B.4														84 24
MONDAY EVENING A - Charter Astoria/ Seaside - L - Charter Long Beach MARCH 21														
Α		L	6 РМ	6:30	7 РМ	7:30	8 рм	8:30	9 рм	9:30	10 рм	10:30	11 РМ	11:30
(2) KA1			KATU News at 6:00		Jeopardy! (N)						The Good Doctor "		News (N)	(:35) Jimmy Kimme
KOI			KOMO 4 News at 6		Wheel Fortune (N)	. , ,			across L.A, Austin and		The Good Doctor "		KOMO4News (N)	(:35) Jimmy Kimme
KIN			NBC News (N)		KING 5 News	Evening			pete for the country's	vote. (P) (N)	The Endgame		KING 5 News	(:35) Tonight Show
6 KOI					Extra (N)	Ent. Tonight	The Neighborhood		NCIS		NCIS: Hawai'i "Brea		KOIN 6 News (N)	(:35) Colbert
KIR					KIRO 7 News (N)	Ent. Tonight	The Neighborhood		NCIS		NCIS: Hawai'i "Brea	ach" (N)	KIRO 7 Tonight (N)	
8 KG			KGW News (N)		The Good Stuff				pete for the country's		The Endgame		KGW News (N)	(:35) Tonight Show
9 KRC	:W (3	Young Sheldon	Young Sheldon	Modern Family	Modern Family	All American "Bab	es and Fools" (N)	All Homecoming "T	Fruth Hurts" (N)	KOIN 6 News at 10	:00 p.m. (N)	Seinfeld	Seinfeld
10 KOI			This Old House		PBS NewsHour (N)		Antiques Roadshow (N)		Ore. Experience Ore. Experience		Antique "McNay Art Museum Hour 3"		Bring Her Home (N)
(12) KPT							9-1-1 "Prince Albert in a Can" (N)				News (N)	(:35) People		
(E) KPD			Family Feud Family Feud Big Bang Theo		Big Bang Theory	Big Bang Theory					Big Bang Theory		Family Guy	Family Guy
KCF					You Bet Your Life	Big Bang Theory			9-1-1 "Prince Albert in a Can" (N)		Fox 13 News at 10 (N)		Fox 13 News (N)	You Bet Your Life
(20) TBS	(2	20)	Young Sheldon	Young Sheldon	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Bob'sBurgers 1/2	Bob'sBurgers 2/2	Bob's Burgers	Bob's Burgers
KZJ	0 (2	22)	Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Fox 13 News at 9:0	00 p.m. (N)	Last Man Standing	Last Man Standing	Two and a Half	Two and a Half
29 ESP	N (2	29)	NCAA Basketball Division I Tournament (L)				SportsCenter (N)	•	SportsCenter (N)		SportsCenter (N)		SportsCenter	
(30) ESP	N2 (3	30	(5:00) NCAA Basket	ball	NCAA Basketball Division I Tournament V		Women's Second Round (L)		NFL Live (N)		Around Horn (N) To Be Announced			
(31) NIC	K (3	31)	The Loud House	The Loud House	The Loud House	The Loud House	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends
(32) DIS	N (3	32)	Ghost & Molly	Ghost & Molly	Ghost & Molly	Ghost & Molly	Amphibia	Amphibia	Bizaardvark	Bizaardvark	Big City Greens	Big City Greens	Miraculous	Miraculous
34) FAI	1 (3	34)	The Office	The Office	The Office	The Office	The Office	The Office		The Office	The Office	The Office	The 700 Club	•
(35) FM(: (3	35)	(5:10) ★★ Spectre (2	2015, Action) Christop	h Waltz, Léa Seydoux, Daniel Craig. ★★ Spectre (2015, Action) Christoph Wal			ltz, Léa Seydoux, Dani	iel Craig.			ace ('18, Dra) Emily Blunt, John Krasinski.		
