MON	IDA'	ΥE	EVENING			A - Charter Asto	oria/ Seaside - L - Ch	arter Long Beach					JULY 18
Α		L	6 РМ 6:30	7 РМ	7:30	8 PM	8:30	9 рм	9:30	10 рм	10:30	11 PM	11:30
(2) KA			KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel of Fortune	The Bachelorette	(N)		•	Cl. Fame "What's a	Cheesehead?" (N)	News (N)	(:35) J. Kimmel (N)
KO			KOMO 4 News at 6:00 p.m. (N)	Wheel of Fortune	Jeopardy! (N)	The Bachelorette (				Cl. Fame "What's a	Cheesehead?" (N)	KOMO4News (N)	(:35) J. Kimmel (N)
KIN			NBC News (N) KING 5 News (N)		Evening		arrior Contestants try			Weakest Link		KING 5 News (N)	(:35) Tonight Show
<b>(6)</b> KO			KOIN 6 News (N) Evening News (N		Ent. Tonight	The Neighborhood		NCIS "Nearly Depar		NCIS: Hawai'i		KOIN 6 News (N)	(:35) Colbert
KIR			KIRO 7 News (N) Evening News (N		Ent. Tonight	The Neighborhood		NCIS "Nearly Depar		NCIS: Hawai'i		KIRO 7 Tonight (N)	
(B) KG			KGW News (N) KGW News (N)	The Good Stuff	Inside Edition (N)		arrior Contestants try		linja Warrior.	Weakest Link			(:35) Tonight Show
(9) KR			Young Sheldon Young Sheldon	Modern Family	Modern Family	Roswell "Kiss From		In the Dark (N)		KOIN 6 News at 10		Seinfeld	Seinfeld
(10) KO			This Old House Outside Source	PBS NewsHour (N)		Antique "Meadow			Ore. Experience	Antiques Roadshov		POV (N)	
<b>(12)</b> KP1			6 O'Clock News (N)	Family Feud	Family Feud	Don't Forget the L		Beat Shazam (N)		10 O'Clock News (			(:35) Family Feud
(13) KPI			Family Feud Family Feud	Big Bang Theory		8:00 p.m. Prime N		9:00 p.m. Prime No	ews (N)	Big Bang Theory			Family Guy
KCI			News (N) The Spotlight	You Bet Your Life		Don't Forget the L		Beat Shazam (N)	1	Fox 13 News at 10			You Bet Your Life
20 TBS			Young Sheldon Young Sheldon	Young Sheldon				Big Bang Theory		Big Bang Theory			American Dad!
KZJ			Big Bang Theory Big Bang Theory	Modern Family	Modern Family		You Bet Your Life		00 p.m. (N)		Last Man Standing		Two and a Half
29 ESF			(5:00) Baseball Home Run Derby (L)	The Captain (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter		SportsCenter	
(30) ESP			(5:00) MLB Baseball Home Run Derby (			The Captain (N)		<b>30 for 30</b> "Long Go				The Captain	
(31) NIC			The Loud House The Loud House	Danger Force		SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends		Friends
32 DIS			Miraculous Miraculous	<b>Zombies 2</b> (2019, N	Nusical) Meg Donnelly		(:35) Villains Valley		Raven's Home		Big City Greens	Miraculous	Miraculous
34 FAI			(5:00) Aladdin Voices of Robin Williams		y ('16, Ani) Albert Broo					ces of Tim Allen, Don F		The 700 Club	
35) FM			(4:15) <b>Get Out</b> ('17) (:25) ★★★ <b>Get O</b>										
36 LIF			First 48 "Rise Up/ Somebody's Friend"	First 48 "What Abo	out Me/ Last Round"	The First 48 "Life I	nterrupted/ Lucifer"	#TextMe "Nikki Kul	hnhausen" (N)	(:05) Phrog "Bump in	the Night" (P) (N)	(:05) #TextMe "Nikk	
38 RO	OT (	38)	(4:30) MLS Soccer Post-game	Mariners Access	Inside Kraken (N)	Boxing Card TBA				Fight Sports MMA		FS Martial Arts (N)	Fight: Kickboxing
39 FS1	1 (	39	(4:50) Soccer Copa America (L)	Live at the All-Sta	r Game			PBA Bowling All-St	ar Clash			Skip and Shannon:	Undisputed
43 SPI	IKE (	<b>43</b> )	Two and a Half Two and a Half	Two and a Half	Two and a Half	To Be Announced					To Be Announced		
