COMMUNITY NOTES

FRIDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Better Breathers Club — Sessions offer support, ways and techniques to cope with chronic obstructive pulmonary disease, asthma, pulmonary fibrosis and other respiratory issues. Caregivers also welcome. For information, call 800-562-8964.

SATURDAY

Lower Columbia R/C Society — Local Academy of Model Aeronautics chartered radio control model aircraft club. All model aircraft enthusiasts are welcome. For information, call 503-458-5196 or 503-325-0608.

SUNDAY

Blacksmith Enthusiasts Meet — For information, contact Mark Standley at 503-434-0148 or Herman Doty at 971-306-1043 or ringinganvildesign@gmail.com

National Alliance on Mental Illness **Support Group** — Family to family support group, for anyone with a friend or loved one suffering from a serious mental illness. For information, contact Myra Kero at 503-738-6165 or k7erowood@q.com, or go to nami.

MONDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6:

Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — For information, go to AstoriaRotary.org

Columbia Northwestern Model Railroading Club — Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

Parkinson's Support Group — For information, call 503-440-1970 or 503-440-1985.

Peninsula Quilt Guild — For information, call Janet King at 360-665-3005.

Seaside Lions Club — For information, call 503-738-7693.

Pacific NW Head Injury Support Group - For information, call 209-791-3092.

Pacific County Democrats — For information, go to fb.me/DemocratsofPacificCounty

TUESDAY

Tobacco Free Coalition of Clatsop **County** — Anyone interested in tobacco use prevention and education welcome. For information, call Steven Blakesley at 503-325-8500 or Alissa Dorman at 503-325-4321, ext. 5758.

Do Nothing Club — Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Astoria Lions Club — Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Assistance League receives check from Astoria Co+op



The Assistance League of the Columbia Pacific was Astoria Co+op's nonprofit of the month for May, and was given a check for almost \$4,000. Pictured, from left, Matt Stanley and Lynne Day, of the co-op, and Susan Wentworth and Mary Davies, of the Assistance League. The funds will allow the group to continue the work that the all-volunteer organization does in the community in helping children and families in need.

RELIGION BRIEFS

Anchor Baptist Church

The congregation meets at the Astoria Christian Church, 1151 Harrison Ave. On Sundays, the service starts at 1 p.m.; Bible study is at 7 p.m. Thursdays. For information, email anchorbaptistastoria@gmail.com

Astoria Christian Church

For service information and updates, go to astoriachristian.org or bit.ly/AstoriaChristian, call 503-325-2591 or email AstoriaChristian@gmail.com

Astoria First Baptist Church

First Baptist Church, 349 Seventh St., holds a worship service at 10:45 a.m. Sunday. The service is also broadcast at fb.me/astoriafirstbaptist Sunday school starts at 9:30 a.m. There is no child care, but children are encouraged to join the service. For information, call the

Astoria First United Methodist Church

church office at 503-325-1761.

Open for worship on Sundays at 11:30 a.m., 1076 Franklin Ave. For livestream service information, email the church office at office@unitedmethodistastoria.org or call 503-325-5454.

Grace Episcopal Church

For updates, food pantry hours and in-person and livestream service information, call the church at 503-325-4691, email graceastoria4691@gmail.com or go to graceastoria.org or fb.me/Grace Astoria

Pacific Unitarian Universalist

A Pacific Unitarian Universalist Fellowship service is being held via Zoom at 11 a.m. Sunday. For Zoom information, go to pacuuf.org

Peace First Lutheran

For service information, go to astoriafirstlutheran.com under "Worship & Music/Videos & Resources" or bit.ly/FLCAstoria. To receive a DVD of the services and bulletin, call the office and leave a message.

Pioneer Presbyterian Church

WARRENTON — For service information, call the church at 503-861-2421 or go to pioneerchurchpcusa.org

St. Brendan The Navigator Orthodox Church

St. Brendan The Navigator Orthodox Church, 820 Alameda Ave., holds Readers Vespers beginning at 5 p.m Saturday. On Sunday, a Typika service is at 10 a.m. All are welcome. Feel free to bring a snack for the family for after the service.

St. Mary, Star of the Sea Parish

For information about the St. Vincent de Paul Food Pantry hours, and service and livestreaming information at both the Astoria church and Hammond mission, call 503-325-3671, email office@stmaryastoria. com or go to stmaryastoria.com or bit.ly/ stmaryastoria

KMUN has new Cannon Beach frequency

The Astorian

CANNON BEACH — A new KMUN translator has been installed in Cannon Beach, and the radio station can be found there at 89.3 FM. The translator site is at the north end of town, well above the inundation zone. It is atop a 50-foot tower, which will also accommodate antennas for local ham, General Mobile Radio Service and official Cannon Beach emergency radios.

The success of this project was made possible through the collaboration of KMUN staff and volunteers, city employees, members of the Sunset Empire Amateur Radio Club and local

The project received financial support from the Oregon Community Foundation, M. J. Murdock Charitable Trust, Pacific Power Foundation and Cannon Beach community members.



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