

BEST FOOD CART: GOOD BOWL

BY ALYSSA EVANS

Good Bowl got its start in 2015 when Andrea Mazzarella and Olaf Ydstie bought the food cart, which originally was a juice cart.

At Good Bowl, customers can choose between buying the cart's signature item "The Bowl" or tacos.

"All of our menu is made using very simple, similar ingredients," Ydstie said. "I prep everything fresh every morning. My goal is to create simple, fresh food."

Bowls cost \$8 and include rice, beans, pepper jack cheese, slaw, chipotle sour cream, cilantro pesto and sarza. Add-on options include chicken, avocado and eggs.

Tacos cost \$8 and include two chicken tacos with a side of rice, beans and cheese. Customers can also buy three veggie tacos for \$6.

Chicken is a popular add-on for both bowls and tacos, Ydstie said.

"It's amazing how many people won't eat a meal without meat," Ydstie said.

Another popular topping is avocados.

"We go through them a lot," Ydstie said.

Good Bowl is situated downtown near a handful of other food carts. It's not uncom-



mon to see Ydstie interacting with a small group of customers and neighboring business owners.

Ydstie said his favorite part about the job is the people he has gotten to know throughout the food cart's duration.

"It's a nice job, I'm really lucky," Ydstie said. "I enjoy the independence, flexible hours, working outside and the regulars. It's a really social job. It's very pleasant here."

Good Bowl is open from 11 a.m. to 3 p.m. off of 11th and Astor streets in Astoria. The cart only accepts cash purchases.



Photos by Alyssa Evans

ABOVE: Good Bowl. **LEFT:** Olaf Ydstie cooks chicken tacos inside Good Bowl.

WE EXPANDED!

Winnifred Byrne
LUMINARI ARTS

Thanks to you,
our great customers,
we expanded!
Come check out
our new
location!



1296 Duane St.
Astoria
503.468.0308



LUISA MACK JEWELRY & ART

Silver jewelry with beach gold from
Cape Disappointment.
Custom design work available.

177 Howerton Way SE - Ilwaco, WA 98624
360.244.3732 • www.luisamack.com



Winnifred Byrne
LUMINARI ARTS

Art Cards
Stationary
Jewelry
Ceramics

1296 Duane Street
Astoria, OR 97103
503.468.0308

See. Go. Do.

our coast weekend

The Arts • Music • Museums • Classes • Film News • Blogs • Dining • & More

