# **COMMUNITY NOTES**

### **FRIDAY**

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Better Breathers Club — Sessions offer support, ways and techniques to cope with chronic obstructive pulmonary disease, asthma, pulmonary fibrosis and other respiratory issues. Caregivers also welcome. For information, call 800-562-8964.

#### **SATURDAY**

Lower Columbia R/C Society — Local Academy of Model Aeronautics chartered radio control model aircraft club. All model aircraft enthusiasts are welcome. For information, call 503-458-5196 or 503-325-0608.

## **SUNDAY**

Blacksmith Enthusiasts Meet — For information, contact Mark Standley at 503-434-0148 or Herman Doty at 971-306-1043 or ringinganvildesign@gmail.com

National Alliance on Mental Illness Support **Group** — Family to family support group, for anyone with a friend or loved one suffering from a serious mental illness. For information, contact Myra Kero at 503-738-6165, or k7erowood@q. com, or go to nami.org

# **MONDAY**

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — For information, go to AstoriaRotary.org

Columbia Northwestern Model Railroading Club — Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757. Parkinson's Support Group — For informa-

tion, call 503-440-1970 or 503-440-1985. **Peninsula Quilt Guild** — For information, call

Janet King at 360-665-3005. Seaside Lions Club — For information, call

Pacific NW Head Injury Support Group — For information, call 209-791-3092.



# **Finlandia Foundation National** aids Nordic park effort

Dirk Schulbach, second from right, of Finlandia Foundation National, presents a check for \$5,000 for the Astoria Nordic Heritage Park to Loran Mathews, second from left, president of the Astoria Scandinavian Heritage Association. Also pictured, from left, Miss Scandinavia Sofia Morrill, Miss Finland Emma Biederman and Junior Miss Finland Avery Hoyer. If fundraising goals are reached this summer, construction on the park will start in September. To donate, mail checks to Astoria Nordic Heritage Park, P.O. Box 34, Astoria, OR., 91703, or go to AstoriaNordicPark. org. Donations are tax deductible.

Pacific County Democrats — For information, go to fb.me/DemocratsofPacificCounty

### **TUESDAY**

Stewardship Quilting Group — Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — Men's group. For information, call Jack McBride at 360-665-2721.

**Senior Lunch To Go** — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

Astoria Lions Club — Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria Kiwanis Club — For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

Bras2Moms Fitting — Free nursing bras and/ or tanks to mothers. A \$5 donation is requested, not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-338-7581.

Warrenton Caregiver Support Group — 1:30 to 3 p.m., conference call. Support, information and resources for caregivers. For conference call details, and to RSVP, call Grace Bruseth at 503-738-6412.

**Lower Columbia Hospice Bereavement Support Group** — Open to age 18 or older. For information, call 503-338-6230.

North Coast La Leche League — Pregnant women, mothers, babies and toddlers welcome. For breastfeeding support, call or text Megan Oien at 503-440-4942, Kestrel Gates at 503-453-3777, Katie Winters at 503-717-3748 or send message to La Leche League of Astoria on Facebook, fb.me/Illofastoria

North Coast Chapter, ABATE of Oregon — All are welcome. For information, call 503-791-7253.

Peninsula Arts Association — All are welcome. For information, call 360-665-6041 or go to beachartist.org

**Authentic Spiritual Conversations** — Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

## **WEDNESDAY**

Wickiup Senior Lunches To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m, Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

**Senior Lunch To Go** — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

North Coast Multiple Sclerosis Care and **Share Help Group** — For information, call 503-325-7898.

Cannon Beach Garden Club — For information, call Pam Chater at 503-436-2331 and leave a message or email pamchater@msn.com

**Stroke Support Group** — Stroke survivors, their caregivers and family members welcome. For information, call 503-717-7781. WomenHeart of North Oregon Coast —

Peer support group for women living with, or at risk of heart disease. For information, contact Michele Abrahams at 503-338-8435 or WH-NorthOregonCoast@womenheart.org Seaside Elks Lodge No. 1748 — For infor-

mation, call 503-738-6651 or email seasideelks@ vahoo.com

Maple Chapter No. 95, Order of the Eastern **Star** — For information, go to oregonoes.org

### **THURSDAY**

Wickiup Senior Lunches To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m, Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

**Senior Lunch To Go** — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Home Improvement

Store in 2020



# Best Garden 5/8 In. Dia. x 50 Ft. L. **Heavy-Duty Soft & Supple Garden Hose**

Best Garden Heavy-Duty Soft & Supple Garden Hose Polyester dual-weave reinforcement for superior burst performance. 15% more material in core for greater strength. Oil and scuff resistant outer jacket. Crush resistant lead-free couplings. Ideal for rugged jobs around the house or for the professional. 400+ psi (pounds per square inch). Limited lifetime warranty. Not safe for drinking water. 5/8" x 50' long. **SKU 700479** 

Founded 1904

Your Project Headquarters



**SUNGRO Black Gold All Purpose Potting Mix** 

Multi-purpose, nutrientrich mix ideal for a wide variety of plants, flowers, and vegetables. Works well for house plants, patio containers, and hanging baskets. Canadian sphagnum peat moss is blended with earthworm castings, forest humus,



and provide moisture retention and good drainage. For

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**SUNGRO Black Gold Natural & Organic Potting Mix** 

Suncast 175 Ft

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**Resin Hose Reel** 

comes fully assembled.

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and hoses. Hose hooks

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Features sturdy resin

construction and

Step plate for easy

rewinding. Easylink

between hose reel

hold the end of the

hose. Color: Bronze.

Capacity: 175' of 5/8"

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system ensures

Hosemobile

This rich, loamy mix is a premium choice for all purpose gardening applications. 100% organic base consists of screened earthworm castings, Canadian sphagnum peat moss, compost, and forest humus. Perlite and pumice are added to



ensure optimum aeration. Ideal for flowers, vegetables, hanging baskets, and indoor & outdoor containers. Also includes fertilizer. SKU 764551





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