36 LIFE	(36)	Castle "Under the Gun" Cas		Castle "Punked" Castle "Anatomy of a Murder"			Castle "3XK"		(:05) Castle "Almost	Famous"	(:05) Castle "Murde	r Most Fowl"	
(38) RO	OT (3	38)	(4:00) NBA Basketb.	. Blazers Post-game	Blazers Pre-game	NBA Basketball Po	rtland Trail Blazers at	Detroit Pistons Site: L	ittle Caesars Arena I	Detroit, Mich.	Blazers Post-game	Kraken Hockey	Inside Kraken	Fight Sports: In 60
39 FS1	(3	39)	(4:00) NASCAR Auto) NASCAR Auto Racing NASCAR Auto Racing Nalley Cars 250 X				NASCAR Truck Racing Fr8Auctions 200				Motorcycle Racing Volusia Half-Mile I		
43 SPI	(E (2	43)	Two and a Half	Two and a Half	★★ The Equalizer	(2014, Action) Chloë (Grace Moretz, Marton Csokas, Denzel Washi		ington.		★★★ Shooter (2007, Action) Michael Pe			
(44) COI	/ (44)	The Office	The Office	The Daily Show	(:45) The Office	(:20) The Office		(:55) The Office	The Office	The Office	The Office	The Daily Show	(:45) The Office
(45) HIS	T (45)	Ancient Aliens "Ele	ement 115"	History's Greatest	Mysteries	Mysterie "The Body on Somerton Beach"				I Was There (N)	(:35) I Was There	(:05) History's Grea	test Mysteries
46 A&	(4	46)			Playboy "The Shade	ow Mansions"	Playboy "Predator N	Number One" (N)	Chippendales "Strip the Layers" (N)		(:05) SecretsPlayboy "Predators' Ball"			
(47) TLC	(2	47)	7) 1000-lb BF "Teeny Weeny String Bikini" 90 Day: The Single Life				90Day Single Life	"Twist My World" (N)	90 Day Diaries "Ind	lecent Proposal" (N)	(:05) 1000-lb BF "W	eighting to Exhale"	(:05) 90 Day: The Single Life (N)	
48 DIS	C (48)	Street Outlaws: Fu	II "Last Chance"	Street Outlaws: Fu	II "Last Chance"	Street Outlaws A	ook at underground st	reet racing in America	l.			Street Outlaws: Go	one Girl
49 NG	O (2	49)	Life Below Zero "T	he Waiting Game"	Life Below Zero "C	ro "Opportunity Knocks" Zero "Living Wild"					Port Protection "The Swimming Dead"		Port Protect "Halibut, Hoist and Home	
50 TNT	(!	50)	★★★ Guardians of	f the Galaxy Vol. 2 (2	2017, Action) Zoe Sal	dana, Dave Bautista, (Chris Pratt.						Angel Has Fallen (19) Gerard Butler.
(51) AM	C (§	51)	(5:30) ★★ Armaged	ldon (1998, Adventure) Liv Tyler, Ben Affled	k, Bruce Willis.			Killing Eve (N)		Ragdoll (N)		(:05) The Negotiato	r Samuel L. Jackson.
