

MONDAY EVENING		A - Charter Astoria/ Seaside - L - Charter Long Beach										SEPTEMBER 20	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel of Fortune	Dancing with the Stars "Season 30 Premiere" (SP) (N)	Time100 (N)	News (N)	(3:5) Kimmel (N)					
4	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel of Fortune	Jeopardy!	Dancing with the Stars "Season 30 Premiere" (SP) (N)	Time100 (N)	KOMO4News (N)	(3:5) Kimmel (N)					
5	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	The Voice Contestants battle for a recording contract. (N)	Ordinary Joe (P) (N)	KING 5 News (N)	(3:5) Tonight Show				
6	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Nbhood (SP) (N) Bob Hearts (SP) (N) NCIS "Blood in the Water" (SP) (N)	NCIS: Hawai'i "Pilot" (P) (N)	KOIN 6 News (N)	(3:5) Colbert				
7	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Nbhood (SP) (N) Bob Hearts (SP) (N) NCIS "Blood in the Water" (SP) (N)	NCIS: Hawai'i "Pilot" (P) (N)	KIRO 7 Tonight (N)	(3:5) Colbert				
8	KGW	(8) KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	The Voice Contestants battle for a recording contract. (N)	Ordinary Joe (P) (N)	KGW News (N)	(3:5) Tonight Show				
9	KRCW	(9) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Roswell New Mex. "Tones of Home" (N) Penn&Teller "Lord of the Ring"	KOIN 6 News at 10:00 p.m. (N)	Seinfeld	Seinfeld Pt. 1 of 2				
10	KOPB	(10) This Old House	Outside Source (N)	PBS NewsHour (N)		Muhammad Ali "Round Two: What's My Name? (1964-1970)" (N)	Muhammad Ali "Round Two: What's My Name? (1964-1970)" (N)						
12	KPTV	(12) 6 O'Clock News (N)	People	Family Feud	The Big Leap (P) (N)	10 O'Clock News (N)	News (N)	People					
13	KPDV	(13) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy		
13	KCPQ	(13) You Bet Your Life	You Bet Your Life	Big Bang Theory	Big Bang Theory	9-1-1 (SP) (N)	The Big Leap (P) (N)	News (N)	The Simpsons				
20	TBS	(20) American Dad!	American Dad!	American Dad!	American Dad!	American Dad!	American Dad!	American Dad!	American Dad!	The Cube "Go Hard or Go Home"			
20	KZJO	(22) Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Big Bang Theory	Two and a Half	Two and a Half			
29	ESPN	(29) (5:15) NCAA Football (L)				(1:15) Monday-Post SportsCenter With Scott Van Pelt (N)	NFL Rewind						
30	ESPN2	(30) 30 for 30 "Once Upon a Time in Queens"	30/30 "Once Upon a Time in Queens"	30 for 30 "Once Upon a Time in Queens"	30 for 30 "Once Upon a Time in Queens"	UFC Archival (N)	SportsCenter (N)						
31	NICK	(31) The Loud House	The Loud House	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends		
32	DISN	(32) (4:55) Zombies 2	Almost Never	(0:5) BigCityGreen	Big City Greens	Sydney to the Max	Almost Never	(0:5) BigCityGreen	Big City Greens	Miraculous	Miraculous		
34	FAM	(34) (5:00) ★★ The Parent Trap '98	Dennis Quaid, Natasha Richardson, Lindsay Lohan.	★★★ Beauty and the Beast (2017, Family)	Dan Stevens, Luke Evans, Emma Watson.								
35	FMC	(35) (4:45) Ma "19, Hor	(4:40) ★★ Ma (2019, Horror)	Diana Silvers, Juliette Lewis, Octavia Spencer.	(3:5) ★★ The Dark Tower "17, Act)	Matthew McConaughey, Tom Taylor, Idris Elba.	★★★ Rough Night "17, Com)	Zoe Kravitz, Scarlett Johansson.					
36	LIFE	(36) Rizzoli & Isles "Stuffed"	Rizzoli "Yesterday, Today, Tomorrow"	Rizzoli "Ocean Frank"	Rizzoli "See One, Do One, Teach One"								
38	ROOT	(38) MarinersPre-game	MLB Baseball Seattle Mariners at Oakland Athletics Site: RingCentral Coliseum - Oakland, Calif. (L)	Post-game									
39	F51	(39) NHRA Drag Racing	Carolina Nationals	★★★ Rudy (1993, Drama)	Red Beatty, Charles S. Dutton, Sean Astin.								
43	SPIKE	(43) Two and a Half	Two and a Half	★★★ Batman Begins (2005, Action)	Michael Caine, Liam Neeson, Christian Bale.	★★★ The Dark Knight (2008, Action)	Heath Ledger, Aaron Eckhart, Christian Bale.						
