THURSDAY EVENING — JULY 14

A - Charter Astoria/ Seaside - L - Charter Long Beach

A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2 KATU	2	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel of Fortune	Press Your Luck (N)		Generation Gap (N)		The Fatal Flaw		News (N)	(:35) J. Kimmel (N)
- KOMO	4	KOMO 4 News at 6:00 p.m. (N)		Wheel of Fortune	Jeopardy! (N)	Press Your Luck (N)		Generation Gap (N)		The Fatal Flaw		KOMO4News (N)	(:35) J. Kimmel (N)
- KING	5	NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	Law & Order		Law & Order: Special Victims Unit		Law & Order: Organized Crime		KING 5 News (N)	(:35) Tonight Show
6 KOIN	-	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	Young Sheldon	Ghosts	Big Brother (N)		CSI: Vegas "Legacy"		KOIN 6 News (N)	(:35) Colbert
- KIRO	7	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	Young Sheldon	Ghosts	Big Brother (N)		CSI: Vegas "Legacy"		KIRO 7 Tonight (N)	(:35) Colbert
8 KGW	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	Law & Order		Law & Order: Special Victims Unit		Law & Order: Organized Crime		KGW News (N)	(:35) Tonight Show
9 KRCW	3	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Walker "Barn Burner"		The Flash "Armageddon" Pt. 2 of 5		KOIN 6 News at 10:00 p.m. (N)		Seinfeld	Seinfeld
10 KOPB	10	Craftsman Legacy	Outside Source	PBS NewsHour (N)		Beyond/ CANVAS	This Is Utah	Broadchurch		Masterpiece Classic "Unforgotten"		Seaside Hotel "The Tramp"	
12 KPTV	12	6 O'Clock News (N)		Family Feud	Family Feud	MasterChef		Welcome to Flatch	Call Me Kat	10 O'Clock News (N)		News (N)	(:35) Family Feud
13 KPDX	-	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		Big Bang Theory	The Simpsons	Family Guy	Family Guy
- KCPQ	13	Fox 13 News at 6 p.m. (N)		You Bet Your Life	Big Bang Theory	MasterChef		Welcome to Flatch	Call Me Kat	Fox 13 News at 10 p.m. (N)		Fox 13 News (N)	You Bet Your Life
20 TBS	20	Young Sheldon	Young Sheldon	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Full Frontal	Full Frontal	Young Sheldon	Young Sheldon
- KZJO	22	Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Fox 13 News at 9:00 p.m. (N)		Last Man Standing	Last Man Standing	Two and a Half	Two and a Half
29 ESPN	29	(5:00) NBA Basketball Summer League (L)		NBA Basketball Summer League Brooklyn Nets vs. Minnesota Timberwolves (L)				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
30 ESPN2	30	E:60 "The Great Imposter and Me"			DC & RC	SportsCenter The day's news in the world of sports. (N)			UFC Great Fights	Around Horn (N)	Interruption (N)	NFL Live	
31 NICK	31	(5:00) The Lorax ('12, Ani) Zac Efron.		Lay Lay "Ain't That a Glitch" (N)		SpongeBob	SpongeBob	Paddington 2 (2017, Animated) Ben Whishaw, Imelda Staunton, Michael Gambon.				Friends	Friends
32 DISN	32	Miraculous	Miraculous	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Jessie	Jessie	Big City Greens	Big City Greens	Miraculous	Miraculous
