

THURSDAY EVENING													A - Charter Astoria/ Seaside - L - Charter Long Beach				JULY 22		
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30						
2	KATU	(2)	NBA Basketball Playoffs Milwaukee Bucks at Phoenix Suns Site: Phoenix Suns Arena -- Phoenix, Ariz. (L)	To Be Announced								News (N)	(3:5) Jimmy Kimmel						
3	KOMO	(4)	NBA Basketball Playoffs Milwaukee Bucks at Phoenix Suns Site: Phoenix Suns Arena -- Phoenix, Ariz. (L)	To Be Announced								KOMO4News (N)	(3:5) Jimmy Kimmel						
4	KING	(5)	NBC News (N)	KING 5 News (N)	KING 5 News (N)	Olympic Zone (N)	Making It "Make Yourself at Home" (N)	Good Girls "We're Even" (N)	Good Girls "Nevada" (F) (N)			KING 5 News (N)	(3:5) Tonight Show						
5	KOIN	(6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Big Brother (N)	Love Island (N)	Bull "The Ex Factor"			KOIN 6 News (N)	(3:5) Colbert						
6	KIRO	(7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Big Brother (N)	Love Island (N)	Bull "The Ex Factor"			KIRO 7 Tonight (N)	(3:5) Colbert						
7	KGW	(8)	KGW News (N)	KGW News (N)	The Good Stuff	Olympic Zone (N)	Making It "Make Yourself at Home" (N)	Good Girls "We're Even" (N)	Good Girls "Nevada" (F) (N)			KGW News (N)	(3:5) Tonight Show						
8	KRCW	(3)	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Walker "Dig" (N)	The Outpost "A Throne of Our Own" (N)	KOIN 6 News at 10:00 p.m. (N)			Seinfeld	Seinfeld						
9	KOPB	(10)	Mickela Mallozi	Outside Source	PBS NewsHour (N)		Oregon Art Beat	Outdoor Idaho	Shakespeare "The Offered Falacy"			Inspector Morse "The Last Enemy" 1/2	10 O'Clock News (N)						
10	KPTV	(12)	6 O'Clock News (N)		People	Family Feud	Beat Shazam (N)	Lego Masters "Demolition Derby"	Inspector Morse "The Last Enemy" 2/2			News (N)	People						
11	KPDx	(1)	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory "The Simpsons"			FamilyGuy 2/2	Family Guy						
12	KCPQ	(13)	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Beat Shazam (N)	Lego Masters "Demolition Derby"	Q13 NEWS AT 10 (N)			News (N)	The Simpsons						
13	TBS	(20)	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Cube "Will They or Won't They?" (N)			The Cube "Can I Get Out of Here?"	Two and a Half						
14	KZJO	(22)	Friends	Friends Pt. 1 of 2	Mom	Mom	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Two and a Half			Two and a Half	Two and a Half						
15	ESPN	(29)	(4:30) MLS Soccer	MLS Soccer Seattle Sounders FC at Austin FC (L)			SportsCenter Scott Van Pelt presents the day in sports. (N)	SportsCenter (N)	2021 ESPY Awards			SportsCenter (N)							
16	ESPN2	(30)	(5:30) NFL Live	E:60 "Project 11: Alex Smith's Final Drive"			Inside Fury/Wilder	Inside Fury/Wilder	UFC Main Event			Around Horn (N)	Interruption						
17	NICK	(31)	The Loud House	The Loud House	SpongeBob	Danger Force "Drive Hard"			Friends			Friends	Friends						
18	DISN	(32)	Raven's Home	Raven's Home	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Jessie			Jessie	Big City Greens						
19	FAM	(34)	(5:30) *** Sweet Home Alabama (02)	Candice Bergen, Reese Witherspoon.			Grown-ish (N)	*** The DUFF (2015, Comedy) Robbie Amell, Bella Thorne, Mae Whitman.				The 700 Club	Sydney Max						
20	FMC	(35)	(4:40) Deadpool 2 (18) Ryan Reynolds.	*** Deadpool 2 (2018, Action) Josh Brolin, Julian Dennison, Ryan Reynolds.			(20) Mission Impossible II (2000, Action) Scott Dougray, Tom Cruise.												
