Thursday Evening — July 8

A - Charter Astoria/ Seaside - L - Charter Long Beach

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	NBA Basketball Playoffs (L)					To Be Announced	To Be Announced				News (N)	(:35) Jimmy Kimmel
●	KOMO	4	NBA Basketball Playoffs (L)					To Be Announced	To Be Announced				KOMO4News (N)	(:35) Jimmy Kimmel
●	KING	5	NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	Making It "Expand Your World" (N)		Good Girls "You" (N)		SVU "Trick-Rolled at the Moulin"		KING 5 News (N)	(:35) Tonight Show
6	KOIN	○	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Young Sheldon	U.S. of Al	Love Island (N)		Bull		KOIN 6 News (N)	(:35) Colbert
●	KIRO	7	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Young Sheldon	U.S. of Al	Love Island (N)		Bull		KIRO 7 Tonight (N)	(:35) Colbert
8	KGW	○	KGW News (N)	KGW News (N)	The Good Stuff (N)	Inside Edition (N)	Making It "Expand Your World" (N)		Good Girls "You" (N)		SVU "Trick-Rolled at the Moulin"		KGW News (N)	(:35) Tonight Show
9	KRCW	3	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Funniest Animals	Funniest Animals	90210MG!CastTellsAll (N)		KOIN 6 News at 10:00 p.m. (N)		Seinfeld Pt. 2 of 2	Seinfeld
10	KOPB	10	Mickela Mallozi	Outside Source	PBS NewsHour (N)		Oregon Art Beat	Outdoor Idaho	Hathaway "Beware the Ides of March"		Inspector Mo "The Wolvercote Tongue"		Inspector Mo "The Wolvercote Tongue"	
12	KPTV	12	6 O'Clock News (N)		People (N)	Family Feud	Beat Shazam (N)		Lego Masters "Hats Incredible!"		10 O'Clock News (N)		News (N)	People
13	KPDX	○	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		Big Bang Theory	The Simpsons	Family Guy	Family Guy
●	KCPQ	13	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Beat Shazam (N)		Lego Masters "Hats Incredible!"		Q13 NEWS AT 10 (N)		News (N)	The Simpsons
20	TBS	20	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Cube "Point and Pump" (N)		The Cube "50-Thousand-Dollar Finger"		The Cube "Point and Pump"	
●	KZJO	22	Friends	Friends	Mom	Mom	Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)		Big Bang Theory	Big Bang Theory	Two and a Half	Two and a Half
29	ESPN	29	(4:00) MLB Baseball (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter Scott Van Pelt presents the day in sports. (N)		SportsCenter (N)		SportsCenter (N)	
30	ESPN2	30	(5:00) Scripps Spelling Bee "Finals" (L)		Cornhole ACL Pro Invitational				NFL Live		Around Horn (N)	Interruption (N)	MLB Baseball	
31	NICK	31	The Loud House	The Loud House	SpongeBob	SpongeBob	★★ The SpongeBob Movie: Sponge Out of Water ('15) Antonio Banderas.				Friends	Friends	Friends	Friends
32	DISN	32	Raven's Home	Raven's Home	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Jessie	Jessie	Big City Greens	Big City Greens	Gabby Duran	Sydney Max
34	FAM	34	★★ The Waterboy (1998, Comedy) Kathy Bates, Henry Winkler, Adam Sandler.				Grown-ish (SP) (N)	★★ Sweet Home Alabama (2002, Comedy) Candice Bergen, Josh Lucas, Reese Witherspoon.					The 700 Club	
35	FMC	35	(:55) ★★★ Ferdinand (2017, Animated) Kate McKinnon, Gina Rodriguez, John Cena.				(:05) ★★ The House With a Clock in Its Walls ('18) Cate Blanchett, Jack Black.		★★★ Peter Rabbit ('18) Domhnall Gleeson, James Corden.				(:50) FXM Presents	
36	LIFE	36	Rizzoli "We Don't Need Another Hero"		Rizzoli & Isles "Living Proof"		★★★ The Proposal (2009, Comedy) Ryan Reynolds, Betty White, Sandra Bullock.				(:05) ★★ Bride Wars ('09, Comedy) Anne Hathaway, Bryan Greenberg, Kate Hudson.			
38	ROOT	38	MarinersSpot. (N)	MarinersPre-game	MLB Baseball New York Yankees at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash.						Post-game	Fight Sports: Boxing (N)		
39	FS1	39	Boxing Premier Champions						WWE SmackDown WWE superstars do battle in long-running rivalries.			TMZ Sports (N)	Skip and Shannon	
43	SPIKE	43	Two and a Half	Two and a Half	★★ Mr. and Mrs. Smith (2005, Action) Angelina Jolie, Vince Vaughn, Brad Pitt.						★★ The Commuter (2018, Crime Story) Vera Farmiga, Sam Neill, Liam Neeson.			
44	COM	44	(:55) The Office	The Office	The Office	The Office	The Daily Show	(:45) The Office	(:15) South Park	(:45) South Park	(:15) The Daily Show With Trevor Noah	South Park	South Park	
45	HIST	45	(5:30) Pawn Stars	Mountain Men	"Feast or Famine"		Mountain Men "Brawl of the Wild" (N)			(:35) Alone "Smoked" (N)		(:05) Mountain Men	"Feast or Famine"	
46	A&E	46	The First 48		The First 48		First 48 "Endless Love and Out of Time"		The First 48 "Down a Dark Hallway"		F48 RookieYear "Insider/ Pointless" (N)	(:05) The First 48		
47	TLC	47	Dr. Pimple "Sleepless in Steatocystoma"		Dr. Pimple Popper		Dr. Pimple Popper "Cyster, Cyster"		The 600-lb Life "Seana's Story"			Family by the Ton		
48	DISC	48	Homestead Rescue (N)		Homestead Rescue (N)		Homestead Rescue "Stuck in the Mud" (N)				Building Off the Grid	To Be Announced		
49	NGEO	49	Sharks Attack "The Shark Bite State"		Sharks Attack "Chaos in California"		Sharks Attack "Quadruple Strike" (N)		Sharks Attack "Terror in Texas" (N)		The Croc That Ate Jaws (N)		When Sharks Attack "Quadruple Strike"	
50	TNT	50	Bones "The Teacher in the Books"		Bones "The Baker in the Bits"		★★★ Crazy Rich Asians (2018, Comedy) Henry Golding, Michelle Yeoh, Constance Wu.					★★★ Blended ('14, Comedy) Drew Barrymore, Adam Sandler.		
51	AMC	51	(5:00) ★★★ The Perfect Storm ('00) Mark Wahlberg, Diane Lane, George Clooney.				★★ The Great Outdoors ('88, Com) John Candy, Stephanie Faracy, Dan Aykroyd.				★★ Tommy Boy (1995, Comedy) David Spade, Bo Derek, Chris Farley.			
52	USA	52	SVU "At Midnight in Manhattan"		SVU "Can't Be Held Accountable"		SVU "Must Be Held Accountable"		★★★ Pretty Woman (1990, Romance) Julia Roberts, Jason Alexander, Richard Gere.				Law&Order: SVU	
53	FOOD	53	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Rest. "Irish Eyes Are Frowning" (N)		BBQ Brawl: Flay "Game Day BBQ"		Beat Bobby Flay	Beat Bobby Flay
54	HGTV	54	Vacation House "Tech-Savvy Retreat"		Vacation House "Reflection Retreat"		Hot Mess H "Cluttered to Crafty"		Christina on the Coast (N)		House Hunters (N)	House Hunters (N)	House Hunters	House Hunters
56	FX	56	(5:00) ★★ Kingsman: The Golden Circle ('17) Channing Tatum, Taron Egerton.				★ Ride Along 2 (2016, Action/Comedy) Kevin Hart, Tika Sumpter, Ice Cube.				★ Ride Along 2 (2016, Action/Comedy) Kevin Hart, Tika Sumpter, Ice Cube.			