44	COM	(44) (5:5) The Office	The Office	The Office	The Office	The Daily Show (N) (4:45) The Office	(1:15) South Park	(4:45) South Park	(1:15) Daily Show "September 20, 2021"	South Park	South Park		
45	HIST	(45) Amer. Pickers "Hollywood Honey Hole"	American Pickers "Fiddles and Picks"	American Pickers "Big Tex"	American Pickers "Hollywood in Texas"								
46	A&E	(46) Hoarders	Hoarders	Hoarders: Coming Clean									
47	TLC	(47) Darcey & Stacey "Reckless Exes"	Darcey & Stacey "Blow Up in Bodrum"	Darcey & Stacey	The Single Life "The Blame Game" (N)								
48	DISC	(48) MemphisFullThrottle	MemphisFullThrottle	Street Outlaws: Memphis									
49	NGEO	(49) Lost "Legend of the Pyramid Kings"	Lost Treasures "Ramses Rise to Power"	LostTreasure "Rise of the Mummies" (N)	Lost "Secrets of Egypt's Queens" (N)								
50	TNT	(50) (4:15) Man of Steel "13) Henry Cavill.	★★★ Wonder Woman (2017, Action)	Chris Pine, David Thewlis, Gal Gadot.									
51	AMC	(51) (5:30) ★★ Tommy Boy '95, Com)	David Spade, Chris Farley.	(4:45) ★★ Police Academy (1984, Comedy)	Michael Winslow, Bubba Smith, Steve Guttenberg.								
52	USA	(52) Chicago P.D. "Different Mistakes"	Chicago P.D. "A Material Witness"	WWE Raw (N)									
53	FOOD	(53) Halloween "Witch Gets a New Ride"	Halloween "Halloween Time Travel"	Halloween Baking Championship "Back from the Dead" (N)									
54	HGTV	(54) I Wrecked "Help! My Reno Has No Plan"	Help! I Wrecked "In Over Our Heads"	I Wrecked "Help Us Love Our House" (N)	Home Town "A House with History"								
55	FX	(55) (5:30) ★★ Bumblebee (2018, Action)	John Cena, Justin Theroux, Hailee Steinfeld.	★★ X-Men: Dark Phoenix (2019, Action)	Michael Fassbender, Jennifer Lawrence, James McAvoy.	★★★ X-Men: Days of Future Past "14) Hugh Jackman.							
57	CNN	(57) Cuomo Prime Time (N)	Don Lemon Tonight (N)	Anderson Cooper 360	Cuomo Prime Time	Don Lemon Tonight							
58	FNC	(58) Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Hannity							
60	MSNB	(60) The Rachel Maddow Show (N)	The Last Word (N)	The 11th Hour With Brian Williams (N)	The Rachel Maddow Show	The Last Word							
61	CNBC	(61) Shark Tank	Shark Tank	The News With Shepard Smith									
63	BRAV	(63) Below Deck "Burning Down the House"	Below "Should I Stay or Should I Go"	Below "Don't Go Chasing Waterfalls"	Below Deck: Mediterranean (N)	Watch What	Below Deck: Mediterranean	Real Housewives					
64	TCM	(64) Movie	(4:45) Sombra Verde (1954, Drama)	Levame en tus Brazos									
65	SYFY	(65) (4:30) ★★ Armageddon '98, Adventure)	Liv Tyler, Bruce Willis	★★★ The Da Vinci Code (2006, Drama)	Audrey Tautou, Jean Reno, Tom Hanks.	★★★ Blade (1998, Action)	Stephen Dorff, Wesley Snipes.						