(52) USA	\ (<u>t</u>	52)	Chicago P.D.		Chicago P.D. "Emo	tional Proximity"	WWE Raw (N)					Temptation Island	"Don't Tempt Me"	
(53) FOC	DD (§	53)	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Spring Baking Cha	mpionship (N)	The Julia "For the Lo	ove of Food" (N)	Spring Baking Char	mpionship (N)	The Big Bake "Tree	house of Treats"
(54) HG1	V (54)	100 Day Dream "H	lurricane Safe Haven"	100 Day Dream Ho	me (N)	100 Day Dream Ho	me (N)	Rock the Block (N)		Fixer to Fabulous	•	Fixer to Fabulous	
(56) FX	(5	56)	★★★ Pitch Perfect	t 3 ('17, Comedy) Rebe	el Wilson, Hailee Steir	nfeld, Anna Kendrick.	★ Bad Moms (2016	, Comedy) Kristen Be	l, Kathryn Hahn, Mila	Kunis.	Better Things (N)		Better Things	Better Things
(57) CNI	1 (5	57)	CNN Tonight (N) Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight			
(58) FNC			Hannity (N)	The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity		
60 MS	NB (6	60)					The 11th Hour (N)		The Rachel Maddow Show				The 11th Hour with Stephanie Ruhle	
(61) CNE	BC (61)	Shark Tank Shark Tank		Shark Tank		The News With Shepard Smith		No Retreat: "Get The Deal Done!"		Dateline "The Fugit	tive Millionaire"		
(63) BR/	V (63)	BD Yacht "Omelette	e You Finish But"	BD Yacht "Never Bo	efore Scene" (N)	Below Deck: Sailin	g Yacht (N)	Summer House (N)			Below Deck: Sailin	g Yacht	Summer House
64) TCN				Chips Robert Donat.						y Divorcee ('34, Mu	s) Ginger Rogers, Alice			
(65) SYF				otter and the Half-B							ley, Angelina Jolie.			
162 RFD		162	Rancher (N)	Red Steagall	Rodeo	Horse/West (N)	The Experience	Rural Eve. News	Rural America 'Live	" "AgRally Preview"	American Rancher	Red Steagall	Paid Program	
TUES	DAY	TUESDAY EVENING A - Charter Astoria/ Seaside - L - Charter Long Beach MARCH 22												March 22

162 RFD	(162)	Rancher (N)	Red Steagall	Kodeo	Horse/West (N)	The Experience	Kurai Eve. News	Rurai America Live	Agrally Preview	American Kancher	Ked Steagaii	Paid Program		
THESDA	V E	VENING				A - Charter Actor	ria/ Seaside - L - Ch	arter Long Reach					MARCH 22	
	<u> </u>		6:30	7	7.20				9:30	40	40.20	44		
A	L	6 рм		7 PM	7:30	8 рм	8:30	9 РМ		10 рм	10:30	11 PM	11:30	
2 KATU		KATU News at 6:00		Jeopardy! (N)	Wheel Fortune (N)				Black-ish (N)	To Tell the Truth (N			(:35) J. Kimmel (N)	
● KOMO		KOMO 4 News at 6		Wheel Fortune (N)		Judge "See What Ha		Abbott (N)	Black-ish (N)	To Tell the Truth (N			(:35) J. Kimmel (N)	
⊜ KING		NBC News (N)	KING 5 News	KING 5 News	Evening		Mr. Mayor	This Is Us FBI: International		The Thing About Pa		KING 5 News KOIN 6 News (N)	(:35) Tonight Show	
6 KOIN		KOIN 6 News (N)	Evening News (N)	Extra (N)		FBI				FBI: Most Wanted FBI: Most Wanted			(:35) Colbert	
KIRO		KIRO 7 News (N) KGW News (N)	Evening News (N) KGW News (N)	KIRO 7 News (N)				This Is Us		The Thing About Pam		KIRO 7 Tonight (N) KGW News (N)		
8 KGW				The Good Stuff					-f +l D:!! /NI)			Seinfeld	(:35) Tonight Show	