57	CNN	57	Cuomo Prime Time (N)		Don Lemon Tonight (N)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		CNN Newsroom Live (N)	
58	FNC	58	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity	
60	MSNB	60	The Rachel Maddow Show (N)		The Last Word (N)		The 11th Hour With Brian Williams (N)		The Rachel Maddow Show		The Last Word		The 11th Hour With Brian Williams	
61	CNBC	61	Shark Tank		Shark Tank		Shark Tank		The News With Shepard Smith		Jay Leno's Garage "Larger Than Life"		Dateline "Secrets on Hot Springs Drive"	
63	BRAV	63	Million Dollar List "Virtually Freddy"		Million Dollar Listing New York		Million Dollar "Broker in the Rye" (N)		TopChefAmtrs (N)	TopChefAmtrs (N)	★★★ Selena (1997, Biography) Edward James Olmos, Jon Seda, Jennifer Lopez.			
64	TCM	64	(5:00) Viva Las Vegas ('64) Elvis Presley.		★★ Speedway (1968, Musical) Nancy Sinatra, Gale Gordon, Elvis Presley.				★★ Spinout (1966, Musical) Shelley Fabares, Deborah Wally, Elvis Presley.				Harum Scarum ('65, Mus) Elvis Presley.	
65	SYFY	65	(4:35) Death Wish ('18, Act) Bruce Willis.		★★★ Maleficent (2014, Adventure) Elle Fanning, Sharlto Copley, Angelina Jolie.				★★ Hellboy (2019, Fantasy) Milla Jovovich, Ian McShane, David Harbour.				Movie	
162	RFD	162	Nxt Lvl Farming	Dude Ranch	Rural America 'Live' (L)		Virtual Farm Show	Rural Eve. News	Grown	Farm Monitor	Nxt Lvl Farming	Dude Ranch	Paid Program	

Friday Evening — July 9

A - Charter Astoria/ Seaside - L - Charter Long Beach

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel of Fortune	Shark Tank		20/20 Interviews and hard-hitting investigative reports.				News (N)	(:35) Jimmy Kimmel
●	KOMO	4	KOMO 4 News at 6:00 p.m. (N)		Wheel of Fortune	Jeopardy! (N)	Shark Tank		20/20 Interviews and hard-hitting investigative reports.				KOMO4News (N)	(:35) Jimmy Kimmel
●	KING	5	(5:00) NHL Hockey Stanley Cup Playoffs Tampa Bay vs Montreal (L)				Evening	Ones to Watch (N)	Evening	Pets Welcome	Dateline NBC		KING 5 News (N)	(:35) Tonight Show
6	KOIN	○	KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight	Secret Celebrity Renovation (P) (N)		Love Island (N)		Blue Bloods "The End"		KOIN 6 News (N)	(:35) Colbert
●	KIRO	7	KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight	Secret Celebrity Renovation (P) (N)		Love Island (N)		Blue Bloods "The End"		KIRO 7 Tonight (N)	(:35) Colbert
8	KGW	○	(5:00) NHL Hockey Stanley Cup Playoffs Tampa Bay vs Montreal (L)				Local Programming				Dateline NBC		KGW News (N)	(:35) Tonight Show
9	KRCW	3	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Gossip Girl "Just Another Girl on the MTA"			Whose Line Is It?	KOIN 6 News at 10:00 p.m. (N)		Seinfeld	Seinfeld
10	KOPB	10	School Greatness	BBC News Today	PBS NewsHour (N)		The Woman in White		Call the Midwife		Line of Separation		Place Call Home "All That Lies Ahead"	
12	KPTV	12	6 O'Clock News (N)		People (N)	Family Feud	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)				10 O'Clock News (N)		News (N)	People
13	KPDX	○	Family Feud	Family Feud	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		Big Bang Theory	The Simpsons	Family Guy	Family Guy
●	KCPQ	13	Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)				Q13 NEWS AT 10 (N)		Most Wanted (N)	The Simpsons
20	TBS	20	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers	★★ Suicide Squad (2016, Action) Margot Robbie, Joel Kinnaman, Will Smith.					(:40) ★★ The Hitman's Bodyguard ('17) Ryan Reynolds.		
