

COMMUNITY NOTES

FRIDAY

Senior Lunch To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

MONDAY — MEMORIAL DAY Senior Lunch To Go — No lunch is served today.

Columbia Senior Diners — No lunch is served today.

Warrenton Senior Lunch Program — No lunch is served today.

Astoria Rotary Club — For information, go to AstoriaRotary.org

Columbia Northwestern Model Railroad Club — Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

Astoria Toastmasters — For information, go to 775.toastmastersclubs.org or call Christa Svensson at 206-790-2869.

TUESDAY

Stewardship Quilting Group — Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — Men's group. For information, call Jack McBride at 360-665-2721.

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Astoria Lions Club — Prospective members welcome. For

information, contact Charlene Larsen at 503-325-0590.

Astoria Kiwanis Club — For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

Bras2Moms Fitting — Free nursing bras and tanks for mothers. A \$5 donation is requested, not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-338-7581.

Evergreen Masonic Lodge No. 137 — For information, call 503-717-0808.

Authentic Spiritual Conversations — Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Moms Offering Moms Support Club — For information, go to fb.me/MOMSClubofAstoria or email president@momsclubofastoria.org

Wickiup Senior Lunches To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

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U.S. Coast Guard Auxiliary Flotilla 06-02 — Uniformed civilian volunteer branch of the Coast Guard. Members learn new skills and qualifications; no former military or boating experience needed. For information, contact Della Wilson at 360-244-7062 or wilsonkart@gmail.com

Seaside Elks Lodge No. 1748

— For information, call 503-738-6651 or email seasideelks@yahoo.com

THURSDAY

North Coast Women — For information, call 503-738-8695.

Wickiup Senior Lunches To Go — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

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Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Rotary Club of Seaside — For information, visit Rotary Club of Seaside on Facebook at fb.me/SeasideRotary

Grief Support Group — For information, call Lower Columbia Hospice at 503-338-6230.

Lower Columbia Danish Society — 7 p.m. Zoom meeting and discussion about Nordic activities over the summer. The public is welcome. Being or speaking Danish not required; only an interest in Danish heritage, culture and traditions is needed. For Zoom information, go to lowercolumbiadanes.org or call 503-325-2612.

OTHER

Blankets Needed — Columbia Veterinary Hospital, 576 31st St. Needs blanket donations for their four legged patients. Anything is helpful, even the stained or frayed. Donations can be dropped off during business hours (closed for lunch from noon to 1:30 p.m.) Monday through Saturday.

Grandma dislikes having photos taken

Dear Annie: I have a problem I do not know what to do about. As I am getting old, I terribly dislike having my picture taken — especially when I am asked to pose. I get beet red from embarrassment and start feeling sick.

Last Sunday, my husband and I attended a religious ceremony for his granddaughter "Bridget" (my lovely step-granddaughter), and afterward my stepdaughter "Wendy" insisted we both pose with Bridget for a photo. I told Wendy, "Please, not me. I really hate having my picture taken." Wendy kept insisting it was "for family use only" but eventually let it be. Later, while we were all together at a restaurant, I saw her using the camera, and I am pretty sure she took photos of me, as well. Because we were a relatively large group, it would probably have been difficult to avoid me, so I did not say anything. Besides, I love my husband's children and grandchildren.

On the long drive home, I asked my husband what he thought, and he indicated he could see both sides. I think that as a good hostess, you should not insist on doing something that makes a guest uncomfortable. At the same time, I understand she tries to include me. Wendy takes selfies all the time, so I do not think she can relate to how I feel. What do you think? — *Camera-Shy Grandma*

Dear Camera-Shy Grandma: I agree that no one should insist on taking someone's photo against his or her will. The problem is that to some people these days, the phrase "I don't like having my picture taken" might as well be gibberish. They simply can't comprehend it. Your stepdaughter seems to be in this camp. Maybe she mistook your request for polite modesty. In any case, spell it out for her. Say, "I really, truly am uncomfortable with having my photo taken, and it causes me anxiety." Perhaps you could offer to take on

the role of photographer so she's less concerned with needing to document memories.

For what it's worth, your attitude is refreshing in the age of the selfie stick. May we all live more for the present and less for the pictures.

