | | |