

## SENIOR NOTES

**Alzheimer's Association Oregon Chapter** — Information, referral and counseling services for families and caregivers of people with Alzheimer's, dementia and other related disorders. For information, call 800-272-3900 (24 hours a day).

**Clatsop Behavioral Health After Hours Crisis Line** — 503-325-5724.

**Clatsop Community Action** — 503-325-1400. Respite care services, low-income energy assistance, emergency food assistance, housing information, emergency personal care items.

**Exploring New Concepts of Retirement Education (ENCORE)** — 503-338-2408. Provides a wide assortment of educational experiences for individuals older than 50.

**Elder Friendship Line** — 800-971-0016. Available from 8 a.m. to 11 p.m.; crisis calls taken 24/7.

**Food Pantries** — 503-325-1400. Clatsop Community Action serves six food pantries in Clatsop County through the Oregon Food Bank Network. Call for area locations and hours.

**Grief Support Group, Seaside** — For information, call Lower Columbia Hospice at 503-338-6230.

**Lifespan Respite** — 503-325-1400. Provides information, referral, training and paid respite for family caregivers.

**National Suicide Prevention Lifeline** — 800-273-TALK (8255). A 24-hour, toll-free suicide prevention service for anyone in a suicidal crisis. TTY users should dial 800-799-4TTY (4889).

**National Alliance on Mental Illness** — 800-950-NAMI (6264) or locally, 503-717-1835. Separate support groups for people with mental illness and families of those with mental illness are available.

**Northwest Oregon Housing Authority** — 503-861-0119. Rent assistance based on income.

**NorthWest Senior and Disability Services** — 503-861-4202 or 800-442-8614. Medicaid services, food stamps, information and assis-

stance, family caregiver support services, Medicare choice assistance, home delivered meals, senior meal sites and senior peer counseling.

**Oregon Aging and Disability Resource Connection** — 855-ORE-ADRC (673-2372), adrcoregon.org. Information and services for older adults, people with disabilities, their caregivers and families.

**Oregon Care Partners** — 800-930-6851, oregoncarepartners.com. Funded by the state, provides no-cost in person and online training to family care givers and professionals.

**Oregon Home Care Commission Registry and Referral System** — 877-867-0077, or-hcc.org. Provides lists of home care workers available to hire.

**Oregon Law Center** — For information, call the Hillsboro Regional Office: General Intake Line, 503-640-4115 or 877-296-4076; Family Law Hotline, 503-676-5400, 10 a.m. to noon Monday and Wednesday; Tenant Hotline, 503-755-1300, 10 a.m. to noon Monday and Wednesday and 4 to 6 p.m. Thursday; and Public Benefits Hotline, 800-520-5292, hours vary, Monday through Thursday.

**Partners for Seniors** — 503-717-7174. Serves South Clatsop County seniors with volunteer visits, transportation, light housekeeping, yard work, minor home repairs, daily phone calls.

**Senior Center, Astoria** — Astoria Senior Center, 1111 Exchange St., 503-325-3231.

**Senior Center, Seaside** — Bob Chisholm Community and Senior Center, 1225 Avenue A, Seaside, 503-738-7393.

**Senior Center, Warrenton** — Warrenton Community and Senior Center, 170 S.W. Third St, Warrenton, 503-861-3502 Mondays and Thursdays.

**Senior Peer Mentor Program** — Free assistance to seniors, age 60 and older, who are struggling with mild to moderate depression and anxiety in Clatsop and Tillamook counties. For information, call 503-861-4210.

**Veteran Benefits** — 800-827-1000.

## SELF-HELP GROUPS

**Al-Anon (Astoria)** — For information, call 503-325-1087.

**Al-Anon (Seaside)** — For information, call 503-810-5196.

**Al-Anon (Nehalem)** — For information, call 503-368-8255.

**Al-Anon (Tillamook)** — For information, call 503-842-5094 or 503-730-5863.

**Al-Anon (Clatskanie)** — For information, call 503-728-3351.

**Al-Anon Family Groups information** — Oregon Area Al-Anon website, oregonal-anon.org

**Alateen (Tillamook)** — For information, call 503-730-5863.

**Alcoholics Anonymous** — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

**Celebrate Recovery** — Faith-based 12-step recovery from hurts, habits and hang ups. For information, call 503-738-7453.

**Sexual Purity Recovery Group** — Part of the Pure Life Alliance (purelifealliance.org) in Portland. For information, call the confidential voice-mail at 503-750-0817 and leave a message.

**Narcotics Anonymous** — For full schedule details, as well as upcoming special events, call the helpline at 503-717-3702, or go to na.org

## NAVIGATING A CHANGING TIME AND MEETING CUSTOMER NEEDS

Pacific Power remains dedicated to delivering safe, reliable, affordable power now and for years to come.

We recognize the impact that price increases have on our customers. As we make needed investments in our system and navigate economic trends, we will continue to take measures to keep our rates low and to capture savings for our customers.

