

COMMUNITY NOTES

FRIDAY

Senior Lunch To Go — Pickup a hot lunch from 11:30 a.m. to 12:15 p.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Drive up to Avenue B to pickup at back door. For information, call Suzanne Bjaranson at 503-861-4202; for new Meals on Wheels inquiries, call 503-304-3420.

Columbia Senior Diners — Full Meals \$6: Delivered to seniors or pickup available at the Astoria Senior Center kitchen door, 1111 Exchange St. For information, or meal delivery, call 503-325-9693.

MONDAY

Grace and Encouragement for Moms — For information, call Christina Leonard at 503-298-3936.

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Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Astoria Rotary Club — For information, go to AstoriaRotary.org

Columbia Northwestern Model Railroad Club — Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

Astoria Alzheimer's & Other Dementia Family Support Group — For information, call Rosetta Hurley at 503-325-0313, ext. 222, or email rhurley@clatsopcarecenter.org

Astoria Toastmasters — For information, go to toastmasters.org or call Christa Svensson at 206-790-2869.

TUESDAY

Stewardship Quilting Group — For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — Men's group. For information, call Jack McBride at 360-665-2721.

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Astoria Lions Club — For information, contact Charlene Larsen at 503-325-0590.

Astoria Kiwanis Club — For information, call Frank Spence at 503-325-2365 or Susan Brooks at 503-791-3026.

Bras2Moms Fitting — Free nursing bras and/or tanks to mothers. Sizes subject to availability. For information, call 503-338-7581.

Warrenton Caregiver Support Group — For information, call Grace Bruseth at 503-738-6412.

Lower Columbia Hospice Bereavement Support Group — Open to age 18 or older. For information, call 503-338-6230.

North Coast La Leche League — For breastfeeding support, call or text Megan Oien at 503-440-4942, or Kestrel Gates at 503-453-3777, or Katie Winters at 503-717-3748, or send message from "La Leche League of Astoria Facebook page."

North Coast Chapter, ABATE of Oregon — For information, call 503-791-7253.

Peninsula Arts Association — For information, call 360-665-6041 or go to beachartist.org

Authentic Spiritual Conversations — All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Wickiup Senior Lunches To Go — Pickup a hot lunch from 11:30 a.m. to 12:15 p.m., Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

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North Coast Multiple Sclerosis Care and Share Help Group — For information, call 503-325-7898.

Cannon Beach Garden Club — For information, call Pam Chater at 503-436-2331 and leave a message or email pamchater@msn.com

Stroke Support Group — For information, call 503-717-7781.

WomenHeart of North Oregon Coast — Peer support group for women living with, or at risk of heart disease. For information, contact Michele Abrahams at 503-338-8435 or WH-NorthOregonCoast@women-

heart.org

Seaside Elks Lodge No. 1748 — For information, call 503-738-6651 or email seasideelks@yahoo.com

Maple Chapter No. 95, Order of the Eastern Star — For information, go to oregonoes.org

THURSDAY

Wickiup Senior Lunches To Go — Pickup a hot lunch from 11:30 a.m. to 12:15 p.m., Wickiup Grange Hall, 92683 Svensen Market Road. For information, call Suzanne Bjaranson at 503-861-4202. For new Meals on Wheels inquiries, call 503-304-3420.

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Warrenton Senior Lunch Program — For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Breast Cancer Support Group — For information, call Mari Montesano at 503-338-4589 or email mmontesano@columbiamemorial.org

Understanding Your Grief — For questions, contact Jeanette Johnson at 503-338-6230.

Columbia River Estuary Action Team — For information, go to create-columbia.com

Veterans of Foreign Wars, Fort Stevens Post 10580 — For information, call Mel Jasmín at 503-861-2030.

Lower Columbia Classic Car Club — For information, call Steve Jordan at 503-325-1807.

Rainland Fly Casters — For information, call Tom Scoggins at 503-449-0462, or Walt Weber at 360-777-8295.

OTHER

Quilting Project Needs Fabric — Our Saviour's Lutheran Church, Seaside. Needs polyester/cotton fabric, 1/2 yard or larger, and clean sheets (queen or king size) for group that makes quilts for those in need within the U.S. and around the world. For information, or to donate, call Claudia Kulland at 503-738-5895.

Blankets Needed — Columbia Veterinary Hospital, 576 31st St. Needs blanket donations for their four legged patients. Anything is helpful, even the stained or frayed. Donations can be dropped off during business hours (closed for lunch from noon to 1:30 p.m.) Monday through Saturday.

Rift in the family

Dear Annie: My brother was with his ex-wife, "Liz," for 13 years. They raised three wonderful children together until she left my brother. They've been divorced five years now. I've been the middle person in her and my brother's relationship ever since. Recently, I moved Liz in with me, along with her newborn son. She did not have adequate housing to go to, and she would have had her newborn taken from her if she did not have a safe place to live.

close, so this is really tough. He hates me now and won't so much as talk to me. I've tried to explain to them that I did what I thought was right.

My heart is hurt. What do you think I should do to make things better? Will they ever get better? — *Sister in Sorrow*

Dear Sister: Never

DEAR ANNIE



ANNIE LANE
Creators
Syndicate Inc.

feel bad for acting your conscience, no matter the blowback. Liz became family to you when she married your brother, and you've continued to treat her like family even after their divorce. To me,

that shows you have a big heart.

Your brother does not hate you, but I know that doesn't make the words sting any less. I hope that, in time, as the dust of his anger settles, he can see the situation more clearly. In the meantime, take solace in knowing you've done the right thing in helping Liz and her newborn baby.

Dear Annie: Please allow me to add to your advice to "Concerned in Vestavia." This parent should indeed keep their child from being in such an environment, but what "Reba" and her daughter are doing could be considered a form of elder abuse, specifically financial exploitation. It is a crime for which Reba can be prosecuted in most states. I hope this parent will report what is happening to the authorities where she lives. — *Ruth in Memphis*

Dear Ruth: I missed the boat in my response, and I'm glad to print your letter to correct the record. Thanks for writing.

I moved them in with me knowing my brother and his wife would be very upset. I did it anyway because I thought it was the right thing to do.

Liz had many struggles with drugs after leaving my brother. Yes, she's made a lot of mistakes. On a positive note, I believe that getting pregnant woke her up, and she's been clean for well over a year. I believe sometimes love and guidance are necessary to help someone be able to change for good.

My brother and his wife are mad at me beyond belief. They won't let me see my nephews who live with them. (My brother and his new wife have custody of the three children whom he and Liz had together.) I helped them raise those children and his new wife's children from a previous relationship. I've also loaned him a great deal of money that he hasn't paid back.

The other day, he said that I am no longer a sister to him but an enemy. We've always been

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