## RAMBLING BY THE RIVER

## Homegrown podcast is streamed around the world

BY CAITLIN SEYFRIED

Up two narrow flights of stairs in the loft of a crab shed in Chinook, Washington is where you might find Jeff Nesbitt recording his next podcast episode.

Nesbitt launched his podcast "Ramble by the River" in January and has since hosted 31 episodes featuring conversations with guests from all walks of life.

Nesbitt grew up on the Long Beach Peninsula and now lives in Chinook with his family. Working in natural resources by day, the podcast gives him a creative outlet. Ramble by the River is Nesbitt's first public creative project.

"I felt like I needed to make something and I always wanted to make a podcast," Nesbitt said, "because when I listen to podcasts, I have things to add. I found myself wishing I was in the room."

The coronavirus pandemic pushed Nesbitt from wishing to building a recording studio. He renovated a small corner of his father-in-law's warehouse used to store crabbing gear. On the walls that surround his audio set up, Nesbitt painted a mural of abstract jewel-toned mountains.

Nesbitt was not experienced in audio production before starting the podcast, so he had to study up and learn on the fly. Podcasting may seem as simple as hitting record, "but it's a lot more involved than that," Nesbitt said. "The audio engineering portion of it is insanely time-consuming. I didn't anticipate that."

## **Rambling together**

"At the very heart, Ramble by the River is about connection. Being connected to the people around you, being connected to the environment, and being connected to yourself and knowing yourself," Nesbitt said.

Through his first 31 episodes, Nesbitt's guests have included his friends and family, local business owners, a golfer, a commercial fisherman, and a climate activist. The topics that Nesbitt and his guests cover are even more expansive.



"Cryptocurrency, consciousness, the nature of reality, spirituality, economics, religion, those are the hits," Nesbitt said.

However, it's not necessarily the topics that inspire the conversations.

"It's the passion that I want to talk about, not necessarily the individual thing that they're passionate about. I want to talk about that too, but it's the fury that I see in their eyes when they talk about it, that's the part I want to capture," Nesbitt said.

As with any ramble, conversations on the podcast meander around the minutiae of daily life to guest's backstories and big life questions. However, Nesbitt and his guests also stumble upon tricky subjects and difficult stories.

One of the more difficult moments on the podcast for Nesbitt was to sit with grief and pain in a conversation with Lindy Swain about the death of her niece Dylan Jude Harrell (the namesake of Dylan's Cottage Bakery in Long Beach).

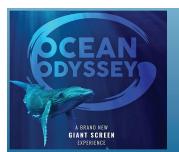
"I generally make jokes about everything and try to get away from the discomfort,



Caitlin Seyfried

See Page 9

Nesbitt looks inside the crab shed, where he records 'Ramble by the River.'



## 3D Theater NOW SHOWING Lightship Tour Gift Store FREE FOR MEMBERS COLUMBIA RIVER MARITIME MUSEUM

OPEN DAILY 9:30 TO 5:00 • 1792 Marine Drive, Astoria • 503.325.2323 • www.crmm.org



