

| MONDAY EVENING | | | | | | | | | | | | JULY 18 | | | | | | | | | | | | | | | |
|--|-------|-------|--|---|---|--|--|---|------------------------|-------------------------------------|-------------------------------|---------------------|------------|-------|-------|--|---|---|--|--|---|-------------------------------------|------------------------------------|-------------------------------|--------------------|------------|------------|
| A - Charter Astoria/Seaside - L - Charter Long Beach | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 |
| 2 | KATU | (2) | KATU News at 6:00 p.m. (N) | Jeopardy! (N) | Wheel of Fortune | The Bachelorette (N) | | | | Cl. Fame "What's a Cheesehead?" (N) | News (N) | (3:5) J. Kimmel (N) | 2 | KATU | (2) | KATU News at 6:00 p.m. (N) | Jeopardy! (N) | Wheel of Fortune | The Bachelorette (N) | | | Cl. Fame "What's a Cheesehead?" (N) | News (N) | (3:5) J. Kimmel (N) | | | |
| 4 | KOMO | (4) | KOMO 4 News at 6:00 p.m. (N) | Wheel of Fortune | Jeopardy! (N) | The Bachelorette (N) | | | | Cl. Fame "What's a Cheesehead?" (N) | KOMO4News (N) | (3:5) J. Kimmel (N) | 4 | KOMO | (4) | KOMO 4 News at 6:00 p.m. (N) | Wheel of Fortune | Jeopardy! (N) | The Bachelorette (N) | | | Cl. Fame "What's a Cheesehead?" (N) | KOMO4News (N) | (3:5) J. Kimmel (N) | | | |
| 5 | KING | (5) | NBC News (N) | KING 5 News (N) | Evening | American Ninja Warrior Contestants try to become the next Ninja Warrior. | | | | Weakest Link | KING 5 News (N) | (3:5) Tonight Show | 5 | KING | (5) | NBC News (N) | KING 5 News (N) | Evening | American Ninja Warrior Contestants try to become the next Ninja Warrior. | | | Weakest Link | KING 5 News (N) | (3:5) Tonight Show | | | |
| 6 | KOIN | (6) | KOIN 6 News (N) | Evening News (N) | Extra (N) | Ent. Tonight | The Neighborhood | Bob Hearts | NCIS "Nearly Departed" | NCIS: Hawai'i | KOIN 6 News (N) | (3:5) Colbert | 6 | KOIN | (6) | KOIN 6 News (N) | Evening News (N) | Extra (N) | Ent. Tonight | The Neighborhood | Bob Hearts | NCIS "Nearly Departed" | NCIS: Hawai'i | KOIN 6 News (N) | (3:5) Colbert | | |
| 7 | KIRO | (7) | KIRO 7 News (N) | Evening News (N) | KIRO 7 News (N) | Ent. Tonight | The Neighborhood | Bob Hearts | NCIS "Nearly Departed" | NCIS: Hawai'i | KIRO 7 Tonight (N) | (3:5) Colbert | 7 | KIRO | (7) | KIRO 7 News (N) | Evening News (N) | KIRO 7 News (N) | Ent. Tonight | The Neighborhood | Bob Hearts | NCIS "Nearly Departed" | NCIS: Hawai'i | KIRO 7 Tonight (N) | (3:5) Colbert | | |
| 8 | KGW | (8) | KGW News (N) | KGW News (N) | The Good Stuff | Inside Edition (N) | American Ninja Warrior Contestants try to become the next Ninja Warrior. | | | Weakest Link | KGW News (N) | (3:5) Tonight Show | 8 | KGW | (8) | KGW News (N) | KGW News (N) | The Good Stuff | Inside Edition (N) | American Ninja Warrior Contestants try to become the next Ninja Warrior. | | | Weakest Link | KGW News (N) | (3:5) Tonight Show | | |