44 COI	<b>M</b> (	(44)	The Office The Office	The Delle Chare	(:45) The Office	=1 0(()		(:55) The Office	The Office	The Office	The Office		(:45) The Office
45 HIS		44	The office	The Daily Show	(:45) The Office	(:20) The Office		(:55) THE OTTICE	THE OTHER	The Office	The Office	The Daily Show	(.43) THE OTHER
	ST (		The Men Who Built America "When			(:20) The Office Marvels "Freight Ti	rains Plus" (N)	(:05) Marvels "Locor			(:35) FastHist (N)	The Daily Show (:05) Marvels "Freigl	
46 A&		(45)			ns"				motives Plus" (N)		(:35) FastHist (N)		ht Trains Plus"
46 A&	ŁΕ (	(45) (46)	The Men Who Built America "When	ne Ends, Another Begi	ns" e S."	Marvels "Freight Ti Intervention "Keni		(:05) Marvels "Locor Intervention "Jorda	motives Plus" (N) an" (N)	(:05) FastHist (N)	(:35) FastHist (N) eyln & Nicholas" (N)	(:05) Marvels "Freigl	ht Trains Plus" Sarah"
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162 KF	-ט	162	Rancher (N)	Red Steagall (N)	NHSKA Kodeo	Horse of the West	The Experience	Rural Eve. News	Farminext Farmine	ext	American Kancher	Red Steagail	Paid Program	
TUESDAY EVENING  A - Charter Astoria/ Seaside - L - Charter Long Beach  JULY 19														
IUES									1	40.00		JULY 19		
Α		L	6 РМ	6:30	7 РМ	7:30	8 РМ	8:30	9 рм	9:30	10 рм	10:30	11 РМ	11:30
<b>②</b> K/			KATU News at 6:00			Wheel of Fortune			Judge "Let's Not Dr		The Rookie "Hit Lis		News (N)	(:35) J. Kimmel (N)
			KOMO 4 News at 6				Celebrity Family F		Judge "Let's Not Dr	rag Me Into This"	The Rookie "Hit Lis		KOMO4News (N)	(:35) J. Kimmel (N)
			NBC News (N)					ent Hopeful stars displ			Dancing With Mys		KING 5 News (N)	(:35) Tonight Show
							FBI "Know Thyself"		FBI: International		FBI: Most Wanted		KOIN 6 News (N)	(:35) Colbert
KI			KIRO 7 News (N)	Evening News (N)			FBI "Know Thyself"		FBI: International		FBI: Most Wanted		KIRO 7 Tonight (N)	
(8) KC			KGW News (N)	KGW News (N)				ent Hopeful stars displ			Dancing With Mys		KGW News (N)	(:35) Tonight Show
(2) KF			Young Sheldon	Young Sheldon					Tom Swift (N)		KOIN 6 News at 10			Seinfeld
(10) KC		10 Ask-Old House Outside Source PBS NewsHour (N)					America Outdoors "LA: It's a Vibe" (N)				Reel South "Little Satchmo"			
<b>(12)</b> KF			(5:00) MLB Baseball				8:00 p.m. Prime N		Family Feud	Family Feud	10 O'Clock News (		News (N)	(:35) Family Feud
(II) KF					Big Bang Theory		8:00 p.m. Prime N		9:00 p.m. Prime N	ews (N)	Big Bang Theory			FamilyGuy 1/2
		(13)	(5:00) MLB Baseball	All-Star Game (L)			Fox 13 News Spec		Fox 13 News at 9:	00 p.m. (N)	Fox 13 News at 10	) p.m. (N)	Fox 13 News (N)	You Bet Your Life
20 TB	BS	20							Big Bang Theory		Big Bang Theory			Young Sheldon
C KZ	ZJO	(22)	Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Fox 13 News at 9:	00 p.m. (N)	Last Man Standing	Last Man Standing	Two and a Half	Two and a Half
29 ES			Soccer Internationa				SportsCenter (N) SportsCenter (N)			SportsCenter		SportsCenter		
30 ES			Basketball The Tou				The Last Dance		The Last Dance		The Last Dance		The Last Dance	
31 NI							SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends		Friends
32 DI			Miraculous				Big City Greens		Bunk'd	Bunk'd	Big City Greens			Miraculous
34 FA	M	(34)	The Office	The Office	The Office 1/2	The Office 2/2	The Office	The Office	The Office	The Office	Fort Salem "Cession	on in Session" (N)	The 700 Club	
