

MONDAY EVENING												FEBRUARY 14																	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
2	KATU	(2)	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune (N)	The Bachelor (N)				PromisedLand "El Regalo (The Gift)" (N)	News (N)	(35) Jimmy Kimmel		2	KATU	(2)	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	JeopardyCol. "Quarterfinals #2" (N)	The Chase "We've Got a Swooner" (N)	The Chase (N)	News (N)	(35) Jimmy Kimmel					
3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy!	The Bachelor (N)				PromisedLand "El Regalo (The Gift)" (N)	KOMO4News (N)	(35) Jimmy Kimmel		3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	JeopardyCol. "Quarterfinals #2" (N)	The Chase "We've Got a Swooner" (N)	The Chase (N)	KOMO4News (N)	(35) Jimmy Kimmel					
5	KING	(5)	(5:00) Beijing 2022 Winter Olympics								KING 5 News	(35) Beijing 2022		5	KING	(5)	(5:00) Beijing 2022 Winter Olympics						KING 5 News	(35) Beijing 2022					
6	KOIN	(6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Price R. "The Price is Right At Night" (N)	Celebrity Big Brother (N)	NCIS: Hawai'i "Lost"	KOIN 6 News (N)	(35) Colbert			6	KOIN	(6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Celebrity Big Brother (N)	Race "Gently Down the Stream" (N)	Good Sam "Natural Order"	KOIN 6 News (N)	(35) Colbert				
7	KIRO	(7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Price R. "The Price is Right At Night" (N)	Celebrity Big Brother (N)	NCIS: Hawai'i "Lost"	KIRO 7 Tonight (N)	(35) Colbert			7	KIRO	(7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Celebrity Big Brother (N)	Race "Gently Down the Stream" (N)	Good Sam "Natural Order"	KIRO 7 Tonight (N)	(35) Colbert				
8	KGW	(8)	(5:00) Beijing 2022 Winter Olympics								KGW News (N)	(35) Beijing 2022		8	KGW	(8)	(5:00) Beijing 2022 Winter Olympics						KGW News (N)	(35) Beijing 2022					
9	KRCW	(9)	NCAA Basketball Santa Clara at Portland (L)								Seinfeld			9	KRCW	(9)	NCAA Basketball Santa Clara at Portland (L)						Seinfeld						
10	KOPB	(10)	This Old House	Outside Source	PBS NewsHour (N)						Antiques Roadshw	Independent Lens "Bulletproof" (N)		10	KOPB	(10)	This Old House	Outside Source	PBS NewsHour (N)				Antiques Roadshw	Independent Lens "Bulletproof" (N)					
12	KPTV	(12)	6 O'Clock News (N)								News (N)	People		12	KPTV	(12)	6 O'Clock News (N)						News (N)	People					
13	KPDV	(13)	Family Feud	Family Feud (N)	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy		13	KPDV	(13)	Family Feud	Family Feud (N)	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy			
13	KCPQ	(13)	Fox 13 News at 6pm (N)								Fox 13 News at 10 (N)	You Bet Your Life		13	KCPQ	(13)	Fox 13 News at 6pm (N)						Fox 13 News at 10 (N)	You Bet Your Life					
20	TBS	(20)	Young Sheldon	Young Sheldon	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	American Dad!	Close Enough (N)	American Dad!	American Dad!		20	TBS	(20)	Young Sheldon	Young Sheldon	Big Bang Theory	Big Bang Theory	Big Bang Theory	American Dad!	Close Enough (N)	American Dad!	American Dad!				