162	RFD	(162) American Rancher	Red Steagall	To Be Announced	Horse of the West	The Experience	Rural Eve. News	Husker Harvest Days Preview	American Rancher	Red Steagall	Paid Program		

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2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel of Fortune	Bachelor in Paradise (N)	Surfer "The Ultimate Surfers" (SF) (N)	News (N)	(3:5) Jimmy Kimmel					
4	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Jeopardy!	Wheel of Fortune	Bachelor in Paradise (N)	Surfer "The Ultimate Surfers" (SF) (N)	KOMO4News (N)	(3:5) Jimmy Kimmel					
5	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	The Voice Contestants battle for a recording contract. (N)	New Amsterdam (N)	KING 5 News (N)	(3:5) Tonight Show				
6	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	FBI "All That Glitters" (SP) (N)	FBI: Most Wanted "Exposed" (SP) (N)	FBI: International "Pilot" (P) (N)	KOIN 6 News (N)	(3:5) Colbert			
7	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	FBI "All That Glitters" (SP) (N)	FBI: Most Wanted "Exposed" (SP) (N)	FBI: International "Pilot" (P) (N)	KIRO 7 Tonight (N)	(3:5) Colbert			
8	KGW	(8) KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	The Voice Contestants battle for a recording contract. (N)	Supergirl "Blind Spots" (N)	KOIN 6 News at 10:00 p.m. (N)	KGW News (N)	(3:5) Tonight Show			
9	KRCW	(9) Modern Family	Modern Family	The Goldbergs	The Goldbergs	DC's Stargirl (N)	Supergirl "Blind Spots" (N)	KOIN 6 News at 10:00 p.m. (N)	KGW News (N)	(3:5) Tonight Show			
10	KOPB	(10) Ask-Old House	Outside Source (N)	PBS NewsHour (N)		Muhammad Ali "Round Three: The Rivalry (1970-1974)" (N)	Muhammad Ali "Round Three: The Rivalry (1970-1974)" (N)						
12	KPTV	(12) 6 O'Clock News (N)	People	Family Feud	The Resident (SP) (N)	10 O'Clock News (N)	News (N)	People					
13	KPDV	(13) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory	The Simpsons	Family Guy	Family Guy		
13	KCPQ	(13) You Bet Your Life	You Bet Your Life	Big Bang Theory	Big Bang Theory	The Resident (SP) (N)	Our Kind of People (P) (N)	Q13 NEWS AT 10 (N)	News (N)	The Simpsons	The Simpsons		
20	TBS	(20) American Dad!	American Dad!	American Dad!	American Dad!	Big Bang Theory	Big Bang Theory	Our Big Bang Theory	Tacoma FD	Seinfeld	Seinfeld		
20	KZJO	(22) Modern Family	Modern Family	You Bet Your Life	You Bet Your Life	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Big Bang Theory	Big Bang Theory	Two and a Half	Two and a Half 1/2		
29	ESPN	(29) (5:00) MLB Baseball (L)				SportsCenter With Scott Van Pelt (N)	SportsCenter (N)						
30	ESPN2	(30) NBA: The Jump (N)				30 for 30 "The '85 Bears" Super Bowl XX champion Chicago Bears are looked at.	UFC "266: Volkanovski vs. Ortega"	Around Horn (N)	Interruption (N)	30 for 30 "Once Upon a Time in Queens"			
31	NICK	(31) The Loud House	The Loud House	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends		
32	DISN	(32) Sydney to the Max	Almost Never	(0:5) BigCityGreen	Big City Greens	Sydney to the Max	Almost Never	(0:5) BigCityGreen	Big City Greens	Miraculous	Miraculous		
34	FAM	(34) (5:00) Up '09) Voices of Edward Asner.	★★★ Despicable Me "10, Ani) Voices of Jason Segel, Russell Brand, Steve Carell.	★★★ Despicable Me 2 (2013, Animated)	Kristen Wiig, Benjamin Bratt, Steve Carell.								
35	FMC	(35) (5:45) ★★ Daddy's Home 2 "17) Will Ferrell.	Mark Wahlberg.	(4:40) ★★ Why Him? (2016, Comedy)	Bryan Cranston, Zoey Deutch, James Franco.								
36	LIFE	(36) Rizzoli & Isles "Money for Nothing"	Rizzoli & Isles "I Kissed a Girl"	Rizzoli & Isles "Born to Run"	Rizzoli & Isles "I'm Your Boogie Man"								
38	ROOT	(38) MarinersPre-game	MLB Baseball Seattle Mariners at Oakland Athletics Site: RingCentral Coliseum - Oakland, Calif. (L)	Post-game									
39	F51	(39) (4:30) FIFA Soccer International Friendly	MLB Baseball San Francisco Giants at San Diego Padres Site: Petco Park - San Diego, Calif. (L)	★★★ The Departed (2006, Thriller)	Matt Damon, Jack Nicholson, Leonardo DiCaprio.								
