

THURSDAY EVENING		A - Charter Astoria/ Seaside - L - Charter Long Beach														MAY 7	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30				
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Who Wants to Be a Millionaire? (N)	Station 19 "Bad Guy" (N)	Murder "Annalise Keating Is Dead" (N)	News (N)	(35) Jimmy Kimmel								
3	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Who Wants to Be a Millionaire? (N)	Station 19 "Bad Guy" (N)	Murder "Annalise Keating Is Dead" (N)	KOMO4News (N)	(35) Jimmy Kimmel								
4	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	Council "Who Do You Wanna Be?" (N)	SVU "Down Low in Hell's Kitchen"	KING 5 News (N)	(35) Tonight Show								
5	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	Young Sheldon Man Plan (N)	Tommy "Cause of Death" (N)	KOIN 6 News (N)	(35) Colbert								
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	Young Sheldon Man Plan (N)	Tommy "Cause of Death" (N)	KIRO 7 News (N)	(35) Colbert								
7	KGW	(8) KGW News at 6:00 p.m. (N)	KGW News (N)	Inside Edition (N)	Council "Who Do You Wanna Be?" (N)	Blindspot "I Came to Sleigh" (SP) (N)	SVU "Down Low in Hell's Kitchen"	News (N)	(35) Tonight Show								
8	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	Katy Keene (N)	SVU "Down Low in Hell's Kitchen"	KOIN 6 News at 10:00 p.m. (N)	Seinfeld								
9	KOPB	(10) Wild Travels	Outside Source	PBS NewsHour (N)	PBS NewsHour (N)	Oregon Art Beat	Inspector Morse "Absolute Conviction"	Inspector Morse "Absolute Conviction"	Masterpiece Mystery! "Grantchester"								
10	KPTV	(12) 6 O'Clock News (N)	Family Feud (N)	Family Feud (N)	Celebrity Watch Party (P) (N)	Mental Samurai	The 10:00 p.m. News (N)	News (N)	Big Bang Theory								
11	KPDx	(-)	Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	The Simpsons	Family Guy								
12	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	Celebrity Watch Party (P) (N)	Q13 NEWS AT 10 (N)	News (N)	The Simpsons								
13	TBS	(20) Family Guy	Family Guy	Family Guy "Road to the North Pole"	Big Bang Theory	Big Bang Theory	Q13 News at 8:00 p.m. (N)	Conan (N)	Seinfeld								
14	KZJO	(22) Friends	Mom	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News (N)	Seahawks	Two and a Half								
15	ESPN	(29) (5:00) NCAA Football	Classics	The Last Dance	The Last Dance	SportsCenter With Scott Van Pelt (N)	SportsCenter With Scott Van Pelt	SportsCenter With Scott Van Pelt	SportsCenter With Scott Van Pelt								
16	ESPN2	(30) The Last Dance	The Last Dance	The Last Dance	The Last Dance	SportsCenter With Scott Van Pelt (N)	SportsCenter With Scott Van Pelt	SportsCenter With Scott Van Pelt	SportsCenter With Scott Van Pelt								
17	NICK	(31) The Loud House	The Loud House	Are You Smarter	Are You Smarter	To Be Announced	To Be Announced	Friends	Friends								
18	DISN	(32) (05) Raven's Home	(35) Raven's Home	Are You Smarter	Are You Smarter	To Be Announced	To Be Announced	Friends	Friends								
19	FAM	(34) (4:00) Hook (91, Fant) Robin Williams	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.	★★ Pirates of the Caribbean: On Stranger Tides (2011, Action) Penelope Cruz, Ian McShane, Johnny Depp.								
20	FMC	(35) (4:30) ★★ Free State of Jones (16) Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.	(25) ★★ Free State of Jones (2016, Action) Gugu Mbatha-Raw, Keri Russell, Matthew McConaughey.								