●	KZJO	22	Friends	Friends	Mom	Mom	Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)		Big Bang Theory	Big Bang Theory	Two and a Half	Two and a Half
29	ESPN	29	WNBA Basketball Seattle Storm at Phoenix Mercury (L)				SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
30	ESPN2	30	NFL Live (N)		Max on Boxing	UFC Live	UFC Archival		Max on Boxing	UFC Live	Around Horn (N)	Interruption (N)	UFC Archival	
31	NICK	31	(3:30) TBA	SpongeBob	PatrickShow (N)	Middlemost Post	"First Delivery/ Chore or Less" (N)		Friends	Friends	Friends	Friends	Friends	Friends
32	DISN	32	(:15) ★★ Hotel Transylvania 3: Summer Vacation ('18) Adam Sandler.				Bunk'd (N)	G.Duran (N)/ Owl	(:15) BigCityGreen	(:40) Bluey	(:05) Bluey	Big City Greens	(:05) Bunk'd	Gabby Duran
34	FAM	34	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club	
35	FMC	35	(4:45) ★★★ The Revenant ('15) Tom Hardy, Domhnall Gleeson, Leonardo DiCaprio.				(:55) ★★★ The Revenant (2015, Drama) Tom Hardy, Domhnall Gleeson, Leonardo DiCaprio.						(:05) The Perfect Guy Sanaa Lathan.	
36	LIFE	36	Rizzoli & Isles "Brown Eyed Girl"		Rizzoli & Isles "Don't Hate the Player"		Doomsday Mom: The Lori Vallow Story ('21) Marc Blucas, Lauren Lee Smith.				Cellmates Secrets "Susan Smith"		(:05) Doomsday Mom: The Lori Vall...	
38	ROOT	38	(3:30) MLB Baseball	MarinersPre-game	MLB Baseball Los Angeles Angels at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)						Post-game	MarinersPre-game	MLB Baseball L.A. Angels vs Seattle	
39	FS1	39	NASCAR Truck Racing (L)				Poker 2017 Championship		Poker 2017 Championship		TMZ Sports (N)	TMZ Sports (N)	To Be Announced	
43	SPIKE	43	Two and a Half	Two and a Half	★★★ Coming to America (1988, Comedy) Arsenio Hall, James Earl Jones, Eddie Murphy.						★★★ Hitch (2005, Comedy) Eva Mendes, Kevin James, Will Smith.			
44	COM	44	South Park	South Park	South Park	South Park	Esther Povitsky: Hot for My Name		South Park	South Park	South Park	South Park	South Park	South Park
45	HIST	45	Ancient Aliens "Angels and Aliens"		Aliens "Unexplained Structures"		Ancient Aliens "Alien Devastations"		Aliens "Aliens and the Old West"		(:05) Ancient Aliens		(:05) Aliens "Aliens and Evil Places"	
46	A&E	46	First 48 "Rise Up/ Somebody's Friend"		The First 48		The First 48 "Bad Lick/ Red Dawn"		The First 48 "Bridge of Lies"		The First 48		(:05) First 48 "Love Hate/ A Soldier's Life"	
47	TLC	47	90 Day Fiancé: Happily Ever After? "Not So Silent Partners"				90 Day Fiancé "More to Love: Shadows of Doubt" Angela contemplates divorce. (N)				90 Day Fiancé (N)	You, Me & My Ex "Ex-Door Neighbors"	90 Day Fiancé	
48	DISC	48	GoldRushTurinMine "Shock and Ore"		GoldRushDaveDrilling "End Game" (N)		GoldRushMine "How to Mine a Million"		Being Sea Gold "The Nome-inees Are ..." (N)				(:05) Being Sea Gold "Bad Vibrations"	
49	NGEO	49	Sharks Attack "Terror in the Gulf"		When Sharks Attack "Terror in Texas"		Sharks "Terror in the Bahamas" (N)		Sharks "Devastation Down Under" (N)		World's Most Dangerous Shark? (N)		Sharks Attack "Terror in the Bahamas"	
50	TNT	50	Bones "The Lost in the Found"		Bones "The Verdict in the Victims"		★★★ Guardians of the Galaxy Vol. 2 (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.					(:45) ★★★★ Thor: Ragnarok ('17) Chris Hemsworth.		