43	SPIKE	(43) (0:5) Two 1/2 Men	Two and a Half	★★★ The Departed (2006, Thriller)	Matt Damon, Jack Nicholson, Leonardo DiCaprio.								
44	COM	(44) (5:5) Tosh.0	Tosh.0	Tosh.0	Tosh.0	The Daily Show (N) (4:45) South Park	(1:15) South Park	(4:45) South Park	(1:15) Daily Show "September 21, 2021"	South Park	South Park		
45	HIST	(45) History's Greatest Mysteries "Hunting Hitler's U-Boats"				History's Greatest Mysteries "The Death of Bruce Lee" (N)	(0:5) Underworld "Murder Tunnels" (N)	(0:5) City Underworld "Murder Tunnels"					
46	A&E	(46) (5:00) To Be Announced				Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars		
47	TLC	(47) Plathville "I'm Gonna Lose My Mind"	Welcome to Plathville	Big Fat Fabulous Li. "Retreat Yourself!"	My Big "Crazy Birthdays to You" (N)	Welcome to Plathville							
48	DISC	(48) Deadliest Catch "Over the Rail"	Deadliest Catch "Over the Rail"	Deadliest Catch "The Ultimate Price"	A beloved crewman makes the ultimate sacrifice. (SF) (N)								
49	NGEO	(49) Life Below Zero "Breaking Trail"	Life Below Zero "Cold Harvest"	Life Below Zero "Cold Rage"	Storms threaten the lives of those in the Arctic. (N)	Life Below Zero "Runs in the Blood" (N)	Life Below Zero "Cold Rage"						
50	TNT	(50) (5:30) ★★ Wonder Woman (2017, Action)	Chris Pine, David Thewlis, Gal Gadot.	★★★ The Accountant (2016, Crime)	Anna Kendrick, J.K. Simmons, Ben Affleck.								
51	AMC	(51) (5:45) ★★ Police Academy '84)	Michael Winslow, Steve Guttenberg.	★★★ Lethal Weapon (1987, Action)	Danny Glover, Gary Busey, Mel Gibson.								
52	USA	(52) Law & Order: S.V.U. "Friending Emily"	Law & Order: S.V.U. "Vanity's Bonfire"	WWE NXT (N)									
53	FOOD	(53) Chopped "Beat Bobby Flay, Finale"	Chopped "Beat Bobby Flay, Finale"	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay		
54	HGTV	(54) Bones "Scary to Chic in Old Southside"	Bones "Eclectic Artistry in Garfield Park"	Good Bones (N)	Bones "California Dreaming in Indy" (N)	House Hunters (N)	House Hunters (N)	House Hunters	House Hunters	House Hunters	House Hunters		
55	FX	(55) (4:30) X-Men: Dark Phoenix	★★★ Spider-Man: Far From Home (2019, Action)	Samuel L. Jackson, Jake Gyllenhaal, Tom Holland.									
57	CNN	(57) Cuomo Prime Time (N)	Don Lemon Tonight (N)	Anderson Cooper 360	Cuomo Prime Time	Don Lemon Tonight							
58	FNC	(58) Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Hannity							
60	MSNB	(60) The Rachel Maddow Show (N)	The Last Word (N)	The 11th Hour With Brian Williams (N)	The Rachel Maddow Show	The Last Word							
61	CNBC	(61) Shark Tank	The Profit "Raise the Proof" (N)	The News With Shepard Smith									
63	BRAV	(63) Vanderpump Rules	VanderpumpR "Brittany and the Beast"	VanderpumpR "Rules of Engagement"	Vanderpump Rules/Watch What								
64	TCM	(64) (5:00) ★★ Patton (1970, War)	Karl Malden, Stephen Young, George C. Scott.	★★★ The Hospital "71, Comedy)	Diana Rigg, Stockard Channing, George C. Scott.	★★★ Beetlejuice (1988, Horror)	Geena Davis, Alec Baldwin, Michael Keaton.	★★★ Child's Play (1988, Horror)	Alex Vincent, Chris Sarandon, Catherine Hicks.				
65	SYFY	(65) (5:30) ★★ Blade (1998, Action)	Stephen Dorff, Kris Kristofferson, Wesley Snipes.										
162	RFD	(162) (5:30) Cattlemen	SharkFarmer TV	Chris Cox	Ken McNabb	Best of America	Rural Eve. News	Ag PhD	Cattlemen to Cattlemen	SharkFarmer TV	Paid Program		

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A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel of Fortune	Press Your								