

SPORTS



Knappa's Isiah Rodriguez, right, battles for first with St. Stephen's senior Colin Friend, who eventually took first ahead of Rodriguez in the boys 2A/1A state meet Saturday.

Tim Peitsch

# Rodriguez second, Knappa boys fifth

By GARY HENLEY  
The Astorian

Cross-country teams from Astoria, Warrenton and Knappa were all busy Saturday, competing in different races at Lane Community College in Eugene, home of the Oregon School Activities Association's state cross-country meet.

Among local runners, the top individual finisher went to Knappa junior Isiah Rodriguez, who placed second in the 2A/1A boys race, covering the 5,000-meter course in 16 minutes, 28.8 seconds, just behind senior Colin Friend of St. Stephens Academy (16:23.5).

One of the top-rated teams coming into the meet, Knappa finished fifth out of nine scoring teams, with Union/Cove (39 points) winning the team championship ahead of Bandon (43).

Knappa scoring runners included junior Clay Keyser (29th), freshman Soren Brown (43rd), junior Ethan Smalley (47th) and junior Finn Corcoran (49th).

At the 3A level, Warrenton finished tied for sixth out of nine teams, as senior Zander Moha finished seventh in 16:49.3. Senior Phoenix Martin (33rd) was the next highest finisher for the Warriors. He was followed by William Caruthers (35th), Erik Cooley (46th), Joshua Baker (62nd) and Mason Devos (64th).

In the 4A portion of the meet, the Astoria boys team finished eighth out of 12 teams with 194 points.

Siuslaw won the team title with 42 points, well ahead of second-place Sisters (88). Cottage Grove and Valley Catholic tied for third with 93.

While Marshfield junior Alexander Garcia-Silver was the runaway individual winner in 16:02 (28 seconds ahead of the nearest finisher), junior John Clement was Astoria's highest placer, 32nd in 18:19.

"I didn't feel that good about the race, but I have a few more races to run fast at," Clement said. "My goal



The Warrenton cross-country state qualifiers. The Warrior boys tied for sixth out of nine schools.

Warrenton cross-country



Astoria junior Ella Zilli (wearing No. 101) finished 28th in the 4A girls race.

Astoria cross-country



Astoria cross-country Astoria junior John Clement helped the Fishermen boys to an eighth place team finish.

Astoria cross-country

for next year) is to be in the top 10 at state."

Junior teammate Tommy Laman was 34th (18:25), with junior John Colquhon (48th), senior Daniel Messing (55th) and senior Elias Harding-Coe (69th) rounding out the Astoria scorers.

In the girls' race, Astoria junior Ella Zilli was 28th, and Seaside senior Elise Seppa placed 38th. Siuslaw was the team champion, winning by one point over Philomath.

"I had a great time competing with everyone at state," Zilli said. "The course was muddy, but I feel like it was a good race to end the season."

"We have a lot to feel good about with how we raced at state and for the season as a whole," said Astoria coach Andrew Fick. "(The Astoria boys) came in ranked 15th in the state and finished eighth. Being a top 10 team is a big deal, making it out of our league and representing at the state meet is a big deal, and it's always good to see Astoria near the top of the list in 4A."

It was the best finish for the Astoria boys since 2012, when the Fishermen also took eighth.

"We have some good momentum now with our top three runners returning next year as well," Fick

said. "That kind of racing experience is invaluable and they're already starting to look at what they can do in the future, which is really exciting for our program."

Knappa will have all of its runners returning in 2022, with Warrenton the majority of its team as well.

## SEVEN-DAY FORECAST FOR ASTORIA

TODAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
58 54	58 49	57 47	58 48	54 42	52 41	51 36
Cloudy with downpours	Rain at times	A couple of showers	Low clouds	Showers possible	Chance of a shower	Chance of a shower

## ALMANAC

Astoria through Monday

**Temperatures**

High/low ..... 55/40  
 Normal high/low ..... 55/41  
 Record high ..... 71 in 2016  
 Record low ..... 28 in 2020

**Precipitation**

Month to date ..... 0.20"  
 Normal month to date ..... 4.27"  
 Year to date ..... 2.59"  
 Normal year to date ..... 51.12"

Forecasts and graphics provided by AccuWeather, Inc. ©2021

## UNDER THE SKY

**Tonight's Sky:** After sunset, conjunction of the waxing crescent moon and Saturn.

Source: Jim Todd, OMSI

## SUN AND MOON

Sunrise today ..... 7:11 a.m.  
 Sunset tonight ..... 4:48 p.m.  
 Moonrise today ..... 2:06 p.m.  
 Moonset today ..... 11:52 p.m.

