

THURSDAY EVENING		A - Charter Astoria/Seaside - L - Charter Long Beach														JANUARY 13	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30				
2	KATU (2)	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Wheel Fortune (N)	Women of the Movement "Let the People See! Manhunt" (N)	Women of the Movement "Let the People See! Manhunt" (N)	Let the World See "There He Is" (N)	Let the World See "There He Is" (N)	News (N)	(35) Jimmy Kimmel						
3	KOMO (4)	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Jeopardy! (N)	Women of the Movement "Let the People See! Manhunt" (N)	Women of the Movement "Let the People See! Manhunt" (N)	Let the World See "There He Is" (N)	Let the World See "There He Is" (N)	KOMO4News (N)	(35) Jimmy Kimmel						
5	KING (5)	NBC News (N)	KING 5 News	KING 5 News	Evening	The Blacklist "Dr. Razmik Maier" (N)	SVU "Burning With Rage Forever" (N)	Law & Order: Organized Crime (N)	Law & Order: Organized Crime (N)	KING 5 News	(35) Tonight Show						
6	KOIN (6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Young Sheldon (N) U.S. of AI (N)	Ghosts (N)	B Positive (N)	B Positive (N)	KOIN 6 News (N)	(35) Colbert						
7	KIRO (7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Young Sheldon (N) U.S. of AI (N)	Ghosts (N)	B Positive (N)	B Positive (N)	KIRO 7 Tonight (N)	(35) Colbert						
8	KGW (8)	KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	The Blacklist "Dr. Razmik Maier" (N)	SVU "Burning With Rage Forever" (N)	Law & Order: Organized Crime (N)	Law & Order: Organized Crime (N)	KGW News (N)	(35) Tonight Show						
9	KRCW (9)	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Walker (N)	Legacies	KOIN 6 News at 10:00 p.m. (N)	KOIN 6 News at 10:00 p.m. (N)	Seinfeld	Seinfeld						
10	KOPB (10)	Craftsmen Legacy	Outside Source	PBS NewsHour (N)	PBS NewsHour (N)	Oregon Art Beat	Oregon Guide	Cranford	Cranford	Thou Shalt Not Kill (N)	Masterpiece Theatre						
11	KPTV (12)	6 O'Clock News (N)	6 O'Clock News (N)	People	Family Feud	Joe "Admit It, You're a Gold Digger!" (N)	Call Me Kat (N)	Pivoting (N)	Pivoting (N)	11 O'Clock News (N)	People						
13	KPDx (13)	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy						
13	KCPQ (13)	Bet Your Life (N)	You Bet Your Life	Big Bang Theory	Big Bang Theory	Joe "Admit It, You're a Gold Digger!" (N)	Call Me Kat (N)	Pivoting (N)	Pivoting (N)	Fox 13 News at 10 (N)	The Simpsons						
20	TBS (20)	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Go-Big Show (N)	Go-Big Show (N)	Full Frontal	Go-Big "Now That's What I Call Big!"	Full Frontal	Full Frontal						
22	KZJO (22)	Modern Family	Modern Family	Bet Your Life (N)	You Bet Your Life	FOX 13 News at 8:00 p.m. (N)	FOX 13 News at 9:00 p.m. (N)	Go-Big Show (N)	Go-Big Show (N)	Big Bang Theory	Two and a Half						
29	ESPN (29)	(4:00) NHL Hockey	NCAA Basketball	Oregon at UCLA (L)	Oregon at UCLA (L)	College Football: Oregon vs. Washington	College Football: Oregon vs. Washington	SportsCenter Scott Van Pelt presents the day in sports. (N)	SportsCenter Scott Van Pelt presents the day in sports. (N)	SportsCenter (N)	SportsCenter (N)						
