

SCRATCHPAD

Look for the little things

By **ALYSSA EVANS**
COAST WEEKEND EDITOR



During recent weeks, I've found it increasingly important to find something positive in each day. This has been comfortingly easy to do, as our community has continued to stay strong and support each other, despite the hardships we face because of coronavirus.

For example, many local restaurants have shown generosity. Warrenton Domino's recently donated pizzas to local children and Fred Meyer staff. Some have offered free items, like produce. And many continue to give one another a boost when possible.

THIS WEEK, I ENCOURAGE YOU TO TAKE TIME TO FIND SOMETHING POSITIVE IN YOUR DAY. REGARDLESS OF WHETHER IT'S A PHONE CALL WITH A FRIEND, AN ONLINE CLASS OR SOMETHING DIFFERENT ALTOGETHER, I HOPE YOU STAY POSITIVE AND STAY HEALTHY.

In local Facebook groups, younger residents have volunteered to buy groceries for those who are afraid or unable to leave home. Resources have also been donated between one another, as residents have offered to give each other foods, cloth masks and toilet paper.

Local librarians, parents and teachers have all continued to focus on supporting children, through at-home activities like science projects, virtual story time and games.

The internet has been helpful in staying

connected between friends and family too, as video chats and phone calls have been used in place of spending time with each other in-person.

All in all, it's been reassuring to see that despite tough circumstances, many in our community continue to lend a hand when it's needed most.

These next few weeks will be important as the course is determined not only for our coastal towns, but states, country and beyond. While it's still unclear how long we will be impacted by coronavirus, the more we work together, the better off we will be.

This week, I encourage you to take time to find something positive in your day. Regardless of whether it's a phone call with a friend, an online class or something different altogether, I hope you stay positive and stay healthy.

our coast weekend

ON THE COVER

Art handler Colin Miller stands behind the counter at RiverSea Gallery.

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THE ASTORIAN



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