21	LIFE	(36)	Rizzoli & Isles "Tears of a Clown"	Rizzoli & Isles "Just Push Play"			*** Sleeping With the Enemy (91) Patrick Bergin, Kevin Anderson, Julia Roberts.	(05) *** The Boy Next Door (08) Dina Meyer, Woody Jeffreys, Christopher Russell.											
22	ROOT	(38)	MarinersSpot. (N)	MarinersPre-game	MLB Baseball Oakland Athletics at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)		Post-game	Building the Kraken (N)	MarinersPre-game										
23	FS1	(39)	Fury vs. Wilder 1/3	Fury vs. Wilder 2/3	Fury vs. Wilder 3/3	Boxing 2018 Premier Champions	Boxing Classics	TMZ Sports (N)	Skip and Shannon: Undisputed			NHRA Drag Racing Mile High Nationals							
24	SPIKE	(43)	Two and a Half	Two and a Half	*** The Help (2011, Drama) Viola Davis, Octavia Spencer, Emma Stone.				*** My Cousin Vinny (1992, Comedy) Marisa Tomei, Ralph Macchio, Joe Pesci.										
25	COM	(44)	(55) The Office	The Office	The Office	The Office	The Daily Show (L) (4:45) The Office	(15) South Park	(4:45) South Park	(15) The Daily Show With Trevor Noah		South Park	South Park						
26	HIST	(45)	(5:30) Pawn Stars	Mountain Men "On Thin Ice"			Mountain Men "Big Mountain Payday" (N)	(3:5) Alone "The Grizzly" (N)	(05) Mountain Men "On Thin Ice"										
27	A&E	(46)	The First 48 "Bad Attitude/ Strapped"	The First 48 "Carnage in the Streets"			The First 48	First 48 "What About Me/ Last Round"	F48 "Murder on Maiden Lane" (N)			(05) The First 48							
28	TLC	(47)	Dr. Pimple Popper "An American Tail"	Pimple "My Giant Nose Is Killing Me"			Dr. Pimple Popper (N)	My 600-lb Life "Krystal's Journey" Krystal began overeating to shield herself.	Family by the Ton										
29	DISC	(48)	Homestead Rescue (N)	Homestead Rescue (N)			Homestead Rescue "Paradise in Peril" The Raney's help a family with a crumbling cabin.	(05) Rescue "Life or Death in Michigan"											
30	NGEO	(49)	Sharks Attack "Nightmare Island"	Sharks Attack "Carolina Chaos"			Sharks Attack "Carolina Dread" (N)	Attack "Deadliest Bite" (N)	To Be Announced (N)			When Sharks Attack "Carolina Dread"							
31	TNT	(50)	Bones "The Doom in the Boom"	Bones "The Death in the Defense"			*** Taken 3 (2014, Action) Famke Janssen, Maggie Grace, Liam Neeson.	(15) *** Need for Speed (14, Action) Imogen Poots, Dominic Cooper, Aaron Paul.											
32	AMC	(51)	(5:30) *** Total Recall (90) Sharon Stone.	Rachel Ticotin, Arnold Schwarzenegger.			*** Die Hard (1988, Action) Alan Rickman, Bonnie Bedelia, Bruce Willis.					Die Hard II: Die Harder	Bruce Willis.						