30	ESPN2 (30)	NCAA Basketball (L)	NCAA Basketball (L)	NCAA Basketball (L)	NCAA Basketball (L)	College Football: Oregon vs. Washington	College Football: Oregon vs. Washington	SportsCenter Scott Van Pelt presents the day in sports. (N)	SportsCenter Scott Van Pelt presents the day in sports. (N)	SportsCenter (N)	SportsCenter (N)						
31	NICK (31)	(5:00) The Crows (13) Nicolas Cage.	Danger Force (N)	The Loud House	The Loud House	SpongeBob	SpongeBob SquarePants	"Gramma's Secret Recipe: The Cent of Money"	"Gramma's Secret Recipe: The Cent of Money"	NFL Live	Friends						
32	DISN (32)	Jessie	Jessie	Holly Hobbie	Holly Hobbie	Big City Greens	Big City Greens	Jessie	Jessie	Big City Greens	Miraculous						
34	FAM (34)	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office						
35	FMC (35)	Movie	Movie	Independence Day: Resurgence (16) Maika Monroe, Liam Hemsworth.	Independence Day: Resurgence (16) Maika Monroe, Liam Hemsworth.	Movie	Movie	Independence Day: Resurgence (16) Maika Monroe, Liam Hemsworth.	Independence Day: Resurgence (16) Maika Monroe, Liam Hemsworth.	Movie	Movie						
36	LIFE (36)	Rizzoli & Isles "Doomsday"	Rizzoli & Isles "Doomsday"	Rizzoli & Isles "The Best Laid Plans"	Rizzoli & Isles "The Best Laid Plans"	Rizzoli & Isles "Knockout"	Rizzoli & Isles "Knockout"	Rizzoli & Isles "Lost and Found"	Rizzoli & Isles "Lost and Found"	Rizzoli & Isles "It Takes a Village"	Rizzoli & Isles "It Takes a Village"						
38	ROOT (38)	(5:00) NHL Hockey Seattle Kraken at St. Louis Blues (L)	Seattle Kraken at St. Louis Blues (L)	Kraken Post-game	Kraken Post-game	NCAA Basketball St. Mary's College at Pepperdine (L)	NCAA Basketball St. Mary's College at Pepperdine (L)	Kraken Warm-Up	Kraken Warm-Up	Seattle Kraken Pre	NHL Hockey Seattle vs St. Louis						
39	FS1 (39)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)	NCAA Basketball Indiana at Iowa (L)						
43	SPIKE (43)	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half						
44	COM (44)	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office						
45	HIST (45)	Pawn Stars "Wanted: Pawns or Alive"	Pawn Stars "Wanted: Pawns or Alive"	Pawn Stars "Off the Rails"	Pawn Stars "Off the Rails"	Pawn Stars "Atomic Pawn"	Pawn Stars "Atomic Pawn"	Pawn Stars "Rebel Without a Pawn"	Pawn Stars "Rebel Without a Pawn"	American Pickers	"Country Road Gold"						
46	A&E (46)	The First 48 "Broad Daylight"	The First 48 "Broad Daylight"	The First 48 "Vengeance/ Paid In Full"	The First 48 "Vengeance/ Paid In Full"	The First 48 "Down a Dark Hallway"	The First 48 "Down a Dark Hallway"	The First 48 "Final Celebration" (N)	The First 48 "Final Celebration" (N)	Taking the Stand	"Jodi Arias" (P) (N)						
47	TLC (47)	Str. Addiction	Str. Addiction	Str. Addiction	Str. Addiction	My 600-lb Life "Superized" (N)	My 600-lb Life "Superized" (N)	Hoarding	"Twenty of Everything"	Hoarding	"Twenty of Everything"						
48	DISC (48)	BattleBots "Slash and Burn!"	BattleBots "Slash and Burn!"	BattleBots "Slash and Burn!"	BattleBots "Slash and Burn!"	BattleBots "I Like Big Bots (That Will Not Die)"	BattleBots "I Like Big Bots (That Will Not Die)"	absent.	absent.	BattleBots	"Are You Yeti to Rumble?"						
