

SPORTS



Garrett Parks

The Astoria girls track squad celebrates another Cowapa League championship on Saturday at Scappoose High School.

Astoria girls right on track for state

By NEIL BRANSON
For The Astorian

Big bills count, and yet it was loose change that brought the Cowapa League girls team championship home for Astoria, on the final day of the league championship meet at Scappoose High School.

The Lady Fish competed in a tight race with Valley Catholic as both squads had their share of athletes picking up state qualifying first and second places and big points.

Astoria had just enough girls scoring points in non-state qualifying positions (third through eighth) to outscore Valley Catholic, 177 to 172.5.

A host of Astoria's points came from the Sisley sisters, with senior Maddie earning 32.5 points while winning the 100-meter hurdles, long jump and triple jump, and running a leg on the winning 400-meter relay.

Meanwhile, sophomore Ashley Sisley won the 200 meters, was second in the 100 and joined her sister on the relay to garner 20.5 points.

Additional big points came from league champion Lily Meadows, contributing 10 points in the shot put at 33 feet, 10 inches.

Harlie Wiedmaier and Maia Long joined the Sisley sisters to win the 400 relay.

Second place state qualifiers were Ella Zilli with a personal record 2 minutes, 37.90 seconds in the 800 meters; Jenna Russell with a toss of 103-1 in the discus and Maevri Bergerson cleared a personal record 7-0 in the pole vault. That loose change came as points were earned with 18 finishes in places 3-8.

Looking forward to the state meet (Friday and Saturday at Hayward Field in Eugene), Maddie Sisley leads the state in the triple jump and is second in the long jump.

Astoria boys third

It would have been a tall order for any team to keep pace with the Valley Catholic boys.

The Valiants scored 100 points in five events by sweeping the 800, 1,500 and 3,000 (72 points) and added 18 points with a 1-2 finish in the 400, and an easy win in the 1,600 relay, which kicked in another 10 points.

Valley Catholic won the team title with 168 points, ahead of Banks (149) and Astoria (138).

As he has done all year, Astoria senior Colton McMaster won the shot put (57-6¼) and the discus (163-4). He leads all 4A throwers in both events.

Joining McMaster as a league champion was Owen Williams, who cleared 6-0 in the



Hayley Espelund-Rogers

Warrenton's Zander Moha, right, on his way to one of his two district titles over the weekend.

high jump; and Cameron Schaueremann won the 110-meter hurdles in a PR 16.46.

Second place state qualifiers include Luke Cummings (PR 23.89 in the 200), the 400 relay team of Owen Williams, Trey Woodrich, Mikai Tape and Cummings; and the 1,600 foursome of Woodrich, Andrew Wintersteen, Tape and Cummings.

Seaside state qualifiers

The Seaside girls will be represented at the state meet by league champion Megan Hornbeck in the high jump (4-8) and Elise Seppa (second in the 1,500 with a PR 5:11.16).

Seaside boys heading to state with second place finishes are Ryan Smith (shot put, PR 42-11); Brady Jackson (100, 11.75) and Cole Biamont (pole vault, 10-6).

Warriors qualify in 12 events

The Warrenton boys came up short in the team standings, but posted 15 state-qualifying times and marks in 12 different events at the District 1 3A meet Friday and Saturday in Clatskanie.

Catlin Gabel won the boys team title with 336.5 points, ahead of Warrenton (238.5) and Riverdale (152.5).

Warrenton district champions included senior Zander Moha, who swept the 1,500 and 3,000 meter races; Erik Cooley in the 300-meter hurdles; and Niles Gramson won the pole vault.

The Warriors had multiple second, third and fourth place finishers qualifying for state.

For the Warrenton girls, foreign exchange student Julia Dornblueth qualified for state in the shot put and triple jump (second in



Gary Henley/The Astorian

Knappa's Isaiah Rodriguez won a pair of district titles over the weekend in the District 1 2A meet.

each) and the pole vault (third).

In the District 1 2A meet at Portland Christian, Knappa distance runners Isaiah Rodriguez and Joshua Peterson finished 1-2 in both the 1,500 and 3,000, as the only Logger state qualifiers.

And Jewell will send athletes to the 1A state meet, as Brenna Shaw qualified in the long jump (second), triple jump (third) and high jump (fourth).

Jewell's Andy Valdez won the 300 hurdles and Justin Wammack won the high jump and pole vault.