51	AMC	51	(5:30) ★★ Kindergarten Cop ('90) Penelope Ann Miller, Arnold Schwarzenegger.				★★★ True Lies (1994, Action) Arnold Schwarzenegger, Tom Arnold, Jamie Lee Curtis.					Total Recall Arnold Schwarzenegger.		
52	USA	52	★★★ Pretty Woman (1990, Romance) Julia Roberts, Jason Alexander, Richard Gere.					★★ Waiting to Exhale ('95, Dra) Angela Bassett, Lela Rochon, Whitney Houston.				(:45) Chicago P.D. "Breaking Point"		(:45) Chicago P.D.
53	FOOD	53	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners...Dives (N)	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins
54	HGTV	54	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home	Dream Home (N)	My Dream Home	My Dream Home	My Dream Home	My Dream Home	My Dream Home
56	FX	56	(5:00) ★★★ Spider-Man: Homecoming ('17) Robert Downey Jr., Tom Holland.				★★★★ Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.						★★ Venom (2018, Action) Michelle Williams, Tom Hardy.	
57	CNN	57	Cuomo Prime Time (N)		Don Lemon Tonight (N)		Anderson Cooper 360		Cuomo Prime Time		Don Lemon Tonight		CNN Newsroom Live (N)	
58	FNC	58	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity	
60	MSNB	60	The Rachel Maddow Show (N)		The Last Word (N)		The 11th Hour With Brian Williams (N)		The Rachel Maddow Show		The Last Word		The 11th Hour With Brian Williams	
61	CNBC	61	Shark Tank		Shark Tank		Shark Tank		The News With Shepard Smith		Jay Leno's Garage "Prodigies"		Dateline NBC "Infatuation"	
63	BRAV	63	Movie		★★★ Fast Five (2011, Action) Paul Walker, Dwayne Johnson, Vin Diesel.				★★★ Fast Five (2011, Action) Paul Walker, Dwayne Johnson, Vin Diesel.				Fast and Furious	
64	TCM	64	(5:00) Get Carter ('71) Michael Caine.		★★★ The Friends of Eddie Coyle ('73) Peter Boyle, Robert Mitchum.				★★★ Chinatown (1974, Mystery) Faye Dunaway, John Huston, Jack Nicholson.				Movie	
65	SYFY	65	(5:30) ★★ Hellboy (2019, Fantasy) Milla Jovovich, Ian McShane, David Harbour.				★★★ Captain America: Civil War (2016, Action) Robert Downey Jr., Scarlett Johansson, Chris Evans.						Futurama	Futurama
162	RFD	162	Texas-Reporter	FarmHer	SF Machinery	Bluegrass Trail	Grand Ole Opry	Rural News (N)	Presleys Jubilee	Penny Gilley Show	Texas-Reporter	SF Machinery	Paid Program	

Saturday Evening — July 10

A - Charter Astoria/ Seaside - L - Charter Long Beach

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	KATU News at 6:00 p.m. (N)		Service Awards		2021 ESPY Awards Honoring the best star athletes. (N)						News (N)	(:35) HonorWrestle
●	KOMO	4	KOMO4News (N)		Wheel of Fortune	Jeopardy!	2021 ESPY Awards Honoring the best star athletes. (N)						KOMO4News (N)	(:35) HonorWrestle
