COMMUNITY NOTES

FRIDAY

Senior Lunch To Go — No lunch is served today.

Columbia Senior Diners — Pickup and delivery only. Order deliveries in advance. Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693.

Seaside Bridge Club — Players need proof of vaccination and a partner; for information, or to request a partner, call 503-325-0029.

SATURDAY — CHRISTMAS DAY

Karaoke—For information, call 503-738-7911.

MONDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — For information, go to AstoriaRotary.org

Columbia Northwestern Model Railroading Club — Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

TUESDAY

Stewardship Quilting Group — Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Astoria-Warrenton Bridge Club — Players need proof of vaccination and a partner; for information, or to request a partner, call 503-325-0029.

Astoria Lions Club — Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Authentic Spiritual Conversations — Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Wickiup Senior Lunches To Go — Pick up a hot lunch for Wednesday and Thursday from 11:30 a.m. to 12:15 p.m, Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

THURSDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria-Warrenton Bridge Club — Players need proof of vaccination and a partner; for information, or to request a partner, call 503-325-0029.

Pinochle Group — Looking for players. For information, call 503-869-2390.

Rotary Club of Seaside — For information, visit Rotary Club of Seaside on Facebook at fb.me/SeasideRotary

Caregiver Support Group — Open to all caregivers, both professional and family care. Yoga exercise, refreshments, friendship and support. For information, call 503-738-0900.

OTHER

Blankets Needed — Columbia Veterinary Hospital, 576 31st St. Needs blanket donations for their four legged patients. Anything is helpful, even the stained or frayed. Donations can be dropped off during business hours (closed for lunch from noon to 1:30 p.m.) Monday through Saturday.

Sheets Needed — Our Saviour's Lutheran Church, 320 First Ave. in Seaside, needs double queen and king flat sheets for the quilting club. To donate, contact Claudia Kulland at 503-505-1626.

Startup connects farmers with project financing

By GEORGE PLAVEN Capital Press

During her years working for the U.S. Department of Agriculture, Sami Tellatin heard from farmers about the barriers to adopting innovative soil health management practices such as no-till and cover cropping.

The biggest challenge, despite high demand, was finding the money to help pay for projects, Tellatin said.

Last year, Tellatin co-founded a startup company called FarmRaise, a web-based platform that assesses whether producers are eligible for federal grants and loans, and provides "success teams" to assist with applications.

Switching farming practices can be expensive. Farmers may need to buy new equipment, such as no-till seed drills, that can cost tens of thousands of dollars.

Though the investment does pay off over time — requiring fewer fertilizer and pesticide applications — it can take five years or more before farmers see any return.

"Funding through grants and other mechanisms is important to surmount that barrier," said Tellatin, the chief operating officer of FarmRaise.

To date, FarmRaise has helped growers from across the country submit more than 100 applications seeking \$3 million for stewardship projects. More than 10,000 farmers have taken the company's eligibility quiz, tapping into a database of 1,000 state and federal funding programs.

"It's mostly planning and accountability," Tellatin said. "We'll manage all of the deadlines for you, and keep you up to date on different opportunities."

Tellatin, 29, grew up in the Ozarks of southern Missouri, where she developed a love of the landscape with its rolling hills, caves and lush deciduous trees.

She fondly remembers visiting her family's cabin at Bull Shoals Lake, a 45,150-acre reservoir straddling Missouri and Arkansas that is managed by the U.S. Army Corps of Engineers. The lake's heavily forested shoreline is undeveloped and protected as a buffer zone for 400 feet, which left it undisturbed for Tellatin to explore.

"That really instilled in me an appreciation for public resources, the land and land management," she said.



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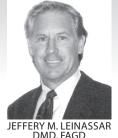
Hear what loyal and new patients alike are saying...

I have always dreaded going to any dentist, but this was the best experience ever for the hygienist (Julie).

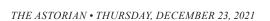
No pain, no sitting in the chair forever. Susan couldn't have been nicer. View was terrific when I could see it.

- Peggy D.

Glad I went.



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Protege a quienes nos protegen.

Vacúnate.

Tras dos años de pandemia de COVID-19, es importante seguir repitiéndolo: gracias a los miles de trabajadores de la salud que arriesgan su vida para mantenernos a salvo. Vacunarte es la mejor forma que tienes de cuidarlos y de demostrar gratitud. Protégete a ti, a tus seres queridos y a todos los trabajadores de la salud. Vacúnate hoy mismo.

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