35) FN	ЛC	(35)	(4:35) The Kid Who	Would Be King	(:55) ★★ The Kid W	ho Would Be King ('	19) Patrick Stewart,	Tom Taylor.	(:15) ★★★ Miss Pe	regrine's Home for I	Peculiar Children ('1	6) Asa Butterfield, Eva		(:50) FXM Presents
36 LII			Castle "Deep in Dea		Castle "The Double			he Girl"	Castle "Fool Me Or		(:05) Castle "When	the Bough Breaks"	(:05) Castle "Vampire	e Weekend"
38 RC	TOC	(38)	MLS Soccer Vancou	ver Whitecaps at Port	land Timbers		Post-game	Inside Kraken	Mariners Access	In Depth (N)	The Shortlist	The Immortals	Sports Stars	NationalSenior
39 FS	1	(39)	(5:00) NHRA Drag R	acing Mile High Natio	onals		Skip and Shannon			TMZ Sports (N)	MLB Baseball All-S	tar Game American Le	ague vs. National Lea	gue
43 SP	PIKE	(43)	Two and a Half	Two and a Half	Two and a Half	Two and a Half	<b>★★★</b> Ghostbuste	rs (1984, Comedy) Har	old Ramis, Dan Aykro	oyd, Bill Murray.		*** Ghostbusters	II ('89) Sigourney W	eaver, Bill Murray.
44 CC			The Office	The Office		(:45) Tosh.0	(:20) Tosh.0		(:55) Tosh.0	Tosh.0	Tosh.0	Tosh.0		(:45) South Park
45 HI			Skinwalker Ranch	"Dome of the Rock"	Skinwalker Ranch		Skinwalker Ranch	"Photo Finish" (N)	The Secret of Skin	walker Ranch (N)	(:05) <b>Proof</b> "Alien Te		(:05) Sknwlkr Rnch '	
46 A8			The First 48						Origins of Hip-Hop "Ice-T"				(:05) Origins of Hip-Hop "Eve"	
47 TL			Little People, Big \						<b>Little Peo.</b> "The Legacy of the Farm" (N)				Seeking Sister Wife	
48 DI			Catch "One Hell of		Catch "To the End o			ollows the daily lives of				of the Cornelia Marie"	Deadliest Catch "Si	iberian Winter"
49 NO				mer of Mayhem" (N)			Shark Attack Files		Shark Attack Files	"Get Smart" (N)	Jaws Invasion (N)		Shark Attack Files	
(50) TN			(4:30) Captain Marv					vney Jr., Scarlett Johan	sson, Chris Evans.		Titans "Ghosts"		Ready Player One (	
(51) Al			(4:00) Forrest Gump			1998, Adventure)Liv		uce Willis.				*** Heat (1995, C	rime Story) Robert De	
(52) US			SVU "Return of the		SVU "Welcome to the		WWE NXT (N)				(:05) Love Island (S			(:35) IAAF Track
<b>53</b> FO	OOD	<b>(53)</b>	Chopped "Chopped	d Chops"	Chopped "Big Barbo	ecue Bout"	Chopped "Ballpark	Baskets"	Market Stakeout '	"Chili 'Con Carte'" (N	Kitchen Crash "Ga	rden Party" (N)	Chopped "Epic BLT	Battle"
54 HC			Bones "Free House,		Good Bones "The B		Good Bones (N)		Good Bones (N)		House Hunters			House Hunters
56 FX				ter ('20) Vincent Cass	el, Kristen Stewart.	★★ The Twilight S	aga: Breaking Daw	<b>n Part 1</b> ('11) Robert F	Pattinson, Taylor Laut	tner, Kristen Stewart.	Shadows (N)	Shadows	Shadows	Movie
(57) CN	NN	<b>(57)</b>	CNN Tonight (N)		Don Lemon Tonigh	t (N)	Don Lemon Tonig	ht (N)	Anderson Cooper	360	CNN Tonight		Don Lemon Tonigh	t
58 FN			Hannity (N)		The Ingraham Angl		Gutfeld! (N)		Fox News @ Night	t (N)	Tucker Carlson To		Hannity	
60 M	SNB	(60)	MSNBC Prime (N)		The Last Word (N)		The 11th Hour (N)		MSNBC Prime		The Last Word		The 11th Hour with	
<b>61</b> CN	NBC	(61)	Shark Tank		Shark Tank		Shark Tank		The News With Sh	epard Smith	American Greed: 9	Scam	Dateline "Dark Valle	ey"
63 BF		63	Below Deck: Medit	terranean	BD Down Under "G		Under "Never Befo		Below Deck Down		Watch What (N)	Love Island Singles		
64 TC			(5:00) Where the Sig			ty Sleeps ('56) James				Demon ('57) Niall Ma	cGinnis, Peggy Cummi	ins, Dana Andrews.	Zero Hour! ('57, Thr	riller) Dana Andrews.
