



Nesbitt sits inside his studio. He painted the walls.

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and you can't really do that there. I just had to sit in it and be present and uncomfortable," Nesbitt said.

In another episode, "Holding on to Hope with Mario Rodriguez," Nesbitt spoke with guest Mario Rodriguez about his community involvement on the peninsula and his residency status, which is in limbo as he seeks asylum in the U.S. Rodriguez shared that he came to the U.S. from Mexico 18 years ago because he is gay and would not have been treated well in Mexico.

"I came here in a self-imposed asylum," Rodriguez said. "I have found good people, great people, and it's a small community, everyone is together."

Nesbitt didn't set out to create a podcast with serious themes.

"I had just planned on making it a strictly light-hearted and funny podcast so that I could do that and cover serious topics if I wanted to," he said.

However, the opportunity to talk with Rodriguez fell in his lap. In the episode's introduction, Nesbitt shared some of his opinions on immigration and research he did to prepare for the conversation.

"I'm not an immigration expert. I'm just a guy. And I'm just sitting down here today to talk to another guy who really needs our help and who's being treated unfairly and who has so much to offer society, but he's being thrown away," Nesbitt said.

Listeners can expect most episodes to be generally light-hearted and funny conversations with guests who end up feeling like friends. Nesbitt has steadily posted new episodes weekly, plus bonus episodes. He said he is proud of the listener-ship and reach of the podcast.

"We've been downloaded in 37 countries ... and as of today we have 2,234 unique listeners," Nesbitt reported in early June.

Making the podcast has brought new connection to Nesbitt's life.

"I've been connecting with people from high school and people from college and people who I've known my whole life, but I didn't actually talk to ... it's wonderful, I really enjoy that part of it and it makes me feel like what I'm doing is actually community-building," he said.