

# Between fort and sea

## Hiking at Lewis and Clark National Historical Park

BY MALIA RIGGS

With the crisp air and green leaves of spring just around the corner, look no further for a perfect day hiking destination than Lewis and Clark National Historical Park. To celebrate National Park Week, take a trip to learn about these historic lands and explore miles of beautiful trails.

Varying in length and difficulty, many of the trails in this park share one quality: they get muddy during the rainy season, so be sure to prepare for any and all kinds of

weather and terrain. Don't forget to visit the Fort Clatsop Visitor Center to pay the \$10 entrance fee or show your National Park pass, then learn about the famed expedition through history exhibits.

### Kwis Kwis Trail, 3.6 miles

The name "Kwis Kwis" comes from the sound of a chipmunk, an abundant species along the route. This loop trail runs east of U.S. Highway 101. Gaining about 880 feet in

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The Fort to Sea and Kwis Kwis trails feature many boardwalks over wetland areas.



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**ABOVE:** The Fort to Sea Trail winds along dunes, estuaries, meadows and forests, providing a full picture of the coastal landscape.

**LEFT:** Many types of berries can be found along trails throughout the park.

Photos by  
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