MONDA	YE	VENING			A - Charter Asto	ria/ Seaside - L - Ch	arter Long Beach				Fı	EBRUARY 14
Α	L	6 рм 6:30	7 PM	7:30	8 рм	8:30	9 рм	9:30	10 рм	10:30	11 PM	11:30
2 KATU	2	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune (N)	The Bachelor (N)	•	•		PromisedLand "El F	Regalo (The Gift)" (N)	News (N)	(:35) Jimmy Kimmel
Комо	4	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy!	The Bachelor (N)				PromisedLand "El F	Regalo (The Gift)" (N)	KOMO4News (N)	(:35) Jimmy Kimmel
KING		(5:00) Beijing 2022 Winter Olympics	•				(:05) Beijing 2022 W				KING 5 News	(:35) Beijing 2022
6 KOIN			Extra (N)	Ent. Tonight		Is Right At Night" (N)			NCIS: Hawai'i "Lost			(:35) Colbert
KIRO			KIRO 7 News (N)	Ent. Tonight	Price R. "The Price	Is Right At Night" (N)			NCIS: Hawai'i "Lost	."	KIRO 7 Tonight (N)	
8 KGW		(5:00) Beijing 2022 Winter Olympics			Beijing 2022 (:05) Beijing 2022 Winter Olympics					KGW News (N)	(:35) Beijing 2022	
KRCW		NCAA Basketball Santa Clara at Portland (L)				4400 "Present Is Prologue" (SF) (N)		KOIN 6 News at 10		Seinfeld	Seinfeld	
(ID) KOPB				Antiques Roadsho		An Oregon Experience "Civil Rights"				Independent Lens		
		6 O'Clock News (N)	People		9-1-1: Lone Star "7		Cleaning Lady "Mo		10 O'Clock News (N			People
(E) KPDX		Family Feud (N)			8:00 p.m. Prime No		9:00 p.m. Prime Ne		Big Bang Theory		Family Guy	Family Guy
		Fox 13 News at 6pm (N)	Bet Your Life (N)		9-1-1: Lone Star "7		Cleaning Lady "Mo		Fox 13 News at 10		Fox 13 News (N)	You Bet Your Life
20 TBS		Young Sheldon Young Sheldon			Big Bang Theory		Big Bang Theory				American Dad!	American Dad!
■ KZJO		Big Bang Theory Big Bang Theory	Modern Family	Modern Family		You Bet Your Life		00 p.m. (N)	Last Man Standing	Last Man Standing		Two and a Half
29 ESPN		NCAA Basketball Oklahoma State at Kai					SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
		NCAA Basketball Maryland (College Par		I=1 1 1.11	College Basketball			30 for 30 "The Tuc		E:60		Interruption (N)
(EII) NICK				The Loud House	SpongeBob	SpongeBob	SpongeBob	SpongeBob		Friends	Friends	Friends
©2 DISN		(:15) ★ Zombies (2018, Musical) Emilia M				Musical) Meg Donnelly		(:35) BigCityGreen The Office		Big City Greens	Miraculous	Miraculous
34 FAM		The Office The Office	The Office 1/2			The Office 2/2				The Office 2/2	The 700 Club	(25) FVM D
(35) FMC		(4:50) What to Expect When You're E							Comedy/Drama) Kate Hudson, Colin Egglesfield, Ginnifer Goodwin. (:35) FXM Prese (:05) Castle "Suicide Squeeze" (:05) Castle			
36 LIFE 38 ROOT		Castle "The Fifth Bullet" Castle "A Rose for Everafter" NHL Hockey Toronto Maple Leafs at Seattle Kraken Site: Climate Pledge Arena Sea				Castle "The Third Man"		NBA Basketball Portland Trail Blazers at				
(39) FS1		NCAA Basketball Georgetown at Creigh	httle, Wash. (L) Kraken Post-game Inside Kraken Pre-game (N) NASCAR Auto Racing Classics 2011 Daytona 500 Cup Series Site: Daytona Intern									