| 9 | KRCW | (9) | Young Sheldon | Young Sheldon | Modern Family | Modern Family | Roswell "Kiss From a Rose" (N) | In the Dark (N) | | | KOIN 6 News at 10:00 p.m. (N) | Seinfeld | 9 | KRCW | (9) | Young Sheldon | Young Sheldon | Modern Family | Modern Family | Roswell "Kiss From a Rose" (N) | In the Dark (N) | | | KOIN 6 News at 10:00 p.m. (N) | Seinfeld | | |
| 10 | KOPB | (10) | This Old House | Outside Source | PBS NewsHour (N) | | | | | Antique "Meadow Brook Hall Hour 3" | Ore. Experience | Ore. Experience | 10 | KOPB | (10) | This Old House | Outside Source | PBS NewsHour (N) | | | | | Antique "Meadow Brook Hall Hour 3" | Ore. Experience | Ore. Experience | | |
| 12 | KPTV | (12) | 6 O'Clock News (N) | Family Feud | Family Feud | Don't Forget the Lyrics (N) | Beat Shazam (N) | | | 10 O'Clock News (N) | News (N) | (3:5) Family Feud | 12 | KPTV | (12) | 6 O'Clock News (N) | Family Feud | Family Feud | Don't Forget the Lyrics (N) | Beat Shazam (N) | | | 10 O'Clock News (N) | News (N) | (3:5) Family Feud | | |
| 13 | KPDV | (13) | Family Feud | Family Feud | Big Bang Theory | Big Bang Theory | 8:00 p.m. Prime News (N) | 9:00 p.m. Prime News (N) | | Big Bang Theory | The Simpsons | Family Guy | Family Guy | 13 | KPDV | (13) | Family Feud | Family Feud | Big Bang Theory | Big Bang Theory | 8:00 p.m. Prime News (N) | 9:00 p.m. Prime News (N) | | Big Bang Theory | The Simpsons | Family Guy | Family Guy |
| 19 | KCPQ | (19) | News (N) | The Spotlight | You Bet Your Life | Don't Forget the Lyrics (N) | Beat Shazam (N) | | | Fox 13 News at 10 p.m. (N) | Fox 13 News (N) | You Bet Your Life | 19 | KCPQ | (19) | News (N) | The Spotlight | You Bet Your Life | Don't Forget the Lyrics (N) | Beat Shazam (N) | | | Fox 13 News at 10 p.m. (N) | Fox 13 News (N) | You Bet Your Life | | |
| 20 | TBS | (20) | Young Sheldon | Young Sheldon | Young Sheldon | Big Bang Theory | Big Bang Theory | Big Bang Theory | Big Bang Theory | American Dad! | American Dad! | | 20 | TBS | (20) | Young Sheldon | Young Sheldon | Young Sheldon | Big Bang Theory | Big Bang Theory | Big Bang Theory | Big Bang Theory | American Dad! | American Dad! | | | |
| 22 | KZJO | (22) | Big Bang Theory | Big Bang Theory | Modern Family | Modern Family | You Bet Your Life | You Bet Your Life | | Fox 13 News at 9:00 p.m. (N) | Last Man Standing | Two and a Half | 22 | KZJO | (22) | Big Bang Theory | Big Bang Theory | Modern Family | Modern Family | You Bet Your Life | You Bet Your Life | | Fox 13 News at 9:00 p.m. (N) | Last Man Standing | Two and a Half | | |
| 29 | ESPN | (29) | (5:00) Baseball Home Run Derby (L) | The Captain (N) | | | | | | SportsCenter (N) | SportsCenter | | 29 | ESPN | (29) | (5:00) Baseball Home Run Derby (L) | The Captain (N) | | | | | | SportsCenter (N) | SportsCenter | | | |
| 30 | ESPN2 | (30) | (5:00) MLB Baseball Home Run Derby (L) | NBA Today | | | | | | 30 for 30 "Long Gone Summer" | The Captain | | 30 | ESPN2 | (30) | (5:00) MLB Baseball Home Run Derby (L) | NBA Today | | | | | | 30 for 30 "Long Gone Summer" | The Captain | | | |