22	KZJO	(22)	Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	Bet Your Life (N)	You Bet Your Life	Fox 13 News at 9:00 p.m. (N)	Last Man Standing	Last Man Standing	Two and a Half		22	KZJO	(22)	Big Bang Theory	Big Bang Theory	Modern Family	Modern Family	Bet Your Life (N)	You Bet Your Life	Fox 13 News at 9:00 p.m. (N)	Last Man Standing	Last Man Standing	Two and a Half	Two and a Half		
29	ESPN	(29)	NCAA Basketball Oklahoma State at Kansas (L)								SportsCenter (N)			29	ESPN	(29)	NCAA Basketball Oklahoma State at Kansas (L)						SportsCenter (N)						
30	ESPN2	(30)	NCAA Basketball Maryland (College Park) at Iowa (L)								SportsCenter (N)			30	ESPN2	(30)	NCAA Basketball Maryland (College Park) at Iowa (L)						SportsCenter (N)						
31	NICK	(31)	The Loud House	The Loud House	The Loud House	The Loud House	SpongeBob	SpongeBob	30 for 30 "The Tuck Rule"	E:60	Around Horn (N)	Interruption (N)		31	NICK	(31)	The Loud House	The Loud House	NFL Slimetime (N)	Kid of the Year (N)	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends		
32	DISN	(32)	(15) ★ Zombies (2018, Musical) Emilia McCarthy, Milo Manheim, Meg Donnelly.								Friends	Friends		32	DISN	(32)	(15) ★ Zombies (2018, Musical) Emilia McCarthy, Milo Manheim, Meg Donnelly.						Friends	Friends	Friends	Friends	Friends		
34	FAM	(34)	The Office	The Office	The Office 1/2	The Office 2/2	The Office 1/2	The Office 2/2	The Office	The Office 1/2	The Office 2/2	The 700 Club		34	FAM	(34)	The Office	The Office	The Office 1/2	The Office 2/2	The Office	The Office	The Office 1/2	The Office 2/2	The 700 Club				
35	FMC	(35)	(4:50) What to Expect When You're E... (05) ★★ What to Expect When You're Expecting (12) Cameron Diaz.								Miraculous	Miraculous		35	FMC	(35)	(4:50) What to Expect When You're E... (05) ★★ What to Expect When You're Expecting (12) Cameron Diaz.						Miraculous	Miraculous					
36	LIFE	(36)	Castle "The Fifth Bullet"	Castle "A Rose for Everafter"	Castle "Sucker Punch"	Castle "The Third Man"	(05) Castle "Suicide Squeeze"	(05) Castle	(05) Castle	(05) Castle	(05) Castle	(05) Castle		36	LIFE	(36)	Castle "The Fifth Bullet"	Castle "A Rose for Everafter"	Castle "Sucker Punch"	Castle "The Third Man"	(05) Castle "Suicide Squeeze"	(05) Castle	(05) Castle	(05) Castle	(05) Castle	(05) Castle			
38	ROOT	(38)	NHL Hockey Toronto Maple Leafs at Seattle Kraken Site: Climate Pledge Arena -- Seattle, Wash. (L)								Seinfeld			38	ROOT	(38)	NHL Hockey Toronto Maple Leafs at Seattle Kraken Site: Climate Pledge Arena -- Seattle, Wash. (L)						Seinfeld						
39	F51	(39)	NCAA Basketball Georgetown at Creighton (L)								Untold Stories: Daytona			39	F51	(39)	NCAA Basketball Georgetown at Creighton (L)						Untold Stories: Daytona						
43	SPIKE	(43)	Two and a Half	Two and a Half	To Be Announced						*** Top Gun (1986, Action) Kelly McGillis, Val Kilmer, Tom Cruise.			43	SPIKE	(43)	Two and a Half	Two and a Half	To Be Announced				*** Top Gun (1986, Action) Kelly McGillis, Val Kilmer, Tom Cruise.						