SCOREBOARD

TRACK

COWAPA LEAGUE CHAMPIONSHIPS

Girls: Astoria 177, Valley Catholic 172.5, Tillamook 140, Banks 75.5, **Seaside 60.**
Boys: Valley Catholic 168, Banks 149, Astoria 138, Tillamook 131, **Seaside 64.**

District 1 3A

Girls: Catlin Gabel 330, Horizon Christian 290, Westside Christian 164.5, **Warrenton 132.** Clatskanie 106, De La Salle 92, Rainier 84.5, Riverdale 48, Oregon Episcopal 42.

Boys: Catlin Gabel 336.5, **Warrenton 238.5.** Riverdale 152.5, Westside Christian 132, Oregon Episcopal 124.5, De La Salle 110, Horizon Christian 86, Clatskanie 84, Rainier 48.

District 1 2A

Girls: Faith Bible 138, Neah-Kah-Nie 135, Vernonia 131, Portland Christian 78, Nestucca 70, Columbia Christian 20, Mannahouse Christian 20, **Knappa 16.** Gaston 3.

Boys: Nestucca 140, Faith Bible 112.5, Vernonia 102.5, Neah-Kah-Nie 86, Portland Christian 64, **Knappa 54.** Gaston 37, Mannahouse Christian 27, Columbia Christian 21.

LEAGUE/DISTRICT CHAMPIONS

4A Cowapa League (Astoria, Seaside)

Team champion: Astoria girls
Ashley Sisley, Astoria, 200M
Maddie Sisley, Astoria, 100M hurdles
Astoria 400 Relay
Lily Meadows, Astoria, shot put
Megan Hornbeck, Seaside, high jump
Maddie Sisley, Astoria, long jump
Maddie Sisley, Astoria, triple jump
Cameron Schaueremann, Astoria, 110M hurdles
Colton McMaster, Astoria, discus
Colton McMaster, Astoria, shot put
Owen Williams, Astoria, high jump

3A District 1 (Warrenton)

Zander Moha, 1,500M
Zander Moha, 3,000M
Erik Cooley, 300 hurdles
Niles Gramson, pole vault

2A District 1 (Knappa)

Isaiah Rodriguez, 1,500M
Isaiah Rodriguez, 3,000M

1A District 1 (Jewell)

Andy Valdez, 300 hurdles
Justin Wammack, high jump
Justin Wammack, pole vault

OSAA TOP 10 RANKINGS

4A SOFTBALL

1. Marist Catholic Spartans
2. La Grande Tigers
3. Cascade Cougars
4. Astoria Fishermen
5. Stayton Eagles
6. Ontario Tigers
7. Henley Hornets
8. Estacada Rangers
9. Sweet Home Huskies
10. Marshfield Pirates

2A/1A SOFTBALL

1. Grant Union Prospectors
2. Nestucca Bobcats
3. North Douglas Trojans
4. Union/Cove Bobcats
5. Glide Wildcats
6. Toledo Boomers
7. Kennedy Trojans
8. Lakeview Honkers
9. Knappa Loggers
10. Weston-McEwen TigerScots

3A BASEBALL

1. Cascade Christian Challengers
2. South Umpqua Tigers
3. Yamhill-Carlton Lancers
4. Santiam Christian Eagles
5. Brookings-Harbor Bruins
6. Pleasant Hill Billies
7. St. Mary's Crusaders
8. Blanchet Catholic Cavaliers
9. Warrenton Warriors
10. La Pine Hawks

2A/1A BASEBALL

1. Knappa Loggers
2. Umpqua Valley Christian
3. Kennedy Trojans
4. Dufur Rangers
5. Weston-McEwen TigerScots
6. St. Paul Buckaroos
7. Monroe Dragons
8. Western Christian Pioneers
9. Regis Rams
10. Glide Wildcats

SEVEN-DAY FORECAST FOR ASTORIA

TODAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
57 46	55 45	56 43	58 45	61 47	61 49	59 48
Mostly cloudy	A couple of showers	A couple of showers	Low clouds may break	An afternoon shower	Cloudy, a little rain	An a.m. shower or two

ALMANAC

Astoria through Sunday

Temperatures

High/low	59/52
Normal high/low	61/46
Record high	85 in 1895
Record low	35 in 1985

Precipitation

Sunday	0.37"
Month to date	4.29"
Normal month to date	1.82"
Year to date	36.79"
Normal year to date	33.29"

Forecasts and graphics provided by AccuWeather, Inc. ©2022

UNDER THE SKY

Tonight's Sky: Total lunar eclipse (9:11 p.m.) at 5 degrees east.

