

SPORTS



Astoria High School
Michael Postlewait signs his letter of intent to attend Dallas Baptist University.

Astoria fisherman headed for Dallas

The Astorian

Astoria High School’s best fisherman will soon be on his way to the Lone Star State to continue his favorite sport.

Astoria senior Michael Postlewait has signed with Dallas Baptist University to be on their bass fishing club

sport team.

The Patriots are a consistent top 25 team in the national standings for bass fishing, finishing 17th, ninth and 23rd in 2017, 2018 and 2019.

Postlewait signed his letter of intent this week while seated in front of his boat, a 2006 Bass Cat Puma. He

will be one of six incoming freshmen on the Dallas Baptist team. The Patriots have only two others on their roster from outside Texas.

Postlewait was recently named to a nationwide high school all-state bass fishing team, one of just two students from Oregon selected to the team.



R.J. Marx/The Astorian
Fireworks light up the sky at last year’s Fourth of July show in Seaside.

Fireworks:
‘It’s a good decision, but a difficult one’

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Seaside. “If we’re the only one going, we could have 75,000 people at the beach,” Mayor Jay Barber said.

Officials estimate an annual economic impact to the city of more than \$20 million.

Owen said he worked with the city to make the decision to cancel.

“It’s a good decision, but a difficult one,” Barber said.

Along with fireworks, the city hosts an annual Independence Day parade, drum and bugle corps and an old-fashioned social at the Seaside Museum & Historical Society.

Discussions are ongoing on how the daytime celebrations will be treated, Assistant City Manager Jon Rahl said.

The city’s visitors bureau has regularly provided \$20,000 to \$25,000 in tourism grant dollars to the chamber to fund the fireworks.

But the remaining cost — estimated at \$50,000 — is provided by local businesses and community donors for pyrotechnics, security, setup, port-a-potties and more.

“Every single year businesses show up and they’re there,” Owen said.

Seaside businesses are worried about their employees during the coronavirus. “That’s the No. 1 thing I’m hearing — the health of their employees,” he said.

“That really saddens my heart, because it’s one of my favorite events of the year,” Owen said. “Not only is it our Independence Day, it’s a community day. We get to see all our family and friends. We get to highlight the Seaside community from morning till night.”

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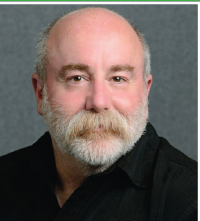
Q: How does sensitive toothpaste work?

A: Imagine one of your teeth — it has two main sections: the crown above the gum line and the root below.

People with sensitive teeth experience pain when their teeth are exposed to something hot, cold or when pressure is applied.

The layer of enamel may be thinner and the gum line may have receded, exposing more dentin. Therefore, the recession makes teeth more sensitive.

Sensitive toothpaste works by blocking the tubules in the dentine with a chemical called strontium chloride. Repeated use builds up a strong barrier by plugging the tubules more and more, leading to less-sensitive teeth.



Rory Gerard-Govea
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Q: I have fear, stress and anxiety about COVID-19. What can I do to help relieve these feelings??

A: Fear and anxiety about the disease, worrying about work, paying bills, caring for family or dealing with job loss can be overwhelming at times. Learning to cope with stress will make you, the people you care about, and your community stronger.

Here are some tips:

1. Unplug from media & Internet regularly.
2. Take care of your body—breathing, stretching, walking.
3. Unwind—engage in a hobby or pastime.
4. Talk to someone about how you feel.

For more info., call Rory at 503 515 2545.



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