

MONDAY EVENING													A - Charter Astoria/ Seaside - L - Charter Long Beach		JUNE 6	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced	News (N)	(3:5) J. Kimmel (N)			
3	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced	To Be Announced	KOMO4News (N)	(3:5) J. Kimmel (N)			
4	KING	(5) NBC News (N)	KING 5 News	KING 5 News (N)	Evening	American Ninja War. "Qualifiers 1" The new season begins in San Antonio. (SP) (N)	Weakest Link (N)	KING 5 News (N)	(3:5) Tonight Show							
5	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	The Neighborhood/Bob Hearts	NCIS: Fight or Flight" (N)	KOIN 6 News (N)	(3:5) Colbert							
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	The Neighborhood/Bob Hearts	NCIS: Fight or Flight" (N)	KIRO 7 Tonight (N)	(3:5) Colbert							
7	KGW	(8) KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	American Ninja War. "Qualifiers 1" The new season begins in San Antonio. (SP) (N)	Weakest Link (N)	KGW News (N)	(3:5) Tonight Show							
8	KRCW	(3) Young Sheldon	Young Sheldon	Modern Family	Modern Family	Roswell, New Mexico (SP) (N)	In the Dark (SP) (N)	KOIN 6 News at 10:00 p.m. (N)	Seinfeld							
9	KOPB	(10) This Old House	Outside Source	PBS NewsHour (N)	Benjamin Franklin "An American (1775-1790)" Franklin wins support for the American Revolution. Rick Steves The essential skills for smart European travel.											
10	KPTV	(12) 6 O'Clock News (N)	Family Feud	Family Feud	Don't Forget the Lyrics (N)	Beat Shazam (N)	10 O'Clock News (N)	News (N)	(3:5) Family Feud							
11	KPDV	(13) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy					
12	KCPQ	(13) Fox 13 News at 6 p.m. (N)	Family Feud	Big Bang Theory	Big Bang Theory	Don't Forget the Lyrics (N)	Beat Shazam (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy					
13	TBS	(20) Young Sheldon	Young Sheldon	Big Bang Theory	Big Bang Theory	Don't Forget the Lyrics (N)	Beat Shazam (N)	Young Sheldon	Young Sheldon	Young Sheldon	Young Sheldon					
14	KZJO	(22) Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Fox 13 News at 9:00 p.m. (N)	Last Man Standing	Last Man Standing	Two and a Half	Two and a Half				
15	ESPN	(29) To Be Announced	NCAA Softball Division I Tournament (L)	SportsCenter Scott Van Pelt presents the day in sports. (N)	SportsCenter (N)											
16	ESPN2	(30) (4:00) NCAA Baseball	NCAA Baseball Division I Tournament Regional (L)													
17	NICK	(31) The Loud House	The Loud House	Danger Force	To Be Announced	Friends	Friends	Friends	Friends	Friends	Friends					
18	DISN	(32) Miraculous	Miraculous	*** Monsters, Inc. (01) John Goodman.	Amphibia	Jessie	Jessie	Miraculous	Miraculous							
19	FAM	(34) (5:00) Angry Birds (16) Jason Sudeikis.	*** Hotel Transylvania (12, Ani) Kevin James, Andy Samberg, Adam Sandler.	Hotel Transylvania 2 (15) Voices of Selena Gomez, Andy Samberg, Adam Sandler.	The 700 Club											
20	FMC	(35) (4:45) Underwater	(4:40) ** Underwater (20, Hor) Vincent Cassel, Mamoudou Athie, Kristen Stewart.	(3:5) ** Ma (2019, Horror) Diana Silvers, Juliette Lewis, Octavia Spencer.	** Ma (2019, Horror) Diana Silvers, Juliette Lewis, Octavia Spencer.											
21	LIFE	(36) The First 48	The First 48	#TextMe "Kenia Monge" (N)	(05) Sleeping/Killer "Michelle Boat" (N)	(05) #TextMe "Kenia Monge"										
22	F51	(38) (5:00) MLB Baseball Seattle Mariners at Houston Astros (L)	Post-game	MarinersPre-game	MLB Baseball Seattle Mariners at Houston Astros Site: Minute Maid Park -- Houston, Texas											
23	R01	(39) PBA Bowling King of the Lanes	Season in USFL	Season in USFL	UEFA Soccer Nations League France vs. Croatia											
24	SPIKE	(43) Two and a Half	Two and a Half	Two and a Half	*** Saving Private Ryan (1998, War) Matt Damon, Edward Burns, Tom Hanks.											
