

## COMMUNITY NOTES

## FRIDAY

**Senior Lunch To Go** — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Ave. A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

**Columbia Senior Diners** — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693 before 10 a.m.

## SATURDAY

**Karaoke** — For information, call 503-738-7911.

## SUNDAY

**National Alliance on Mental Illness Support Group** — Family to Family Support Group, for anyone with friend or loved one suffering from a serious mental illness. For information, contact Myra Kero at 503-738-6165, or k7erowood@q.com, or go to nami.org

## MONDAY

**Senior Lunch To Go** — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Ave. A, Seaside. Drive up to Avenue B to pick up at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

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**Warrenton Senior Lunch Program** — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Astoria Rotary Club** — For information, go to Astoria Rotary's Facebook page.

**Columbia Northwestern Model Railroading Club** — Group runs trains on HO-scale

## Babysitting classes offered

*The Astorian*

The Oregon State University Clatsop County Extension is offering virtual babysitting classes to youth ages 10 and up at no cost. The training educates youth in baby care, toddler care, healthy snacks, business tips, age appropriate games, first aid and safety.

The next series of classes is from 4 to 5 p.m. Feb. 22, Feb. 24, March 1 and March 3. Multiple trainers teach the class at the same time. To register, go to bit.ly/38NGn99

For questions, email sandra.carlson@oregonstate.edu or call 360-942-9763.

For information about 4-H membership or leadership, call the Clatsop County Extension office at 503-325-8573.

layout. For information, call Don Carter at 503-325-0757.

## TUESDAY

**Stewardship Quilting Group** — Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

**Do Nothing Club** — Men's group. For information, call Jack McBride at 360-665-2721.

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**Astoria Lions Club** — Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

**Authentic Spiritual Conversations** — Open dialogue about spiritual issues. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

## WEDNESDAY

**Mindfulness/Meditation Group** — Join to learn more or to practice. For information, call 503-338-4520.

**Warrenton Mothers of Preschoolers** — Moms of children ages infant through kindergarten are invited. For information, go to mops.org/groups/warrentonmops

**Wickiup Senior Lunches To Go** — Pick up a hot lunch from 11:30 a.m. to 12:15 p.m., Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

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**Fat Quarter Quilters** — Not limited to quilts. For information, call 503-325-3300 or

800-298-3177 or go to home-spunquilt.com

**Warrenton Sunrise Rotary Club** — For information, call 503-325-4030.

## THURSDAY

**Alzheimer's Support Group** — For information, call 503-368-6445.

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**Rotary Club of Seaside** — For information, visit Rotary Club of Seaside on Facebook.

**Caregiver Support Group** — Open to all caregivers, both professional and family care. Yoga exercise, refreshments, friendship and support. For information, call 503-738-0900.

## OTHER

**Quilting Project Needs Fabric** — Our Saviour's Lutheran Church, Seaside. Needs polyester/cotton fabric, 1/2 yard or larger, and clean sheets (queen or king size) for group that makes quilts for those in need within the U.S. and around the world. For information, or to donate, call Claudia Kulland at 503-738-5895.

## RELIGION BRIEFS

## Astoria Christian Church

For service information and updates, go to astoriachristian.org or bit.ly/AstoriaChristian, call 503-325-2591 or email AstoriaChristian@gmail.com

## Astoria First United Methodist Church

For livestream service information and updates, email the church office at office@unitedmethodistastoria.org or call 503-325-5454.

## Grace Episcopal Church

For updates, food pantry hours and in-person and livestream service information, call the church at 503-325-4691, email graceastoria4691@gmail.com or go to graceastoria.org or fb.me/GraceAstoria

## Peace First Lutheran

Peace First Lutheran Church holds its annual congregational meeting at 11 a.m. Jan. 31 via Zoom and in person.

The Zoom link is at bit.ly/3nSXpqq; Meeting ID: 897 3324 5948, Passcode: 727101. The

one tap mobile number is 253-215-8782.

The in person meeting will be at 725 33rd St. To be able to adhere to COVID-19 protocols, those wishing to attend should RSVP by calling the office at 503-325-6252.

For service information, go to astoriafirstlutheran.com under "Worship & Music/Videos & Resources" or bit.ly/FLCAstoria. To receive a DVD of the services and bulletin, call the office and leave a message.

## Pioneer Presbyterian Church

WARRENTON — For service information, call the church at 503-861-2421 or go to pioneerchurchpcusa.org

## St. Mary, Star of the Sea Parish

For information about the St. Vincent de Paul Food Pantry hours, and service and livestreaming information at both the Astoria church and Hammond mission, call 503-325-3671, email office@stmaryastoria.com or go to stmaryastoria.com or bit.ly/stmaryastoria

## SELF-HELP GROUPS

**Al-Anon (Astoria)** — For information, call 503-325-1087.

**Al-Anon (Clatskanie)** — For information, call 503-728-3351.

**Al-Anon (Nehalem)** — For information, call 503-368-8255.

**Al-Anon (Seaside)** — For information, call 503-810-5196 for information.

**Al-Anon (Tillamook)** — For information, call 503-842-5094 or 503-730-5863.

**Al-Anon Family Groups information** — Oregon Area Al-Anon website, oregonal-anon.org

**Alateen (Tillamook)**

— For information, call 503-730-5863.

**Alcoholics Anonymous** — To find a meeting in Clatsop County, call 971-601-9220, in Tillamook County, call 503-739-4856, or go to aa-oregon.org

**Celebrate Recovery** — Faith-based 12-step recovery from hurts, habits and hang ups. For information, call 503-738-7453.

**Sexual Purity Recovery Group** — Part of the Pure Life Alliance (purelifefalliance.org) in Portland. For information, call the confidential voicemail at 503-750-0817 and leave a message.

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Patented push-button retractable ratchets are easily operated by pulling the web out to the desired length and then ratcheting until tight. To release webbing from the locked position, simply push release button. Excess webbing is stored in the center housing to prevent web from flapping in the wind. This feature also keeps the straps clean and free from oil and dirt. S hooks are vinyl-coated to prevent scratching. 1200-lb. load capacity and 400-lb. working-load limit. 2 per pack.

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