44	COM	(44)	The Office	The Office	The Daily Show (045) The Office	(20) The Office	The Office	The Office	The Office	The Office	The Daily Show (045) The Office			44	COM	(44)	The Office	The Office	The Daily Show (045) The Office	(20) The Office	The Office	The Office	The Office	The Office	The Daily Show (045) The Office				
45	HIST	(45)	Aliens "They Came From the Sky"	Aliens "The Badlands Guardian"	Aliens "Top Ten Alien Encounters"	Aliens "Top Ten Alien Cover-Ups"	Aliens "Top Ten Alien Encounters"	Aliens "Top Ten Alien Artifacts"	Aliens "Top Ten Mysterious Sites"	Aliens "Top Ten Alien Artifacts"	Aliens "Top Ten Mysterious Sites"			45	HIST	(45)	Aliens "They Came From the Sky"	Aliens "The Badlands Guardian"	Aliens "Top Ten Alien Encounters"	Aliens "Top Ten Alien Cover-Ups"	Aliens "Top Ten Alien Encounters"	Aliens "Top Ten Mysterious Sites"	Aliens "Top Ten Alien Artifacts"	Aliens "Top Ten Mysterious Sites"					
46	A&E	(46)	First 48 "Lying in Wait/ With This Ring"	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Adopting "Chewing On His Behalf" (N)	(05) Secrets of Playboy			46	A&E	(46)	First 48 "Lying in Wait/ With This Ring"	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Secrets of Playboy	Adopting "Chewing On His Behalf" (N)	(05) Secrets of Playboy							
47	TLC	(47)	Darcey "Pillow Talk: For Love or Money"	Darcey & Stacey	Darcey & Stacey (N)	Darcey & Stacey (N)	David & Annie (N)	Loren & Alexei (N)	1000-lb BF "Large and In Charge" (N)	Darcey & Stacey (N)			47	TLC	(47)	Darcey "Pillow Talk: For Love or Money"	Darcey & Stacey	Darcey & Stacey (N)	Darcey & Stacey (N)	David & Annie (N)	Loren & Alexei (N)	1000-lb BF "Large and In Charge" (N)	Darcey & Stacey (N)						
48	DISC	(48)	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle			48	DISC	(48)	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle	Street Outlaws: Full Throttle				
49	NGEO	(49)	Life Below Zero "Breaking Trail"	Life Below Zero "Cold Harvest"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"			49	NGEO	(49)	Life Below Zero "Breaking Trail"	Life Below Zero "Cold Harvest"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"	Life Below Zero "Alaskan Built"			
50	TNT	(50)	(4:15) Taken 3 (14) ★★ Angel Has Fallen (2019, Action) Morgan Freeman, Nick Nolte, Gerard Butler.								Snowpiercer "Bound by One Track" (N)			50	TNT	(50)	(4:15) Taken 3 (14) ★★ Angel Has Fallen (2019, Action) Morgan Freeman, Nick Nolte, Gerard Butler.						Snowpiercer "Bound by One Track" (N)						
51	AMC	(51)	(4:30) Black Dog	★★ Road House (1989, Action) Sam Elliott, Ben Gazzara, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	(045) Ghost '90		51	AMC	(51)	(4:30) Black Dog	★★ Road House (1989, Action) Sam Elliott, Ben Gazzara, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	★★★ Point Break (1991, Drama) Keanu Reeves, Gary Busey, Patrick Swayze.	(045) Ghost '90		
52	USA	(52)	Beijing 2022 Winter Olympics (L)											52	USA	(52)	Beijing 2022 Winter Olympics (L)												
53	FOOD	(53)	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Kids Baking "Cosmic Delights" (N)	Chopped "Quail Without Fall"	Chopped "Three Cheers For Chocolate!"	Chopped				53	FOOD	(53)	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Kids Baking "Cosmic Delights" (N)	Chopped "Quail Without Fall"	Chopped "Three Cheers For Chocolate!"	Chopped					
54	HGTV	(54)	Home Town "Small Budget, Big Style"	Home Town "All in the Family"	Home Town "One Space at a Time"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"			54	HGTV	(54)	Home Town "Small Budget, Big Style"	Home Town "All in the Family"	Home Town "One Space at a Time"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"	Home Town "Grand Style"			
56	FX	(56)	(5:30) ★★ Men in Black: International (19) Tessa Thompson, Chris Hemsworth.								Independence Day: Resurgence			56	FX	(56)	(5:30) ★★ Men in Black: International (19) Tessa Thompson, Chris Hemsworth.						Independence Day: Resurgence						
57	CNN	(57)	CNN Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)			57	CNN	(57)	CNN Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)				
58	FNC	(58)	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	CNN Tonight	Tucker Carlson Tonight	CNN Tonight	Tucker Carlson Tonight	Hannity			58	FNC	(58)	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	CNN Tonight	Tucker Carlson Tonight	CNN Tonight	Tucker Carlson Tonight	Hannity				
60	MSNB	(60)	The Rachel Maddow Show (N)	The Last Word (N)	The 11th Hour (N)	The Rachel Maddow Show	The 11th Hour (N)	The Last Word (N)	The 11th Hour (N)	The Last Word (N)	The 11th Hour (N)			60	MSNB	(60)	The Rachel Maddow Show (N)	The Last Word (N)	The 11th Hour (N)	The Rachel Maddow Show	The 11th Hour (N)	The Last Word (N)	The 11th Hour (N)	The Last Word (N)	The 11th Hour (N)				
61	CNBC	(61)	(5:00) Beijing 2022 Winter Olympics								American Greed			61	CNBC	(61)	(5:00) Beijing 2022 Winter Olympics								American Greed				
63	BRAV	(63)	Below Deck: Sailing Yacht "Dope!"	Below Deck Yacht "Regatta Go!"	Below Deck: Sailing Yacht (N)	Summer House (N)	Watch What	To Be Announced	To Be Announced	To Be Announced	To Be Announced			63	BRAV	(63)	Below Deck: Sailing Yacht "Dope!"	Below Deck Yacht "Regatta Go!"	Below Deck: Sailing Yacht (N)	Summer House (N)	Watch What	To Be Announced	To Be Announced	To Be Announced	To Be Announced				
64	TCM	(64)	(5:00) The Way We Were	(15) ★★ ★★ Brief Encounter (45) Celia Johnson.	(45) ★★ Kramer vs. Kramer (1979, Drama) Meryl Streep, Jane Alexander, Dustin Hoffman.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.			64	TCM	(64)	(5:00) The Way We Were	(15) ★★ ★★ Brief Encounter (45) Celia Johnson.	(45) ★★ Kramer vs. Kramer (1979, Drama) Meryl Streep, Jane Alexander, Dustin Hoffman.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.	Doctor Zhivago (65, Epic) Omar Sharif.				