25	COM	(44) The Office	The Office	The Daily Show	(45) The Office											
26	HIST	(45) American Pickers "The Great Pick Off"	American Pickers "Presidential Picks"	Presidency "Separate but Unequal"	Presidency "Presidential Visits" (N)											
27	A&E	(46) ** Friday After Next (2002, Comedy) Mike Epps, John Witherspoon, Ice Cube.	** Friday (1995, Comedy) Chris Tucker, Nia Long, Ice Cube.	** Next Friday (2000, Comedy) Mike Epps, Justin Price, Ice Cube.												
28	TLC	(47) Chantel "Pillow Talk: Mad at the World"	The Family Chantel	The Family Chantel "Home is Where the Tension Is" (N)	(05) Unexpected											
29	DISC	(48) (5:00) Street Outlaws: Full Throttle	Street Outlaws: America's List (N)	Street Outlaws: "Race to the Top"												
30	NGEO	(49) Life Below 0 "The Thaw: The Melt-down"	Life -0 "The Thaw: The Mess of Success"	Port Pro "Through Hell or High Water"	Port Protection "Squibb Game"	Port Protection										
31	TNT	(50) (5:00) NHL Hockey Stanley Cup Playoffs (L)	NHL Postgame	Gold Rush	ImpRACTical Jokers	*** Inglourious Basterds (09) Christoph Waltz, Brad Pitt.	Supernatural "Tombstone"									
32	AMC	(51) (5:00) *** G.I. Jane (1997, Drama) Viggo Mortensen, Anne Bancroft, Demi Moore.	*** 1917 (2019, War) George MacKay, Daniel Mays, Dean-Charles Chapman.	(45) *** The Perfect Storm (00) George Clooney.												
33	USA	(52) Chicago P.D. "At Least It's Justice"	Chicago P.D. "Turn the Light Off"	WWE Raw (N)	Miz & Mrs. (SP) (N) Miz & Mrs. (N)											
34	FOOD	(53) Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	BBQ Brawl (N)	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay							
35	HGTV	(54) Celebrity IOU	Celebrity IOU	Celebrity IOU	Celebrity IOU (N)											
36	FX	(56) (5:00) Daddy's Home 2 Mark Wahlberg.	** Ghostbusters (2016, Action) Kristen Wiig, Kate McKinnon, Melissa McCarthy.	Breeders (N)	Breeders	Daddy's Home 2										
37	CNN	(57) CNN Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360	CNN Tonight	Don Lemon Tonight										
38	FNC	(58) Hannity (N)	The Ingraham Angle (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	Don Lemon Tonight									
39	MSNB	(60) The Rachel Maddow Show (N)	The Last Word (N)	The 11th Hour (N)	The Rachel Maddow Show	The Last Word	The 11th Hour with Stephanie Ruhle									
40	CNBC	(61) Shark Tank	Shark Tank	Shark Tank	The News With Shepard Smith	American Greed "In Harm's Way"	Dateline "The Beauty and the Beast"									
41	BRV	(63) Below Deck "Au Revoir!"	BD Yacht "Never Before Scene" (N)	Below Deck Yacht "Salty Seamen" (N)	Watch What (N) Below Deck Yacht "Salty Seamen" (N)	The Real Housewives of Dubai	Housewives Atl.									
42	TCM	(64) Movie	*** Dance, Girl, Dance (40, Mus) Lucille Ball, Mary Calise.	(15) *** In Which We Serve (42) Richard Attenborough, John Mills.	(15) *** Riptide (34) Robert Montgomery, Herbert Marshall, Norma Shearer.											
