

SPORTS

Seven Gulls on all-league softball team



Jeff TerHar

Seaside softball coaches Jessica Garrigues and Joel Dierickx with the Gulls' three seniors from the 2021 season, from left, Emma Taylor, Kandice Flaigg and Gracie Rhodes. All three were Cowapa all-league, as were seven of Seaside's nine starters.

The Astorian

The Banks Braves swept the post-season awards for Cowapa League softball in 2021. In addition to having every starter on the all-league squad, the Braves had the Player of the Year (sophomore Olivia Wyatt), the Pitcher of the Year (senior Brooke Vandehey) and the Designated Player of the Year (senior Jessica Stewart), while Rosi Contri, of Banks, and Joy Richardson, of Tillamook, shared the Coaches of the Year honor.

The five-team Cowapa League had all five starting shortstops on the first team. The No. 1 pitcher for

each team was also selected all-league, with four on the first team.

It was also a great year to be a Gull, as Seaside had a pitcher, catcher, all four infielders and one outfielder earn all-league honors. Six Astoria players were named all-league.

In the 3A Coastal Range League, state champion Clatskanie dominated the selections, with 11 players earning all-league honors. The Tigers defeated Rainier in the unofficial 3A state championship game this spring. Warrenton's lone selection was junior Avyree Miethe, to the first team. The Warriors also earned the league's sportsmanship award.

COWAPA ALL-LEAGUE

Player of the Year: Olivia Wyatt, Banks
Pitcher of the Year: Brooke Vandehey, Banks
Designated Player of the Year: Jessica Stewart, Banks
Coaches of the Year: Rosi Contri, Banks; Joy Richardson, Tillamook
First Team
P: Brooke Vandehey, Sr., Banks
P: Emma Biederman, Sr., Astoria
P: Torrin Richardson, Jr., Tillamook
P: Gracie Rhodes, Sr., Seaside
C: Olivia Wyatt, So., Banks
C: Malia Groshong, Fr., Valley Catholic
C: Mollie Matthews, Jr., Astoria
1B: Tenley Matteucci, Jr., Astoria
1B: Maddy Vandehey, Sr., Banks
2B: Tara Lair, Jr., Seaside
3B: Kassandra Douglas, Jr., Banks
3B: Erin Owsley, Jr., Seaside
SS: Chloe Bauer, So., Valley Catholic
SS: Kandice Flaigg, Sr., Seaside
SS: Halle Helmersen, Sr., Astoria
SS: Nessa Hurliman, Sr., Tillamook
SS: Hayden Rockwell, Jr., Banks
LF: Ila Bowles, Jr., Seaside
CF: Hailey Frame, Sr., Banks
RF: Sydney Maller, Jr., Banks
DP: Jessica Stewart, Sr., Banks
Honorable Mention
P: Jules Hayes, Fr., Valley Catholic
C: Kylie Burden, Fr., Tillamook
C: Abby Nofield, So., Seaside
1B: Gabriella Garcia, So., Tillamook
1B: Emma Taylor, Sr., Seaside
2B: Alex Saunders, So.,

Banks
3B: Mary Lou Lux, Jr., Valley Catholic
3B: Shelby Rasmussen, Sr., Astoria
OF: Madison Both, Sr., Astoria
LF: Hanna Saunders, Sr., Banks
Coastal Range all-league League champion: Clatskanie
State champion: Clatskanie
Player of the Year: Olivia Sprague, Clatskanie
Pitcher of the Year: Kyla Cook, Rainier
Coach of the Year: Kevin Sprague, Clatskanie
Sportsmanship: Warrenton
First Team
Olivia Sprague, Sr., Clatskanie
Shelby Blodgett, Sr., Clatskanie
Kyla Cook, Sr., Rainier
Alexis Crape, Sr., Rainier
Laney DeLoe, Fr., Willamina
Addie Gates, Jr., Taft
Nat Gates, So., Taft
Lacey Makinson, Fr., Rainier
Avyree Miethe, Jr., Warrenton
Reese Schimmel, Sr., Rainier
Alexis Smith, Sr., Clatskanie
Kylie Thomas, So., Clatskanie
Second Team
Kalani Ausmus, Sr., Clatskanie
Kendall Crape, So., Rainier
Madison Diehl, Jr., Willamina
Delaney Fortelany, Fr., Rainier
Kami Harrison, Sr., Clatskanie
Jamie Knox, Jr., Rainier
Megan McClure, So., Clatskanie
Amayssa Mooney, Sr., Willamina
Amelia Mooney, Sr., Willamina
Kaity Sizemore, Sr., Clatskanie
Claire Tolan, Sr., Taft
Hailey Weaver, So., Taft
Honorable Mention
Olivia Coulter, Jr., Taft
Katrina Graham, Sr., Willamina
Cloe McLeod, Jr., Clatskanie
Paige Taylor, Fr., Clatskanie

TOKYO OLYMPICS



Matthias Schrader/AP Photo

Ryan Crouser celebrates after winning the final of the men's shot put at the Olympics on Thursday in Tokyo.

Crouser's gold a tribute to his grandpa

By ARON YOHANNES
The Oregonian

The Olympics began, right after winning.

Ryan Crouser has been setting records all summer.

In the men's shot put final on Thursday, the Oregon-born athlete won his second gold medal with a huge 23.30-meter throw on his final attempt.

Crouser broke his own Olympic record of 22.52 meters he set at the Rio Games in 2016 in each of his six attempts in the Tokyo final before recording the second-best throw of all-time, shy of his world record.

