

THURSDAY EVENING														A - Charter Astoria/ Seaside - L - Charter Long Beach														JULY 9	
A	L	6 PM		6:30		7 PM		7:30		8 PM		8:30		9 PM		9:30		10 PM		10:30		11 PM		11:30					
2	KATU	(2)	KATU News at 6:00 p.m. (N)		Jeopardy!		Wheel of Fortune		Holey Moley "Love at First Stroke" (N)		Don't (N)						To Tell the Truth (N)		News (N)		(35) Jimmy Kimmel								
3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)		Wheel of Fortune		Jeopardy!		Holey Moley "Love at First Stroke" (N)		Don't (N)						To Tell the Truth (N)		KOMO4News (N)		(35) Jimmy Kimmel								
5	KING	(5)	NBC News (N)		KING 5 News (N)		KING 5 News (N)		Evening		Blindspot "Brass Tacks" (N)		Blind "Love You to Bits and Bytes" (N)		SVU "The Longest Night of Rain"		KING 5 News (N)		(35) Tonight Show										
6	KOIN	(6)	KOIN 6 News (N)		Evening News (N)		Extra (N)		Ent. Tonight		Young Sheldon		The Unicorn		Mom		Mom		NCIS: Los Angeles		KOIN 6 News (N)		(35) Colbert						
7	KIRO	(7)	KIRO 7 News (N)		Evening News (N)		KIRO 7 News (N)		Ent. Tonight		Young Sheldon		The Unicorn		Mom		Mom		NCIS: Los Angeles		KIRO 7 News (N)		(35) Colbert						
8	KGW	(8)	KGW News at 6:00 p.m. (N)				The Good Stuff (N)		Inside Edition (N)		Blindspot "Brass Tacks" (N)		Blind "Love You to Bits and Bytes" (N)		SVU "The Longest Night of Rain"		News (N)		(35) Tonight Show										
9	KRCW	(9)	Modern Family		Modern Family		The Goldbergs		The Goldbergs		Burden "Shelter From the Storm" (SF) (N)		In the Dark "My Pride and Joy" (SF) (N)		KCOIN 6 News at 10:00 p.m. (N)		Seinfeld		Seinfeld Pt. 1 of 2										
10	KOPB	(10)	In the Americas		Outside Source		PBS NewsHour (N)				Outdoor Idaho		Outdoor Idaho		Ins. Morse "Death Is Now My Neighbor"		Ins. Morse "Death Is Now My Neighbor"		Masterpiece Mystery! "Grantchester"										
112	KPTV	(12)	6 O'Clock News (N)				Family Feud		Family Feud		Celebrity Watch Party		Celebrity Watch Party		Labor of Love (N)		10 O'Clock News (N)		11:00 News (N)		Big Bang Theory								
113	KPDx	(13)	Mike & Molly		Mike & Molly		Big Bang Theory		Big Bang Theory		8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		The Simpsons		Family Guy		Family Guy		Bob's Burgers								
15	KCPQ	(13)	Modern Family		Modern Family		Big Bang Theory		Big Bang Theory		Celebrity Watch Party		Celebrity Watch Party		Labor of Love (N)		Q13 NEWS AT 10 (N)		News (N)		The Simpsons								
20	TBS	(20)	Family Guy		Family Guy		Big Bang Theory		Big Bang Theory		Big Bang Theory		Big Bang Theory		Big Bang Theory		Big Bang Theory		MiseryIndex (N)		Conan		The Misery Index						
22	KZJO	(22)	Friends		Mom		Mom		Modern Family		Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)		Big Bang Theory		Big Bang Theory		Two and a Half		Two and a Half								
29	ESPN	(29)	(5:00) Boxing Top Rank (L)								SportsCenter (N)		SportsCenter						SportsCenter										
30	ESPN2	(30)	(5:00) UFC UFC 245								NBA: The Jump		UFC Flashback		UFC Flashback		UFC Flashback		UFC "Namajunas vs. Andrade"		Main Event "Jedrzejczyk vs. Andrade"								
31	NICK	(31)	The Loud House		The Loud House		Are You Smarter		Are You Smarter		To Be Announced								Friends		Friends		Friends						
32	DISN	(32)	(05) Jessie		(35) Raven's Home		★ Descendants 2 (2017, Fantasy)		Cameron Boyce, Sofia Carson, Dove Cameron.		★ Descendants 3 (19) Cameron Boyce, Dove Cameron.		★ ★★ Descendants 3 (19) Cameron Boyce, Dove Cameron.		Dove Cameron.		(45) Raven's Home		(10) Raven's Home		(35) Raven's Home								