21	LIFE	(36) King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens								
22	ROOT	(38) Mariners Spotlight	MarinersSpot. (N)	MLB Baseball Classics	Kansas City Royals vs. Seattle Mariners July 18, 1998	MLB Baseball Classics	Kansas City Royals vs. Seattle Mariners July 18, 1998	MLB Baseball Classics	Kansas City Royals vs. Seattle Mariners July 18, 1998								
23	FS1	(39) (5:00) NFL Football	Classics	The Home Game	Fox Football Now	TMZ Sports (N)	The Best of WWE	The Home Game	Fox Football Now								
24	SPIKE	(43) Two and a Half	Two and a Half	★★★ Four Brothers (2005, Action) Tyrese Gibson, André Benjamin, Mark Wahlberg.	★★★ Four Brothers (2005, Action) Tyrese Gibson, André Benjamin, Mark Wahlberg.	★★★ Four Brothers (2005, Action) Tyrese Gibson, André Benjamin, Mark Wahlberg.	★★★ Four Brothers (2005, Action) Tyrese Gibson, André Benjamin, Mark Wahlberg.	★★★ Four Brothers (2005, Action) Tyrese Gibson, André Benjamin, Mark Wahlberg.	★★★ Four Brothers (2005, Action) Tyrese Gibson, André Benjamin, Mark Wahlberg.								
25	COM	(44) (55) A. Schumer	Inside A. Schumer	Inside A. Schumer	Inside A. Schumer	The Daily Show (N) (45) The Office	(15) South Park	(45) South Park	(15) The Daily Show "May 7, 2020"								
26	HIST	(45) A. Pickers	"Space Invaders Smackdown"	American Pickers	"Frank Meet Brank"	American Pickers	"The Great Pick Off"	American Pickers	"Back Road Bays"								
27	A&E	(46) The First 48	"Snapshot"	First 48	"Fatal Showdown/ Deadly Text"	The First 48	"Young Guns"	The First 48	"Chopper"								
28	TLC	(47) My 600-lb Life	"Justin's Story"	My 600-lb Life	"Robert's Story"	My 600-lb Life	"Robert's Story"	My 600-lb Life	"Robert's Story"								
29	DISC	(48) XL All Stars	"Burn Notice"	Naked and Afraid XL	Naked and Afraid XL	XL All Stars	"Survivalists vs. Predators"	XL All Stars	"Feeding Frenzy"								
30	NGEO	(49) Alaska State Trooper	"Burning Alaska"	Alaska Troopers	"Too Drunk to Drive"	Alaska State Trooper	"Double Trouble"	Alaska State Trooper	"Double Trouble"								
31	TNT	(50) (5:00) Walking Tall	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.	★★★ San Andreas (2015, Action) Carla Gugino, Alexandra Daddario, Dwayne Johnson.								
32	AMC	(51) (5:00) ★★ Fury (2014, War) Logan Lerman, Shia LaBeouf, Brad Pitt.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.	★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.								
33	USA	(52) Law & Order: S.V.U.	"Brief Interlude"	Law & Order: S.V.U.	"Imprisoned Lives"	Law & Order: S.V.U.	"Imprisoned Lives"	Law & Order: S.V.U.	"Imprisoned Lives"								
34	FOOD	(53) Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Restaurant: Impossible (N)	Restaurant: Impossible	Restaurant: Impossible	"Restaurant: Impossible"								
35	HGTV	(54) Love It or List It	"A Hole-in-one Location"	Love It or List It	"A Hole-in-one Location"	Flip or Flop	Flip or Flop (N)	Flipping 101 W.	Flipping 101 W.								
36	FX	(56) ★★ Daddy's Home 2 (2017, Comedy) Will Ferrell, Mel Gibson, Mark Wahlberg.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.	★★ Maze Runner: The Death Cure (2018, Action) Kaya Scodelario, Thomas Brodie-Sangster, Dylan O'Brien.								