9 KRCW		Young Sheldon	Young Sheldon	Modern Family		Superman & Lois "		Naomi "Fellowship		KOIN 6 News at 10			Seinfeld	
					Finding/ Roots "Hollywood Royalty" Frontline "Pelosi's Power" (N) iHeartRadio Music Awards The most popular music in the world is celebrated. (N)							Quest for Beauty		
KPTV				People	Family Feud								(:35) People	
(E) KPDX		Family Feud	Family Feud			8:00 p.m. Prime Ne		9:00 p.m. Prime Ne		Big Bang Theory Fox 13 News at 10		Family Guy Fox 13 News (N)	Family Guy You Bet Your Life	
⊜ KCPQ		Fox 13 News at 6p						pular music in the wo						
(20) TBS		Young Sheldon	Young Sheldon		,			Big Bang Theory		Big Bang Theory			Young Sheldon	
KZJO			Big Bang Theory	Modern Family			You Bet Your Life	Fox 13 News at 9:0		Last Man Standing			Two and a Half	
29 ESPN		NCAA Basketball N	NCAA Basketball (DI Taumamant /I\						SportsCenter (N) SportsCenter (N) Around Horn (N) Interruption (N) SportsCenter Special				
		UFC Archival The Loud House	The Loud House		The Loud House		SpongeBob		CuannaDah	Around Horn (N) Friends			Friends	
(31) NICK		Miraculous						SpongeBob	SpongeBob				Miraculous	
			Miraculous				Big City Greens The Office 1/2	Bizaardvark The Office 2/2	Bizaardvark The Office 1/2	Big City Greens The Office 2/2		The 700 Club	iviiracuious	
GA FAM														
(35) FMC						Castle "Lucky Stiff"	n Knapsody (2018, 1	Biography) Joseph Ma		(:05) Castle "Setup" Pt. 1 of 2 (:05) Castle "Countdown" Pt. 2 of 2				
36 LIFE 38 ROOT									MLB Baseball Spring Training Oakland Athletics vs. Seattle Mariners					
(39) FS1		Kraken Warm (N) Seattle Kraken Pre NHL Hockey Seattle Kraken at Arizona Co			PBA Bowling Colleg			Kraken Post-game	TMZ Sports (N) WWE SmackDown					
(43) SPIKE		PBA Bowling Shark Championship Two and a Half Two and a Half ★★★ Shooter (2007, Action) Michael Per					u series		★★★ Saving Private		Aatt Daman Edward	Durma Tama Hamka		
(44) COM		The Office	The Office			(:20) Tosh.0	rk vvaniberg.	(:55) Tosh.0	Tosh.0				(:45) South Park	
(45) HIST		The Curse of Oak Is		Curse Oak Island "			Dlaving the Dunfield"	Oak Island "Shoal N		(:05) Beyond Oak Isl		(:05) Oak Island "Bla		
(45) HIST			Storage Wars				Storage Wars	Storage Wars (N)			Deep Fried (N)	(:05) Storage Wars		
(45) A&E		(5:00) 600-lb Life "Ja						7 Little Johnstons (
(48) DISC							"Cali Confusion" (N)			Derricos "Children of the Corn" (N) Street Outlaws "The First Spot"		People "Are We Moving to the Farm?" Street Outlaws		
(49) NGEO								r Nature's winter wra	th (NI)	Zero "Predator Country" (N) Bit Me "I Was Just Like a Ragdoll"				
50 TNT		(4:30) NBA Basketba			Angeles Clippers at D				NBA on TNT	NBA Basketball Atlanta Hawks at New York Knicks				
(51) AMC														
(52) USA		Law&Order: SVU "			J. "Spousal Privilege"	** The A-Team (2010, Action) Bradley C		looper, Jessica Biel, Liaiti Neesofi.		(:10) AGT Extreme Contestants perform of		e ('97, Dra) Viggo Mortensen, Demi Moore.		