34 FAM	34	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office 1/2	Good Trouble "Baby, Just Say 'Yes'" (N)		The 700 Club	
35 FMC	35	Movie	(:25) ★★★ Don't Breathe ('16) Dylan Minnette, Jane Levy.			(:15) ★★ A Quiet Place (2018, Drama) Emily Blunt, Noah Jupe, John Krasinski.				(:05) ★★ A Quiet Place ('18, Dra) Emily Blunt, John Krasinski.		(:55) FXM Presents	
36 LIFE	36	Rizzoli & Isles "Family Matters"		Rizzoli & Isles "The Platform"		Rizzoli & Isles "Bassholes"		Rizzoli & Isles "Imitation Game"		(:05) Rizzoli & Isles "Misconduct Game"		(:05) Rizzoli & Isles "Deadly Harvest"	
38 ROOT	38	(5:00) MLB Baseball Seattle Mariners at Texas Rangers (L)				Post-game	MarinersPre-game	MLB Baseball Seattle Mariners at Texas Rangers Site: Globe Life Field -- Arlington, Texas					
39 FS1	39	(4:50) Soccer Copa America (L)		WWE SmackDown WWE superstars do battle in long-running rivalries.				Skip and Shannon: Undisputed			TMZ Sports (N)	WWE SmackDown	
43 SPIKE	43	Two and a Half	Two and a Half	Two and a Half	Two and a Half	To Be Announced					To Be Announced		
44 COM	44	The Office	The Office	The Daily Show	(:45) The Office	(:20) The Office		(:55) The Office	The Office	The Office	The Office	The Daily Show	(:45) The Office
45 HIST	45	(5:00) Alone	Alone "The Weasel"			Alone "The Birds"		Alone "Gut Feeling" (N)			(:35) Kings of Pain "Eelectrocution" (N)		(:35) Mountain
46 A&E	46	The First 48		The First 48 "Tricked/ Rogue Gun"		After the First 48 "Rogue Gun" (N)		Accused: Guilty or Innocent (N)		Interrogation Raw (N)		(:05) First 48 "Teardrops/ Almost Home"	
47 TLC	47	SisterWife "Do You Have Condoms?"		Seeking Sister Wife "A Distant Dream"		Dr. Pimple Popper "Popping Popeye"		Dr. Pimple Popper (N)		Feet Kill "Supersized: Beastly Feet!" (N)		My 600-lb Life "Amber's Story"	
48 DISC	48	Abandoned "Sea Fortress of Doom"		Abandoned "Into the Murder Labyrinth"		Mysteries of the Abandoned		Mysteries of the Abandoned		Myst. of Abandoned "Arctic Hell Pit"		Mys. Abandoned "Desert Ghost Fort"	
49 NGEO	49	Shark Gangs		The Croc (N)		Sharks Attack "Paradise in Peril" (N)		Shark Side of the Moon (N)		Sharks That Eat Everything (N)		Shark Side of the Moon	
50 TNT	50	(5:00) ★★ Need for Speed ('14) Imogen Poots, Aaron Paul.			★★ Justice League (2017, Action) Ben Affleck, Jason Momoa, Gal Gadot.					Harley Quinn	Harley Quinn	Men in Black (1997, Sci-Fi) Will Smith.	
51 AMC	51	(5:00) Sixteen Candles Molly Ringwald.		★★ Pearl Harbor (2001, War) Kate Beckinsale, Josh Hartnett, Ben Affleck.						★★★ The Fugitive (1993, Thriller) Sela Ward, Tommy Lee Jones, Harrison Ford.			
52 USA	52	SVU "Turn Me on Take Me Private"		SVU "The Long Arm of the Witness"		Chrisley Knows	(:25) Chrisley (N)	Chrisley Knows (N)	Austin Dillon (N)	Me or the "Reality Check, Please" (N)		Chrisley Knows	Miz & Mrs.