37	CNN	(57) Cuomo Prime Time	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon	CNN Tonight With Don Lemon								
38	FNC	(58) Hannity	The Ingraham Angle	The Ingraham Angle	The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Tucker Carlson Tonight	Tucker Carlson Tonight								
39	MSNB	(60) The Rachel Maddow Show (N)	The Last Word (N)	The Last Word (N)	The Last Word (N)	The 11th Hour With Brian Williams (N)	The Rachel Maddow Show	The Rachel Maddow Show	The Last Word								
40	CNBC	(61) Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank								
41	BRV	(63) Real Housewives "Don't Mansion It"	The Real Housewives	The Real Housewives	The Real Housewives	Housewives "Not So Model Behavior"	The Real Housewives	The Real Housewives	"Just the Sip" (N)								
42	TCM	(64) (5:00) Little Caesar	★★★ Tiger Shark (1932) Richard Arlen, Edward G. Robinson.	★★★ Tiger Shark (1932) Richard Arlen, Edward G. Robinson.	★★★ Tiger Shark (1932) Richard Arlen, Edward G. Robinson.	★★★ The Sea Wolf (1941) Edward G. Robinson.	★★★ The Sea Wolf (1941) Edward G. Robinson.	★★★ The Sea Wolf (1941) Edward G. Robinson.	★★★ The Sea Wolf (1941) Edward G. Robinson.								
43	SYFY	(65) ★★ Constantine (2005, Sci-Fi) Rachel Weisz, Shia LaBeouf, Keanu Reeves.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.	★★★ Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.								
44	RFD	(162) Chasing-Madison	Small Town	Rural America "Live" (N)	Steve Lantvit	Rural Eve. News	Grown	Farm Monitor	Chasing-Madison								

FRIDAY EVENING		A - Charter Astoria/ Seaside - L - Charter Long Beach														MAY 8	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30				
2	KATU	(2) KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune (N)	Shark Tank (N)	20/20 Interviews and hard-hitting investigative reports.	News (N)	(35) Jimmy Kimmel									
3	KOMO	(4) KOMO 4 News at 6:00 p.m. (N)	Wheel Fortune (N)	Jeopardy! (N)	Shark Tank (N)	20/20 Interviews and hard-hitting investigative reports.	KOMO4News (N)	(35) Jimmy Kimmel									
4	KING	(5) NBC News (N)	KING 5 News (N)	KING 5 News (N)	Evening	The Blacklist "Roy Cain" (N)	Dateline NBC Investigative features are covered. (N)	KING 5 News (N)	(35) Tonight Show								
5	KOIN	(6) KOIN 6 News (N)	Evening News (N)	Extra (N)	Ent. Tonight (N)	MacGyver (N)	Magnum "May the Best One Win" (N)	Magnum "A Leopard on the Prowl" (N)	KOIN 6 News (N)								
6	KIRO	(7) KIRO 7 News (N)	Evening News (N)	KIRO 7 News (N)	Ent. Tonight (N)	MacGyver (N)	Magnum "May the Best One Win" (N)	Magnum "A Leopard on the Prowl" (N)	KOIN 6 News (N)								
7	KGW	(8) KGW News at 6:00 p.m. (N)	KGW News (N)	Straight Talk	Inside Edition (N)	The Blacklist "Roy Cain" (N)	Dateline NBC Investigative features are covered. (N)	News (N)	(35) Tonight Show								
8	KRCW	(3) Modern Family	Modern Family	The Goldbergs	The Goldbergs	MastersIllusion (N)	Dynasty "My Hangover's Arrived" (N)	KOIN 6 News at 10:00 p.m. (N)	Seinfeld								
9	KOPB	(10) Curious Traveler	BBC World News	PBS NewsHour (N)	PBS NewsHour (N)	Shakespeare "In My Memory Lock'd"	Midsomer M. (45) Midsomer Murders Pt. 2 of 2	Modus	Am. Portrait (N)								
10	KPTV	(12) 6 O'Clock News (N)	Family Feud (N)	Family Feud (N)	Family Feud (N)	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	The 10:00 p.m. News (N)	News (N)	Big Bang Theory								
11	KPDx	(-)	Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	8:00 p.m. Prime News (N)	The Simpsons	Family Guy								
12	KCPQ	(13) Modern Family	Modern Family	Big Bang Theory	Big Bang Theory	WWE SmackDown WWE superstars do battle in long-running rivalries. (N)	Q13 NEWS AT 10 (N)	Most Wanted	The Simpsons								
13	TBS	(20) Family Guy	Family Guy	★★★ First Dates (04, Romance) Drew Barrymore, Rob Schneider, Adam Sandler.	Guardians of the Galaxy Vol. 2 (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.	Guardians of the Galaxy Vol. 2 (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.	Guardians of the Galaxy Vol. 2 (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.	Guardians of the Galaxy Vol. 2 (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.	Guardians of the Galaxy Vol. 2 (2017, Action) Zoe Saldana, Dave Bautista, Chris Pratt.								