(53) FOOD		Chopped "An Ugly		Chopped "The Bold		Chopped "Hot Dog	Hotchotc"	Channad "Doop Eric	nd Doliciousposs" (N)	Chopped "Pass the		Chopped "Blue Plat		
54) HGTV		Fixer to Fabulous	TUITI	Fixer to Fabulous		Welcome Inn "In O		Welcome Inn "Brea		House Hunters (N)			House Hunters	
(56) FX		** Despicable Me	2 (2017 Animated)					re) Jack Black, Kevin F			Jumanji: The Next I			
(57) CNN		CNN Tonight (N)	3 (2017, Allimateu)	Don Lemon Tonigh		Don Lemon Tonigh		Anderson Cooper 3		CNN Tonight	Julianji. The Next i	Don Lemon Tonigh		
(58) FNC		Hannity (N) The Ingraham Angle (N)					Fox News @ Night (N)		Tucker Carlson Tonight		Hannity			
60 MSNB								The Rachel Maddow Show		The Last Word		The 11th Hour with Stephanie Ruhle		
(61) CNBC					No Retre "This Might Not End Well" (N)				The News With Shepard Smith				Dateline "Unraveled"	
(63) BRAV													ives of New Jersey Housewives-Trip	
64) TCM													Kitty Foyle ('40)	
(65) SYFY						(1941, Drama) Maureen O'Hara, Donald Crisp, Walter Pidgeon. ★★★ A Letter to ★★★ Salt (2010, Action) Liev Schreiber, Chiwetel Ejiofor, Angelina Jolie.				★★★ Captain America: Civil War ('16) Robert Downey Jr., Chris Evans.				
(162) RFD		(5:30) Cattlemen (N)			Horse of the West				Cattlemen to Cattl		SharkFarmer TV		III3 EVAIIS.	
TO THE	(102)	(N)	Januar annier IV	Ciii ia Cox	LITOIDE OF THE MEST	pest of Afficiled	Mulai Lvc. IVCVV3	I A I IID	Cattlemen to Cattl	CITICII	Jiiai Ki ai ilici 1V	i did i i ogi dili		

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March 16th thru March 22nd

e Astorian and

WEDNESD	AY EVENING											March 16
A L	. 6 РМ	6:30	7 PM	7:30	8 РМ	8:30	9 РМ	9:30	10 рм	10:30	11 PM	11:30
2 KATU 2	NATU News at 6:0	0 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	The Goldbergs (N)	Wonder Years (N)	The Conners (N)	Home Econo. (N)	Little Things "Little	White Lies" (N)	News (N)	(:35) Jimmy Kimme
■ KOMO 4	KOMO 4 News at	6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	The Goldbergs (N)	Wonder Years (N)	The Conners (N)	Home Econo. (N)	Little Things "Little	White Lies" (N)	KOMO4News (N)	(:35) Jimmy Kimme
	NBC News (N)	KING 5 News			Chicago Med (N)		Chicago Fire "Hot a		Chicago P.D. "Close		KING 5 News	(:35) Tonight Show
6 KOIN (-	KOIN 6 News (N)	Evening News (N)			Survivor "Good an	d Guilty" (N)	Beyond the Edge (P) (N)	Good Sam "Butt of	the Joke"	KOIN 6 News (N)	(:35) Colbert
	KIRO 7 News (N)				Survivor "Good an	d Guilty" (N)	Beyond the Edge (Good Sam "Butt of		KIRO 7 Tonight (N)	
	KGW News (N)	KGW News (N)			Chicago Med (N)		Chicago Fire "Hot a		Chicago P.D. "Close		KGW News (N)	(:35) Tonight Show
	Young Sheldon			Modern Family	The Flash "Lockdo		Kung Fu "Year of th		KOIN 6 News at 10			Seinfeld
											Skyscrape "Building	
									10 O'Clock News (N)		News (N)	(:35) People
	Family Feud	Family Feud			8:00 p.m. Prime N		9:00 p.m. Prime Ne		Big Bang Theory		Family Guy	Family Guy
	3 Fox 13 News at 6p				Singer "Masks at [DominoM. "Qualifie		Fox 13 News at 10		Fox 13 News (N)	You Bet Your Life
					All Elite Wrestling						Young Sheldon	Young Sheldon
	2 Big Bang Theory					You Bet Your Life				Last Man Standing		Two and a Half