On March 1, 2022, Pacific Power filed a general rate case requesting an overall rate change of \$82.2 million, or 6.6 percent, to become effective January 1, 2023. The company's requested change will be reviewed by the Public Utility Commission of Oregon and if approved, the expected impact on the average monthly bill for an average residential customer using 900 kWh per month would be \$13.01 per month. The primary reason for this filing is to support our wildfire mitigation efforts, including vegetation management, as part of our larger commitment to providing resilient, safe, reliable electricity for our customers.

We understand the impact that price increases have on our customers and will work to mitigate that impact as much as possible. Customers can visit [pacificpower.net/wattsmart](http://pacificpower.net/wattsmart) for energy- and money-saving tips and information. Energy Trust of Oregon also offers energy efficiency programs and information to Oregon residents and businesses. Contact Energy Trust of Oregon at [energytrust.org](http://energytrust.org) or 1-866-368-7878 for more information.

Copies of Pacific Power's rate request application are available at our main office, located at 825 NE Multnomah Street, Portland, Oregon 97232 and on our website at [pacificpower.net/rates](http://pacificpower.net/rates). Customers may contact Pacific Power for additional information about the filing by mail to Pacific Power's main office at the address above, or by calling 1-888-221-7070. TDD/TTY users can call the National Relay Service or 1-888-221-7070. Para un representante que habla español, llame al 1-888-225-2611.

Requests to receive notice of the time and place of any hearing on this application may be directed to the Public Utility Commission of Oregon at 201 High Street SE, Suite 100, Salem, Oregon 97301-3398 or by calling 1-800-522-2404.

The purpose of this announcement is to provide our customers with general information regarding the company's price increase application and the expected effect on customers. Calculations and statements contained in this notice are not binding on the Public Utility Commission of Oregon.



PUBLIC NOTICE DOCUMENT  
OREGON PRICE CHANGE APPLICATION

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3-9 CRYPTOQUIP

RKWQ NOSOML DWM JXICNA  
IX LXO WAAOJC RXONI ZC  
NXBCI ZL QWSH IMHBCMA

CBCMLRKC MC? DWZZHC-NWDA.

**Yesterday's Cryptoquip:** IF SOMEBODY IS LEARNING MANY FACTS ABOUT A NORTH CAROLINA CITY, IS HE STUDYING DURHAM-ATOLOGY?

Today's Cryptoquip Clue: A equals S

3-10 CRYPTOQUIP

ZCTB MVCRL M VCWDJHATO  
USC DCZLAJZ RTVHMZAO  
LSCRBSLZ: "WCR GMEA GA DAAN

NHEA M TARLJMN UCGMT."

**Yesterday's Cryptoquip:** WHAT LUXURY CAR MODELS DO YOU ASSUME WOULD BE LOVED BY TAXI DRIVERS EVERYWHERE? CABBIE-LACS.

Today's Cryptoquip Clue: C equals O

**201 Antique & Classic Vehicles**

Vendors Wanted  
Astoria Automotive Swap Meet  
Clatsop Fairgrounds  
Saturday March 12th, 2022.  
8am-2pm  
Contact Fred 503-440-9481  
Dorothy 503-468-0006

**634 Wanted to Rent**

Local artist needing an art studio in Astoria.  
Please call 503-325-1556.

Reach the entire North Oregon and Southwest Washington coasts with our classified package options!  
**Call 503-325-3211** for more information.

**651 Help Wanted**  
**New Today!**

**Now Hiring**

Part-Time Employment  
Hiring a Family Resources Coordinator to serve Pacific County, WA. 17.5 hrs/wk, 230 days/yr. \$20.68/hr.  
Details and apply online: [www.esd112.org/takeroot](http://www.esd112.org/takeroot)  
ilwaco, wa. (360)750-7503  
[hr.dept@esd12.org](mailto:hr.dept@esd12.org)

**651 Help Wanted**

**Clatsop Community College**

Clatsop Community College is recruiting for the following positions:

**Director, Financial Aid**  
Full-time position.  
Applications accepted through March 25, 2022.

**Instructor, Historic Preservation and Restoration:**  
Full-time beginning fall term 2022. Applications accepted through March 31, 2022.

**Instructor, Maritime Technology:**  
Full-time beginning fall term 2022. Applications accepted through March 31, 2022.

View job descriptions/qualifications and apply on-line at <https://www.clatsopcc.edu/human-resources/>  
Contact the Office of Human Resources at (503)338-2530 or [hr@clatsopcc.edu](mailto:hr@clatsopcc.edu) if application assistance is needed. AA/EOE

**FIND IT, TELL IT, SELL IT!**  
Classified ads! 503-325-3211

**651 Help Wanted**

**ASPHALT PAVING LABORER**

Bayview Asphalt Inc. -EOE- is looking for an **Asphalt Paving Laborer**

**Responsibilities:** Safety first in all duties; Rake and shovel hot asphalt; Ability to use small hand tools; Assist with equipment clean-up; Set-up and Take down of signs, etc.; and more.

**Qualifications:** 1 year's experience in Paving or Construction Industry if possible; Must possess a valid driver's license; Ability to take direction; Work as a team player; Show great attention to detail; Be dependable; Able to work flexible hours.  
\*FT w/benefits  
\*Competitive wage  
\*Pre-employment drug test is required

**Apply at Bayview Asphalt Inc.**  
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Phone 503.738.5466  
Fax 503.738.9517

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