53 FOOD	53	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Restaurant: Impossible (N)		Beat Flay (N)	Beat Flay (N)			Beat Bobby Flay	Beat Bobby Flay
54 HGTV	54	No Demo Reno "Reno Rescue"		No Demo Reno "Between Friends"		No Demo Reno "Hello Yellow"		No Demo Reno "Craft Explosion" (N)		House Hunters	House Hunters	House Hunters	House Hunters
56 FX	56	(3:30) Ford V. Ferrari ('19) Matt Damon.		★★★ Spider-Man: Far From Home (2019, Action) Samuel L. Jackson, Jake Gyllenhaal, Tom Holland.						The Old Man "VI" (N)		The Old Man "VI"	
57 CNN	57	CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
58 FNC	58	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity	
60 MSNB	60	MSNBC Prime (N)		The Last Word (N)		The 11th Hour (N)		MSNBC Prime		The Last Word		The 11th Hour with Stephanie Ruhle	
61 CNBC	61	Shark Tank		Shark Tank		Shark Tank		The News With Shepard Smith		American Greed "Deadly Gold Digger"		Dateline "The Shadow"	
63 BRAV	63	Southern Charm "Great Ex-pectations"		Southern Charm "Suspicious Minds"		S. Charm "Never Before Scene 803" (N)		Southern Charm (N)		Watch What (N)	Southern Charm		27 Dresses ('08)
64 TCM	64	(5:00) Tiger Shark		★★ The Sharkfighters ('56, Adv) Karen Steele, Victor Mature.		Killer Shark ('50, Adventure) Laurette Luez, Roddy McDowall.				★ Shark's Treasure ('75, Action) Cliff Osmond, Cornel Wilde.		(:15) Last Of The Pagans ('35) Mala.	
65 SYFY	65	(:05) ★★★ Jaws (1975, Horror) Richard Dreyfuss, Robert Shaw, Roy Scheider.						★★ The Shallows (2016, Thriller) Oscar Jaeneda, Brett Cullen, Blake Lively.				Jaws (1975, Horror) Roy Scheider.	
162 RFD	162	Nxt Lvl Farming	Where the Food	Rural "Champion Animal Health" (L)		Machinery Pete TV	Rural Eve. News	Grown	Farm Monitor	Nxt Lvl Farming	Where the Food	Paid Program	

FRIDAY EVENING — JULY 15

A - Charter Astoria/ Seaside - L - Charter Long Beach

A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2 KATU	2	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel of Fortune	Shark Tank		20/20 Interviews and hard-hitting investigative reports.				News (N)	(:35) Jimmy Kimmel
- KOMO	4	KOMO 4 News at 6:00 p.m. (N)		Wheel of Fortune	Jeopardy! (N)	Shark Tank		20/20 Interviews and hard-hitting investigative reports.				KOMO4News (N)	(:35) Jimmy Kimmel
- KING	5	NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	American Ninja War. "Qualifiers 5" The qualifying rounds conclude in San Antonio.				Dateline NBC		KING 5 News (N)	(:35) Tonight Show
6 KOIN	-	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	S.W.A.T. "Madrugada"		Magnum P.I. "Better Watch Out"		Blue Bloods "Allegiance"		KOIN 6 News (N)	(:35) Colbert
- KIRO	7	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	S.W.A.T. "Madrugada"		Magnum P.I. "Better Watch Out"		Blue Bloods "Allegiance"		KIRO 7 Tonight (N)	(:35) Colbert
8 KGW	-	KGW News (N)	KGW News (N)	Straight Talk	Inside Edition (N)	American Ninja War. "Qualifiers 5" The qualifying rounds conclude in San Antonio.				Dateline NBC		KGW News (N)	(:35) Tonight Show
9 KRCW	3	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Penn & Teller: Fool Us "Penn on Fire"		Funniest Animals	Funniest Animals	KOIN 6 News at 10:00 p.m. (N)		Seinfeld	Seinfeld
10 KOPB	10	Woodsmith Shop	BBC World News	PBS NewsHour (N)		Frankie Drake "A Most Foiled Assault"		The Hunter		How to Be Likeable in a Crisis		Jamestown	
12 KPTV	12	6 O'Clock News (N)		Family Feud	Family Feud	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)				10 O'Clock News (N)		News (N)	(:35) Family Feud
13 KPDX	-	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8 p.m. Prime News		9 p.m. Prime News		Big Bang Theory	The Simpsons	Family Guy	Family Guy
- KCPQ	13	Fox 13 News at 6 p.m. (N)		You Bet Your Life	Big Bang Theory	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)				Fox 13 News at 10 p.m. (N)		Fox 13 News (N)	You Bet Your Life
20 TBS	20	American Dad!	American Dad!	American Dad!	Amer. Dad 2/2	★★★ Aquaman (2018, Action) Amber Heard, Willem Dafoe, Jason Momoa.					(:50) ★★★ Fantastic Four ('15, Act) Kate Mara, Miles Teller.		
