

MONDAY EVENING														A - Charter Astoria/ Seaside - L - Charter Long Beach														AUGUST 23	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30																
2	KATU	(2) KATU News at 6:00 p.m. (N)		Jeopardy!	Wheel of Fortune	Bachelor in Paradise (N)				Surfer "Welcome to the Surf Ranch" (N)		News (N)	(35) Jimmy Kimmel																
3	KOMO	(4) KOMO 4 News at 6:00 p.m.		Wheel of Fortune	Jeopardy!	Bachelor in Paradise (N)				Surfer "Welcome to the Surf Ranch" (N)		KOMO4News (N)	(35) Jimmy Kimmel																
5	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	American Ninja Warrior	Contestants try to become the next Ninja Warrior.			The Wall		KING 5 News (N)	(35) Tonight Show																
6	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	The Neighborhood	Bob Hearts	Young Sheldon	U.S. of AI	NCIS: Los Angeles	"Raising the Dead"	KOIN 6 News (N)	(35) Colbert																
7	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	The Neighborhood	Bob Hearts	Young Sheldon	U.S. of AI	NCIS: Los Angeles	"Raising the Dead"	KIRO 7 Tonight (N)	(35) Colbert																
8	KGW	(8) KGW News (N)	KGW News (N)	The Good Stuff	Inside Edition (N)	American Ninja Warrior	Contestants try to become the next Ninja Warrior.			The Wall		KGW News (N)	(35) Tonight Show																
9	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Roswell, New Mexico (N)		RepublicSara "Pledge of Allegiance" (N)		KOIN 6 News at 10:00 p.m. (N)		Seinfeld	Seinfeld																
10	KOPB	(10) This Old House	Outside Source	PBS NewsHour (N)		Antiques Roadshow		Ore. Experience	Ore. Experience	Antiques Roadshow		POV "America"																	
11	KPTV	(12) 6 O'Clock News (N)		People	Family Feud	Hell's Kitchen "Swiping Right" (N)		Housebroken (N)	Duncanville (N)	10 O'Clock News (N)		News (N)	People																
13	KPDx	(12) Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		Big Bang Theory	The Simpsons	Family Guy	Family Guy																
15	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Hell's Kitchen "Swiping Right" (N)		Housebroken (N)	Duncanville (N)	Q13 NEWS AT 10 (N)		News (N)	The Simpsons																
20	TBS	(20) Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	American Dad! (N)	Rick and Morty	Tuca & Bertie	Wipeout																
22	KZJO	(22) Friends	Friends	Mom	Mom	Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)		Big Bang Theory	Big Bang Theory	Two and a Half	Two and a Half																
29	ESPN	(29) (5:00) NFL Football	Pre-season Jacksonville	Jaguars at New Orleans Saints (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)																	
30	ESPN2	(30) NBA: The Jump		30 for 30 "Be Water" An intimate look at Bruce Lee's life and journey.		UFC Archival		UFC Archival		UFC Archival		NBA: The Jump																	
31	NICK	(31) The Loud House	The Loud House	The Loud House	The Loud House	The Loud House	The Loud House	Friends	Friends	Friends	Friends	Friends	Friends																
32	DISN	(32) Raven's Home	Raven's Home	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Magic Bake-Off "Disney Theme Parks"		Big City Greens	Big City Greens	Miraculous 1/2	Miraculous 2/2																
34	FAM	(34) (4:40) Mr. Deeds	(4:45) ★★ Grown Ups 2	(2013, Comedy) Kevin James, Chris Rock, Adam Sandler.		(4:55) ★★ The Boss	(2016, Comedy) Kristen Bell, Peter Dinklage, Melissa McCarthy.			(4:55) ★★ The Boss	(2016, Comedy) Kristen Bell, Peter Dinklage, Melissa McCarthy.	The 700 Club																	
35	FMC	(35) (4:35) The Predator	★★ The Predator	(2018, Action) Olivia Munn, Yvonne Strahovski, Boyd Holbrook.		(4:25) ★★ Brightburn	(19) Jackson A. Dunn, Elizabeth Banks.			(4:15) ★★ Brightburn	(19, Sci-Fi) Jackson A. Dunn, David Denman, Elizabeth Banks.																		
36	LIFE	(36) Rizzoli & Isles	"Class Action Satisfaction"	(2018, Action) Olivia Munn, Yvonne Strahovski, Boyd Holbrook.		(4:25) ★★ Brightburn	(19) Jackson A. Dunn, Elizabeth Banks.			(4:15) ★★ Brightburn	(19, Sci-Fi) Jackson A. Dunn, David Denman, Elizabeth Banks.																		