43 SPIKE		Two and a Half Two and a Half					986, Action) Kelly McGillis, Val Kilmer, Tom Cruise.					
(44) COM		The Office The Office	To Be Announced The Daily Show	(:45) The Office	(:20) The Office			The Office		The Office		(:45) The Office
(45) HIST		Aliens "They Came From the Sky"	Aliens "The Badland		Aliens "Top Ten Alie	on Cover Unc"	Aliens "Top Ten Alie		(:05) Aliens "Top Ter		(:05) Aliens "Top Tei	
(46) A&E		First 48 "Lying in Wait/ With This Ring"	SecretsPlayboy "Th		Secrets of Playboy							
47 TLC		First 48 "Lying in Wait/ With This Ring" Secrets of Playboy Darcey "Pillow Talk: For Love or Money" Darcey & Stacey) 1000-lb BF "Large and In Charge" (N)		(:05) Secrets of Playboy Darcey & Stacey (N)		
48 DISC		Street Outlaws: Full Throttle	Street Outlaws A look at underground street racing i					Street Outlaws: Farmtruck and AZN		FarmtruckAZN "The Electrocutioner" (N)		
49 NGEO		Street Outlaws: Full Throttle Street Outlaws: Full Throttle Life Below Zero "Breaking Trail" Life Below Zero "Cold Harvest"					Zero "The Ice Harvest"		Port Protection "The Widow-Maker"		Port Protection "Tree vs. Truck"	
(50) TNT		(4:15) Taken 3 ('14) ★★ Angel Has Fal									Die Hard II: Die Harder Bruce Willis.	
(51) AMC			1989, Action) Sam Ellic								210 11414 111 210 114	(:45) Ghost ('90)
(52) USA		Beijing 2022 Winter Olympics (L)						(1221) 2121112, 1122111	,, .			(,
(53) FOOD		Beat Bobby Flay Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Kids Baking "Cosm	ic Deliahts" (N)	Chopped "Quail Wit	thout Fail"	Chopped "Three Ch	eers For Chocolate!"	Chopped	
		Home Town "Small Budget, Big Style"	Home Town "All in		Home Town "One S		Home Town "Bones		Home Town "Grand		Home Town "Close	r to Mom"
(56) FX		(5:30) ★★ Men in Black: International (the Furious (2017, Ac					Independence Day	
(57) CNN		CNN Tonight (N)	Don Lemon Tonigh		Don Lemon Tonigh		Anderson Cooper 3		CNN Tonight		Don Lemon Tonigh	
58 FNC		Hannity (N)	The Ingraham Ang		Gutfeld! (N)		Fox News @ Night		Tucker Carlson Ton	ight	Hannity	
60 MSNB		The Rachel Maddow Show (N) The Last Word (N)			The 11th Hour (N)		The Rachel Maddow Show		The Last Word		The 11th Hour	
61 CNBC	61)	(5:00) Beijing 2022 Winter Olympics		, , , , , , , , , , , , , , , , , , , ,				•	American Greed	Dateline "Deadly D		
63 BRAV	63	Below Deck: Sailing Yacht "Dope!"	Below Deck Yacht		Below Deck: Sailin		Summer House (N)				To Be Announced	
64) TCM		(5:00) The Way We Were		ncounter ('45) Celia .		(:45) ★★★ Kramer	vs. Kramer (1979, Dra	ama) Meryl Streep, Ja	ne Alexander, Dustin I	Hoffman.		5, Epic) Omar Sharif.
65 SYFY		(5:30) ★★ Blade: Trinity (2004, Thriller) .									Astrid and Lilly "To	ontoom"
162 RFD	(162)	Rancher (N) Red Steagall (N)	NHSRA Rodeo	Horse of the West	The Experience	Rural Eve. News	Rural America 'Live	e'	American Rancher	Red Steagall	Paid Program	
TUESDA	ΥE	VENING			A - Charter Asto	ria/ Seaside - L - Ch	arter Long Beach				Fi	EBRUARY 15

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TUESDA	Y EVENING					toria/ Seaside - L - Ch			FEBRUARY 15				
Α	L 6 РМ	6:30	7 РМ	7:30	8 рм	8:30	9 рм	9:30	10 рм	10:30	11 PM	11:30	
KATU	2 KATU News at 6:00		Jeopardy!	Wheel Fortune (N)			Abbott (N)	Black-ish (N)	Queens "2022" (SF		News (N)	(:35) Jimmy Kimme	
KOMO	4 KOMO 4 News at 6	:00 p.m. (N)	Wheel Fortune (N)	Jeopardy!	JeopardyCol. "Qu	ıarterfinals #5" (N)	Abbott (N)	Black-ish (N)	Queens "2022" (SF	-) (N)	KOMO4News (N)	(:35) Jimmy Kimme	
KING	(5:00) Beijing 2022 \	Ninter Olympics				(:35) Beijing 2022	(:05) Beijing 2022 V	Vinter Olympics			KING 5 News	(:35) Beijing 2022	
