



# weekend

ARTS & ENTERTAINMENT WEEKLY

THURSDAY  
AUG. 26  
2021

TEACHER  
WRITES  
COAST  
THEMED  
BOOK

PAGE 6

ARTIST  
INSPIRED  
BY SPACE

PAGE 8

PICKLED  
OKRA  
RECIPE

PAGE 12

## SUPERFOOD OF THE SEA

A NEW FLAVOR FROM  
THE NORTH COAST

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