43	SYFY	(65) *** Captain America: Civil War (2016, Action) Robert Downey Jr., Scarlett Johansson, Chris Evans.	** Doctor Strange (2016, Action) Chiwetel Ejiofor, Rachel McAdams, Benedict Cumberbatch.	Armageddon (98)												
44	RFD	(162) American Rancher	Red Steagall	To Be Announced	Horse of the West	The Experience	Rural Eve. News	Rural America 'Live'	American Rancher	Red Steagall	Paid Program					

TUESDAY EVENING													A - Charter Astoria/ Seaside - L - Charter Long Beach		JUNE 7	
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2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Holey Moley "Is That Iron Man?" (N)	The Chase (N)	Believe? "Slayed While Sleeping" (N)	News (N)	(3:5) J. Kimmel (N)							
3	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Holey Moley "Is That Iron Man?" (N)	The Chase (N)	Believe? "Slayed While Sleeping" (N)	KOMO4News (N)	(3:5) J. Kimmel (N)							
4	KING	(5) NBC News (N)	KING 5 News	KING 5 News (N)	Evening	America's Got Talent "Auditions 2" The auditions continue. (N)	Dancing With Myself (N)	KING 5 News (N)	(3:5) Tonight Show							
5	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	FBI "All That Glitters"	FBI: Most Wanted "Exposed"	KOIN 6 News (N)	(3:5) Colbert							
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	FBI "All That Glitters"	FBI: Most Wanted "Exposed"	KIRO 7 Tonight (N)	(3:5) Colbert							
7	KGW	(8) KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	America's Got Talent "Auditions 2" The auditions continue. (N)	Dancing With Myself (N)	KGW News (N)	(3:5) Tonight Show							
8	KRCW	(3) Young Sheldon	Young Sheldon	Modern Family	Modern Family	Superman & Lois (N)	Tom Swift (N)	KOIN 6 News at 10:00 p.m. (N)	Seinfeld							
9	KOPB	(10) Ask-Old House	Outside Source	PBS NewsHour (N)	True Colors: LGBTQ+ Celebrate Pride Month with music from LGBTQ+ artists.	Suze Orman	Suze Orman answers questions and offers advice.	10 O'Clock News (N)	News (N)	(3:5) Family Feud						
10	KPTV	(12) 6 O'Clock News (N)	Family Feud	Family Feud	Crime Scene Kitchen	I Can See Your Voice	I Can See Your Voice	Big Bang Theory	The Simpsons	Family Guy	Family Guy 1/2					
11	KPDV	(13) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy 1/2					
12	KCPQ	(13) Fox 13 News at 6 p.m. (N)	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy 1/2					
13	TBS	(20) (5:00) MLB Baseball Los Angeles Dodgers at Chicago White Sox Site: Guaranteed Rate Field (L)	Post-game Show	Young Sheldon	Young Sheldon	Young Sheldon	Young Sheldon	Young Sheldon	Young Sheldon	Young Sheldon	Young Sheldon					
14	KZJO	(22) Big Bang Theory	Big Bang Theory	WNBA Basketball Atlanta Dream at Seattle Storm	SportsCenter With Scott Van Pelt (N)	Fox 13 News at 9:00 p.m. (N)	Last Man Standing	Last Man Standing	Two and a Half	Two and a Half	Two and a Half					
15	ESPN	(29) (5:10) NHL Hockey Stanley Cup Playoffs (L)	SportsCenter (N)													
16	ESPN2	(30) Beter.-Smith Jr. (N) UFC Top Ten	UFC "275: Teixeira vs. Procházka"	NFL Live	Shorts	Shorts	Shorts	Shorts	Shorts	Shorts	Shorts					
17	NICK	(31) SpongeBob	SpongeBob	Danger Force	To Be Announced	Friends	Friends	Friends	Friends	Friends	Friends					
18	DISN	(32) Miraculous	Miraculous	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Bunk'd	Bunk'd	Big City Greens	Big City Greens					
19	FAM	(34) The Office	The Office	The Office	The Office	The Office 1/2	The Office 2/2	The Office	The Office 2/2	The Office	The Office					
20	FMC	(35) Movie	*** Jojo Rabbit (19) Thomasin Mckenzie, Roman Griffin Davis.	(45) *** Jojo Rabbit (2019, Comedy) Thomasin Mckenzie, Scarlett Johansson, Roman Griffin Davis.	Proud Mary (18, Act) Taraji P. Henson.											