| 31 | NICK | (31) | The Loud House | The Loud House | Danger Force | Side Hustle | SpongeBob | SpongeBob | Friends | Friends | Friends | Friends | 31 | NICK | (31) | The Loud House | The Loud House | Danger Force | Side Hustle | SpongeBob | SpongeBob | Friends | Friends | Friends | Friends | | |
| 32 | DISN | (32) | Miraculous | Miraculous | Zombies 2 (2019, Musical) Meg Donnelly, Milo Manheim. (3:5) Villains Valley | Ultra Violet | Raven's Home | Big City Greens | Big City Greens | Miraculous | Miraculous | | 32 | DISN | (32) | Miraculous | Miraculous | Zombies 2 (2019, Musical) Meg Donnelly, Milo Manheim. (3:5) Villains Valley | Ultra Violet | Raven's Home | Big City Greens | Big City Greens | Miraculous | Miraculous | | | |
| 34 | FAM | (34) | (5:00) Aladdin Voices of Robin Williams. | *** Finding Dory (16, Ani) Albert Brooks, Hayden Rolence, Ellen DeGeneres. | *** Toy Story (1995, Animated) Voices of Tim Allen, Don Rickles, Tom Hanks. | | | | | The 700 Club | | | 34 | FAM | (34) | (5:00) Aladdin Voices of Robin Williams. | *** Finding Dory (16, Ani) Albert Brooks, Hayden Rolence, Ellen DeGeneres. | *** Toy Story (1995, Animated) Voices of Tim Allen, Don Rickles, Tom Hanks. | | | | | The 700 Club | | | | |
| 35 | FNC | (35) | (4:15) Get Out (17) (2:25) *** Get Out | (17, Horror) Allison Williams, Catherine Keener, Daniel Kaluuya. (3:5) *** Superfly (2018, Action) Jennifer Morrison, Lex Scott Davis, Trevor Jackson. (3:55) *** Upgrade | (18) Betty Gabriel, Logan Marshall-Green. | | | | | | | | 35 | FNC | (35) | (4:15) Get Out (17) (2:25) *** Get Out | (17, Horror) Allison Williams, Catherine Keener, Daniel Kaluuya. (3:5) *** Superfly (2018, Action) Jennifer Morrison, Lex Scott Davis, Trevor Jackson. (3:55) *** Upgrade | (18) Betty Gabriel, Logan Marshall-Green. | | | | | | | | | |
| 36 | LIFE | (36) | First 48 "Rise Up/Somebody's Friend" | First 48 "What About Me/Last Round" | The First 48 "Life Interrupted/Lucifer" | #TextMe "Nikki Kuhnhausen" (N) | (0:5) Phrog "Bump in the Night" (P) (N) | | | | | | 36 | LIFE | (36) | First 48 "Rise Up/Somebody's Friend" | First 48 "What About Me/Last Round" | The First 48 "Life Interrupted/Lucifer" | #TextMe "Nikki Kuhnhausen" (N) | (0:5) Phrog "Bump in the Night" (P) (N) | | | | | | | |
| 38 | ROOT | (38) | (4:30) MLS Soccer Post-game | Mariners Access | Inside Kraken (N) | Boxing Card TBA | | | | Fight Sports MMA | | | 38 | ROOT | (38) | (4:30) MLS Soccer Post-game | Mariners Access | Inside Kraken (N) | Boxing Card TBA | | | | Fight Sports MMA | | | | |
| 39 | F51 | (39) | (4:50) Soccer Copa America (L) | Live at the All-Star Game | | | | | | PBA Bowling All-Star Clash | | | 39 | F51 | (39) | (4:50) Soccer Copa America (L) | Live at the All-Star Game | | | | | | PBA Bowling All-Star Clash | | | | |
| 43 | SPIKE | (43) | Two and a Half | Two and a Half | Two and a Half | Two and a Half | To Be Announced | To Be Announced | | | | | 43 | SPIKE | (43) | Two and a Half | Two and a Half | Two and a Half | Two and a Half | To Be Announced | To Be Announced | | | | | | |