34	FAM	(34)	(5:00) ★★ Miss Congeniality (00) Sandra Bullock.				★ ★★ Miss Congeniality 2: Armed and Fabulous (05) Regina King, Enrique Murciano, Sandra Bullock.										The Bold Type "Love" (N)		The 700 Club										
35	FMC	(35)	(4:45) The Heat (13) Sandra Bullock.		(05) ★★ The Heat (2013, Comedy)		Melissa McCarthy, Michael McDonald, Sandra Bullock.								(25) ★★ There's Something About Mary (98) Cameron Diaz, Ben Stiller.				(45) FXM Presents										
38	LIFE	(38)	King of Queens		King of Queens		Married at First Sight		Married at First Sight		Married at First Sight		Married at First Sight (N)		(05) Married at First Sight (N)		(05) Married at First Sight												
38	ROOT	(38)	(3:00) Football		Mariners Spotlight		MLB Baseball Classics 1999 Home Run Derby						Edgar Martinez		Edgar Martinez		Mariners Spotlight		Mariners Mondays										
39	FS1	(39)	(5:00) NASCAR Auto Racing (L)		NASCAR Auto Racing Xfinity Series								TMZ Sports (N)		WWE SmackDown		WWE superstars do battle in long-running rivalries.		Arm Wrestling										
43	SPIKE	(43)	Two and a Half		Two and a Half		Two and a Half		Two and a Half		Two and a Half		To Be Announced						Yellowstone "An Acceptable Surrender"										
44	COM	(44)	Chappelle's Show		Chappelle's Show		Chappelle's Show		Chappelle's Show		South Park		(45) The Office		(15) South Park		(45) South Park		(15) The Daily Show With Trevor Noah		South Park		South Park						
45	HIST	(45)	Mountain Men "Beasts of Burden"		Mountain Men "Call to Arms"		Mountain Men "Call to Arms"		Mountain Men "Turf War"		Mountain Men "Turf War"		Mountain Men "Carnage" (N)		(05) Alone "The Rock" (N)		(05) Alone "The Rock" (N)												
46	A&E	(46)	The First 48 "Hit List/ Hand in Hand"		The First 48 "Blood Red/ Deadly Moves"		The First 48 "Blood Red/ Deadly Moves"		The First 48 "Deadly Rap"		The First 48 "Deadly Rap"		First 48 "Lying in Wait/ With This Ring"		First 48 "Closing Time/ Family Matters"		The First 48												
47	TLC	(47)	Dr. Pimple Popper		"An American Tail"		Dr. Pimple Popper		"Eggs Lipoma"		Dr. Pimple Popper		"A Lipoma Is Born"		Dr. Pimple Popper (N)		Extraordinary People (N)						The Man With the 200 lb Tumor						
48	DISC	(48)	Naked "Rumble in the Jungle"		Naked and Afraid "The Pain Forest"		Naked and Afraid "The Pain Forest"		TreasureIsland "Desperate Measures" (N)		Naked and Afraid: Foreign Exchange (N)		Naked and Afraid: Foreign Exchange (N)				NakedAfr "A Matter of Life or Seth" (N)												
48	NGEO	(48)	World's Deadliest "America"		World's Deadliest Snakes		World's Deadliest Snakes		World's Deadliest "Transformers"		Deadliest "African Ninja Warriors"		Deadliest "Predator Paradise"		(05) Deadliest "Predator Paradise"		(05) World'sDeadliest "Rivers of Death"												
50	TNT	(50)	★★ Limitless (2011, Mystery)		Anna Friel, Bradley Cooper.		★★ Disturbia (2007, Suspense)		Sarah Roemer, Carrie-Anne Moss, Shia LaBeouf.		★★ The Boy Next Door (2014, Thriller)		Ryan Guzman, Ian Nelson, Jennifer Lopez.																
51	AMC	(51)	(20) Better Call Saul		"Bad Choice Road"		(50) Better Call Saul		"Something Unforgivable"		(15) ★★ Point Break (1991, Drama)		Keanu Reeves, Gary Busby, Patrick Swayze.																
