## RECREATIONAL SWIM PROGRAM OFFERED AT ASTORIA POOL

By GARY HENLEY

The Astorian

The Astoria Parks and Recreation Department will now offer a year-round recreational swim program at the Astoria Aquatic Center, which is fully open once again after pandemic cancellations and recent facility repairs.

Beginner and intermediate swimming practice will take place on Tuesdays and Thursdays from 5 to 6 p.m., while advanced swimming practice will take place on Mondays, Wednesdays and Fridays from 5 to 6:30 p.m. Level placement and swimmer readiness evaluations can be scheduled by contacting aquatic supervisor Terra Patterson at tpatterson@astoria. or.us.

Swimmers in the program will participate in dryland and aquatic exercise drills along with team building activities.

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A swimmer takes a stroke while swimming laps at the Astoria Aquatic Center.

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