49	NGEO (49)	Life Below Zero "The Nightmare"	Life Below Zero "The Nightmare"	Life Below Zero "Trading Water"	Life Below Zero "Trading Water"	Life Below Zero "Highways of the Arctic"	Life Below Zero "Highways of the Arctic"	Life Below Zero "Rite of Passage" (N)	Life Below Zero "Rite of Passage" (N)	Life Below Zero	"Fire in the Sky"						
50	TNT (50)	(4:30) NBA Basketball G.S./Mil. (L)	NBA Basketball Portland Trail Blazers at Denver Nuggets	NBA Basketball Portland Trail Blazers at Denver Nuggets	NBA Basketball Portland Trail Blazers at Denver Nuggets	NBA Basketball Portland Trail Blazers at Denver Nuggets	NBA Basketball Portland Trail Blazers at Denver Nuggets	NBA Basketball Golden State Warriors at Milwaukee Bucks	NBA Basketball Golden State Warriors at Milwaukee Bucks	NBA Basketball Golden State Warriors at Milwaukee Bucks	NBA Basketball Golden State Warriors at Milwaukee Bucks						
51	AMC (51)	(5:30) *** Lethal Weapon 2 (1989, Action)	Danny Glover, Joe Pesci, Mel Gibson.	*** Lethal Weapon 3 (1992, Action)	Danny Glover, Rene Russo, Mel Gibson.	*** Lethal Weapon 4 (1998, Action)	Danny Glover, Rene Russo, Mel Gibson.	*** Lethal Weapon 5 (2007, Action)	Danny Glover, Rene Russo, Mel Gibson.	*** Lethal Weapon 6 (2017, Action)	Danny Glover, Rene Russo, Mel Gibson.						
52	USA (52)	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing	Last Man Standing						
53	FOOD (53)	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Restaurant "Burnt Out in Berkeley" (N)	Restaurant "Burnt Out in Berkeley" (N)	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay						
54	HGTV (54)	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	MarriedEstate "Midcentury Mission" (N)	MarriedEstate "Midcentury Mission" (N)	House Hunters (N)	House Hunters (N)	House Hunters	House Hunters						
55	FX (55)	*** The Angry Birds Movie 2 (19, Ani)	Josh Gad, Leslie Jones, Jason Sudeikis.	Trolls (2016, Animated)	Justin Timberlake, Zoey Dechanel, Anna Kendrick.	Trolls (2016, Animated)	Justin Timberlake, Zoey Dechanel, Anna Kendrick.	Trolls (2016, Animated)	Justin Timberlake, Zoey Dechanel, Anna Kendrick.	Trolls (2016, Animated)	Justin Timberlake, Zoey Dechanel, Anna Kendrick.						
57	CNN (57)	CNN Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Don Lemon Tonight (N)	Anderson Cooper 360	Anderson Cooper 360	CNN Tonight	CNN Tonight	Don Lemon Tonight	Don Lemon Tonight						
58	FNC (58)	Hannity (N)	The Ingraham Angle (N)	The Ingraham Angle (N)	The Ingraham Angle (N)	Gutfeld! (N)	Gutfeld! (N)	Fox News @ Night (N)	Fox News @ Night (N)	Hannity	Hannity						
60	MSNB (60)	The Rachel Maddow Show (N)	The Last Word (N)	The Last Word (N)	The Last Word (N)	The Rachel Maddow Show	The Rachel Maddow Show	The Last Word	The Last Word	American Voices	American Voices						
61	CNBC (61)	Shark Tank	Shark Tank	Shark Tank	Shark Tank	The News With Shepard Smith	The News With Shepard Smith	Amer. Greed "Theranos CEO on Trial"	Amer. Greed "Theranos CEO on Trial"	Dateline	Dateline						
63	BRV (63)	Million Dollar Listing Los Angeles	Million Dollar Listing Los Angeles	Million Dollar Listing Los Angeles	Million Dollar Listing Los Angeles	Project Runway (N)	Project Runway (N)	Watch What (N)	Watch What (N)	Below Deck "Shoulda Joined the Navy"	Below Deck "Shoulda Joined the Navy"						
64	TCM (64)	(5:00) *** In Cold Blood (67) Scott Wilson, Robert Blake.	*** The Boston Strangler (68, Susp) Henry Fonda, George Kennedy, Tony Curtis.	(45) *** River's Edge (1986, Crime Story)	Crispin Glover, Ione Skye, Keanu Reeves.	The Onion Field	The Onion Field	*** The Matrix Reloaded (2003, Sci-Fi)	Carrie-Anne Moss, Laurence Fishburne, Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.						