52	USA	(52)	(10) Chrisley		(40) Chrisley		(05) Chrisley		(35) Chrisley		Cannon "I Need to Pay My Bills!" (P) (N)		Chrisley (SP) (N)		Chrisley Knows		Chrisley Knows		Chrisley Knows		Chrisley Knows		Chrisley Knows						
53	FOOD	(53)	Beat Bobby Flay		Beat Bobby Flay		Beat Bobby Flay		Beat Bobby Flay		Beat Bobby Flay		Beat Bobby Flay		Rest. "Biggest Fights, Worst Bites" (N)		Undercover Chef "Unlucky Charm" (N)		Beat Bobby Flay		Beat Bobby Flay		Beat Bobby Flay						
54	HGTV	(54)	Flip or Flop		Flip or Flop		Flip or Flop		Flip or Flop		Flip or Flop		Flip or Flop (N)		Flipping Across America (N)		House Hunters (N)		House Hunters (N)		Design (N)		Design						
56	FX	(56)	(5:00) ★★ Kingsman: The Golden Circle		(17) Channing Tatum, Taron Egerton.		★★ Jurassic World (2015, Adventure)		Bryce Dallas Howard, Vincent D'Onofrio, Chris Pratt.		★★★ Spider-Man: Homecoming (17) Tom Holland.																		
57	CNN	(57)	Cuomo Prime Time		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		Anderson Cooper 360		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight With Don Lemon												
58	FNC	(58)	Hannity		The Ingraham Angle		The Ingraham Angle		Tucker Carlson Tonight		Hannity		The Ingraham Angle		The 11th Hour With Brian Williams														
60	MSNB	(60)	The Rachel Maddow Show		The Last Word		The Last Word		The 11th Hour With Brian Williams		The Rachel Maddow Show		The 11th Hour With Brian Williams																
61	CNBC	(61)	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank						Dateline "Plot Twist" Pt. 1 of 2										
63	BRAV	(63)	Housewives "Something's Brewing"		Wives "Love Him and Leave Them"		Housewives "Love Him and Leave Them"		Housewives "Eat, Drink, and Be Scary"		Housewives "Not Feeling Jovant" (N)		Watch What (N)		Real Housewives "Not Feeling Jovant"		Legally Blonde												
64	TCM	(64)	(5:00) Hannah and Her Sisters		★★★ The Seventh Seal (57) Gunnar Björnstrand, Max Von Sydow.		★★★ The Emigrants (1972, Drama)		Aina Alfredsson, Arnold Alfredson, Hans Alfredson.		★★★ The Emigrants (1972, Drama)		Aina Alfredsson, Arnold Alfredson, Hans Alfredson.																
65	SYFY	(65)	(5:30) ★★ G.I. Joe: Retaliation (13) Dwayne Johnson, Channing Tatum.		★★ Spider-Man 3 (2007, Action)		Kirsten Dunst, James Franco, Tobey Maguire.		Great Debate (N)		The Watch (12)																		
162	RFD	(162)	Chasing-Madison		Small Town		Rural America "Live" (L)		Steve Lantvit 2/2		Rural Eve. News		Grown		Farm Monitor		Chasing-Madison		Small Town		Time Life Library								

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2	KATU	(2)	KATU News at 6:00 p.m. (N)		Jeopardy!		Wheel of Fortune		Shark Tank		20/20 Interviews and hard-hitting investigative reports.		20/20 Interviews and hard-hitting investigative reports.		News (N)		(35) Jimmy Kimmel												
3	KOMO	(4)	KOMO 4 News at 6:00 p.m. (N)		Jeopardy!		Shark Tank		Shark Tank		20/20 Interviews and hard-hitting investigative reports.		20/20 Interviews and hard-hitting investigative reports.		KOMO4News (N)		(35) Jimmy Kimmel												
4	KING	(5)	NBC News (N)		KING 5 News (N)		KING 5 News (N)		Evening		The Wall "Karen and Lori"		Dateline NBC Investigative features are covered.		KING 5 News (N)		(35) Tonight Show												
6	KOIN	(6)	KOIN 6 News (N)		Evening News (N)		Extra (N)		Ent. Tonight		MacGyver		Magnum P.I. "A Bullet Named Fate"		Blue Bloods "Bones to Pick"		KOIN 6 News (N)		(35) Colbert										
8	KIRO	(7)	KIRO 7 News (N)		Evening News (N)		KIRO 7 News (N)		Ent. Tonight		MacGyver		Magnum P.I. "A Bullet Named Fate"		Blue Bloods "Bones to Pick"		KIRO 7 News (N)		(35) Colbert										
