

United Way set to hold volunteer events on Saturday

The Astorian

United Way of Clatsop County is hosting its fifth annual Day of Caring event on Saturday at three sites. This year, volunteer activities will be outdoors because of the coronavirus pandemic.

Hilltop Apartments, between 11th and 12th streets on Niagara Avenue, needs volunteers to plant lavender and maple trees and spread black mulch for a beautification project.

Site two is located at Camp Kiwanilong, 595 S.W. Ridge Road in Warrenton.

Volunteers are needed for a variety of projects, including cabin spring cleaning, power washing, storm debris clean-up and Styrofoam skimming off Long Lake.

Site three is Railroad Community Gardens, 1001 to 1099 S. Irvine Place in Seaside. Volunteers will be rebuilding garden boxes, installing pavers for improved Americans with Disabilities Act access and a working on a variety of other gardening activities.

The organization is also collecting essential items for community members in dis-

trass, including nonperishable food items, dental products, personal care items, personal protection equipment, comfort for children and baby care items (must be new), pet care products, gift cards and handwritten inspirational cards.

Essential items are being accepted from 9 a.m. to 1 p.m. Saturday at the following locations: the Barbey Maritime Center, 1792 Marine Drive, Camp Kiwanilong and Railroad Community Gardens.

For information and to sign up, go to ClatsopUnitedWay.org under "Events."

HONOR ROLL

The following students have qualified for the honor roll by earning a 3.5 grade point average or higher at school.

Oregon State University Corvallis

Arch Cape: Brendan D. Deur.

Astoria: Jeffrey Ben-thin, Rowan O. Fay, Fridtjof K. Fremstad, Samuel E. Gray, Ebin T. Hillard, Abigail I. Leader, Leo A. Matthews, Monica Moore, Nicole R. Ramsdell, Shrey Sharma, Shrida Sharma, Agustus C. Smith, Kristen Travers, Isabelle M. Wilcox.

Cannon Beach: William R. Benefield, Annuka A. Brown, Chance M. Giguere, Zachary S. Hudson.

Gearhart: Bradley McCabe, Hunter L. Thompson.

Hammond: Jeremy S. Boutin, Mara H. Dow-aliby, Michael Heath, Amy S. Rens.

Seaside: Jacob J. Brien, Parker R. Conrad, Darren E. Garnett, Andrea B. Harris, Heather S. Hirsch, Gage E. Mergel, Anna M. Peon Marin.

Warrenton: Dylan M. Altheide-Nielson, Claire A. Bussert, Skadi M. Frey, Anna G. Hud-dleston, Krista Morrill, Sofia A. Morrill, Catherine D. Tapales.

Soup Bowl event needs sponsors

The Astorian

The Harbor is holding its largest fundraising event of the year, Soup Bowl, on May 1. Sponsors are needed.

With every ticket sold to the event, which will not be in person, attendees will receive a pack of Harbor passes, good for one free bowl of soup from participating restaurants with a \$20 purchase.

The restaurants will then be able to cash out the passes and be reimbursed for the price of the soup. In addition, there will be a raf-

fle, a silent auction and a paddle raise.

For 17 years, master pot-ter Richard Rowland and his team of volunteers have produced 200 handmade bowls a year for the event. With every ticket sold, attendees can take home a bowl.

Sponsorship of this community event supports The Harbor, survivors and local restaurants alike, and brings sponsoring companies recognition. For information about the Soup Bowl event, and sponsorship, go to bit.ly/39McLb6

Blood donors needed

The Astorian

During National Volunteer Month this April, the American Red Cross is celebrating the blood, platelet and plasma donors who help fulfill its lifesaving mission.

The Red Cross continues to urge healthy individuals, especially those with type O blood, to give blood to ensure hospitals can meet patient needs.

There are four opportunities to donate blood in Clatsop County this month: In Astoria from 9 a.m. to 2 p.m. Wednesday and Thursday, at

Holiday Inn Express, 204 W. Marine Drive; and in Warrenton from 10 a.m. to 3 p.m. Tuesday at Warrenton High School, 1700 S. Main Ave.; and from noon to 5 p.m. April 23 at Gateway Lodge 175, 66 S.W. Fourth St.

Those who give by April 30 will automatically be entered for a chance to win one of five \$1,000 e-gift cards to a merchant of choice.

Schedule a donation appointment by going to RedCrossBlood.org or calling 800-733-2767.

Assistance League holds virtual cooking class fundraiser Sunday

The Astorian

The Assistance League of the Columbia Pacific is presenting a fundraising event to take the place of the annual Golf Ball Drop, "Globe Trotting — A Zoom Cooking Class featuring

Tapas," which takes place at 4 p.m. Sunday, featuring chef Sean Whittaker, former Iron Chef Goes Coastal winner.

Tickets cost \$30 and can be purchased at tinyurl.com/cw5s4ctp. All of the information needed to attend this

virtual event is provided in the ticket confirmation email.

All funds raised will go toward the organization's philanthropic programs to benefit Clatsop County children. For information, go to assistanceleaguecp.org

Disaster preparedness webinar set

The Astorian

Disaster preparedness experts from Oregon State University Extension Service are offering an interactive 30-minute webinar to help the community become

more aware and prepared in the event of a Cascadia Subduction Zone earthquake.

The first session, "Action Steps to Prepare for a Disaster," led by Glenda Hyde and Lynette Black, is at 6 p.m. Tuesday. The link to the

webinar is bit.ly/3wS02yG

This free Zoom session is hosted by the Astoria Fire Department. For more preparedness information, go to co.clatsop.or.us/em and Oregon State's resource page at bit.ly/3dUGn8A

Learn about watershed council at park event

The Astorian

SEASIDE — The Necanicum Watershed Council will have an information table from 1 to 4 p.m. Saturday during the

Art in the Park ... Naturally + Virtually event at Broadway Park, 1140 Broadway St.

Come learn about the watershed council, the Americans with Disabilities Act

accessible kayak launch and the osprey that returned March 25 to their nest in the park.

For information, go to seasideosprey.org or necanicum-watershed.org

Sign up for diabetes prevention information

The Astorian

Join Northwest Senior and Disability Services in a free program for local seniors, an introduction to the National Diabetes Prevention Program, at 11 a.m. May 4.

The program is held via Zoom or phone, with technical assistance available. There is no cost to participate but space is limited. For details and to register, call 866-206-4799.

Participants will find out more about this year-

long lifestyle change program that helps prevent Type 2 diabetes. A lifestyle coach and support are available.

To take the risk assessment for developing Type 2 diabetes, go to cdc.gov/diabetes/takethetest

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