6 KOIN	- KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	FBI "Charlotte's W	/eb"	FBO: Int. "One Kind	d of Madman"	FBI: Most Wanted	"Unhinged"	KOIN 6 News (N)	(:35) Colbert	
KIRO	7 KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	FBI "Charlotte's W	/eb"	FBO: Int. "One Kind	d of Madman"	FBI: Most Wanted	"Unhinged"	KIRO 7 Tonight (N)	(:35) Colbert	
8 KGW	- (5:00) Beijing 2022 \	Ninter Olympics	•			(:35) Beijing 2022		(:05) Beijing 2022 Winter Olympics				(:35) Beijing 2022	
(E) KRCW			Modern Family	Modern Family	Superman & Lois	"The Ties That Bind"	Naomi "Zero to Sixty"		KOIN 6 News at 10:00 p.m. (N)		Seinfeld	Seinfeld	
			Finding/ Roots "Forgotten Journeys" (N) A.Exper. "The American Diplomat" (N)			Frontline "America	n Reckoning"		BetweenCovers				
(12) KPTV	(12) 6 O'Clock News (N)						Real Dancing "Do You Love Me" (N)		10 O'Clock News (N)		News (N)	People	
(E) KPDX			Big Bang Theory		8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		Big Bang Theory			Family Guy	
	(13) Fox 13 News at 6pm (N)				The Resident "Viral" (N)				Fox 13 News at 10			You Bet Your Life	
					Big Bang Theory		Wipeout "Go! Figh		Wipeout "Go! Fight! Kiss!"			Young Sheldon	
			Modern Family	Modern Family	Bet Your Life (N)					Last Man Standing		Two and a Half	
	29 NCAA Basketball (L			y		th Scott Van Pelt (N)			SportsCenter (N)		SportsCenter (N)		
© ESPN2	30 NCAA Basketball (L)			College Basketball NFL Live (N)		E:60		Around Horn (N) Interruption (N)		E:60		
			The Loud House	The Loud House	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends		Friends	
			Big City Greens	Big City Greens	Big City Greens	Big City Greens		Sulphur Springs		Big City Greens		Miraculous	
		The Office	The Office 1/2	The Office 2/2	The Office 1/2	The Office 2/2	The Office 1/2	The Office 2/2		The Office 2/2	The 700 Club	wiiiaculous	
						tutterfield, Chris O'Dowd, Eva Green. (:55) Thoroughbreds			Anya Taylor lov				
					Castle "The Late S		Castle "Den of Thie		(:05) Castle "Food to Die For" (:05) Castle "Overkill				
	36 Castle "Boom!" Castle "Wrapped Up in Death"						Inside Kraken	WPT Poker				Poker	
	(38) (5:30) NHL Hockey Toronto Maple Leafs at Seattle Kraken					e Kraken Hockey		WPT Poker	NFL Films Presents WWE SmackDown			Poker	
	39 NCAA Basketball Butler at DePaul (L)					Boise State at Air Force	e (L)		** Transformers: Dark of the Moon ('11) Tyrese Gibson, Shi			i- I-Df	
				009, Sci-Fi) Zachary Qu		is Pine.	(cc) Tools O		Tosh.0 Tosh.0				
		The Office			(:20) Tosh.0		(:55) Tosh.0	Tosh.0				(:45) South Park	
	45 Curse of Oak Island		Curse Oak Island			"Premier of the Dig"	The Curse of Oak I	,		Ultimate Timeline" (N)			
			Storage Wars		Storage Wars	Storage Wars		Storage Wars		Storage Wars	(:05) Storage Wars		
	47 I Am Shauna "Get O				David & Annie (N) Loren & Alexei (N) Doubling Down W			ith the Derricos (N)	I Am Shauna Rae (N)	Shauna "The Girl wi	th the Cherry Tattoo	
	48 Street Outlaws: Far	rmtruck and AZN		e Electrocutioner" (N)							Street Outlaws		
	49 Zero "Bear Chase"		Zero "Risk to Rewa				w six people battling winter in Alaska. (N)				Life Below Zero: Next Generation		
	(4:30) NBA Basketba					ootprint Center Phoe		NBA on TNT		NBA Basketball Bo			
	(4:15) Point Break ('9		★★ The Hobbit: T	he Battle of the Five	Armies ('14, Adve	nture) Richard Armitage	, Benedict Cumberbat	tch, Martin Freeman.	(:15) ★★★ The Perfect Storm ('00) Mark Wahlberg, Diane Lane, George Clooney.				