●	KING	5	NBC News (N)	KING 5 News	Service Awards (N)		America's Got Talent Hopeful stars display their talents.				Dateline NBC		KING 5 News (N)	Sat. Night Live
6	KOIN	○	(5:00) SRX Auto Racing (L)		KOIN 6 News Special Edition		NCIS: New Orleans		Paid Program	Paid Program	48 Hours		KOIN 6 News (N)	(:35) In Depth
●	KIRO	7	(5:00) SRX Auto Racing (L)		KIRO 7 News (N)		NCIS: New Orleans		Service Awards (N)		48 Hours		KIRO 7 Tonight (N)	(:35) Hot Topics
8	KGW	○	(5:00) Local Programming		Local Programming		America's Got Talent Hopeful stars display their talents.				Dateline NBC		KGW News (N)	Sat. Night Live
9	KRCW	3	Modern Family	Modern Family	Mom	Mom	Two and a Half	Two and a Half	Two and a Half	Two and a Half	KOIN 6 News at 10:00 p.m. (N)		Seinfeld	Pawn Stars
10	KOPB	10	Roadtrip Nation: Do It Differently		Steves' Europe	Steves' Europe 1/2	Masterpiece Classic "Sanditon"		Midsomer M.	(:50) Midsomer M. "Breaking the Chain"	Hillary "Home"			On Story
12	KPTV	12	(4:00) MLB Baseball (L)		★★ Money Train (1995, Action) Wesley Snipes, Jennifer Lopez, Woody Harrelson.				Service Awards		10 O'Clock News (N)		Game of Talents	
13	KPDX	○	Access Hollywood Weekend (N)		Big Bang Theory	Big Bang Theory	NCIS "Sound Off"		NCIS: New O. "The River Styx, Part I"		Paid Program	Paid Program	Service Awards	
●	KCPQ	13	(4:00) MLB Baseball N.Y./Hou. (L)		Big Bang Theory	Big Bang Theory	TMZ (N)		Big Bang Theory	Big Bang Theory	News (N)	Most Wanted	Game of Talents	
20	TBS	20	(5:30) ★★★ Aquaman (2018, Action) Amber Heard, Willem Dafoe, Jason Momoa.					Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Cube "50-Thousand-Dollar Finger"	
●	KZJO	22	Pawn Stars	Pawn Stars	Modern Family	Modern Family	Modern Family	Modern Family	Q13 News (N)	Most Wanted	Nightwatch "Triumph and Tragedy"		Funny Weather	Funny Weather
29	ESPN	29	(5:00) UFC UFC 264 (L)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)		SportsCenter (N)	
30	ESPN2	30	(5:00) Cornhole ACL Pro Invitational		USL Soccer Las Vegas Lights FC vs. Oakland Roots SC (L)				UEFA EURO 2020 Final Preview Show		ITF Tennis Wimbledon Women's Final			
31	NICK	31	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Danger Force (N)	Young Dylan (N)	Friends	Friends	Friends	Friends	Friends	Friends
32	DISN	32	(5:45) ★★ Hotel Transylvania 3: Summer Vacation		Big City Greens	Big City Greens	Miraculous	Miraculous	Miraculous	Big City Greens	Big City Greens	The Owl House	The Owl House	
34	FAM	34	(5:40) ★★ The Twilight Saga: Eclipse (2010, Drama) Robert Pattinson, Taylor Lautner, Kristen Stewart.					(:40) ★★ The Twilight Saga: Breaking Dawn Part 1 ('11) Robert Pattinson, Kristen Stewart.					(:20) The Twilight Saga: Breaking D...	