38	ROOT	(38) MarinersPre-game	MLB Baseball Seattle Mariners vs. Oakland Athletics Site: Oakland Alameda Coliseum -- Oakland, Calif. (L)			Post-game				MarinersPre-game	MLB Baseball Seattle Mariners vs. Oakland Athletics																		
39	F51	(39) (5:00) NHRA Drag Racing	Lucas Oil Nationals			Skip and Shannon: Undisputed				TMZ Sports (N)		MLS Soccer Seattle Sounders FC at Columbus Crew																	
43	SPIKE	(43) Two and a Half	Two and a Half	To Be Announced		To Be Announced				To Be Announced		To Be Announced																	
44	COM	(44) (5:55) The Office	The Office	The Office	The Office	The Daily Show	(4:45) The Office	(4:15) South Park	(4:45) South Park	(4:15) The Daily Show With Trevor Noah		South Park	South Park																
45	HIST	(45) American Pickers	"Desert Gold Rush"	Amer. Pickers "Pumps, Prints and Picks"		American Pickers "Radioactive Rust"		(4:05) Amer. Pickers	"Homestead Honey Hole" (N)	(4:05) Amer. Pickers	"Midwest Mayhem"	(4:05) Pickers	"Big Tennessee Welcome"																
46	A&E	(46) Hoarders	"Kathy and Elmira"	Hoarders "Mike/ Bonnie"		Hoarders Clean "Althia's home is overflowing with building materials." (N)		(4:05) Hoarders	"Dawn/ Linda"	(4:05) Hoarders	"Jim/ Susan"	(4:05) Hoarders	"Jim/ Susan"																
47	TLC	(47) Darcey "Pillow Talk: Lies and Ex-Wives"		Darcey & Stacey "Tears and Tantrums"		Darcey "An Unwelcoming Return" (N)		(4:20) 90 Day	The Single Life (N)	(4:20) 90 Day	The Single Life (N)	(4:20) 90 Day	The Single Life (N)																
48	DISC	(48) Street Outlaws: Memphis		MemphisThrottle "Boogie Nights" (N)		Street Outlaws: Memphis		(4:05) Garage	"Shuckin' Dragster" (N)	(4:05) Garage	"Shuckin' Dragster" (N)	Getaway Driver																	
49	NGEO	(49) DrainOcean	"The Mississippi River"	DrainOcean "Hurricane Apocalypse"		DrainOcean "The Great Barrier Reef" (N)		Lost Tombs of the Pyramids (N)		DrainOcean "The Great Barrier Reef" (N)		DrainOcean	"The Great Barrier Reef" (N)																
50	TNT	(50) (4:00) ★★ Gladiator	(00) Joaquin Phoenix, Russell Crowe.	★★ The Meg	(2018, Action) Ruby Rose, Bingbing Li, Jason Statham.			Titans "The Asylum" (N)		Titans "The Asylum" (N)		The Island	(05, Action) Ewan McGregor.																
51	AMC	(51) (5:00) ★★ The Hobbit: The Desolation of Smaug	(13) Richard Armitage, Ian McKellen, Martin Freeman.	(4:45) ★★ The Hobbit: The Battle of the Five Armies	(2014, Adventure) Richard Armitage, Benedict Cumberbatch, Martin Freeman.			Chrisley		Chrisley		Chrisley	Chrisley Knows																
52	USA	(52) Chicago P.D.	"Promise"	Chicago P.D. "Snitch"		WWE Raw (N)		Chopped	"Epic Eats"			Chopped	"Epic Eats"																
53	FOOD	(53) Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Ben & Jerry's "Ice Cream Yum Yum" (N)		Best Thing Ate (N)	Best Thing Ate (N)			Chopped	"Epic Eats"																
54	HGTV	(54) Home Town "A Musician's Retreat"		Home Town "A Southern Dream"		Flip or Flop (N)		House Hunters (N)	House Hunters			House Hunters	House Hunters																
56	FX	(56) ★★ Despicable Me 3	(2017, Animated)	Kristen Wiig, Trey Parker, Steve Carell.		★★★ The Secret Life of Pets 2	(19, Ani) Kevin Hart, Harrison Ford, Patton Oswalt.			★★★ The Secret Life of Pets 2	(19, Ani) Kevin Hart, Harrison Ford, Patton Oswalt.																		
57	CNN	(57) Cuomo Prime Time (N)		Don Lemon Tonight (N)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight																			
58	FNC	(58) Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Hannity		Don Lemon Tonight																			
60	MSNB	(60) The Rachel Maddow Show (N)		The Last Word (N)		The 11th Hour With Brian Williams (N)		The Rachel Maddow Show		The 11th Hour With Brian Williams (N)																			
61	CNBC	(61) Shark Tank		Super Heists "A Van Full of Dollars" (N)		Amer. Greed "Wine, Women and Fraud"		The News With Shepard Smith		Dateline NBC "Before Midnight"																			
63	BRAV	(63) Below Deck "The Morning After"		Below Deck "Can't Fight This Feeling"		Below Deck: Mediterranean (N)		Below Deck: Mediterranean (N)		Below Deck: Mediterranean (N)		Below Deck: Mediterranean	Botched																
64	TCM	(64) Movie	(4:45) ★★ ★★ Mildred Pierce	(1945, Drama) Ann Blyth, Jack Carson, Joan Crawford.	(4:45) ★★ ★★ Anatomy of a Murder	(1959, Drama) Ben Gazzara, Lee Remick, James Stewart.							Movie																
65	SYFY	(65) Movie	★★ 1, Robot	(2004, Sci-Fi) Bridget Moynahan, Alan Tudyk, Will Smith.		★★★ The Fifth Element	(1997, Sci-Fi) Milla Jovovich, Gary Oldman, Bruce Willis.						Movie																
162	RFD	(162) Rancher (N)		NHSRA Rodeo	Horse of the West	Better Horses TV	Rural Eve. News	Rural America "Scott Stump - FFA CEO"	American Rancher	Red Steagall		Paid Program																	