

A DAY AT THE BEACH



Neah-Kah-Nie Beach is a quiet getaway

BY MALIA RIGGS

Spending a crisp autumn day at the beach is just what this year calls for. Neah-Kah-Nie Beach, located just outside Manzanita, is a perfect place to unwind or enjoy a hike along the beach.

The small beach along the Pacific Ocean is centered between Oswald West State Park, to the north, and Nehalem Bay State Park, to the south. The beach, like Neah-Kah-Nie Mountain, was originally named by the Tillamook tribe. The name Neah-Kah-Nie comes from the words “ne,” meaning “place of” and “ekahníe,” meaning “supreme deity.”

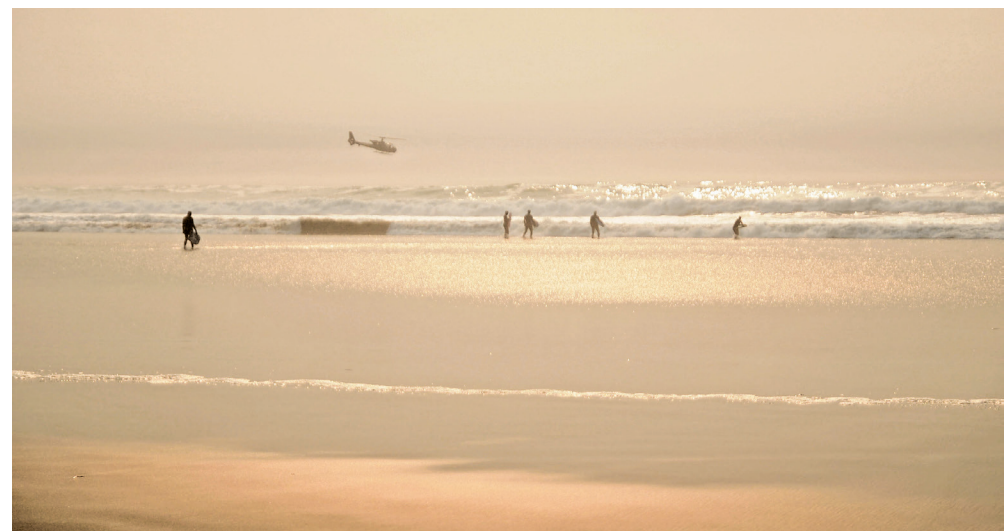
Time to pack

A fall day at the beach can bring a whole mix of seasons in one day, from sideways rain and fog to bright blue sunny skies.

To gear up for an autumn day at the beach, layers are important. A change of clothes and shoes that can be easily taken on and off are recommended. While it can sometimes be raining or 55 degrees and sunny, being able to layer up or take off layers is a must.

Bringing snacks, lunch, water, face coverings, hand sanitizer and other necessities is also recommended.

The beach is quieter and smaller than its neighboring parks, making it perfect for a stroll along the coast. Keep in mind, you may want to head into town to eat a meal or use public restrooms.



Photos by Malia Riggs

TOP: Neah-Kah-Nie Beach includes views of Neah-Kah-Nie Mountain.
ABOVE: A helicopter flies in the distance as visitors enjoy the ocean.

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