33	USA	(52)	Law&Order: SVU "Melancholy Pursuit"	Law&Order: SVU "Depravity Standard"			Law&Order: SVU "Catfishing Teacher"	Law&Order: SVU "Townhouse Incident"	Chrisley Knows			Chrisley Knows	Chrisley Knows						
34	FOOD	(53)	Beat Bobby Flay "Beat Bobby Flay"	Beat Bobby Flay "Beat Bobby Flay"			Beat Bobby Flay "Beat Bobby Flay"	Restaurant "The Sinking Ship Inn" (N)	BBQ Brawl: Flay "BBQ Brunch Battle"			Beat Bobby Flay	Beat Bobby Flay						
35	HGTV	(54)	Love It or List It "No Love for the Land"	Love It/List It "Nostalgia Is Not Enough"			Hot Mess House "Hidden Hacks" (N)	Christina on the Coast (N)	House Hunters (N)			House Hunters	House Hunters						
36	FX	(56)	(4:30) Baby Driver (17) Kevin Spacey.	*** The Fate of the Furious (2017, Action) Dwayne Johnson, Jason Statham, Vin Diesel.					*** The Fate of the Furious (17) Dwayne Johnson, Jason Statham, Vin Diesel.										
37	CNN	(57)	Anderson Cooper 360 (N)	Don Lemon Tonight (N)			Anderson Cooper 360	Anderson Cooper 360	Don Lemon Tonight										
38	FNC	(58)	Hannity (N)	The Ingraham Angle (N)			Gutfeld! (N)	Fox News @ Night (N)	Hannity										
39	MSNB	(60)	The Rachel Maddow Show (N)	The Last Word (N)			The 11th Hour With Brian Williams (N)	The Rachel Maddow Show	The Last Word			The 11th Hour With Brian Williams							
40	CNBC	(61)	Deal or No Deal	Deal or No Deal			Deal or No Deal "Beard or No Beard"	Deal or No Deal "Vision Quest"	The News With Shepard Smith			Lives-Super Rich	Lives-Super Rich						
41	BRAV	(63)	Million Dollar List "Broken in the Eye"	Million "New York Update of Mind"			Million Dollar List "Virtual Insanity" (N)	(15) TopChef (N) (4:45) Watch (N)	(15) Million Dollar Listing New York "Virtual Insanity" (N)			Movie							
42	TCM	(64)	(5:00) Jailhouse Rock (57) Elvis Presley.	*** Follow That Dream (61, Musical) Anne Helm, Arthur O'Connell, Elvis Presley.			*** Frankie and Johnny (66, Musical) Harry Morgan, Nancy Kovack, Elvis Presley.	Change of Habit (69, Mus) Elvis Presley.											
43	SYFY	(65)	(5:20) *** Alien (1979, Sci-Fi) Tom Skerritt, John Hurt, Sigourney Weaver.	*** Signs (2002, Thriller) Joaquin Phoenix, Rory Culkin, Mel Gibson.				(25) *** The Happening (08) Mark Wahlberg.											
44	RFD	(162)	Nxt Lvl Farming	Dude Ranch	Rural America "Live" (L)		Virtual Farm Show	Rural Eve. News	Grown			Farm Monitor	Nxt Lvl Farming	Dude Ranch	Paid Program				

FRIDAY EVENING													A - Charter Astoria/ Seaside - L - Charter Long Beach				JULY 23		
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30						
2	KATU	(2)	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel of Fortune	Shark Tank		20/20 Interviews and hard-hitting investigative reports.	News (N)			(3:5) Jimmy Kimmel							
3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)	Wheel of Fortune	Jeopardy! (N)	Shark Tank		20/20 Interviews and hard-hitting investigative reports.	KOMO4News (N)			(3:5) Jimmy Kimmel							
4	KING	(5)	(4:30) Tokyo 2020 Summer Olympics "Opening Ceremony" (L)					News Update (L) 10:00 Tokyo 2020 Olympics "Opening Ceremony" Coverage of the official Opening Ceremony in Tokyo.											