65	SYFY (65)	(4:25) *** The Matrix (99) Keanu Reeves.	*** The Matrix Reloaded (2003, Sci-Fi)	Carrie-Anne Moss, Laurence Fishburne, Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.	*** The Matrix Revolutions (03) Keanu Reeves.						
162	RFD (162)	Nxt Lvl Farming	Dude Ranch	Rural America 'Live'	Rural America 'Live'	Machinery Pete TV	Rural Eve. News	Grown	Farm Monitor	Nxt Lvl Farming	Dude Ranch						

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A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30				
2	KATU (2)	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Shark Tank (N)	20/20 Interviews and hard-hitting investigative reports.	20/20 Interviews and hard-hitting investigative reports.	News (N)	(35) Jimmy Kimmel								
3	KOMO (4)	KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Shark Tank (N)	20/20 Interviews and hard-hitting investigative reports.	20/20 Interviews and hard-hitting investigative reports.	KOMO4News (N)	(35) Jimmy Kimmel								
5	KING (5)	NBC News (N)	KING 5 News	KING 5 News	Evening	That's My Jam	That's My Jam	Dateline NBC Investigative features are covered.	Dateline NBC Investigative features are covered.	KING 5 News	(35) Tonight Show						
6	KOIN (6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Boss "Fremont Street Experience" (N)	Magnum P.I. (N)	Blue Bloods "On the Arm" (N)	Blue Bloods "On the Arm" (N)	KOIN 6 News (N)	(35) Colbert						
7	KIRO (7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Boss "Fremont Street Experience" (N)	Magnum P.I. (N)	Blue Bloods "On the Arm" (N)	Blue Bloods "On the Arm" (N)	KIRO 7 Tonight (N)	(35) Colbert						
8	KGW (8)	KGW News (N)	KGW News (N)	Straight Talk (N)	Inside Edition (N)	That's My Jam	Nancy Drew "The Spellbound Juror" (N)	KOIN 6 News at 10:00 p.m. (N)	KOIN 6 News at 10:00 p.m. (N)	KGW News (N)	(35) Tonight Show						
9	KRCW (9)	Young Sheldon	Young Sheldon	Modern Family	Modern Family	Penn&Teller "The Penn-Tagram" (N)	Nancy Drew "The Spellbound Juror" (N)	Seinfeld	Seinfeld	KGW News (N)	(35) Tonight Show						
10	KOPB (10)	Woodsmith Shop	BBC News Today	PBS NewsHour (N)	PBS NewsHour (N)	Frankie Drake "Counterpunch"	RFDS: Royal Flying Doctor Service	Masterpiece Classic "World on Fire"	Masterpiece Classic "World on Fire"	Resistance	Resistance						
11	KPTV (12)	6 O'Clock News (N)	6 O'Clock News (N)	People	Family Feud	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	11 O'Clock News (N)	11 O'Clock News (N)	11 O'Clock News (N)	11 O'Clock News (N)						
13	KPDx (13)	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8 p.m. Prime News	9 p.m. Prime News	Big Bang Theory	The Simpsons	Family Guy	Family Guy						
13	KCPQ (13)	Bet Your Life (N)	You Bet Your Life	Big Bang Theory	Big Bang Theory	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	Fox 13 News at 10 (N)	Fox 13 News at 10 (N)	The Simpsons	The Simpsons						
20	TBS (20)	American Dad!	American Dad!	American Dad!	American Dad!	*** Daddy Day Care (2003, Family)	Steve Zahn, Kevin Nealon, Eddie Murphy.	Johnson Family Vacation (04) Vanessa L. Williams, Cedric the Entertainer.	Johnson Family Vacation (04) Vanessa L. Williams, Cedric the Entertainer.	Johnson Family Vacation (04) Vanessa L. Williams, Cedric the Entertainer.	Johnson Family Vacation (04) Vanessa L. Williams, Cedric the Entertainer.						