65	SYFY	(65)	(5:30) ★★ Blade: Trinity (2004, Thriller) Jessica Biel, Ryan Reynolds, Wesley Snipes.	WWE Raw (N)							Astrid and Lilly "Tontoom"			65	SYFY	(65)	(5:30) ★★ Blade: Trinity (2004, Thriller) Jessica Biel, Ryan Reynolds, Wesley Snipes.	WWE Raw (N)								Astrid and Lilly "Tontoom"			
162	RFD	(162)	Rancher (N)	Red Steagall (N)	NHSRA Rodeo	Horse of the West	The Experience	Rural Eve. News	Rural America 'Live'	American Rancher	Red Steagall	Paid Program		162	RFD	(162)	Rancher (N)	Red Steagall (N)	NHSRA Rodeo	Horse of the West	The Experience	Rural Eve. News	Rural America 'Live'	American Rancher	Red Steagall	Paid Program			

TUESDAY EVENING												FEBRUARY 15																
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
2	KATU	(2)	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune (N)	JeopardyCol. "Quarterfinals #5" (N)	Abbott (N)	Black-ish (N)	Queens "2022" (SF) (N)	News (N)	(35) Jimmy Kimmel			2	KATU	(2)	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune (N)	JeopardyCol. "Quarterfinals #5" (N)	Abbott (N)	Black-ish (N)	Queens "2022" (SF) (N)	News (N)	(35) Jimmy Kimmel			
3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy!	JeopardyCol. "Quarterfinals #5" (N)	Abbott (N)	Black-ish (N)	Queens "2022" (SF) (N)	KOMO4News (N)	(35) Jimmy Kimmel			3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy!	JeopardyCol. "Quarterfinals #5" (N)	Abbott (N)	Black-ish (N)	Queens "2022" (SF) (N)	KOMO4News (N)	(35) Jimmy Kimmel			
5	KING	(5)	(5:00) Beijing 2022 Winter Olympics								KING 5 News	(35) Beijing 2022		5	KING	(5)	(5:00) Beijing 2022 Winter Olympics						KING 5 News	(35) Beijing 2022				
6	KOIN	(6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	FBI "Charlotte's Web"	FBO: Int. "One Kind of Madman"	FBI: Most Wanted "Unhinged"	KOIN 6 News (N)	(35) Colbert			6	KOIN	(6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	FBI "Charlotte's Web"	FBO: Int. "One Kind of Madman"	FBI: Most Wanted "Unhinged"	KOIN 6 News (N)	(35) Colbert			
7	KIRO	(7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	FBI "Charlotte's Web"	FBO: Int. "One Kind of Madman"	FBI: Most Wanted "Unhinged"	KIRO 7 Tonight (N)	(35) Colbert			7	KIRO	(7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	FBI "Charlotte's Web"	FBO: Int. "One Kind of Madman"	FBI: Most Wanted "Unhinged"	KIRO 7 Tonight (N)	(35) Colbert			
8	KGW	(8)	(5:00) Beijing 2022 Winter Olympics								KGW News (N)	(35) Beijing 2022		8	KGW	(8)	(5:00) Beijing 2022 Winter Olympics								KGW News (N)	(35) Beijing 2022		
9</																												