- KZJO	22	Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Fox 13 News at 9:00 p.m. (N)		Last Man Standing	Last Man Standing	Two and a Half	Two and a Half
29 ESPN	29	Boxing Top Rank Site: Pechanga Resort and Casino -- Temecula, Calif. (L)						SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
30 ESPN2	30	NBA Basketball Summer League Indiana Pacers vs. Washington Wizards (L)				NBA Basketball Summer League Los Angeles Lakers vs. New Orleans Pelicans (L)				Around Horn (N)	Interruption (N)	Boxing Top Rank	
31 NICK	31	(5:00) The SpongeBob Movie: Spong...		The Loud House	Casagrandes (N)	Star Trek: Prodigy	Star Trek Prod (N)	Friends	Friends	Friends	Friends	Friends	Friends
32 DISN	32	ZOMBIES: Addison	(:35) ZOMBIES	Bunk'd	Bunk'd (N)	Villains Valley (N)	Ultra Violet (N)	Raven's Home (N)	Jessie Pt. 1 of 2	Jessie Pt. 2 of 2	Bunk'd	Villains Valley	Ultra Violet
34 FAM	34	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club	
35 FMC	35	(4:40) Alien: Covenant		★★★★ Alien: Covenant ('17) Katherine Waterston, Michael Fassbender.				(:20) ★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.					
36 LIFE	36	Castle "Nanny McDead"		Castle "Hedge Fund Homeboys"		Castle "Hell Hath No Fury"		Castle "A Chill Goes Through Her Veins"		(:05) Castle "Always Buy Retail"		(:05) Castle	
38 ROOT	38	(5:00) MLB Baseball Seattle Mariners at Texas Rangers (L)				Post-game	MarinersPre-game	MLB Baseball Seattle Mariners at Texas Rangers Site: Globe Life Field -- Arlington, Texas					
39 FS1	39	(4:50) Soccer Copa America (L)		NHRA Drag Racing Mile High Nationals		NHRA Drag Racing		Skip and Shannon: Undisputed			TMZ Sports (N)	TMZ Sports (N)	Soccer
43 SPIKE	43	Two and a Half	Two and a Half	Two and a Half	Two and a Half	To Be Announced					To Be Announced		
44 COM	44	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	Esther Povitsky: Hot for My Name	
45 HIST	45	Aliens "Giants of the Mediterranean"		Ancient Aliens "The Space Travelers"		Ancient Aliens		Ancient Aliens (N)		(:05) Aliens "The Divine Number"		(:05) Ancient Aliens "Element 115"	
46 A&E	46	The First 48 "Death in Desire"		The First 48 "Skipping School/ Gamer"		The First 48 "Mother of Two"		The First 48 "House of Cards"		The First 48 "End of the Road"		(:05) The First 48 "Last Rap"	
47 TLC	47	90 Day Diaries "Where Is the Love?"		90 Day Diaries		90 Day Fiancé "More to Love: The Elephant in the Womb" (N)				90 Day Fiancé (N)	The Family Chantel		90 Day Fiancé
48 DISC	48	Gold Rush Parker "Floating Gold"		Gold Rush Parker "Parker's Prospect"		Gold Rush				Opal Hunt. "Impenetrable No More" (N)		Opal Hunters "Follow the Clues" (N)	
49 NGEO	49	World's Most Dangerous Shark?		Counting Jaws (N)		When Sharks Attack "Twice Bitten" (N)		When Sharks Attack "Gulf Fear" (N)		Game of Sharks (N)		Counting Jaws	
50 TNT	50	★★ Men in Black II ('02, Sci-Fi) Tommy Lee Jones, Will Smith.			(:45) ★★ Men in Black 3 (2012, Action) Tommy Lee Jones, Josh Brolin, Will Smith.					All Elite Wrestling: Rampage (N)		Men in Black II (2002, Sci-Fi) Will Smith.	
