

OBITUARIES

Helen Alison Gronquist

Seaside

Jan. 18, 1947 — April 19, 2021

Helen Alison Gronquist was the daughter of Canadian immigrants, Archibald and Elsie Whiteford, and grew up in Gresham.

After graduating from Gresham High School, she attended the University of Puget Sound, where she was a member of the Delta Delta Delta sorority.



Helen Gronquist

scholarship recipients, and the highlight, for her, was then witnessing them being rewarded.

An avid reader, Helen also enjoyed the camaraderie, luncheons and discussions with her local book club.

Helen's family was important to her beyond measure. She was loving and caring

to all. She is survived by her devoted husband of 21 years, Roy Gronquist; her sisters and "partners in crime," Heather McDonald, of Gearhart, and Ann Lucia, of Portland; her sons and their families in Wisconsin, Brandon and Donna Esser and Morgan and Jamie Esser; and Roy's daughters, Melissa Grey and Amy Baker, and their families.

Helen cherished her beloved grandchildren, Maddy, Grant, Brooklyn, Noah, Eli, Simon, Betsy, Graham and Sophie. She was also a proud aunt to her nieces and nephews.

Her positive outlook, steadfastness, infectious giggle and her smile just for you will be missed by all who knew her.

After receiving her degree from the University of Oregon, she moved to Wisconsin. Later returning to Oregon, she became a successful benefits insurance broker in the greater Portland area.

Upon retirement, she and her husband, Roy, moved to Gearhart, then settled in Seaside. Loving travel, she and Roy toured 15 countries. Their Wisconsin trips to visit her two sons and their families were her favorite.

Helen's most rewarding community involvement was her participation as a foundation board member of the Seaside branch of the American Association of University Women. Her role was interviewing and interacting with prospective

SPORTS

ATHLETES OF THE WEEK



Nancy Taylor



Gary Henley/The Astorian

MAEVRI BERGERSON
Infinity Gymnastics

Astoria's Infinity Gymnastics had its first meet of the season last week, at the America's Best Kids Classic in Medford. Bergerson represented Infinity's Xcel Gold team by placing first in the all-around scoring, with a 35.5 score. She took first in the bars (8.9), and second place in both the vault (8.8) and floor exercise (9.3).

DUANE FALLS
Warrenton

The senior pitched part of a no-hitter and had another all to himself in a three-game sweep over Clatskanie last week. In the first game, Falls was the starter and struck out eight batters in three innings of work, combining with Dawson Little and Cam'Ron Daniels on a no-hitter. Three days later, Falls finished off the Tigers with 13 strikeouts and no hits allowed.

Valiants win Seaside golf invitational

The Astorian

Seaside was the host team Wednesday for a Cowapa League girls golf invitational at Gearhart Golf Links.

Playing under Stableford scoring, Valley Catholic was the big winner with 206 points, followed by Astoria (146), Seaside (134), Banks (114) and Tillamook (104).

Individually, Lily Reed led Astoria with 40 points, ahead of Constance Rouda (39), Annalyse Steele (36), Ava Davis (31) and Xochitl Perez (14).

PREP SPORTS SCHEDULE

SATURDAY

Baseball — Astoria at Banks, 5 p.m.; Woodburn at Warrenton, 2 p.m.
Softball — Banks at Astoria, 1 p.m.
Track — Tillamook at Seaside, 1 p.m.

MONDAY

Baseball — Astoria at Tillamook, 5 p.m.
Softball — Tillamook at Astoria, 5 p.m.
Boys Golf — Astoria at Valley Catholic, 1 p.m.
Girls Golf — Astoria at Banks, 1 p.m.

TUESDAY

Baseball — Nestucca at Knappa, 4:30 p.m.
Softball — Knappa at Nestucca, 4:30 p.m.

OBITUARY POLICY

The Astorian publishes paid obituaries. The obituary can include a small photo and, for veterans, a flag symbol at no charge. The deadline for all obituaries is 9 a.m. the business day prior.

Obituaries may be edited for spelling, proper punctuation and style. Death notices and upcoming services will be published at no charge. Notices must be submitted by 9 a.m. the day of publication.

Obituaries and notices may be submitted online at DailyAstorian.com/forms/obits, by email at ewilson@dailyastorian.com, placed via the funeral home or in person at The Astorian office, 949 Exchange St. in Astoria.

For more information, call 503-325-3211, ext. 257.

Gulls top Valiants; Braves beat Astoria softball

The Astorian

Seaside snapped a 2-2 tie after three innings with four runs in the top of the fourth, and the Gulls added three in the fifth to pull away for a 10-5 Cowapa League softball win Thursday at Valley Catholic.

The Valiants had nine hits to Seaside's seven, but Valley Catholic also committed four errors.