| 44 | COM | (44) | The Office | The Office | The Daily Show | (4:5) The Office | (2:0) The Office | (5:5) The Office | The Office | The Office | The Office | (4:5) The Office | 44 | COM | (44) | The Office | The Office | The Daily Show | (4:5) The Office | (2:0) The Office | (5:5) The Office | The Office | The Office | The Office | (4:5) The Office | | |
| 45 | HIST | (45) | The Men Who Built America "When One Ends, Another Begins" | Marvels "Freight Trains Plus" (N) | (0:5) Marvels "Locomotives Plus" (N) | (0:5) FastHist (N) | (3:5) FastHist (N) | The Daily Show | (4:5) The Office | | | | 45 | HIST | (45) | The Men Who Built America "When One Ends, Another Begins" | Marvels "Freight Trains Plus" (N) | (0:5) Marvels "Locomotives Plus" (N) | (0:5) FastHist (N) | (3:5) FastHist (N) | The Daily Show | (4:5) The Office | | | | | |
| 46 | A&E | (46) | Intervention "Dorothy and Ivan" | Intervention "Katie S." | Intervention "Jordan" (N) | Digital Addict "Jocelyn & Nicholas" (N) | (0:5) Intervention "Sarah" | Digital Addict "Jocelyn & Nicholas" (N) | | | | | 46 | A&E | (46) | Intervention "Dorothy and Ivan" | Intervention "Katie S." | Intervention "Jordan" (N) | Digital Addict "Jocelyn & Nicholas" (N) | (0:5) Intervention "Sarah" | Digital Addict "Jocelyn & Nicholas" (N) | | | | | | |
| 47 | TLC | (47) | Chantel "Unusual and Highly Suspect" | The Family Chantel | The Family Chantel "Dirty Laundry" (N) | 90 Day Diaries (N) | Seeking Sister Wife (N) | Seeking Sister Wife (N) | | | | | 47 | TLC | (47) | Chantel "Unusual and Highly Suspect" | The Family Chantel | The Family Chantel "Dirty Laundry" (N) | 90 Day Diaries (N) | Seeking Sister Wife (N) | Seeking Sister Wife (N) | | | | | | |
| 48 | DISC | (48) | (5:00) Street Outlaws: Full Throttle | Street Outlaws: End Game | | | | | | | | | 48 | DISC | (48) | (5:00) Street Outlaws: Full Throttle | Street Outlaws: End Game | | | | | | | | | | |
| 49 | NGEO | (49) | Sharks "The Year of the Shark" (N) | Sharks Attack "Hurricane Sharks" (N) | Shark Attack Files "City Bites" (N) | Shark Attack Files "Stealth Hunters" (N) | World's Biggest Hammerhead? (N) | Shark Attack Files "City Bites" (N) | | | | | 49 | NGEO | (49) | Sharks "The Year of the Shark" (N) | Sharks Attack "Hurricane Sharks" (N) | Shark Attack Files "City Bites" (N) | Shark Attack Files "Stealth Hunters" (N) | World's Biggest Hammerhead? (N) | Shark Attack Files "City Bites" (N) | | | | | | |
| 50 | TNT | (50) | Movie | *** Captain Marvel (2019, Adventure) Samuel L. Jackson, Ben Mendelsohn, Brie Larson. (N) | Rich & Shameless (N) | Better Call Saul "Fun and Games" (N) | (2:0) Better Call Saul "Fun and Games" | Movie | | | | | 50 | TNT | (50) | Movie | *** Captain Marvel (2019, Adventure) Samuel L. Jackson, Ben Mendelsohn, Brie Larson. (N) | Rich & Shameless (N) | Better Call Saul "Fun and Games" (N) | (2:0) Better Call Saul "Fun and Games" | Movie | | | | | | |