51 AMC	51	(3:30) Pearl Harbor		★★ Armageddon (1998, Adventure) Liv Tyler, Ben Affleck, Bruce Willis.						Moonhaven "The Pilot" (N)			Armageddon ('98)
52 USA	52	(5:00) IAAF Track & Field World Championships (L)				Law & Order "Try Like Hell"		Chicago Fire "Natural Born Firefighter"		Chicago Fire "Don't Hang Up"		Tomb Raider ('18, Act) Alicia Vikander.	
53 FOOD	53	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners...Dives (N)	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins
54 HGTV	54	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	Dream Home (N)	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home
56 FX	56	(5:00) ★★★ Spider-Man: Far From Home ('19) Samuel L. Jackson, Tom Holland.				★★★ Bohemian Rhapsody (2018, Biography) Joseph Mazzello, Mike Myers, Rami Malek.						Bohemian Rhapsody ('18) Rami Malek.	
57 CNN	57	CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight	
58 FNC	58	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity	
60 MSNB	60	MSNBC Prime (N)		The Last Word (N)		The 11th Hour (N)		MSNBC Prime		The Last Word		The 11th Hour with Stephanie Ruhle	
61 CNBC	61	Greed "The College Admissions Scandal"		American Greed "The Real Dr. Death"		American Greed "Prophets of Greed"		The News With Shepard Smith		American Greed "The Polka King Con"		Dateline "Internal Affairs"	
63 BRAV	63	★★★ Pretty Woman (1990, Romance) Julia Roberts, Jason Alexander, Richard Gere.						★★ 27 Dresses (2008, Comedy) James Marsden, Malin Akerman, Katherine Heigl.				Pretty Woman ('90, Rom) Richard Gere.	
64 TCM	64	(:15) ★★★★ Victor, Victoria (1982, Musical) James Garner, Robert Preston, Julie Andrews.						(:45) AFI Life Award "A Tribute to Julie Andrews"		★★★★ The Americanization of Emily ('64) James Garner, Julie Andrews.			
65 SYFY	65	Warehouse 13 "Pilot" Pt. 1 of 2		Warehouse 13 "Pilot" Pt. 2 of 2		Warehouse 13 "Resonance"		Warehouse 13 "Magnetism"		Warehouse 13 "Claudia"		Warehouse 13 "Elements"	
162 RFD	162	Texas-Reporter	FarmHer	SF Machinery	Bluegrass Trail	Country Legends	Rural News (N)	My Bluegrass	Penny Gilley Show	Texas-Reporter	SF Machinery	Paid Program	

SATURDAY EVENING — JULY 16

A - Charter Astoria/ Seaside - L - Charter Long Beach

A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2 KATU	2	KATU News at 6:00 p.m. (N)		Jeopardy!	Wheel of Fortune	America's Funniest Home Videos		Claim to Fame "It's All Relative"		The Final Straw "Ready, Set, Pull!"		News (N)	(:35) News (N)
- KOMO	4	KOMO4News (N)		Wheel of Fortune	Jeopardy!	America's Funniest Home Videos		Claim to Fame "It's All Relative"		The Final Straw "Ready, Set, Pull!"		KOMO4News (N)	(:35) News (N)
- KING	5	NBC News (N)	KING 5 News (N)	Sounds Summer	Raw Travel	Transplant "Free For What" (SF) (N)		WA Track & Field World Athletic Championships				KING 5 News (N)	Sat. Night Live
6 KOIN	-	(5:00) SRX Auto Racing (L)		Entertainment Tonight Weekend (N)		Bull		Paid Program	Paid Program	48 Hours		KOIN 6 News (N)	(:35) In Depth