21	LIFE	(36) Castle "Anatomy of a Murder"	Castle "3XK"	Castle "Almost Famous"	Castle "Murder Most Fowl"	(05) Castle	(05) Castle "Last Call"									
22	ROOT	(38) (5:00) MLB Baseball Seattle Mariners at Houston Astros (L)	Post-game	MarinersPre-game	MLB Baseball Seattle Mariners at Houston Astros Site: Minute Maid Park -- Houston, Texas											
23	F51	(39) PBA Bowling King of the Lanes	UEFA Soccer Nations League Hungary vs. Italy	UEFA Nations League	USFL Football											
24	SPIKE	(43) Two and a Half	Two and a Half	Two and a Half	Two and a Half	** Midway (2019, War) Patrick Wilson, Woody Harrelson, Ed Skrein.	The Accountant									
25	COM	(44) The Office	The Office	The Daily Show	(45) Tosh.0	(20) Tosh.0	Tosh.0	Tosh.0	Tosh.0	The Daily Show	(45) South Park					
26	HIST	(45) Skinwalker Ranch "Tic Tac 2"	Skinwalker Ranch "Inner Fear-ence"	Skinwalker Ranch "Scoped Out"	Sknwlkr Rnch "Digging Up the Past" (N)	(05) The Proof is Out There: Reload (N)	(05) The Secret of Skinwalker Ranch									
27	A&E	(46) BobBrown "Part III: Passion and Pain"	Bobby Brown "Part IV: Lost and Found"	Every Little Step "New Beginnings"	Every Step (N)	Every Step (N)	Origins of Hip-Hop "Fat Joe"									
28	TLC	(47) Plathv. "I Took Things a Little Too Far"	Welcome to Plathville "Missed Myself"	Little People, Big World (N)	Little People, Big World (N)	Welcome to Plathville (N)	SisterWife "Who Doesn't Like Third?"									
29	DISC	(48) Deadliest Catch "Brother in the Bight"	Deadliest Catch "Follow the Rainbow"	Deadliest Catch "Undersea World of John Hillstrand" (N)	Deadliest Catch "The Harris Bloodline" (N)	Deadliest Catch "The Harris Bloodline" (N)	Deadly Catch "Strategy and Deception"									
30	NGEO	(49) Zero "Unfinished Business"	First Alaskans "Tough Country"	First Alaskans "In Perfect Balance" (N)	Northern (N)	Northern (N)	First Alaskans "In Perfect Balance"									
31	TNT	(50) (5:30) ** Terminator: Dark Fate (19) Arnold Schwarzenegger, Linda Hamilton.	** Terminator: Dark Fate (19) Arnold Schwarzenegger, Linda Hamilton.	** Lethal Player One (2018, Action) Letitia Wright, Olivia Cooke, Tye Sheridan.	** Lethal Player One (2018, Action) Letitia Wright, Olivia Cooke, Tye Sheridan.	Ready Player One (18) Tye Sheridan.	Ready Player One (18) Tye Sheridan.									
32	AMC	(51) (5:15) *** 1917 (19, War) George MacKay, Daniel Mays, Dean-Charles Chapman.	*** Lethal Weapon (1987, Action) Danny Glover, Gary Busey, Mel Gibson.	*** Lethal Weapon 2 (89, Act) Danny Glover, Mel Gibson.												
33	USA	(52) Law & Order: S.V.U. "Monster's Legacy"	Law & Order: S.V.U. "Deadly Ambition"	WWE NXT (N)	(10) Miz & Mrs. (40) Miz & Mrs. (10) John Wick (14, Act) Keanu Reeves.	Market Stakeout "Rule the Roost" (N)	Supermarket Stakeout (N)									
34	FOOD	(53) Chopped "Skillful Copping Skills"	Chopped "Takeout Take-down"	Chopped (N)												
35	HGTV	(54) Unsell.House "Keeping the Character"	Unsellable Houses "Colorfully Crafted"	Unsellable Houses (N)	Unsellable Houses (N)	House Hunters (N)	House Hunters (N)	House Hunters	House Hunters							
36	FX	(56) (4:30) ** Ghostbusters (16) Kristen Wiig, Melissa McCarthy. *** Jurassic World (2015, Adventure) Bryce Dallas Howard, Vincent D'Onofrio, Chris Pratt.	*** Jurassic World (2015, Adventure) Bryce Dallas Howard, Vincent D'Onofrio, Chris Pratt.													
37	CNN	(57) CNN Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360	CNN Tonight	Don Lemon Tonight										
38	FNC	(58) Hannity (N)	The Ingraham Angle (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	Don Lemon Tonight									
39	MSNB	(60) MSNB Prime (N)	The Last Word (N)	The 11th Hour (N)	MSNB Prime	The Last Word	The 11th Hour with Stephanie Ruhle									
40	CNBC	(61) Shark Tank	Shark Tank	Shark Tank	The News With Shepard Smith	American Greed "The Cash King"	Dateline "Secret Lives"									
41	BRV	(63) The Real Housewives of Atlanta	The Real House													