| 51 | AMC | (51) | *** Forrest Gump (1994, Comedy/Drama) Sally Field, Gary Sinise, Tom Hanks. | WWE Raw (N) | | | | | | | | | 51 | AMC | (51) | *** Forrest Gump (1994, Comedy/Drama) Sally Field, Gary Sinise, Tom Hanks. | WWE Raw (N) | | | | | | | | | | |
| 52 | USA | (52) | Chicago P.D. "Start Digging" | Chicago P.D. "The Silos" | | | | | | | | | 52 | USA | (52) | Chicago P.D. "Start Digging" | Chicago P.D. "The Silos" | | | | | | | | | | |
| 53 | FOOD | (53) | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | BBQ USA (N) | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | 53 | FOOD | (53) | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | BBQ USA (N) | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | Beat Bobby Flay | | |
| 54 | HGTV | (54) | Fixer to Fabulous | Love It or List It "Work-Life Unbalance" | Love It or List It "A Tale of Two Davids" | Gibback "Home Sweet Oasis" (N) | | Love/Listen "The Impossible Dream Home" | | | | | 54 | HGTV | (54) | Fixer to Fabulous | Love It or List It "Work-Life Unbalance" | Love It or List It "A Tale of Two Davids" | Gibback "Home Sweet Oasis" (N) | | Love/Listen "The Impossible Dream Home" | | | | | | |
| 55 | FX | (55) | (5:00) *** The Fate of the Furious (17) | Dwayne Johnson, Vin Diesel. | *** Fast & Furious Presents: Hobbs & Shaw (2019, Action) Jason Statham, Idris Elba, Dwayne Johnson. | Independence Day: Resurgence | | | | | | | 55 | FX | (55) | (5:00) *** The Fate of the Furious (17) | Dwayne Johnson, Vin Diesel. | *** Fast & Furious Presents: Hobbs & Shaw (2019, Action) Jason Statham, Idris Elba, Dwayne Johnson. | Independence Day: Resurgence | | | | | | | | |
| 57 | CNN | (57) | CNN Tonight (N) | Don Lemon Tonight (N) | Don Lemon Tonight (N) | Anderson Cooper 360 | CNN Tonight | Don Lemon Tonight | | | | | 57 | CNN | (57) | CNN Tonight (N) | Don Lemon Tonight (N) | Don Lemon Tonight (N) | Anderson Cooper 360 | CNN Tonight | Don Lemon Tonight | | | | | | |
| 58 | FNC | (58) | Hannity (N) | The Ingraham Angle (N) | Gutfeld! (N) | Fox News @ Night (N) | Tucker Carlson Tonight | Hannity | | | | | 58 | FNC | (58) | Hannity (N) | The Ingraham Angle (N) | Gutfeld! (N) | Fox News @ Night (N) | Tucker Carlson Tonight | Hannity | | | | | | |
| 60 | MSNB | (60) | The Rachel Maddow Show (N) | The Last Word (N) | The 11th Hour (N) | The Rachel Maddow Show | The Last Word | The 11th Hour with Stephanie Ruhle | | | | | 60 | MSNB | (60) | The Rachel Maddow Show (N) | The Last Word (N) | The 11th Hour (N) | The Rachel Maddow Show | The Last Word | The 11th Hour with Stephanie Ruhle | | | | | | |
| 61 | CNBC | (61) | Shark Tank | Shark Tank | Shark Tank | The News With Shepard Smith | American Greed: Scam | Dateline "The Sting" | | | | | 61 | CNBC | (61) | Shark Tank | Shark Tank | Shark Tank | The News With Shepard Smith | American Greed: Scam | Dateline "The Sting" | | | | | | |