- KIRO	7	(5:00) SRX Auto Racing (L)		KIRO 7 News (N)		Bull		Wipeout "Summer Sneak Peak"		48 Hours		KIRO 7 Tonight (N)	Ent. Tonight (N)
8 KGW	-	NBC News (N)	Straight Talk	Grant's Getaways	Inside Edition (N)	Transplant "Free For What" (SF) (N)		WA Track & Field World Athletic Championships				KGW News at 11	Sat. Night Live
9 KRCW	3	KOIN 6 News (N)	Young Sheldon	Modern Family	Modern Family	Whose Line Is It?	Would I Lie	Masters of Illusion	Masters of Illusion	KOIN 6 News at 10:00 p.m. (N)		MacGyver	
10 KOPB	10	Charlie Bee "Bees, Beers and Bikes"		Steves' Europe	Steves' Europe	Emma		Shakespeare Hathaway		Thou Shalt Not Kill		Masterpiece Mystery! "Grantchester"	
12 KPTV	12	(4:00) MLB Baseball Bos./N.Y. Y. (L)		Go/Nitro	Go/Nitro	★★ Spy Kids (2001, Adventure) Carla Gugino, Alexa PenaVega, Antonio Banderas.				10 O'Clock News (N)		Name That Tune "It's a Party Tonight"	
13 KPDX	-	2 Broke Girls 1/2	2 Broke Girls 2/2	Big Bang Theory	Big Bang Theory	★ Playing for Keeps (2012, Comedy) Dennis Quaid, Gerard Butler.				SOS: "An Injury in the Wilderness"		Storm of Suspicion "Blizzard Betrayal"	
- KCPQ	13	(4:00) MLB Baseball Bos./N.Y. Y. (L)		Big Bang Theory	Big Bang Theory	TMZ (N)		Big Bang Theory	Big Bang Theory	FOX 13 News (N)	The Spotlight	Name That Tune "It's a Party Tonight"	
20 TBS	20	(4:15) Ted 2 ('15)	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers	Bob's Burgers	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	xXx (2002, Action) Vin Diesel.	
- KZJO	22	(5:00) MLS Soccer Seattle vs Chicago (L)		Post-match (N)	The Goldbergs	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family		★ Playing for Keeps (2012, Comedy) Dennis Quaid, Gerard Butler.	
29 ESPN	29	(5:00) NBA Basketball Summer League (L)		Soccer International Champions Cup Women's (L)				SportsCenter (N)				SportsCenter (N)	SportsCenter (N)
30 ESPN2	30	(5:00) Basketball The Tournament (L)		NBA Basketball Summer League Site: Cox Pavillion -- Las Vegas, Nev. (L)								UFC UFC Fight Night Featuring UFC match-ups. Preliminaries	
31 NICK	31	SpongeBob	SpongeBob	★★★ Shrek (2001, Animated) Voices of Eddie Murphy, Cameron Diaz, Mike Myers.				Friends	Friends	Friends	Friends	Friends	Friends
32 DISN	32	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Ghost & Molly	Ghost & Molly	Big City Greens	Big City Greens	Big City Greens	Miraculous 3/3
34 FAM	34	(:15) The Office 2/2	(:45) The Office	(:15) The Office	(:50) The Office	(:20) The Office	(:55) The Office "Body Language"		(:25) The Office	(:55) The Office	The Office	The Office	The Office
35 FMC	35	(4:40) Hitman ('07)		(:35) ★★ Kingsman: The Golden Circle (2017, Action) Channing Tatum, Halle Berry, Taron Egerton.					(:25) ★★ Murder on the Orient Express ('17) Daisy Ridley, Kenneth Branagh.			(:40) FXM Presents	
36 LIFE	36	Flowers in the Attic: The Origin "Part 1: The Marriage"				Flowers in the Attic: The Origin "Part 2: The Mother" (N)						(:05) ★★ Secrets of a Gold Digger Killer ('21) Justine Warrington, Julie Benz.	
