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The best places to surf are the safest, especially for beginners. Both Short Sand and Indian Beach are protected by headlands, keeping surfers away from harsh winds and rough water. You will find the softest breaking waves at Short Sand; be prepared to carry your surfboard with you through a short forest trail. The beach is accessible by hiking Short Sand Beach trail.

Once you know where you're headed, pickup a wetsuit, surfboard and other accessories at Cleanline Surf Shop in Seaside or another shop. Depending on the weather, you may need to add booties, gloves and a hood to your suit. Day rentals are available for people of all sizes, including kids. It's important your wetsuit and surfboard are the correct sizes for the most comfortable surfing experience.

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Surfing instructor Hallahan offers a unique Oregon surfing experience with her Northwest Women's Surf Camps. Day camps and group lessons are best for short trips to the coast but with more time to plan ahead, "Week Retreats" or "Girlfriend Getaways" are also available. The camps provide a supportive environment with surfing instruction.

No matter which route you take to surf the North Coast, it's most important to have a plan and be aware of water conditions. The best experience will come from preparation and consulting with professionals at the surf shop. 🌊



A surfer carries a surfboard over rocks to a beach at Seaside Cove.
Morgan Grindy photo