| 63 | BRAV | (63) | Below Deck "Shut Your Porthole!" | Below "Never Before Scene 701" (N) | Below Deck: Mediterranean (N) | Watch What (N) | Below Deck: Mediterranean | BD Down Under "G Day Mate!" | BD Down Under | | | | 63 | BRAV | (63) | Below Deck "Shut Your Porthole!" | Below "Never Before Scene 701" (N) | Below Deck: Mediterranean (N) | Watch What (N) | Below Deck: Mediterranean | BD Down Under "G Day Mate!" | BD Down Under | | | | | |
| 64 | TCM | (64) | (5:00) Tommy (75, Mus) Roger Daltrey. | *** Sid and Nancy (1986, Biography) Chloe Webb, David Hayman, Gary Oldman. | *** The Harder They Come (73, Dra) Carl Bradshaw, Janet Barkley, Jimmy Cliff. | Performance (1970, Drama) Mick Jagger. | | | | | | | 64 | TCM | (64) | (5:00) Tommy (75, Mus) Roger Daltrey. | *** Sid and Nancy (1986, Biography) Chloe Webb, David Hayman, Gary Oldman. | *** The Harder They Come (73, Dra) Carl Bradshaw, Janet Barkley, Jimmy Cliff. | Performance (1970, Drama) Mick Jagger. | | | | | | | | |
| 65 | SYFY | (65) | (4:40) The Purge: Anarchy Frank Grillo. | (0:5) *** Peppermint (2018, Action) Tyson Ritter, Michael Mosley, Jennifer Garner. | (2:5) *** Olympus Has Fallen (2013, Action) Morgan Freeman, Aaron Eckhart, Gerard Butler. | | | | | | | | 65 | SYFY | (65) | (4:40) The Purge: Anarchy Frank Grillo. | (0:5) *** Peppermint (2018, Action) Tyson Ritter, Michael Mosley, Jennifer Garner. | (2:5) *** Olympus Has Fallen (2013, Action) Morgan Freeman, Aaron Eckhart, Gerard Butler. | | | | | | | | | |
| 162 | RFD | (162) | Rancher (N) | Red Steagall (N) | NHSRA Rodeo | Horse of the West | The Experience | Rural Eve. News | FarmNext "FarmNext" | American Rancher | Red Steagall | Paid Program | 162 | RFD | (162) | Rancher (N) | Red Steagall (N) | NHSRA Rodeo | Horse of the West | The Experience | Rural Eve. News | FarmNext "FarmNext" | American Rancher | Red Steagall | Paid Program | | |

| TUESDAY EVENING | | | | | | | | | | | | JULY 19 | | | | | | | | | | | | | | | |
|--|------|------|---------------------------------------|------------------|------------------|---|---|-----------------------|---------------------|-------------------------------|-----------------------------|--------------------|-------|------------------------------|------------------|---------------------------------------|-----------------------|---|-----------------------------|---|---------------------|-----------------|-------------------------------|-----------------------------|--------------------|-------|-------|
| A - Charter Astoria/Seaside - L - Charter Long Beach | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 | A | L | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 |
| 2 | KATU | (2) | KATU News at 6:00 p.m. (N) | Jeopardy! (N) | Wheel of Fortune | Celebrity Family Feud | Judge "Let's Not Drag Me Into This" | The Rookie "Hit List" | News (N) | (3:5) J. Kimmel (N) | 2 | KATU | (2) | KATU News at 6:00 p.m. (N) | Jeopardy! (N) | Wheel of Fortune | Celebrity Family Feud | Judge "Let's Not Drag Me Into This" | The Rookie "Hit List" | News (N) | (3:5) J. Kimmel (N) | | | | | | |