	52 Beijing 2022 Winte												
	53 Chopped		Chopped		Chopped		Chopped (N)		Chopped "Ooey, Go		Chopped "Soup and	I Sandwich Savvy"	
	54 Fixer to Fabulous				Fix2Fab "Amazing Custom Projects" (N)				House Hunters (N) House Hunters (N)				
(56) FX	(5:00) ★★★ The Fate of the Furious ('17				★★ Bloodshot (2020, Action) Eiza Gonzá						20, Action) Eiza González, Vin Diesel.		
(57) CNN	(57) CNN Tonight (N)		Don Lemon Tonight (N)		Don Lemon Tonight (N)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		
58 FNC							Fox News @ Night (N)		Tucker Carlson Tonight		Hannity		
60 MSNB	60 The Rachel Maddov			The 11th Hour (N)		The Rachel Maddow Show		The Last Word		The 11th Hour			
	61 (5:00) Beijing 2022 Winter Olympics				Shark Tank The News With Shepard Smith			Shark Tank Dateline "Re					
	(63) B.Deck "Flesh Wour					Watch What (N) The Real Housewives of New Jersey			Housewives-Trip				
	(64) (:15) ★★★ The Lady					** Spencer's Mountain ('63) Maureen O'Hara, Jame							
	(5:30) ★★★ The Max				WWE NXT (N)		,,,	,	(:10) Resident Alien "Old Friends" (:10) Resident Alien "				
	(162) (5:30) Cattlemen (N)			Ken McNabb	Best of America	Rural Eve. News	Aa PhD	Cattlemen to Catt	1. ,		Paid Program		
	(3.50) Cattlemen (14)	onanti dililici TV	IJ COX	menubb			1	catt		Terraining IV	. a.a i rogiani		

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February 9th thru February 15th

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Wi	DNE	SDA	Y EVENING				A - Charter Asto	oria/ Seaside - L - Ch	arter Long Beach					FEBRUARY 9
Α		L	6 РМ	6:30	7 РМ	7:30	8 РМ	8:30	9 РМ	9:30	10 рм	10:30	11 PM	11:30
2	KATU		KATU News at 6:00		Jeopardy! (N)	Wheel Fortune (N)			The Chase "We've		The Chase (N)	•	News (N)	(:35) Jimmy Kimmel
0	комо	4	KOMO 4 News at 6	5:00 p.m.	Wheel Fortune (N)	Jeopardy! (N)	JeopardyCol. "Qua	rterfinals #2" (N)	The Chase "We've		The Chase (N)			(:35) Jimmy Kimmel
	KING		(5:00) Beijing 2022 \							(:35) Beijing 2022	(:05) Beijing 2022 W		(:05) KING 5 News	(:35) Beijing 2022
6	KOIN			Evening News (N)			Celebrity Big Brot		Race "Gently Down		Good Sam "Natural		KOIN 6 News (N)	(:35) Colbert
	KIRO				KIRO 7 News (N)	Ent. Tonight	Celebrity Big Brot	her (N)	Race "Gently Down		Good Sam "Natural		KIRO 7 Tonight (N)	
	KGW	<u> </u>	(5:00) Beijing 2022 \								(:05) Beijing 2022 W		KGW News (N)	(:35) Beijing 2022
	KRCW				Modern Family				Batwoman "Trust D		KOIN 6 News at 10	:00 p.m. (N)	Seinfeld	Seinfeld
	KOPB		Amer. Woodshop		PBS NewsHour (N)			Meet the Family" (N)	Nova "Secrets in the		Greta Thunberg		The Age of Nature	
12			6 O'Clock News (N)		People (N)		I Can See Your Vo		Next Level Chef "V		10 O'Clock News (N		News (N)	People
13					Big Bang Theory		8:00 p.m. Prime N		9:00 p.m. Prime Ne		Big Bang Theory		Family Guy	Family Guy
	KCPQ		Fox 13 News at 6p		Bet Your Life (N)		I Can See Your Vo		Next Level Chef "V	Vhen Pigs Fly" (N)	Fox 13 News at 10		Fox 13 News (N)	You Bet Your Life
20					Big Bang Theory		All Elite Wrestling						Young Sheldon	Young Sheldon
	KZJO		Big Bang Theory		Modern Family			You Bet Your Life				Last Man Standing		Two and a Half
29			(4:45) NBA Basketba		(:05) NBA Basketba			Vivint Smart Home Are		(:35) SportsCenter ((:35) SportsCenter ((:35) SportsCenter
	ESPN2		NCAA Basketball (L				SportsCenter (N)		, ,	NFL Live			NBA Basketball Ch	