35	FMC	35	(4:45) Spy ('15) Melissa McCarthy.		(:05) ★★ Spy (2015, Action/Comedy) Jude Law, Rose Byrne, Melissa McCarthy.				(:25) ★★★ Killers (('10, Act) Katherine Heigl, Ashton Kutcher.				(:20) The Brothers Grimsby	
36	LIFE	36	★ My Wife's Secret Life ('19) Matthew MacCaull, Jason Cermak, Kate Villanova.				Framed By My Husband ('21) Dan Payne, Rebecca Roberts, Christine Chatelain.				(:05) The Stranger She Brought Home ('21, Suspense) Cameron Jebo, Lesa Wilson.			
38	ROOT	38	Mariners Spotlight	MarinersPre-game	MLB Baseball Los Angeles Angels at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)						Post-game	MarinersPre-game	MLB Baseball L.A. Angels vs Seattle	
39	FS1	39	(5:00) To Be Announced		To Be Announced		CONCACAF Soccer Gold Cup To Be Announced vs. Mexico (L)				SportsCenter (N)		SportsCenter (N)	
43	SPIKE	43	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.						★★★ Apollo 13 (1995, Docu-Drama) Bill Paxton, Kevin Bacon, Tom Hanks.					
44	COM	44	(5:30) To Be Announced				To Be Announced						South Park	South Park
45	HIST	45	American Pickers "Say Sohio"		American Pickers "Midwest Mayhem"		American Pickers "Cruisin'"		American Pickers "Hollywood in Texas"		(:05) A. Pickers "Return of the Impala"		(:05) Amer. Pickers "Ripe for the Picking"	
46	A&E	46	(5:00) ★★★ Pain and Gain ('13) Dwayne Johnson, Anthony Mackie, Mark Wahlberg.				★★★ Den of Thieves (2018, Action) Jordan Bridges, O'Shea Jackson Jr., Gerard Butler.						(:05) Extraction ('15, Thril) Bruce Willis.	
47	TLC	47	Pimple "Warning: Cystem Shutdown!"		Dr. Pimple Popper "A Spoonful of Cyst"		So Cheap "Rather Die Than Pay Retail"		So Cheap "Saving for a Rainy Day"		Ext. Cheapskates	Ext. Cheapskates	Extreme Time Cheaters	
48	DISC	48	Naked and Afraid "Island From Hell"		Naked and Afraid "Island of Tears"		★★★★ Jaws (1975, Horror) Richard Dreyfuss, Robert Shaw, Roy Scheider.						Sharks of the Badlands	
49	NGEO	49	Sharks Attack "Predators in Paradise"		Sharks A. "Devastation Down Under"		Sharks Attack "Danger in the Deep" (N)		Sharks A. "North Florida Frenzy" (N)		Shark Beach with Chris Hemsworth		Sharks Attack "Danger in the Deep"	
50	TNT	50	(5:45) ★★★ Avengers: Infinity War (2018, Action) Chris Evans, Chadwick Boseman, Josh Brolin.				(5:45) ★★★ Avengers: Endgame (2019, Action) Robert Downey Jr., Karen Gillan, Brie Larson.							
51	AMC	51	(5:00) ★★★ True Lies ('94) Arnold Schwarzenegger, Tom Arnold, Jamie Lee Curtis.				★★★ Crocodile Dundee ('86, Adv) Linda Kozlowski, John Meillon, Paul Hogan.				★★ Crocodile Dundee II ('88, Comedy) Linda Kozlowski, John Meillon, Paul Hogan.			
52	USA	52	(:15) ★★ Grown Ups (2010, Comedy) Kevin James, Chris Rock, Adam Sandler.				★★ Grown Ups 2 (2013, Comedy) Kevin James, Chris Rock, Adam Sandler.						(:45) ★★ Long Shot ('19, Com) Seth Rogen, Charlize Theron.	
