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Runners will continue on a route parallel to the ocean, offering fantastic scenery and plentiful seaside breezes. Parking will be available at the Bolstad Beach Approach throughout the festival.

## Run on the River

On the south side of the Columbia, the ninth annual Run on the River in Astoria will set off on Sunday at 8:30 a.m., continuing on a route along the scenic Astoria Riverwalk.

Starting and ending at Buoy Beer Co., the event will also offer a half marathon starting at 9 a.m., a 10K starting at 10 a.m. and a 5K starting at 11 a.m. Buoy Beer will also be hosting a seafood boil lunch after the race. This riverside course features many visible treasures, such as trestle bridges and trolley tracks.

A medal and shirt will be included with the registration fee, while beverages from Buoy Beer alongside lunch from local food carts will be available both at the start and

finish line. Post-race refreshments will also be offered from 11 a.m. to 1 p.m.

Proceeds from the three events sponsored by Buoy Beer will benefit the Astoria Parks, Recreation, and Community Foundation, supporting community health and wellness services.

## **Great White Tail Run**

Returning to the coast for a 38th year, the annual Great White Tail Run features events for all skill levels, offering a 2 mile run, 5Kand a 10K events, all taking place at the Julia Butler Hansen Refuge for the Columbian White-Tailed Deer in Skamokawa, Washington.

This race is also dog friendly, encouraging runners to participate with their four legged friends ages 6 months and older, leashed and up to date on recommended vaccinations.

Sponsored by the Wahkiakum 4-H Leaders Council and the Washington State University 4-H Youth Development Program, proceeds from this event will benefit youth support programs.