38 ROOT	38	Mariners Access	MarinersPre-game	MLB Baseball Seattle Mariners at Texas Rangers Site: Globe Life Field -- Arlington, Texas								Post-game	In Depth	A Fishing Story	A Fishing Story
39 FS1	39	PBA Bowling Strike Derby				WWE SmackDown WWE superstars do battle in long-running rivalries.				MLB Baseball Milwaukee Brewers at San Francisco Giants			
43 SPIKE	43	(4:40) Rush Hour		★★ Rush Hour 2 (2001, Action) Chris Tucker, Zhang Ziyi, Jackie Chan.				★★ Rush Hour 3 (2007, Action) Jackie Chan, Roman Polanski, Chris Tucker.				★★ Rush Hour 2 (2001, Action) Chris Tucker, Jackie Chan.	
44 COM	44	Movie		To Be Announced				To Be Announced				To Be Announced	
45 HIST	45	American Pickers "Jolene, Jolene"		American Pickers "Burlesque Queen"		American Pickers "Searching in Selma"		Amer. Pickers "Shelby in the Barn" (N)		(:05) A. Pickers "Magnificent Motors" (N)		(:05) A. Pickers "Secrets of the Hotel"	
46 A&E	46	The First 48 "Who's Knocking/ Payback"		The First 48 "Broad Daylight"		The First 48 "The Invitation"		First Blood (N)		Panic 9-1-1 (N)		(:05) The First 48 "Dangerous Business"	
47 TLC	47	Hoarding "This Is Garbage Land"		Hoarding "A Horrible Sight"		Say Yes to the Dress (N)		Little People, Big World		Little People "Break in the Matrix"		Little People "Time for a New Chapter"	
48 DISC	48	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Exp. Unknown "Lindbergh's Lost Rival"		Exp. Unknown "The Lost Avenger"	
49 NGEO	49	Shark Attack "Vacation Nightmares" (N)		Bite "Shark Superpower" (N)		Planet Shark "Ultimate Predator" (N)		Planet Shark "Ocean Voyagers" (N)		Planet Shark "In the Extreme" (N)		Planet Shark "Ultimate Predator"	
50 TNT	50	(5:15) ★★★ The Intern ('15, Com) Anne Hathaway, Adam DeVine, Robert De Niro.				★★★ The Proposal (2009, Comedy) Ryan Reynolds, Betty White, Sandra Bullock.				(:15) ★★★ The Proposal ('09, Comedy) Ryan Reynolds, Betty White, Sandra Bullock.			
51 AMC	51	★★★ Caddyshack (1980, Comedy) Rodney Dangerfield, Ted Knight, Chevy Chase.				★★★ Uncle Buck (1989, Comedy) Amy Madigan, Jean Louisa Kelly, John Candy.				(:15) ★★ The Great Outdoors ('88) John Candy, Stephanie Faracy, Dan Aykroyd.			