53	FOOD	53	Food Paradise "Global Grub"		Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins
54	HGTV	54	Home Town		Home Town "Grand Style"		Vacation House "Waterfall Escape" (N)		Vacation House "Value		Love It or List It "No Laughing Matter"		Love It or List It "Design Intervention"	
56	FX	56	(5:30) ★★★★ Deadpool (2016, Action) Morena Baccarin, Ed Skrein, Ryan Reynolds.				★★★ Deadpool 2 (2018, Action) Josh Brolin, Julian Dennison, Ryan Reynolds.						★★★★ Captain America: The Winter Soldier Chris Evans.	
57	CNN	57	The Nineties "The One About TV"				The Eighties "Raised on Television" How the VCR and remote control changed TV.				The Seventies "Television Gets Real"		CNN Newsroom Live (N)	
58	FNC	58	Justice With Judge Jeanine (N)		Unfiltered		Watters World		Justice With Judge Jeanine		Unfiltered		Watters World	
60	MSNB	60	The Week With Joshua Johnson (N)		American Voices		The Week With Joshua Johnson		The Week With Joshua Johnson		Dateline "Buried Secrets"		Dateline "Suspicion"	
61	CNBC	61	Undercover Boss "Twin Peaks"		Under Boss "Diamond Resorts: Take 2"		Undercover Boss "Loehmann's"		Under Boss "Undercover Employee"		Undercover Boss "Vivint"		Paid Program	Paid Program
63	BRAV	63	(5:30) Mill.Listing		Million Dollar List "Hollywood Royalty"		★★★★ The Shawshank Redemption (1994, Drama) Morgan Freeman, James Whitmore, Tim Robbins.						★★★★ The Shawshank Redemption ('94) Tim Robbins.	
64	TCM	64	Movie		★★ The Glory Stompers ('68) Jody McCrea, Dennis Hopper.		★★ Devil's Angels ('67, Cri) Beverly Adams, John Cassavetes.		★★★★ The Bribe (1949, Action) Ava Gardner, Charles Laughton, Robert Taylor.				Mary, Mary ('63)	
65	SYFY	65	(4:45) ★★★ Captain America: Civil War ('16) Robert Downey Jr., Chris Evans.				★★★ Avengers: Age of Ultron (2015, Action) Scarlett Johansson, Chris Hemsworth, Robert Downey Jr..						Robin Hood ('10, Adv) Russell Crowe.	
162	RFD	162	Daniel O'Donnell "Streaming Show"		Mollie B Polka Party		Larry's Country Diner "Teea Goans"		Paid Program	Paid Program	The Red Skelton Show		Paid Program	

Sunday Evening — July 11

A - Charter Astoria/ Seaside - L - Charter Long Beach

A		L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	2	KATU News at 6:00 p.m. (N)		America's Funniest Home Videos		Celebrity Family Feud		The Chase		To Tell the Truth		News (N)	(:35) Full Measure
●	KOMO	4	KOMO 4 News Sunday at 6:00 p.m. (N)		America's Funniest Home Videos		Celebrity Family Feud		The Chase		To Tell the Truth		KOMO4News (N)	(:35) Full Measure
●	KING	5	NBC News (N)	KING 5 News (N)	America's Got Talent "Auditions 3"		College Bowl "Qualifiers 3"		America-Talent "Auditions 5" Contestants audition for the chance to win the prize.				KING 5 News (N)	(:35) Band Seattle
6	KOIN	○	KOIN 6 News (N)	Weekend News (N)	60 Minutes		Big Brother (N)		Love Island (N)				KOIN 6 News (N)	(:35) Game On!
●	KIRO	7	Weekend News (N)	KIRO 7 News (N)	60 Minutes		Big Brother (N)		Love Island (N)				KIRO 7 Tonight (N)	KIRO 7 Tonight (N)
8	KGW	○	NBC News (N)	Straight Talk	America's Got Talent "Auditions 3"		College Bowl "Qualifiers 3"		America-Talent "Auditions 5" Contestants audition for the chance to win the prize.