

SPORTS



Photos by Gary Henley/The Astorian

Astoria senior goalkeeper Shelby Rasmussen was named first team all-league and honorable mention all-state.

Astoria's Espelien named first team all-league, all-state

The Astorian

Astoria and Valley Catholic swept most of the awards this year in Cowapa League girls soccer as part of the shortened soccer season.

The Valiants were perfect on the field, earning the league championship with a 9-0 record and outscoring opponents 35-0.

Meanwhile, the league's Goalkeeper of the Year award went to Astoria senior Shelby Rasmussen, while Astoria senior Elle Espelien and Valley Catholic freshman Malia Groshong shared Player of the Year honors.

Both Groshong and Espelien also made first team all-state.

The league's Coach of the Year was Valley Catholic's Kibwe Cuffie.

Both the Valiants and Fishermen had seven of their 11 starters earn all-league honors.

In addition to Espelien and Rasmussen, Astoria landed three others on the first team: senior Emma Biederman and juniors Karen Jimenez and Maddie Sisley.

Three Seaside players were selected first team all-league: juniors Emma Arden and Lilli Taylor and sophomore Kaylee Snyder.



Astoria senior Elle Espelien capped her sports year with a selection to the first team all-league and all-state soccer teams.

SCOREBOARD

TUESDAY

Junior Baseball — (B teams) Warrenton at Seaside (2), 4 p.m.

THURSDAY

Junior Baseball — Clatskanie at Warrenton (2), 4 p.m.; Ilwaco at Knappa (2), 4 p.m.

GIRLS SOCCER

COWAPA ALL-LEAGUE

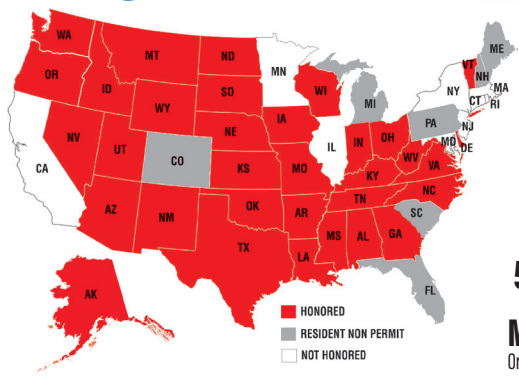
League Champion: Valley Catholic
 Players of the Year: Elle Espelien, Astoria; Malia Groshong, Valley Catholic
 Goalkeeper of the Year: Shelby Rasmussen, Astoria
 Coach of the Year: Kibwe Cuffie, Valley Catholic

First Team
 F: Elle Espelien, Sr., Astoria
 D: Malia Groshong, Fr., Valley Catholic
 F: Emma Arden, Jr., Seaside
 Mid: Emma Biederman, Sr., Astoria
 Mid: Paulina Filip, Fr., Valley Catholic
 Mid: Casmira Fox, Jr., Valley Catholic
 F: Mariella Gunther, Jr., Valley Catholic
 Mid: Kate Hailey, Sr., Banks
 Mid: Crystal Hernandez, Sr., Tillamook

D: Madeline Jacobs, Sr., Banks
 F: Karen Jimenez, Jr., Astoria
 F: Camila Narvaez, Sr., Banks
 Mid: Adriana Rico, Jr., Tillamook
 F: Maddie Sisley, Jr., Astoria
 F: Lauren Snook, Sr., Valley Catholic
 F: Kaylee Snyder, So., Seaside
 D: Lilli Taylor, Jr., Seaside
 D: Abigail Turner, Sr., Banks
 GK: Jamie Knox, Jr., Clatskanie/Rainier
 GK: Shelby Rasmussen, Sr., Astoria
Honorable Mention
 Sabina Bair, So., Banks
 Lilly Boothe, Sr., Clatskanie/Rainier
 Anjali Cherian, Fr., Valley Catholic
Dawnielle Penton, Sr., Seaside
Hayley Kelley, Sr., Astoria
 Mary Merritt, Sr., Banks
Emily Philbrook, Sr., Seaside
Lillian Randall, Sr., Astoria
 Kaitlyn Sizemore, Sr., Clatskanie/Rainier
 Daisy Valencia Contreras, Sr., Tillamook
 Melissa Velazquez Villa, Sr., Tillamook
 Ava Wheeler, Sr., Valley Catholic

CONCEALED CARRY PERMIT CLASS

**TUESDAY
 JULY 20TH
 6 PM**



Limited space available

Best Western
 555 Hamburg Ave, Astoria
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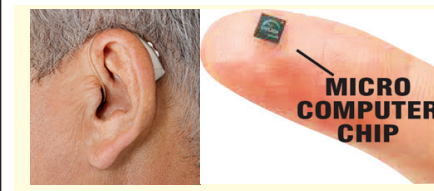
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*Hearing test is always free. Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation and ability to adapt to amplification. Hearing test is an audiometric test to determine amplification needs only. These are not medical exams or diagnoses. If you suspect a problem please seek treatment from your physician. **Blue Cross Blue Shield, The Blue Cross, The Blue Shield, BCBS and Federal Employee Program are registered trademarks of Blue Cross Blue Shield Association. Blue Cross Blue Shield Association and its independent licensees are not affiliated with, nor do they endorse or sponsor the contents of this advertisement. Trademarks referring to specific providers are used by Miracle-Ear for nominative purposes only: to truthfully identify the source of the services about which information is provided. Such trademarks are solely the property of their respective owners. The aids must be returned within 30 days of delivery if not completely satisfied and 100% of the purchase will be refunded.