31						Kid of the Year (N)	Int. etc. e	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends
32			Miraculous		Big City Greens		Big City Greens	Big City Greens	Raven's Home				Miraculous	Miraculous
34					The Office		The Office	The Office		The Office	The Office		The 700 Club	1 1 1
35								(2014, Adventure) lan		ewart, Hugh Jackman.	Learne 1 at 1981	(:25) ★★★ Us (2019)		
36				It My Heart to Stone"				ght "Dark Side of the		lu l b i		Is All So Weird" (N)		
38								ledge Arena Seattle,		Kraken Post-game		Pre-game (N)	NBA Basketball L.A	
39				eorgetown at DePaul			NFL Films (N)	NFL Films Presents		Inside PBC Boxing		Inside the Big East		
43	SPIKE		(:05) Two 1/2 Men South Park		The Daily Show	(:45) South Park	(:10) South Park	yelet Zurer, Tom Hanks (:35) South Park		South Park		Code (2006, Drama) South Park		
44				Gadgets Countdown"					Modern Marvels "		(:05) Modern Marve		(:05) Modern Marve	(:45) South Park
46			The First 48		The First 48		The First 48 "Senio					IS POCKEL TOOIS	(:05) The First 48	eis swamp rech
47			My 600-lb Life "Lau		My 600-lb Life "Mi		My 600-lb Life (N)	л теаг	The First 48 "Night Out/ One Gram" (N)		Too Large "Fat Girl's Dream"		Feet Kill Me "Moldy Cheese Feet"	
48									Love Off the Grid		100 Large Tat Gill's Diedill		(:10) Moonshiners	
	NGEO		Moonshiners "Moonshine of Mexico" Shiners "Sweet Home Appalachia" (N) Smuggler "Mega Millions Meth Stash" Smuggler "Express Delivery Ecstasy"				To Catch a Smugg		To Catch a Smuggl	or (N)	(:15) Locked Up Abr	oad: Broakout (N)	(:15) CatchSmuggl.	"Fontanyl Within"
50				Nashville Predators at I				ouver Canucks Site: Ro			** Shallow Hal ('01, Comedy) Jack Black, Gwyneth			
<u>61</u>								(1993, Thriller) Sela V						7, Action) Mel Gibson.
52					Jones, Robert Down	Ly Jr., Westey Stripes.	AAA IIIC Tugitive		Beijing 2022 Winte				Letilal Weapon (o.	, Action, Mc dibson.
	FOOD		(3:00) Beijing 2022 Winter Olympics (L) Guy's Game "All Un-Gredients"		Guy's Game "Guy's Global Games" Guy's Ga		Guy's Game "Gam					Guy's Grocery Games "GGG RAW"		Italian Games"
	HGTV		Property Brother "Do a Little Dance" Property Brothers: Forever Home				Home Inspector Joe (N)		House Hunters (N) House Hunters (N)		Guy's Game "Guy's Italian Games" Moving For Love (N)			
56			(5:00) The Expendab			(2015, Adventure) Jes			monic inspector 30	C (11)		(2015, Adventure) Jes		
67			CNN Tonight (N) Don Lemon Tonight (N)			Don Lemon Tonight (N)		Anderson Cooper 360		CNN Tonight		Don Lemon Tonight		
58							Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity	
	MSNB		The Rachel Maddow Show (N)				The 11th Hour (N)		The Rachel Maddow Show		The Last Word		The 11th Hour	
	CNBC		(5:00) Beijing 2022 V		2000 11 01 01 (14)				madici maddo			Shark Tank	Dateline "Deep in t	he Woods"
63			The Real Housewiv		The Real Housewiv	es "Wild Cards"	Housewives "Neve	er Before Scene" (N)	The Real Housewiv	res (N)		The Real Housewiv		Housewives-Trip
64				(:45) ★★ Fat City (19					I (1980, Biography) C			(:45) ★★★ The Set-		
65				2019, Mystery) Chris E			,		Resident Alien "Gir		Astrid and Lilly "Ar			Mystery) Daniel Craig.
162						Equestrian Nation	Total Team Ropin	Rural Eve. News	Hayden Life Land			Cowboy Moments		, ,,
				1				21				,,		



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