	9 (4:45) NBA Basketb		(:05) NBA Basketbal	Boston Celtics at Go		Site: Chase Center Sa				(:35) SportsCenter ((:35) SportsCenter
	NCAA Basketball !						, ,			Interruption (N)	NBA Basketball Bos	
		The Loud House			SpongeBob	SpongeBob	SpongeBob		Friends	Friends		Friends
	2 Miraculous	Miraculous			Big City Greens	Big City Greens	Raven's Home			Big City Greens		Miraculous 2/2
	4) The Office	The Office			The Office	The Office	The Office			nd Smile for Me" (N)		
	5) (4:35) Don't Let Go						(:55) When the Bough Breaks ('16) Regina Hall, Romany Malco, Morris Chestnut. (:10) Keep Watching					
	6 Castle "One Man's			astle "The Fifth Bullet" Married at First Sight "Worst. Dinner Par							t Sight "Worst. Dinne	
		(4:30) NBA Basketball Por./N.Y. (L) Blazers Post-game Blazers Pre-game				ortland Trail Blazers at	New York Knicks Site: Madison Square Gar			Blazers Post-game	In Depth	Sports Stars
	9 (5:00) PBA Bowling	Shark Championship					NHRA Drag Racing	Gatornationals Site: (
	3 Two and a Half	Two and a Half		86, Action) Kelly McGi						Reeves, Gary Busey, F		
	South Park	South Park		(:45) South Park	(:10) South Park	(:35) South Park	South Park			South Park	The Daily Show (N)	(:45) South Park
	5 Forged in Fire "Da		Forged in Fire		Forged in Fire		Forged in Fire		(:05) Forged in Fire		(:05) Forged in Fire	
	6 Court Cam	Court Cam			Court Cam	Court Cam	Court Cam (N)			NeighborWar (N)		(:35) Court Cam
	7) Dr. Pimple Popper		Dr. Pimple "The Ne				Dr. Pimple Popper		Dr. Mercy "Humps,		My Feet Are Killing	Me "Witch's Toe"
	8 Moonshiners "Bro				Moonshiners "It Takes Amanda" (N)						(:05) Moonshiners: Master Distiller	
	Madrid "Cocaine C		Madrid "Cocaine Grandma" Madrid "Sneaker Stash"				CatchSmuggl. "Gui				(:15) Madrid "Cocair	
	(4:30) NHL Hockey I					ate Pledge Arena Se			★★ American Sniper (2014, War) Sienna			
	1) (5:30) ★★★ Die Ha					ith a Vengeance (199					Live Free or Die Ha	
	2 (:20) Law&O: SVU "		(:20) Law&Order: SV		(:15) SVU "Return o		(:10) SVU "Welcome				The Courtship "Firs	
	3 Guy's Grocery Gar						Guy's Game "Battle		Guy's Game "Five-S		Guy's Game "Single	
	Property Br. "A Cr.		Inspector Joe "Ban		HomeJoe "Baseme		Home Inspector Jo			House Hunters (N)		House Hunters
	6 Movie	★★ Transformers:							Snowfall "The Illiad	l: Part I" (N)	Snowfall "The Illiad	: Part I"
	7) CNN Tonight (N)		Don Lemon Tonigh		Don Lemon Tonig	ht (N)	Anderson Cooper 3		CNN Tonight		Don Lemon Tonigh	t
	B Hannity (N)		The Ingraham Angl		Gutfeld! (N)		Fox News @ Night		Tucker Carlson Ton	night	Hannity	
							The Rachel Maddow Show		The Last Word		The 11th Hour with	
									No Retreat: "Get The Deal Done!"		Dateline "Inside the	
	3 Housewives "Edibl	e Derangements"		d, Dined and Ryned"				es "Mind Blown" (N)				Real Housewives
		(:45) ★★★★ Born Y			olliday.			edy) Marilyn Monroe,			Mon Oncle (1958, C	
	5) (5:25) ★★ 2012 (20							Dinner Party" (SF) (N)			2012 (2009, Action)	John Cusack.
162 RFD (16	Where the Food	Cowboy (N)	To Be Announced	Equestrian Nation	Total Team Ropin	g Rural Eve. News	Hayden Life Land	Cash Cowboys	Small Town	Cowboy Moments	Paid Program	
		-										



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