9	KGW	(8)	KGW News at 6:00 p.m. (N)		Grant's Getaways		Inside Edition (N)		The Wall "Karen and Lori"		Dateline NBC Investigative features are covered.		Dateline NBC Investigative features are covered.		News (N)		(35) Tonight Show												
9	KRCW	(3)	Modern Family		Modern Family		The Goldbergs		The Goldbergs		Illusion (N)		Masters of Illusion		MastersIllusion		KOIN 6 News at 10:00 p.m. (N)		Seinfeld		Seinfeld Pt. 2 of 2								
10	KOPB	(10)	The Good Road		BBC World News		PBS NewsHour (N)		Father Brown "The Folly of Jephthah"		Doc Martin		The Victim		Professor T. "The Family"														
12	KPTV	(12)	6 O'Clock News (N)		Family Feud		Family Feud		WWE SmackDown WWE superstars do battle in long-running rivalries. (N)		10 O'Clock News (N)		11:00 News (N)		Big Bang Theory														
13	KPDx	(2)	Mike & Molly		Mike & Molly		Big Bang Theory		Big Bang Theory		8:00 p.m. Prime News (N)		9:00 p.m. Prime News (N)		The Simpsons		Family Guy		Family Guy		Bob's Burgers								
13	KCPQ	(13)	Modern Family		Modern Family		Big Bang Theory		Big Bang Theory		WWE SmackDown WWE superstars do battle in long-running rivalries. (N)		Q13 NEWS AT 10 (N)		Most Wanted		The Simpsons												
20	TBS	(20)	Family Guy		Family Guy		*** We're the Millers (2013, Comedy)		Jennifer Aniston, Emma Roberts, Jason Sudeikis.		*** Identity Thief (2013, Comedy) Melissa McCarthy, Amanda Peet, Jason Bateman.																		
22	KZJO	(22)	Sounders Back (N)		Mom		Mom		Modern Family		Q13 News at 8:00 p.m. (N)		Q13 News at 9:00 p.m. (N)		Big Bang Theory		Big Bang Theory		Two and a Half		Two and a Half								
29	ESPN	(29)	(5:00) To Be Announced		Best of This Is Sc "The Superstars"		SportsCenter (N)		SportsCenter		SportsCenter		SportsCenter		UFC Archival		UFC "251: Usman vs. Burns"												
30	ESPN2	(30)	Main Event "Jedrzejczyk vs. Andrade"		UFC "Namajunas vs. Andrade"		UFC Unleashed "Lightweight Brawls"		NBA: The Jump		Friends		Friends		Friends		Friends												
31	NICK	(31)	The Loud House		The Loud House		Are You Smarter		Are You Smarter		To Be Announced																		
32	DISN	(32)	*** Coco (17, Ani) Anthony Gonzalez, Gael Garcia Bernal, Benjamin Bratt. (P) (N)		To Be Announced																								
34	FAM	(34)	Family Guy		Family Guy		*** Puss in Boots (11, Ani) Salma Hayek, Zach Galifianakis, Antonio Banderas.		*** Shrek (2001, Animated) Voices of Eddie Murphy, Cameron Diaz, Mike Myers.		The 700 Club																		
35	FMC	(35)	Movie		(40) *** Miss Peregrine's Home for Peculiar Children (16) Asa Butterfield, Eva Green.		(15) FXM Presents *** Flatliners (2017, Drama) James Norton, Nina Dobrev, Ellen Page.																						
36	LIFE	(36)	He's Watching (2018, Drama) Tilly Montgomery Jones, Lindsey Godfrey.		Obsession: Stalked by My Lover (20) Travis Nelson, Celeste Desjardins.		(05) Tempted by Danger (20) Gabrielle Graham, Keshia Knight Pulliam.																						
38	ROOT	(38)	(3:00) NCAA Soccer Mariners Access		MLB Baseball Classics New York Yankees vs. Seattle Mariners August 25, 1995		Mariners Spotlight Mariners Access		Mariners Mondays																				
39	FS1	(39)	(5:00) NASCAR Auto Racing Alcoso 300 (L)		NASCAR Auto Racing Alcoso 300 Xfinity Series Site: Kentucky Speedway -- Sparta, Ky.		Arm Wrestling WAL 501																						
43	SPIKE	(43)	Two and a Half		Two and a Half		Two and a Half		Two and a Half		*** Kick-Ass (2010, Action) Clark Duke, Garrett M. Brown, Aaron Taylor-Johnson.																		