Dear Annie: This is in response to the letter from "Help," the owner of the elderly dog with incontinence issues. I also have elderly dogs, a pair of sibling westies, who have issues in this regard.

One has had sleep incontinence off and on for half her life. She takes an effective medication for this issue and wears stylish "just in case" pants, which don't hinder her one bit. My male dog has been diabetic for three years, and this has made it harder for him to hold it at times.

"Help" needs to know about washable belly bands — which provide complete protection, as long as the proper area is covered. I add a couple of human-style incontinence panty liners to amp up capacity. I can now leave my dogs for six to eight hours if necessary, without worrying about what I'll find when I get home.

Please let "Help" know that this option might be better for her than expensive disposable diapers, confinement or putting up with messes. She is doing laundry anyway, so washing reusable doggy pants or belly bands (after spraying them with urine-eliminating products) would be no big deal, as long as she has an adequate supply on hand. Her elderly dog could have the run of the house again (or at least a bigger room than the bathroom) once she sees how well these products work.

Any problem regarding our companion animals can be overcome with love, advice, patience and adaptability on the part of their human parents. — *Janey*

Dear Janey: Hear! Hear! Thanks for the additional tips.

DEAR ANNIE



ANNIE LANE
Creators
Syndicate Inc.

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City Lumber

"We're more than a lumber yard"

Founded 1904

Your Project Headquarters

Voted **BEST** Home Improvement Store in 2020

2020 READERS' CHOICE AWARD

Thermos QuickSet 2-Burner Black 26,500-BTU LP Gas Grill

\$119⁹⁹

Quick Assembly Gas Grill. Features 265 Sq. In. of cooking on porcelain-coated wire grates. 2 stainless steel burners. Plastic side shelves offer built-in handles and tool hooks. Durable porcelain-coated steel lid and firebox, designed to withstand the elements. Piezo ignition system offers a reliable spark with every push. (2) 6 In. wheels offer easy portability. Comes Unassembled. **SKU 807583**



Best Garden 5/8 In. Dia. x 50 Ft. L. Heavy-Duty Soft & Supple Garden Hose

\$27⁸⁸

Best Garden Heavy-Duty Soft & Supple Garden Hose Polyester dual-weave reinforcement for superior burst performance. 15% more material in core for greater strength. Oil and scuff resistant outer jacket. Crush resistant lead-free couplings. Ideal for rugged jobs around the house or for the professional. 400+ psi (pounds per square inch). Limited lifetime warranty. Not safe for drinking water. 5/8" x 50' long. **SKU 700479**



Suncast 175 Ft x 5/8 In. Bronze Hosemobile Resin Hose Reel

\$28⁸⁸

Features sturdy resin construction and comes fully assembled. Step plate for easy rewinding. Easylink system ensures watertight connection between hose reel and hoses. Hose hooks hold the end of the leader hose or garden hose. Color: Bronze. Capacity: 175' of 5/8" hose. **SKU 734497**



LEIGH COUNTRY Tractor Seat Swivel Stool

\$95⁹⁹

TX 97000 Product Metallic Tractor Seat Swivel Stool. Bring farmhouse style home with this tractor seat stool. The solid steel construction is built to last, and the powder-coated finish adds durability. This stool is built to fit your needs with an adjustable height, ample foot rest space, and the ability to swivel and turn as needed. **SKU STOOL**



SUNGRO Black Gold All Purpose Potting Mix

\$11⁸⁸

Multi-purpose, nutrient-rich mix ideal for a wide variety of plants, flowers, and vegetables. Works well for house plants, patio containers, and hanging baskets. Canadian sphagnum peat moss is blended with earthworm castings, forest humus, compost, and pumice. Specially formulated with CRF (controlled release fertilizer) to feed up to 6 months and provide moisture retention and good drainage. For indoor and outdoor use. **SKU 764568**



SUNGRO Black Gold Natural & Organic Potting Mix

\$12⁸⁸

This rich, loamy mix is a premium choice for all purpose gardening applications. 100% organic base consists of screened earthworm castings, Canadian sphagnum peat moss, compost, and forest humus. Perlite and pumice are added to ensure optimum aeration. Ideal for flowers, vegetables, hanging baskets, and indoor & outdoor containers. Also includes fertilizer. **SKU 764551**



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