5	KOIN	(6)	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Celebrity Renovation "Chris Paul" (N)	Love Island (N)	Blue Bloods "More Than Meets the Eye" KOIN 6 News (N) (3:5) Colbert			KOIN 6 News (N)	(3:5) Colbert						
6	KIRO	(7)	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Celebrity Renovation "Chris Paul" (N)	Love Island (N)	Blue Bloods "More Than Meets the Eye" KOIN 6 News (N) (3:5) Colbert			KIRO 7 Tonight (N)	(3:5) Colbert						
7	KGW	(8)	(4:30) Tokyo 2020 Summer Olympics "Opening Ceremony" (L)					KGW News (N) (L) 10:00 Tokyo 2020 Olympics "Opening Ceremony" Coverage of the official Opening Ceremony in Tokyo.											
8	KRCW	(3)	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Charmed "I Dreamed a Dream" (SF) (N)	Dynasty (N)	KOIN 6 News at 10:00 p.m. (N)			Seinfeld	Seinfeld						
9	KOPB	(10)	School Greatness	BBC News Today	PBS NewsHour (N)		Frankie Drake "Ladies in Red"	Call the Midwife	Professor T. "Heir to the Throne" 1/2			A Place to Call Home "Lie Deep"							
10	KPTV	(12)	6 O'Clock News (N)		People	Family Feud	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	10 O'Clock News (N)	News (N)			People	People						
11	KPDx	(1)	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	9:00 p.m. Prime News (N)	Big Bang Theory "The Simpsons"			Family Guy	Family Guy						
12	KCPQ	(13)	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	Q13 NEWS AT 10 (N)	Most Wanted (N)			The Simpsons							
13	TBS	(20)	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	*** Get Hard (2015, Comedy) Kevin Hart, Alison Brie, Will Ferrell.	(10) *** Money Talks (97, Comedy) Chris Tucker, Heather Locklear, Charlie Sheen.											
14	KZJO	(22)	Friends Pt. 2 of 2	Friends	Mom	Mom	Q13 News at 8:00 p.m. (N)	Q13 News at 9:00 p.m. (N)	Two and a Half			Two and a Half	Two and a Half						
15	ESPN	(29)	Basketball The Tournament (L)				SportsCenter (N)	SportsCenter (N)	2021 ESPY Awards			SportsCenter (N)							
16	ESPN2	(30)	(5:00) NHL Draft (L)				NFL Live (N)	Max on Boxing	Countdown To "Fury vs. Wilder III"			Countdown To "Fury vs. Wilder III"							
17	NICK	(31)	(4:00) SpongeBob	PatrickStarShow	PatrickStarShow (N)	Middlemost (N)	NickShor (N)	Friends	Friends			Friends	Friends						
18	DISN	(32)	Raven's Home	Raven's Home	Big City Greens	Big City Greens	Dumbo (2019, Family) Michael Keaton, Colin Farrell.	(4:5) BigCityGreen	(10) Bluey			(3:5) Bluey	Big City Greens						
19	FAM	(34)	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy 1/2	Family Guy 2/2	Family Guy			Family Guy							
20	FMC	(35)	(5:10) *** Mission: Impossible - Fallout (18) Henry Cavill, Tom Cruise.	*** Mission: Impossible - Fallout (2018, Action) Henry Cavill, Rebecca Ferguson, Tom Cruise.			*** Mission: Impossible - Fallout (2018, Action) Henry Cavill, Rebecca Ferguson, Tom Cruise.	(50) Poltergeist (15, Hor) Rosemarie DeWitt, Sam Rockwell.											
21	LIFE	(36)	*** The Boy Next Door (08, Mst) Dina Meyer, Woody Jeffreys, Christopher Russell.	*** The Proposal (2009, Comedy) Ryan Reynolds, Betty White, Sandra Bullock.			(05) *** Fool's Gold (08) Kate Hudson, Matthew McConaughey.												