(65) SY		<b>65</b>	(4:35) ★★★ Batmar			★★★ Batman Retu	urns (1992, Action) D	anny DeVito, Michelle	Pfeiffer, Michael Kea			(:25) ★★ Batman Fo	rever ('95, Action) Jir	m Carrey, Val Kilmer.
162 RF	D	162	(5:30) Cattlemen (N)	SharkFarmer (N)	Chris Cox	Saddle Up	Best of America	Rural Eve. News	Ag PhD	Cattlemen to Catt	lemen	SharkFarmer TV	Paid Program	

WEDNE	SDAY EVE				A - Charter Ast	oria/ Seaside - L - C	harter Long Beach		nan <mark>.</mark>			JULY 13	
Α	L 6 P	и 6:30	7 РМ	7:30	8 РМ	8:30	9 РМ	9:30	10 рм	10:30	11 PM	11:30	
2 KATU		s at 6:00 p.m. (N)	Jeopardy! (N)		Shark Beach With		Shark Tank	•	Shark Tank		News (N)	(:35) J. Kimmel (N)	
С КОМО		ews at 6:00 p.m. (N)	Wheel of Fortune	Jeopardy! (N)	Shark Beach With	Chris Hemsworth	Shark Tank		Shark Tank		KOMO4News (N)	(:35) J. Kimmel (N)	
KING	5 NBC News		KING 5 News (N)	Evening	Chicago Med		Chicago Fire "The		Chicago P.D. "Burn		KING 5 News (N)	(:35) Tonight Show	
6 KOIN	- KOIN 6 Ne				Big Brother (N)		The Challenge: US		S.W.A.T. "Vagabund		KOIN 6 News (N)	(:35) Colbert	
KIRO	7 KIRO 7 Ne				Big Brother (N)		The Challenge: US		S.W.A.T. "Vagabund		KIRO 7 Tonight (N)		
8 KGW	- KGW News		The Good Stuff		Chicago Med		Chicago Fire "The		Chicago P.D. "Burn		KGW News (N)	(:35) Tonight Show	
KRCW	3 Young She		Modern Family	Modern Family	Mysteries "Alien N			Paranormal	KOIN 6 News at 10		Seinfeld	Seinfeld	
<b>(IO)</b> KOPB	10 Home Diag		PBS NewsHour (N)				Nova "Ultimate Space Telescope" (N)				Future of Work		
(II) KPTV	12 6 0'Clock		Family Feud	Family Feud			You Can Dance "Turn Back Time" (N)				News (N)	(:35) Family Feud	
(E) KPDX	<ul><li>Family Feu</li></ul>						9 p.m. Prime News (N)		Big Bang Theory		Family Guy	Family Guy	
KCPQ	13 Fox 13 Nev		You Bet Your Life		MasterChef (N)		You Can Dance "To	urn Back Time" (N)	Fox 13 News at 10	p.m. (N)	Fox 13 News (N)	You Bet Your Life	
20 TBS		heory Big Bang Theory		Big Bang Theory	All Elite Wrestling: Dynamite (N)				Unscripted		Young Sheldon	Young Sheldon	
KZJO		occer Seattle Sounders FC at		Post-match	Sounders FC	Seattle Sports Live	/e Fox 13 News at 9:00 p.m. (N)		Last Man Standing Last Man Standing			Two and a Half	
29 ESPN		occer K.C./MIN (L)	SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		
		tball Summer League Miami			The Captain "Prev		NFL Live		Around Horn (N)		The Captain "Previ		
(Ei) NICK	31) The Loud H			2, Animated) Taylor S			Friends	Friends	Friends		Friends	Friends	
32 DISN	32 Miraculous			Big City Greens	Big City Greens	Big City Greens	Raven's Home	Raven's Home				Miraculous 2/2	
34 FAM	34 The Office		The Office	The Office	The Office	The Office	The Office	The Office	Every Trash (P) (N)		The 700 Club		
