COMMUNITY NOTES

FRIDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Seaside Bridge Club — Players need proof of vaccination and a partner; for information, or to request a partner, call 503-325-0029.

Better Breathers Club — Sessions offer support, ways and techniques to cope with chronic obstructive pulmonary disease, asthma, pulmonary fibrosis and other respiratory issues. Caregivers also welcome. For information, call 800-562-8964.

SATURDAY

Lower Columbia R/C Society — Local Academy of Model Aeronautics chartered radio control model aircraft club. All model aircraft enthusiasts are welcome. For information, call 503-458-5196 or 503-325-0608.

SUNDAY

Blacksmith Enthusiasts Meet — For information, contact Mark Standley at 503-434-0148 or Herman Doty at 971-306-1043 or ringinganvildesign@gmail.com

National Alliance on Mental Illness Support Group — Family to family support group, for anyone with a friend or loved one suffering from a serious mental illness. For information, contact Myra Kero at 503-738-6165, or k7erowood@q.com, or go to nami. org

MONDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — For information, go to AstoriaRotary.org

Columbia Northwestern Model Railroading Club — Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

Astoria Toastmasters — For information, go to 775.toastmastersclubs.org or call Christa Svensson at 206-790-2869.

TUESDAY

Stewardship Quilting Group — Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — Men's group. For information, call Jack McBride at 360-665-2721.

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Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Astoria-Warrenton Bridge Club — Players need proof of vaccination and a partner; for information, or to request a partner, call 503-325-0029.

Astoria Lions Club — Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria Kiwanis Club — For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

Bras2Moms Fitting — Free nursing bras and/or tanks to mothers. A \$5 donation is requested, not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-338-7581.

Warrenton Caregiver Support Group — 1:30 to 3 p.m., conference call. Support, information and resources for caregivers. For conference call details, and to RSVP, call Grace Bruseth at 503-738-6412.

Lower Columbia Hospice Bereavement Support Group — Open to age 18 or older.
For information, call 503-338-6230.

North Coast La Leche League — Pregnant women, mothers, babies and toddlers welcome. For breastfeeding support, call or text Megan Oien at 503-440-4942, Kestrel Gates at 503-453-3777, Katie Winters at 503-717-3748 or send a message to La Leche League of Astoria on Facebook, fb.me/ Illofastoria

North Coast Chapter, ABATE of Oregon — All are welcome. For information, call 503-791-7253.

Peninsula Arts Association — All are welcome. For information, call 360-665-6041 or go to beachartist.org

Authentic Spiritual Conversations — Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Sou'Wester Garden Club — 10 a.m. to noon, Bob Chisholm Community Center, 1225 Avenue A in Seaside. Topic: "Make Your Own Holiday Centerpiece" with Victoria Fuller.



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Astoria Chapter, Daughters of the American Revolution — 11 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Road, Warrenton. Program is North Coast Marine Mammal Stranding Network presented by Seaside Aquarium's Keith Chandler and Tiffany Boothe. Members and women interested in membership may call Sue Glen at 503-861-0574 for reservations and information.

Wickiup Senior Lunches To Go — Pick up a hot lunch for Wednesday and Thursday from 11:30 a.m. to 12:15 p.m, Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

North Coast Multiple Sclerosis Care and Share Help Group — For information, call 503-325-7898.

Cannon Beach Garden Club — For information, call Pam Chater at 503-436-2331 and leave a message or email pamchater@msn. com

Stroke Support Group — Stroke survivors, their caregivers and family members welcome. For information, call 503-717-7781.

WomenHeart of North Oregon Coast — Peer support group for women living with, or at risk of heart disease. For information, contact Michele Abrahams at 503-338-8435 or WH-NorthOregonCoast@womenheart.org

Seaside Elks Lodge No. 1748 — For information, call 503-738-6651 or email seasideelks@yahoo.com

Maple Chapter No. 95, Order of the Eastern Star — For information, go to oregonoes.org

THURSDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Warrenton Senior Lunch Program —
For information, or to volunteer, call 503861-3502 Monday or Thursday.

Astoria-Warrenton Bridge Club — Players need proof of vaccination and a partner; for information, or to request a partner, call 503-325-0029.

Pinochle Group — Looking for players. For information, call Di Stuppy at 503-869-2390.

Rotary Club of Seaside — For information, visit Rotary Club of Seaside on Facebook at fb.me/SeasideRotary

Breast Cancer Support Group — Support for women who are being treated for, or are survivors of, breast cancer. No registration required. For information, call Mari Montesano at 503-338-4589 or email mmontesano@columbiamemorial.org

Understanding Your Grief — Free support group providing an opportunity to learn about the grief process, identify new coping strategies, and discuss a variety of topics related to the healing process. For questions, contact Jeanette Johnson at 503-338-6230.

Columbia River Estuary Action Team — CREATE fosters citizen involvement in protecting the Columbia River Estuary. Visitors and new members always welcome. For information, go to create-columbia.com

Veterans of Foreign Wars, Fort Stevens Post 10580 — For information, call Mel Jasmin at 503-861-2030.

Lower Columbia Classic Car Club — New members welcome. For information or directions, call Steve Jordan at 503-325-1807.

Rainland Fly Casters — For information, call Tom Scoggins at 503-449-0462, or Walt Weber at 360-777-8295.

OTHER

Blankets Needed — Columbia Veterinary Hospital, 576 31st St. Needs blanket donations for their four legged patients. Anything is helpful, even the stained or frayed. Donations can be dropped off during business hours (closed for lunch from noon to 1:30 p.m.) Monday through Saturday.

Sheets Needed — Our Saviour's Lutheran Church, 320 First Ave. in Seaside, needs double queen and king flat sheets for the quilting club. To donate, contact Claudia Kulland at 503-505-1626.



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SUB-BIDS REQUESTED Astoria School District

Captain Gray School South Façade Renovation

Skanska is requesting bid proposals for Subcontractors to complete the Captain Gray School South Façade Renovation.

Bids Due: 12/1/21 @ 2PM PST

A Non-Mandatory Pre-Bid Meeting will be held virtually on Wednesday, November 17th at 11am.

Join from the meeting link:

https://skanska.webex.com/skanska/j.php? MTID=m7058c46f93e16131c8aeab87ec4632c8

To join from a mobile device: PH: 1-415-655-0001, ID: 24248476987#

The Request for Proposals are available here:
https://app.buildingconnected.com/
projects/6171c079e9eef900d0fd4c00/bid-packages

Project Contact:

James Ferris; james.ferris@skanska.com Chad Schlottmann; chad.schlottmann@skanska.com

SKANSKA

1010 NW Flanders St. Suite 500 Portland, OR 97209 Phone: (503) 382-0900

We are an equal opportunity employer and request sub bids from minority, women, disadvantaged, and emerging small business enterprises.

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