Banks 9, Astoria 2

In other Cowapa League softball action, Banks defeated Astoria, 9-2. The Braves held a slim 3-2 lead through five innings, before erupting for five runs in the

top of the sixth.

Emma Biederman had two of Astoria's five hits, while Banks pitcher Brooke Vandehey tossed a complete game, striking out 11.

Easy wins for Gulls, Warriors baseball

The Astorian

Warrenton's Dylan Atwood tossed a two-hitter Thursday afternoon at Willamina, in a five-inning, 22-2 win over the Bulldogs in a Coastal Range League baseball game.

On the mound, Atwood struck out 12 batters, and helped himself at the plate with three doubles. Hordie Bodden Bodden and Ethan Caldwell also had three hits apiece for the Warriors, who had seven doubles.

Banks 10, Astoria 1

The Braves jumped out a 4-0 lead after a half inning, then coasted to a 10-1 win over Astoria in Thursday afternoon Cowapa League baseball action at Tapiola Park.

Banks had nine players with at least one hit, and only one player, Wyatt Hesselman, with two. Charles White had a solo home run to right field, while Banks pitchers Riley Harbaugh and Colton Hesselman combined on a four-hitter, with 10 strikeouts.

Gunnar Olson had two of Astoria's four hits. The Fishermen play Saturday at Banks.

Seaside 12, Valiants 2

Seaside spotted the Valiants a 2-0 lead in the top of the first, but the Gulls answered with two runs in their first at-bat, and added two in the third highlighted by a double from Jarred White, on their way to a 12-2 win over the Valiants.

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SEVEN-DAY FORECAST FOR ASTORIA

TODAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
57 43 An afternoon shower	57 42 Mostly cloudy	55 45 Cloudy, showers around	58 41 A shower possible	66 45 Showers possible	59 44 Rain possible; cooler	56 43 Showers possible

ALMANAC
Astoria through Thursday
Temperatures
High/low 58/45
Normal high/low 58/43
Record high 83 in 1908
Record low 31 in 1975
Precipitation
Thursday 0.00"
Month to date 1.12"
Normal month to date 5.07"
Year to date 33.93"
Normal year to date 29.91"

UNDER THE SKY
Tonight's Sky: The Big Dipper is nearly overhead before midnight.
Source: Jim Todd, OMSI

SUN AND MOON
Sunrise today 6:02 a.m.
Sunset tonight 8:24 p.m.
Moonrise today 1:22 a.m.
Moonset today 9:42 a.m.

TODAY'S TIDES
Astoria / Port Docks
Time High (ft.) Time Low (ft.)
4:30 a.m. 8.8 11:51 a.m. -0.8
6:26 p.m. 6.8 11:45 p.m. 3.2
Cape Disappointment
4:06 a.m. 8.9 10:55 a.m. -1.1
6:03 p.m. 6.8 10:52 p.m. 3.7
Hammond
4:18 a.m. 9.0 11:14 a.m. -1.3
6:09 p.m. 6.9 11:13 p.m. 3.3
Warrenton
4:25 a.m. 9.2 11:35 a.m. -0.7
6:21 p.m. 7.2 11:29 p.m. 3.3
Knappa
5:07 a.m. 9.0 12:52 p.m. -0.6
7:03 p.m. 7.1 none
Depoe Bay
3:19 a.m. 8.8 10:28 a.m. -1.5
5:19 p.m. 6.7 10:24 p.m. 3.5

NATIONAL CITIES

City	Today	Sun.
Atlanta	79/60/s	81/66/c
Boston	61/51/pc	72/52/pc
Chicago	80/62/pc	81/60/pc
Dallas	73/64/r	82/68/t
Denver	84/52/s	64/42/t
Honolulu	85/74/sh	86/72/pc
Houston	75/69/t	85/73/t
Los Angeles	79/59/pc	71/58/pc
Miami	88/76/t	88/77/pc
New York City	65/55/s	76/59/pc
Phoenix	98/70/pc	92/67/s
San Francisco	64/52/pc	67/53/s
Wash., DC	69/55/s	85/64/pc

REGIONAL FORECAST
Shown is today's weather. Temperatures are today's highs and tonight's lows.

City	Today	Sun.	City	Today	Sun.
Baker City	66/36/pc	60/31/pc	North Bend	57/47/pc	57/43/c
Brookings	59/46/pc	61/46/pc	Roseburg	71/47/pc	70/40/c
Ilwaco	55/46/sh	56/43/c	Seaside	56/43/c	57/41/r
Newberg	63/41/pc	67/38/c	Springfield	68/43/pc	69/39/c
Newport	54/44/c	54/42/c	Vancouver	63/42/pc	65/40/c