SUN AND MOON

Sunrise today	5:41 a.m.
Sunset tonight	8:44 p.m.
Moonrise today	11:23 p.m.
Moonset today	6:38 a.m.

Last New First Full
May 22 May 30 June 7 June 14

TODAY'S TIDES

Astoria / Port Docks	Time	High (ft.)	Time	Low (ft.)
2:02 a.m.	9.4	9:19 a.m.	-1.6	
3:43 p.m.	7.1	9:06 p.m.	-2.7	
Cape Disappointment				
1:40 a.m.	9.5	8:20 a.m.	-2.0	
3:15 p.m.	7.3	8:08 p.m.	2.9	
Hammond				
1:50 a.m.	9.7	8:41 a.m.	-2.2	
3:26 p.m.	7.4	8:32 p.m.	2.6	
Warrenton				
1:57 a.m.	9.8	9:03 a.m.	-1.5	
3:38 p.m.	7.5	8:50 p.m.	2.8	
Knappa				
2:39 a.m.	9.6	10:20 a.m.	-1.4	
4:20 p.m.	7.4	10:07 p.m.	2.3	
Depoe Bay				
12:51 a.m.	9.5	7:51 a.m.	-2.5	
2:30 p.m.	7.2	7:38 p.m.	2.7	

NATIONAL CITIES

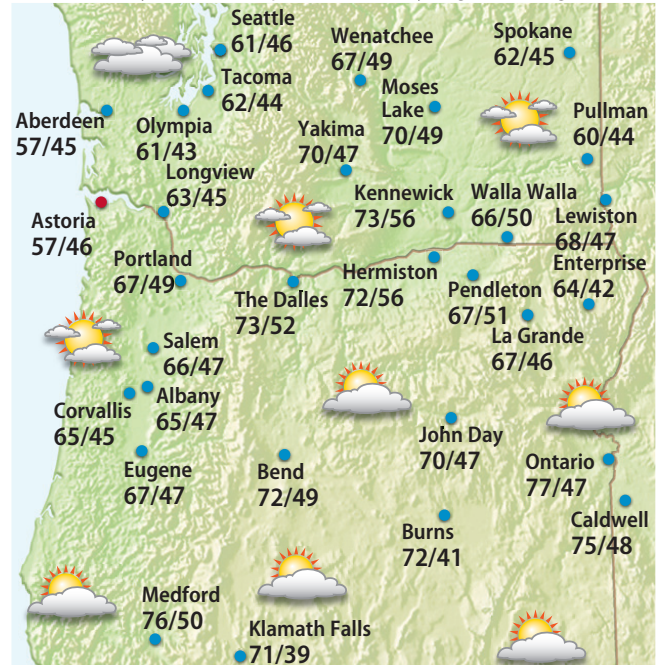
City	Today Hi/Lo/W	Wed. Hi/Lo/W
Atlanta	85/64/s	91/71/pc
Boston	73/53/pc	69/52/pc
Chicago	65/54/c	67/55/sh
Dallas	97/73/s	96/73/s
Denver	82/50/pc	74/51/t
Honolulu	85/74/pc	84/74/sh
Houston	94/74/s	93/74/s
Los Angeles	75/57/pc	78/58/s
Miami	89/75/pc	91/76/s
New York City	74/54/pc	72/55/pc
Phoenix	101/74/s	100/74/s
San Francisco	65/50/pc	70/53/s
Wash., DC	79/56/s	76/61/pc

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, l-ice.

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REGIONAL FORECAST

Shown is today's weather. Temperatures are today's highs and tonight's lows.



City	Today Hi/Lo/W	Wed. Hi/Lo/W	City	Today Hi/Lo/W	Wed. Hi/Lo/W
Baker City	67/39/pc	63/37/c	North Bend	58/46/pc	56/45/c
Brookings	59/46/pc	56/45/c	Roseburg	70/47/pc	62/46/sh
Ilwaco	55/48/pc	55/47/sh	Seaside	57/46/c	56/44/sh
Newberg	64/46/pc	61/44/c	Springfield	68/48/pc	60/44/sh
Newport	54/44/pc	53/43/sh	Vancouver	66/48/c	62/45/sh

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