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THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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FUN TIMES WITH A BALL AND A NET!

VOLLEYBALL

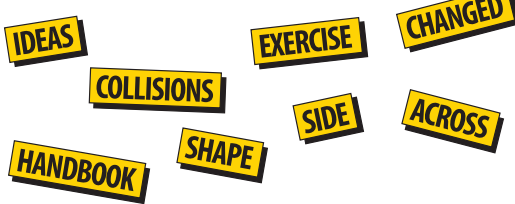


Volleyball is played on a court that is 59 feet long and 29.5 feet wide. The net in the middle is 7.4 feet high.

Throwing, catching, and hitting a ball is loads of fun. Over thousands of years, people have invented games to play using a ball. When people discovered a net could add something new to a game, more games were invented. Volleyball was one of those games.

The History of Volleyball

Replace the missing words.



In the late 1800s, a man named William Morgan lived in Springfield, Mass. He and his friend James Naismith liked to play games.

In the winter of 1891, Naismith was the director of the YMCA in Springfield. It was too cold to _____ outdoors. He invented the game of basketball, using a ball and a couple of peach baskets, to keep young people in good _____ over the winter.

Morgan started working at the YMCA in the nearby town of Holyoke in 1895. His friend's game of basketball had too much running and too many _____ for some of the members of his club.

Using creativity, Morgan studied the rules of baseball, basketball, handball and badminton. Taking _____ from each, he invented a new game he called *Mintonette*, where teams of players on each _____ of a net volleyed or hit a ball back and forth. Points were scored when one team could not get the ball back _____ the net.

The rules _____ over the years. Even the name changed! As a friend and former teacher of Morgan's watched the game, he saw that much of the game was spent "volleying" the ball over the net. He called it Volleyball and the name stuck and that's what it was called when the game was added to the YMCA's official sports _____ in 1896.

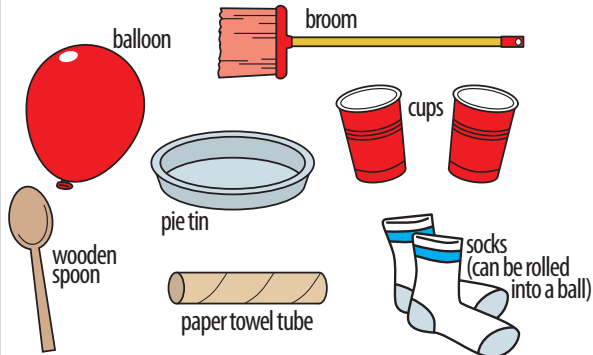
Volleyball Words

You can find information on how to play volleyball in a book or online. Here are some words to help you understand the words in a volleyball rule book. Do the math to match each word with its definition.

- Volley (2+7)** 10 = contact of the ball twice typically while setting
- Serve (6 + 6)** 11 = a hard-driven ball aimed into the opponents' court
- Set (8 - 4)** 9 = to return a ball before it hits the ground
- Bump (5 + 8)** 7 = a defensive play to prevent the ball from crossing the net
- Spike (16 - 5)** 12 = to put the ball into play from the end line
- Block (3 + 4)** 4 = overhead pass that allows a player to spike
- Double (12 - 2)** 13 = an underhand pass performed when a ball is below the shoulders

Invent a Game

Look at the objects below. Use two of them to invent a new game. Write the rules for your game and give it a try with your friends or family.



Name of My Game: _____

Number of Players: _____

Equipment needed: _____

Objective of Game (How to Win): _____

Rules: _____

Extra! Extra!

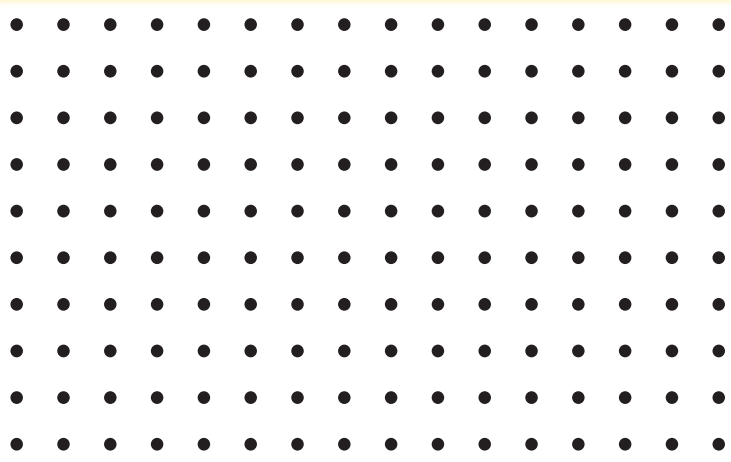
Volleyball Facts and Opinion

Underline words on this page that tell you facts about volleyball. Circle words that tell you opinions about volleyball.

Standards Link: Differentiate between fact and opinion.

Kid Scoop® Puzzler

A volleyball net is a grid. Take turns with a pal to connect two dots with a line. Each time your line completes a box, put your initial inside and then connect two more dots. When no more lines can be added, the player with the most boxes wins.



Double Double Word Search

- VOLLEYBALL
- CONTACT
- MORGAN
- DOUBLE
- PLAYER
- SPIKE
- BLOCK
- SERVE
- COURT
- BUMP
- GAME
- GRID
- PASS
- SET
- NET

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

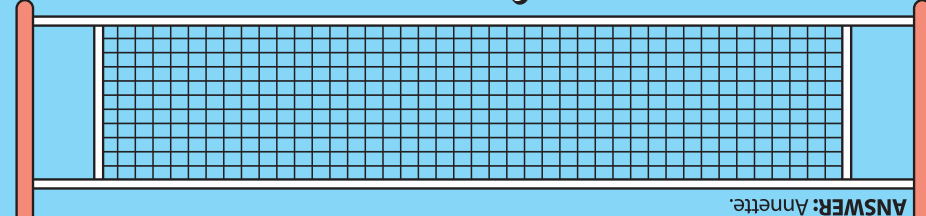
FROM THE Kid Scoop® LESSON LIBRARY

Alphabet Verbs

Look through the newspaper to find verbs. Can you find a verb that starts with each letter of the alphabet? Words like Add for the letter A and Volley for the letter V. Try to find one for all 26 letters.

Standards Link: Language Arts: Understand parts of speech.

What do you call the girl standing in the middle of a volleyball court?



ANSWER: Annette.

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