## **Senior center:** 'If I have to work, I want to do something that has a purpose'

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One recent morning, two women divided packets of cookies into plastic sandwich bags. One of the women, Judy Choate, has been volunteering with the program for years. The work helped keep her busy and distracted during difficult times, she

Nearby, Hayes prepared other food. Originally from Michigan, Hayes is a multimedia artist and experimental musician. He has lived in Clatsop County for more than 30 years. For a good part of that time he worked in the mental health sector and he consistently finds himself drawn to work that is social service-adjacent.

"If I have to work, I want to do something that has a purpose," he said. He likes to connect with people and understand them — in some ways it feels like a moral responsibility.

Which has made the pandemic even more difficult.

The lunch he used to serve in the dining room to members — or any senior who could spend \$6 on a meal — functioned as the center of many of those people's day. Haves could look out and see that this was where people had important con-

versations. They discussed the news, their health, their friends. They checked in on each other.

"It's hard to imagine all that gone," Hayes said now, sitting at an empty table, among a sea of empty tables, in an empty dining room.

About half of the people who used to eat at the senior center or have meals delivered to them still come to pick up a sack lunch or ask for delivery. Most of them have means, pensions or Social Security. As far as Hayes knows, they almost all have consistent, reliable housing. And that's another thing he thinks about: all the homeless seniors who used to rely on the center for a meal and a place to rest for a moment.

In the last few years, Hayes had started conducting interviews with the area's homeless, hoping to better understand them and their situations. It was a sort of holdover from his days in social work, the long lists of questions you would ask people to try to gauge their situation and needs. He was inspired by the documentary filmmaker Frederick Wiseman, who turned a camera on American institutions to chronicle a certain type of everyday life.

"I just thought it has value and it ended up teaching me a lot about where we are in our society right now," Hayes said.

What he saw, both in his interviews with the homeless and his work in the kitchen making lunches for seniors, was how "there's this trickle-down isolation that happens as people become increasingly marginalized."

Though the pandemic limits his ability to reach people in the same way, Hayes tries to provide flexibility with the meals. If a senior is in need and reaching out maybe for the first time, Hayes tries to get them a free lunch.

Miller is also aware of this isolation — and how difficult and even damaging it can be for both housed and unhoused seniors.

He often fields phone calls from seniors who just want someone to talk to. He's helped others fill out online forms to get in line for a coronavirus vaccination. Many do not have their own computers, or are not comfortable with navigating the technology.

"I think it's pretty tough on them," Miller said. "The senior center is still here for them. Everything we've done for them in the past. we're still doing."



Katie Frankowicz/The Astorian

Judy Choate, left, and Betsey Jones help prepare meals for pickup and delivery for the Loaves and Fishes meals program housed in the Astoria Senior Center.

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## **Seaside:** 'We want to be flexible'

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With first and second graders back at school and older students returning in the weeks to come, the park district adjusted their program, which had been limited to emergency child care.

Students in the first cohort are dropped off at the Sunset Recreation Center, then bussed to Pacific Ridge Elementary School for classes before being returned to the recreation center to be picked up at the end of the day by

parents and guardians.

'We want to be flexible and adapting until children are back to their normal schedule," Archibald said.

Another related change will come with the resumption of in-person meetings. While safety and distanc-

ing protocols will remain in place, work sessions and regular meetings will be held in the Bob Chisholm Community Center or a space in the Sunset Recreation Center.

"Hopefully we won't be closing again for some time," Archibald said.

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