| 4 | KOMO | (4) | KOMO 4 News at 6:00 p.m. (N) | Wheel of Fortune | Jeopardy! (N) | Celebrity Family Feud | Judge "Let's Not Drag Me Into This" | The Rookie "Hit List" | KOMO4News (N) | (3:5) J. Kimmel (N) | 4 | KOMO | (4) | KOMO 4 News at 6:00 p.m. (N) | Wheel of Fortune | Jeopardy! (N) | Celebrity Family Feud | Judge "Let's Not Drag Me Into This" | The Rookie "Hit List" | KOMO4News (N) | (3:5) J. Kimmel (N) | | | | | | |
| 5 | KING | (5) | NBC News (N) | KING 5 News (N) | Evening | America's Got Talent Hopeful stars display their talents. | | | Dancing With Myself | KING 5 News (N) | (3:5) Tonight Show | 5 | KING | (5) | NBC News (N) | KING 5 News (N) | Evening | America's Got Talent Hopeful stars display their talents. | | | Dancing With Myself | KING 5 News (N) | (3:5) Tonight Show | | | | |
| 6 | KOIN | (6) | KOIN 6 News (N) | Evening News (N) | Extra (N) | Ent. Tonight | FBI "Know Thyself" | FBI: International | KOIN 6 News (N) | (3:5) Colbert | 6 | KOIN | (6) | KOIN 6 News (N) | Evening News (N) | Extra (N) | Ent. Tonight | FBI "Know Thyself" | FBI: International | KOIN 6 News (N) | (3:5) Colbert | | | | | | |
| 7 | KIRO | (7) | KIRO 7 News (N) | Evening News (N) | KIRO 7 News (N) | Ent. Tonight | FBI "Know Thyself" | FBI: International | KIRO 7 Tonight (N) | (3:5) Colbert | 7 | KIRO | (7) | KIRO 7 News (N) | Evening News (N) | KIRO 7 News (N) | Ent. Tonight | FBI "Know Thyself" | FBI: International | KIRO 7 Tonight (N) | (3:5) Colbert | | | | | | |
| 8 | KGW | (8) | KGW News (N) | KGW News (N) | The Good Stuff | Inside Edition (N) | America's Got Talent Hopeful stars display their talents. | | | Dancing With Myself | KGW News (N) | (3:5) Tonight Show | 8 | KGW | (8) | KGW News (N) | KGW News (N) | The Good Stuff | Inside Edition (N) | America's Got Talent Hopeful stars display their talents. | | | Dancing With Myself | KGW News (N) | (3:5) Tonight Show | | |
| 9 | KRCW | (9) | Young Sheldon | Young Sheldon | Modern Family | Modern Family | Tom Swift (N) | | | KOIN 6 News at 10:00 p.m. (N) | Seinfeld | Seinfeld | 9 | KRCW | (9) | Young Sheldon | Young Sheldon | Modern Family | Modern Family | Tom Swift (N) | | | KOIN 6 News at 10:00 p.m. (N) | Seinfeld | Seinfeld | | |
| 10 | KOPB | (10) | Ask-Old House | Outside Source | PBS NewsHour (N) | | | | | Great Muslim America (N) | Reel South "Little Satchmo" | | 10 | KOPB | (10) | Ask-Old House | Outside Source | PBS NewsHour (N) | | | | | Great Muslim America (N) | Reel South "Little Satchmo" | | | |
| 12 | KPTV | (12) | (5:00) MLB Baseball All-Star Game (L) | Family Feud | Family Feud | Don't Forget the Lyrics (N) | Beat Shazam (N) | | | 10 O'Clock News (N) | News (N) | (3:5) Family Feud | 12 | KPTV | (12) | (5:00) MLB Baseball All-Star Game (L) | Family Feud | Family Feud | Don't Forget the Lyrics (N) | Beat Shazam (N) | | | 10 O'Clock News (N) | News (N) | (3:5) Family Feud | | |
| 13 | KPDV | (13) | Family Feud | Family Feud | Big Bang Theory | Big Bang Theory | 8:00 p.m. Prime News (N) | 9: | | | | | | | | | | | | | | | | | | | |