(35) FMC		35 Movie (:45) ★★★ Alita: Battle Angel (2019, Action)		(:05) ★ Rogue (2020, Action) Philip Wine				(:15) <b>Downhill</b> ('20) Julia Louis-Dreyfo					
36 LIFE						ied at First Sight "Whole Wife for a Whole Life?" (N)		(:05) 5 Guys a Week		(:05) Married "After	party: #1502" (N)		
ROOT		ccess MarinersPre-game				Nationals Park Was			Post-game		Boxing		
39 FS1		minster Dog Show "Day 2"					Skip and Shannon:				MLS Soccer San Jos		
43 SPIKE		2 Men Two and a Half	Two and a Half				ry) Anna Kendrick, J.K				The Shawshank Re		
<b>44</b> COM	44 South Park		The Daily Show	(:45) South Park	(:10) South Park	(:35) South Park	South Park	South Park	South Park		The Daily Show		
45 HIST	45 Forged in I		Forged in Fire		Forged in Fire		Forged in Fire (N)		(:05) <b>Power (N)</b>		(:05) Forged "Sledge		
46 A&E	46 Court Cam		Court Cam	Court Cam	Court Cam	Court Cam		Court Cam (N)				(:35) Court Cam	
47 TLC		"The Never-Ending Keloids"	Dr. Pimple Popper		Dr. Pimple "Pop Ups: My Third Eye" (N) Dr. Pimple "Booty and the Beach" (N)			My Feet Are Killing Me (N) Hoarding "A Graveyard of Jun					
48 DISC		"The Bootlegger's Millions"			Expedition Unknown						Exp. Unkown "Chasing the Snake Kings"		
49 NGEO					Sharks Attack "Space Coast Scare" (N)						Shark Queens		
50 TNT	50 Lucifer "Th				** Justice League (2017, Action) Ben A						ed ('14, Action) Imogen Poots, Aaron Paul.		
61 AMC	(5:30) ★★★ Back to the Future II ('89) Ch				*** Sixteen Candles ('84) Anthony Mi				★★★ The Breakfast Club ('85, Dra) Emi				
(52) USA		er: S.V.U. "Closet"	Law & Order: S.V.I				Law & Order: S.V.l		Law & Order: S.V.l		Law&O: SVU "She		
(53) FOOD								Game "Guy's Summer Games 2" (N)				Guy's Grocery Games "DDD Dads"	
(54) HGTV	54 Bargain Block Bargain Block			BarBlock "The Hampton					House Hunters		House Hunters		
(56) FX		Guardians of the Galaxy (					Lawrence, Vanessa Hu				2020, Action) Martin		
GT CNN					Don Lemon Tonight (N)		Anderson Cooper 360				Don Lemon Tonight		
58 FNC					Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight The Last Word		Hannity		
						The 11th Hour (N)		MSNBC Prime			The 11th Hour wit		
GI CNBC	61 Shark Tank		Shark Tank				The News With Shepard Smith		American Greed "		Dateline "The Plot		
63 BRAV		All Roads Lead to Gaisy"		ore Scene 1209" (N)			The Real Hou "Din			The Real Housewiv		The Real House	
<b>64</b> TCM	(64) Movie	(:45) Bless Their Li							er's Wedding (1983, I				
65 SYFY	(4:30) Doom (2005, Sci-Fi) Karl Urban. ★★ The Hitman's Bodyguard (201								08, Action) Morgan Fre				
162 RFD	(162) Better Hor	ses TV   Cowboy (N)	Horse of the West	<b>Equestrian Nation</b>	Total Team Ropin	g Rural Eve. News	Hayden Life Land	Saddle Up	Small Town	Cowboy Moments	Paid Program		



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