After Crouser dominated Thursday, he had a special message for the man that helped him get to where he is today.

Crouser held up a special piece of paper after the win for his late grandfather, Larry Crouser. The 28-year-old had the message, "Grandpa, WE DID IT, 2020 Olympic Champion!" written in Sharpie.

Crouser opened up about his grandfather, who passed away right before

"I held up a sign at the end and that was for my grandpa," Crouser said. "He passed away just over a week ago. ... He's been my biggest fan."

Crouser talked about the significance of the letter and why he wrote down that message. His grandfather lost his hearing and letters were how the two would communicate. So he wrote a message to him for the world to see.

"He had a lot of health issues towards the end, but the one thing (is) you'd never (see) him in a bad mood," he explained. "He was always happy, and he was always so supportive."

When asked what he thought his grandfather would write back, Crouser added: "He would tell me to stop and smell the roses for sure. That's what he would always tell me," Crouser said. "I know he would be proud if he was here and I felt like he was here watching me. It was definitely a special day."

OBITUARIES

Frances Marie (Babs) Sandy Seaside

June 9, 1932 — July 26, 2021

Frances Marie (Babs) Sandy, 89, of Seaside, passed away July 26, 2021, in Eugene.

Babs was born June 9, 1932, in Astoria, to Leonard B. Bjornstrom and Lena A. (Marincovich) Bjornstrom.

Babs lived her entire life in Clatsop County, mostly in Seaside. She was married to Jack V. Sandy on Sunday, Dec. 31, 1954.

Jack preceded Babs in death in 1995. Babs was also preceded in death by her son, Kim S. Sandy, in 1993.

Babs is survived by her daughter, Jackie Baillargeon, of Fall Creek; two granddaughters, Lacey Macdonald, of Springfield, and Megan Skipper, of Fall Creek; and two great-grandchildren, David and Addison Macdonald, of Springfield.

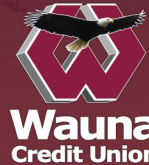
Babs will be remembered as a mother, grandmother and great-grandmother. Babs was known as a hard worker, and enjoyed taking care of her home and yard and sharing them with family, especially her great-grandchildren.

Babs will be interred at Ocean View Cemetery in Warrenton. There will be no public service.



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SEVEN-DAY FORECAST FOR ASTORIA

TODAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
65 55	67 54	69 54	74 57	77 56	73 58	74 58
An afternoon shower	Rather cloudy	Some sun	Mostly sunny; pleasant	Mostly cloudy	Partly sunny	Clouds and sun

ALMANAC

Astoria through Thursday
Temperatures
 High/low 68/56
 Normal high/low 68/55
 Record high 87 in 1932
 Record low 45 in 1982
Precipitation
 Thursday Trace
 Month to date 0.02"
 Normal month to date 0.11"
 Year to date 37.51"
 Normal year to date 38.11"

UNDER THE SKY

Tonight's Sky: The constellation of Orion is visible just before sunrise in the east.

SUN AND MOON

Source: Jim Todd, OMSI
 Sunrise today 6:05 a.m.
 Sunset tonight 8:37 p.m.
 Moonrise today 4:45 a.m.
 Moonset today 8:44 p.m.

New	First	Full	Last
Aug 8	Aug 15	Aug 22	Aug 29

TODAY'S TIDES

Astoria / Port Docks	Time	High (ft.)	Time	Low (ft.)
12:32 a.m.	7.8	7:50 a.m.	-0.9	
2:13 p.m.	6.6	7:38 p.m.	2.6	
Cape Disappointment				
12:11 a.m.	7.9	7:00 a.m.	-0.8	
1:52 p.m.	6.3	6:45 p.m.	2.9	
Hammond				
12:22 a.m.	8.1	7:18 a.m.	-1.1	
2:03 p.m.	6.6	7:08 p.m.	2.7	
Warrenton				
12:27 a.m.	8.2	7:34 a.m.	-0.8	
2:08 p.m.	7.0	7:22 p.m.	2.7	
Knappa				
1:09 a.m.	8.1	8:51 a.m.	-0.8	
2:50 p.m.	6.9	8:39 p.m.	2.3	
Depoe Bay				
1:08 p.m.	6.6	6:29 a.m.	-0.9	
6:13 p.m.	3.1			

NATIONAL CITIES

City	Today	Sun.
Astoria	88/71/t	90/72/pc
Boston	88/72/pc	82/67/t
Chicago	85/73/t	90/72/t
Dallas	95/78/s	96/78/s
Denver	89/62/s	97/65/pc
Honolulu	87/75/pc	87/75/pc
Houston	94/79/t	95/78/pc
Los Angeles	83/63/s	81/63/s
Miami	90/80/t	90/79/t
New York City	86/72/pc	84/71/t
Phoenix	108/87/pc	106/86/pc
San Francisco	72/59/s	69/57/pc
Wash., DC	82/69/t	87/72/pc

REGIONAL FORECAST

Shown is today's weather. Temperatures are today's highs and tonight's lows.

City	Today	Sun.	City	Today	Sun.
Baker City	88/54/s	75/41/s	North Bend	67/54/pc	66/52/pc
Brookings	66/54/pc	71/55/pc	Roseburg	88/61/s	83/55/pc
Ilwaco	63/55/c	64/56/c	Seaside	64/54/c	67/55/pc
Newberg	78/52/pc	77/51/pc	Springfield	85/54/s	79/51/pc
Newport	62/49/pc	61/48/pc	Vancouver	75/56/pc	75/56/pc