44	COM	(44)	Tosh.0		Tosh.0		Kevin Hart: Laugh at My Pain		Crank Yankers		South Park		South Park		South Park														
45	HIST	(45)	Unidentified "The UFO Insiders"		Unidentified "Raining UFOs"		Unidentified "The Pattern Revealed"		Unidentified "UFO Fleet"		(05) Unident "The Atomic Connection"		(05) Unidentified "The Revelation"																
46	A&E	(46)	Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars								
47	TLc	(47)	90 Day Flancé: Before the 90 Days		90 Day Flancé: Don't Grumpy Stop		90 Day Flancé: Happily Ever After?		More to Love: She's a Wolf" (N)		90 Day Flancé (N)		90 Flancé "Pillow Talk: She's a Wolf"		90 Day Flancé														
48	DISC	(48)	Sea Gold "Drive Hard With a Vengeance"		Bering Sea Gold: Dredged Up (N)		Life Below Zero "Shock & Awe"		Life Below Zero "Domino Effect"		Bones		Bones		Bones		Bones		Bones		Bones								
49	NGeo	(49)	Life Below Zero "Shock & Awe"		Life Below Zero "Domino Effect"		Bones		Bones		Bones		Bones		Bones		Bones		Bones		Bones								
50	TNT	(50)	Bones "The Source in the Sludge"		Bones		Bones		Bones		Bones		Bones		Bones		Bones		Bones		Bones								
51	AMC	(51)	(4:45) *** Point Break (91) Keanu Reeves, Patrick Swayze.		*** Road House (1989, Action) Sam Elliott, Ben Gazzara, Patrick Swayze.		Morgans (N)		*** Young Guns (88) Kiefer Sutherland, Emilio Estevez.																				
52	USA	(52)	Chicago P.D. "My Way"		Chicago P.D. "The Docks"		Chicago P.D. "A Beautiful Friendship"		Chicago P.D. "Call It Macaroni"		Chicago P.D. "Get My Cigarettes"		Modern Family		Modern Family														
53	FOOD	(53)	Diners, Drive-Ins		Diners, Drive-Ins		Diners, Drive-Ins		Diners, Drive-Ins		Diners...Dives (N) Diners, Drive-Ins		Diners, Drive-Ins		Diners, Drive-Ins		Diners, Drive-Ins		Diners, Drive-Ins		Diners, Drive-Ins								
54	HGTV	(54)	My Dream Home		My Dream Home		My Dream Home		My Dream Home		DreamHome (N)		Color S. "Architectural Elements" (N)		My Dream Home		My Dream Home		My Dream Home		My Dream Home								
56	FX	(56)	(5:00) *** Jurassic World (15) Chris Pratt.		*** Jumanji: Welcome to the Jungle (2017, Action) Karen Gillan, Jack Black, Dwayne Johnson.		Anderson Cooper 360		Anderson Cooper 360		Anderson Cooper 360		Anderson Cooper 360		Anderson Cooper 360		Anderson Cooper 360		Anderson Cooper 360		Anderson Cooper 360								
57	CNN	(57)	Anderson Cooper 360		CNN Tonight With Don Lemon		CNN Special Report		CNN Special Report		Tucker Carlson Tonight		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show								
58	FNC	(58)	Hannity		The Ingraham Angle		The Last Word		The Last Word		Undercover Boss "Sky Zone"		Undercover Boss "Busted!"		Undercover Boss "Retro Fitness"		Undercover Boss "Angels and Demons" Pt. 1 of 2												
60	MNSB	(60)	The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show		The Rachel Maddow Show								
61	CNBC	(61)	Undercover Boss "Gigi's Cupcakes"		Undercover Boss "Alfred Angelo"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"		Undercover Boss "Lose Lips Sink Ships"								
63	BRAV	(63)	Below Deck "Dirty Laundry"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"		Below Deck "Below Deck"								
64	TCM	(64)	(5:00) The Whole Town's Talking		*** Arrowsmith (1931, Drama) Helen Hayes, Richard Bennett, Ronald Colman.		*** The Informer (35, Pol) Heather Angel, Preston Foster, Victor McLaglen.		Deathsport (78, Sci-Fi) David Carradine.																				
65	SYFY	(65)	(4:55) *** Spider-Man 3 (07, Action) Kirsten Dunst, James Franco, Tobey Maguire.		*** Law Abiding Citizen (2009, Crime) Gerard Butler, Colin Hanks, Jamie Foxx.		(25) *** Knowing (09) Chandler Canterbury, Nicolas Cage.																						
162	RFD	(162)	Texas-Reporter		Farmer		SF Machinery		Statler Brothers		Grand Ole Opry		Rural News (N)		C. Reunion "The Very Best of CFR"		Texas-Reporter		SF Machinery		Time Life Library								