22	KZJO (22)	Modern Family	Modern Family	WHL Hockey Portland Winter Hawks at Seattle Thunderbirds Site: ShoWare Centre (N)	WHL Hockey Portland Winter Hawks at Seattle Thunderbirds Site: ShoWare Centre (N)	WHL Hockey Portland Winter Hawks at Seattle Thunderbirds Site: ShoWare Centre (N)	WHL Hockey Portland Winter Hawks at Seattle Thunderbirds Site: ShoWare Centre (N)	Fox 13 News (N)	Fox 13 News (N)	Big Bang Theory	Two and a Half						
29	ESPN (29)	(4:45) NBA Basketball Bos./Phi. (L)	(05) NBA Basketball Dallas Mavericks at Memphis Grizzlies Site: FedEx Forum - Memphis, Tenn. (L)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)						
30	ESPN2 (30)	(4:30) NCAA Basket. NCAA Gymnastics	Oklahoma at Utah (L)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)	(35) SportsCenter (N)						
31	NICK (31)	(4:30) SpongeBob SquarePants	Kamp Koral (N)	The Smurfs (N)	Middlemost (N)	Casagrandes (N)	SpongeBob	SpongeBob	SpongeBob	Friends	Friends						
32	DISN (32)	*** The Lion King (19, Adventure)	John Oliver, James Earl Jones, Chiwetel Ejiofor.	Sulphur (SP) (N)	Sulphur (SP) (N)	Holly Hobbie	Holly Hobbie	Jessie	Jessie	Sulphur Springs	Sulphur Springs						
34	FAM (34)	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club	The 700 Club						
35	FMC (35)	Movie	*** The First Purge (2018, Action)	Melanie Lynskey, Lex Scott Davis, Marisa Tomei.	(25) *** A Quiet Place (18, Dra)	Emily Blunt, John Krasinski.	(15) *** A Quiet Place (2018, Drama)	Emily Blunt, Noah Jupe, John Krasinski.	(15) *** A Quiet Place (2018, Drama)	Emily Blunt, Noah Jupe, John Krasinski.	(15) *** A Quiet Place (2018, Drama)						
36	LIFE (36)	Castle "Death Gone Crazy"	Castle "Recoil"	Castle "Reality Star Struck"	Castle "Target"	(05) Castle "Scared to Death"	(05) Castle "Scared to Death"	NCAA Hockey W.Mich./CC	NCAA Hockey W.Mich./CC	NHL Hockey Los Angeles Kings at Seattle Kraken Pre	NHL Hockey Los Angeles Kings at Seattle Kraken Pre						
38	ROOT (38)	Trail Blazers (N)	NCAA Hockey Western Michigan at Colorado College Site: Broadmore World Arena (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Fresno State at UNLV (L)	NCAA Basketball Fresno State at UNLV (L)	Elite Youth	Elite Youth	NCAA Basketball Michigan at Illinois	NCAA Basketball Michigan at Illinois						
39	FS1 (39)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)	NCAA Basketball Michigan at Illinois (L)						
43	SPIKE (43)	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half	Two and a Half						
44	COM (44)	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park						
45	HIST (45)	Aliens "The Mystery of Rudloe Manor"	Aliens "The Human Experiment"	Ancient Aliens "The Disclosure Event"	Ancient Aliens "The Disclosure Event"	Cold Case Files "Ice Cold in Denver"	Cold Case Files "Love and Hate"	Cold Case Files "Murder by Moonlight" (N)	Cold Case Files "Suspicious Minds" (N)	Modern Marvels "Classic Toys"	Modern Marvels "Top Toys & Games"						
46	A&E (46)	Cold Case Files "Devil at the Door"	Cold Case Files "Ice Cold in Denver"	90 Day Fiancé: Before the 90 Days	90 Day Fiancé: Before the 90 Days	90 Day Fiancé "More to Love: False Starts and False Promises" (N)	90 Day Fiancé "More to Love: False Starts and False Promises" (N)	90 Day Fiancé "David & Annie"	90								