22	ROOT	(38)	Mariners Access	MarinersPre-game	MLB Baseball Oakland Athletics at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)		Post-game	MarinersPre-game	MLB Baseball Oakland vs Seattle										
23	FS1	(39)	Weigh-in Live "Fury vs. Wilder 3"	Countdown To "Fury vs. Wilder III"	Fury vs. Wilder 1/3	Fury vs. Wilder 2/3	Fury vs. Wilder 3/3	Boxing 2018 Premier Champions	TMZ Sports (N)			Poker 2017 Championship							
24	SPIKE	(43)	Two and a Half	Two and a Half	*** Old School (2003, Comedy) Will Ferrell, Vince Vaughn, Luke Wilson.		*** Joe Dirt (2001, Comedy) Dennis Miller, Brittany Daniel, David Spade.					Old School (2003, Comedy) Luke Wilson.							
25	COM	(44)	South Park	South Park	South Park	South Park	South Park	South Park	South Park			South Park	South Park						
26	HIST	(45)	Ancient Aliens "Islands of Fire"	Ancient Aliens "The Galactic Keyhole"			Ancient Aliens "The Shapeshifters"	Aliens "The Badlands Guardian"	(05) Ancient Aliens			(05) Ancient Aliens							
27	A&E	(46)	First 48 "Killer Debt/ House of Rage"	The First 48 "Deadly Triangle"			The First 48 "Dangerous Business"	The First 48 "Easy Mark"	(05) The First 48 "Old Wounds"										
28	TLC	(47)	Darcey "You Only Know So Much"	90 Day Fiancé "More to Love: Bubble Baths and Family Wraths - Part 1"			90 Day Fiancé "To Be Announced"	Darcey & Stacey (N)	90 Day Fiancé										
29	DISC	(48)	(5:00) *** Jaws (1975, Horror) Richard Dreyfuss, Robert Shaw, Roy Scheider.	*** Jaws 2 (1978, Horror) Lorraine Gary, Murray Hamilton, Roy Scheider.				*** Jaws 2 (1978, Horror) Lorraine Gary, Murray Hamilton, Roy Scheider.	Crash and Burn"										
30	NGEO	(49)	Sharks Attack "Terror Down Under"	Sharks A. "World's Deadliest Beach"			Sharks A. "Most Shocking Spikes" (N)	Attack "Great Whites vs. Cage" (N)	Bull Shark (N)			Sharks Attack "Most Shocking Spikes"							
31	TNT	(50)	Bones "The Fight in the Fixer"	Bones "The Strike in the Chord"			*** Ocean's 8 (2018, Action) Cate Blanchett, Mindy Kaling, Sandra Bullock.		*** The Heat (13, Com) Melissa McCarthy, Sandra Bullock.										
32	AMC	(51)	(5:30) *** Die Hard II: Die Harder (90)	William Atherton, Bruce Willis.			*** Die Hard With a Vengeance (1995, Action) Samuel L. Jackson, Graham Greene, Bruce Willis.		Live Free or Die Hard (07) Bruce Willis.										
33	USA	(52)	(4:30) Tokyo 2020 Summer Olympics (L)																
34	FOOD	(53)	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins			Diners, Drive-Ins	Diners, Drive-Ins						
35	HGTV	(54)	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home			My Dream Home	My Dream Home						
36	FX	(56)	*** The Secret Life of Pets (16, Animated)	My Stonestreet, Kevin Hart, Louis C.K.			*** The Secret Life of Pets 2 (19, Ani)	Kevin Hart, Harrison Ford, Patton Oswalt.	*** The Secret Life of Pets 2 (19, Ani)			Kevin Hart, Harrison Ford, Patton Oswalt.							
37	CNN	(57)	CNN Special (N)	Don Lemon Tonight (N)			Anderson Cooper 360	Anderson Cooper 360	Don Lemon Tonight			Don Lemon Tonight							
38	FNC	(58)	Hannity (N)	The Ingraham Angle (N)			Gutfeld! (N)	Fox News @ Night (N)	Hannity										
39	MSNB	(60)	The Rachel Maddow Show (N)	The Last Word (N)			The 11th Hour With Brian Williams (N)	The Rachel Maddow Show	The Last Word			The 11th Hour With Brian Williams							