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April and May book club author talks scheduled

By ALYSSA EVANS COAST WEEKEND EDITOR



Next week, author Tamara Kaye Sellman will discuss her new book, "Intention Tremor," during the fourth Coast Weekend Book Club meeting.

The book features poems and prose about living with multiple sclerosis.

Sellman will recite poems from her book, participate in an interview and answer attendee questions during the meeting. The event can be viewed online through Facebook Live at facebook.com/coastweekend or through Zoom (Meeting ID: 968 9978 7527, passcode: 299207).

Sellman started writing the book after

being diagnosed with multiple sclerosis in 2013. During the five years that followed, she often spent time writing alongside campfires and inside a travel trailer.

Sellman is a trained journalist. She returned to school at 47 to study sleep technology. Before taking her final exams, Sellman noticed she was having trouble reading, in addition to other symptoms. After receiving her diagnosis, Sellman finished her program. She now works as a science journalist and acts as an advocate for educating others on multiple sclerosis.

Sellman lives in Kingston, Washington. She regularly spends time writing in Fort Worden State Park in Port Townsend.

Sellman's book is available to purchase online at moonpathpress.com/TamaraSellman.htm. Author proceeds from the book will

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be donated to the Accelerated Cure Project.

Coast Weekend Book Club's May meeting will feature Brooke Smith, author of "The Keeper of Wild Words." The meeting will be held at 7 p.m. on May 5.

Smith is a poet and children's book author. She lives in Bend. Her book tells the story of a grandmother and granddaughter who explore nature and language together. The book is available to purchase at chroniclebooks.com.



Tamara Kaye Sellman



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ON THE COVER Krista Lessenden presents food

presents food prepared at The Cove Restaurant in Long Beach, Washington. PHOTO BY JAMES OLSON

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