First Full Last New  
 Nov 11 Nov 19 Nov 27 Dec 3

## TODAY'S TIDES

Astoria / Port Docks	Time	High (ft.)	Time	Low (ft.)
7:04 a.m.	6.9	12:22 a.m.	0.2	
6:11 p.m.	7.1	12:39 p.m.	3.5	
<b>Cape Disappointment</b>				
6:49 a.m.	6.9	12:00 p.m.	4.0	
5:49 p.m.	7.1	none		
<b>Hammond</b>				
6:55 a.m.	7.1	12:16 p.m.	3.7	
6:02 p.m.	7.4	none		
<b>Warrenton</b>				
6:59 a.m.	7.3	12:06 a.m.	0.3	
6:06 p.m.	7.5	12:23 p.m.	3.6	
<b>Knappa</b>				
7:41 a.m.	7.2	1:23 a.m.	0.1	
6:48 p.m.	7.4	1:40 p.m.	3.0	
<b>Depoe Bay</b>				
6:08 a.m.	7.1	11:30 a.m.	4.1	
5:03 p.m.	7.3	none		

## NATIONAL CITIES

City	Today Hi/Lo/W	Fri. Hi/Lo/W
Atlanta	67/49/pc	64/43/s
Boston	54/47/pc	63/48/r
Chicago	55/38/r	42/31/pc
Dallas	69/46/s	66/41/s
Denver	57/28/pc	58/39/pc
Honolulu	84/72/pc	85/73/pc
Houston	75/51/t	76/48/s
Los Angeles	86/61/s	88/62/s
Miami	83/73/s	82/72/t
New York City	62/55/pc	64/48/r
Phoenix	85/59/s	87/58/s
San Francisco	67/55/s	68/54/pc
Wash., DC	68/60/pc	65/44/r

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, l-ice.

## REGIONAL FORECAST

Shown is today's weather. Temperatures are today's highs and tonight's lows.

City	Today Hi/Lo/W	Fri. Hi/Lo/W	City	Today Hi/Lo/W	Fri. Hi/Lo/W
Baker City	45/37/sh	48/40/c	North Bend	62/55/r	61/54/r
Brookings	60/55/c	62/54/c	Roseburg	64/54/r	66/55/r
Ilwaco	57/53/sh	57/50/r	Seaside	60/54/sh	59/51/r
Newberg	59/58/sh	60/57/r	Springfield	62/57/r	63/56/r
Newport	57/54/r	57/50/r	Vancouver	59/58/sh	61/54/r

Follow us on Facebook!  
 FACEBOOK.COM/DAILYASTORIAN

# Consult a PROFESSIONAL

LEO FINZI  
  
**Search anonymously**

Chrome - Click the 3 dots in the upper right hand corner. Click "New Incognito Window."  
 Edge - Click the 3 dots in the upper right hand corner. Click "New In Private Window"  
 Firefox - Click the 3 lines in the upper right-hand corner, Click "New Private Window"

This will delete your browsing info when you close all InPrivate windows and but save collections, favorites, and downloads (but not download history)

**Astoria's Best**  
 COUPON  
 Get a printer at NO CHARGE with the simultaneous purchase of a desktop and monitor. Limited Quantities. No Rain Checks.  
 Mon-Fri 10-6 Sat/Sun Closed  
 77 11th Street, Suite H  
 Astoria, OR  
 503-325-2300  
 AstoriasBest.com

**Q: What about muscle spasms?**

**A:** Charlie horses, facial tics and neck spasms are all related to the muscles' need for adequate minerals, and blood supply. A muscle which has a deficit of magnesium or oxygenated blood will be hindered from staying soft and pliable. These deficiencies are simple to correct. If you need help, call us today and set up an appointment!

**ASTORIA CHIROPRACTIC**  
 Alicia M. Smith, DC  
 Owner  
 503-325-3311  
 1490 Marine Drive, Suite 202  
 Astoria, Oregon

**Q: Does oral health affect overall health?**

**A:** Although you probably understand that poor dental care can lead to cavities, did you know that other, more serious health problems can also result from poor oral care? The truth is that if you don't take proper care of your teeth, you could face far more serious consequences than a simple toothache or some unsightly stains. You could face cardiovascular disease, dementia, respiratory infection, diabetic complications and more.

**JEFFREY M. LEINASSAR**  
 DMD, FAGD  
  
 503/325-0310  
 1414 MARINE DRIVE,  
 ASTORIA  
 www.smileastoria.com

**Q: What is the Consult a Professional section and how can it help my business?**

**A:** The Consult a Professional section in The Astorian is a great and affordable way to advertise your business and inform readers about the types of services you provide. All you need to do is come up with a question that a customer might ask about your line of expertise and then give a detailed answer to help educate them before they even walk through your door. We are offering great rates and package deals that help save you money!

**Heather Jensen**  
 Advertising Representative  
 the Astorian  
 971-704-1716  
 www.dailyastorian.com  
 949 Exchange St.  
 Astoria, OR  
 503-325-3211