14	KZJO	(22) Friends	Mom	Modern Family	Q13 News at 8:00 p.m. (N)	Q13 News (N)	Seahawks	Big Bang Theory	Big Bang Theory								
15	ESPN	(29) (5:00) ★★ Unbroken (14, Biography) Finn Wittrock, Jai Courtney, Jack O'Connell.	Q13 SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)								
16	ESPN2	(30) POKER 2019 World Series	POKER 2019 World Series	POKER 2019 World Series	POKER 2019 World Series	NFL Live (N)	UFC Live "UFC 249 Preview" (N)	UFC "249: Ferguson vs. Gaethje"	UFC Main Event "Johnson vs. Cejudo 2"								
17	NICK	(31) The Loud House	The Loud House	Are You Smarter	Are You Smarter	To Be Announced	To Be Announced	Friends	Friends								
18	DISN	(32) (05) Raven's Home	(35) Raven's Home	★★ Zombies (2018, Musical) Emilia McCarthy, Meg Donnelly.	(40) Zombies 2 (2019, Musical) Meg Donnelly, Milo Manheim.	★★ Zombies (2018, Musical) Emilia McCarthy, Meg Donnelly.	(40) Zombies 2 (2019, Musical) Meg Donnelly, Milo Manheim.	(40) Gabby Duran	Coop & Cami								
19	FAM	(34) ★★ Matilda (1996, Family) Danny DeVito, Rhea Perlman, Mara Wilson.	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy								
20	FMC	(35) (4:40) The Heat (13) Sandra Bullock.	★★ The Heat (13, Comedy) Melissa McCarthy, Michael McDonald, Sandra Bullock.	(20) ★★ Alien: Covenant (2017, Sci-Fi) Katherine Waterston, Billy Crudup, Michael Fassbender.	(40) FXM Presents	★★ The Heat (13, Comedy) Melissa McCarthy, Michael McDonald, Sandra Bullock.	(20) ★★ Alien: Covenant (2017, Sci-Fi) Katherine Waterston, Billy Crudup, Michael Fassbender.	(40) FXM Presents	(40) FXM Presents								
21	LIFE	(36) King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	(35) King-Queens	(05) King-Queens	(35) King-Queens								
22	ROOT	(38) (4:00) MLB Baseball Classics Kan./Sea.	MLB Baseball Classics	Kansas City Royals vs. Seattle Mariners June 30, 2018	MLB Baseball Classics	Kansas City Royals vs. Seattle Mariners June 30, 2018	MLB Baseball Classics	Kansas City Royals vs. Seattle Mariners June 30, 2018	MLB Baseball Classics								
23	FS1	(39) (4:00) NFL Football	Classics	Football Now (N)	Fox Football Now	WPT Poker World Championship	WPT Poker World Championship	WPT Poker World Championship	WPT Poker World Championship								
24	SPIKE	(43) Two and a Half	Two and a Half	★★★ Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.	★★★ Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.	★★★ Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.	★★★ Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.	★★★ Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.	★★★ Hacksaw Ridge (2016, Biography) Sam Worthington, Luke Bracey, Andrew Garfield.								
25	COM	(44) Tosh.0	Tosh.0	Amy Schumer: Mostly Sex Stuff	Amy Schumer: Mostly Sex Stuff	Crank Yankers	Crank Yankers	Ugly Americans	Ugly Americans								
26	HIST	(45) Aliens	"Countdown to Disclosure"	Ancient Aliens "Secrets of the Maya"	Ancient Aliens "Secrets of the Maya"	Ancient Aliens "The Wisdom Keepers"	Ancient Aliens "The Wisdom Keepers"	Ancient Aliens "The Wisdom Keepers"	Ancient Aliens "The Wisdom Keepers"								
27																	