52 USA	52	Chicago P.D. "Night in Chicago"		Chicago P.D. "Ties That Bind"		Chicago P.D. "Good Men"		Chicago P.D. "Instinct"		Chicago P.D. "Protect and Serve"		Chicago P.D. "Impossible Dream"	
53 FOOD	53	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins
54 HGTV	54	Unsell.House "Old Ranch to New Nest"		Unsella. "Love Tub to Shower Power"		Unsellable Houses		Steal This House (N)		Love It or List It "No Room to Salsa"		Love It/List It "Parents and the Pantry"	
56 FX	56	(5:00) ★★ Ghostbusters ('16, Act) Kristen Wiig, Kate McKinnon, Melissa McCarthy.		★★ Furious 7 (2015, Action) Paul Walker, Jason Statham, Vin Diesel.								Atlanta	Atlanta
57 CNN	57	Patagonia Life "The Desert Coast"		United Shades "The Woke War"		CNN Special (N)		CNN Special (N)		CNN Special (N)		CNN Special (N)	
58 FNC	58	Unfiltered		Lawrence Jones Cross Country		One Nation		Unfiltered		Lawrence Jones Cross Country		One Nation	
60 MSNB	60	Ayman (N)		American Voices		Ayman		Ayman		Dateline "The House on the Lake"		Dateline "Family Affair"	
61 CNBC	61	Undercover Boss "Marco's Pizza"		Undercover Boss "Rocket Fizz"		Undercover Boss "Alfred Angelo"		Undercover Boss "PostNet"		Undercover Boss "TaylorMade"		Paid Program	Paid Program
63 BRAV	63	★★ Billy Madison ('95, Comedy) Bradley Whitford, Bridgette Wilson, Adam Sandler.				★★ Happy Gilmore ('96, Com) Christopher McDonald, Julie Bowen, Adam Sandler.				★★ Billy Madison ('95, Comedy) Bradley Whitford, Bridgette Wilson, Adam Sandler.			
64 TCM	64	(5:00) The Fountainhead Gary Cooper.		★★★ Dangerous Liaisons ('88) Michelle Pfeiffer, Glenn Close, John Malkovich.					(:15) ★★★ Scarlet Street ('45) Joan Bennett, Edward G. Robinson.			(:15) La Chienne ('31, Dra) Michel Simon.	
65 SYFY	65	(5:30) ★★ Anaconda ('97, Thriller) Jennifer Lopez, Jon Voight.		(:★★ Constantine (2005, Sci-Fi) Rachel Weisz, Shia LaBeouf, Keanu Reeves.						★★ Battleship (2012, Sci-Fi) Alexander Skarsgard, Rihanna, Taylor Kitsch.			
162 RFD	162	O'Donnell "Follow Your Dream - Vol. 1"		Mollie B Polka Party		Larry's Country Diner "Dan Miller"		Paid Program	Paid Program	Red Skelton Show "Singing Waiters"		Paid Program	

SUNDAY EVENING — JULY 17

A - Charter Astoria/ Seaside - L - Charter Long Beach

A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2 KATU	2	KATU News at 6:00 p.m. (N)		America's Funniest Home Videos		Celebrity Family Feud (N)		The Final Straw		The $100,000 Pyramid (N)		News (N)	(:35) Full Measure
- KOMO	4	KOMO 4 News Sunday at 6:00 p.m. (N)		America's Funniest Home Videos		Celebrity Family Feud (N)		The Final Straw		The $100,000 Pyramid (N)		KOMO4News (N)	(:35) Full Measure
- KING	5	NBC News (N)	KING 5 News (N)	Think You Are "Nick Offerman" (N)		America's Got Talent "Auditions 6"				WA Track World Athletic Championships		KING 5 News (N)	(:35) Band Seattle
6 KOIN	-	Eye on Northwest	Weekend News (N)	60 Minutes		Big Brother (N)		The Equalizer "The Kingdom"		NCIS: Los Angeles "Pandora's Box"		KOIN 6 News (N)	(:35) Game On!
- KIRO	7	Weekend News (N)	KIRO 7 News (N)	60 Minutes		Big Brother (N)		The Equalizer "The Kingdom"		NCIS: Los Angeles "Pandora's Box"		KIRO 7 Tonight (N)	KIRO 7 Tonight (N)
8 KGW	-	NBC News (N)	Straight Talk	Think You Are "Nick Offerman" (N)		America's Got Talent "Auditions 6"				WA Track World Athletic Championships		KGW News (N)	(:35) Sports Sunday
9 KRCW	3	KOIN 6 News (N)	Young Sheldon	Modern Family	Modern Family	Riverdale (N)		Penn & Teller: Fool Us "Magic R App"		KOIN 6 News (N)	Game On	Two and a Half	Two and a Half
10 KOPB	10	Beyond/ CANVAS	This Is Utah	Great American R "Moveable Feasts"		Hotel Portofino "Disc