

No words for losing a child

Dear Annie: Reading your column on grieving, I was reminded of a quote I read regarding a parent's grief upon losing a child. Perhaps this would be helpful.

"A wife who loses a husband is called a widow. A husband who loses a wife is called a widower. A child who loses their parents is called an orphan. There is no word for a parent who loses a child. That's how awful the loss is."

This is to remind those who admonish, "Get over it, already." They are not at all helpful! — *A Grieving Reader in NY*

Dear Grieving Reader in NY: Thank you for sharing this beautiful quote. May it bring some comfort to others who have lost a child.

Dear Annie: I was touched by the wisdom in your response to "Bitter." Confession is good for the soul. My first impression was that the woman is so self-absorbed that she is dangerous to her family's ongoing dynamics. But your answer recognized and acknowledged her personal hurt and addressed it gracefully so a positive redirection could be introduced.

I am writing this to applaud the wisdom demonstrated in your thoughtful and thought-provoking column and very kind response to her. It was a blessing to read it. — *Happy Reader*

Dear Happy Reader: Thank you for your incredibly kind words. I am printing your letter to highlight the importance of trying to give people the benefit of the doubt — and offering love and acceptance instead of judgment.

Dear Annie: Recently, you responded to a question regarding whether to go to a rescue organization or a breeder for a husky puppy. Your response included a reference to Petfinder. Another good resource for rescued animals is the Rescue Me Pet Foundation. They have a wide variety of animal types and of breeds of each animal type. If one organization can't help, perhaps the other can. I applaud you

for encouraging the adoption of rescued pets. — *Rex Rescuer*

Dear Rescuer: Thank you for your suggestions.

Dear Annie: The end of 1998 was horrible for me. I lost my father in November to cancer, and in December, I lost my 50-year-old husband to heart issues.

What has gotten me through all these years has been to think positively and to surround myself with everything positive: my favorite music, my favorite colors in clothing, my most positive friends and, especially, my family.

I have also gone back to church and am very involved in many different projects. — *Tips to Cope*

Dear Tips to Cope: Thank you for sharing what has supported you through your grief.

Dear Annie: Your response to "Useless in CT" was spot on. Many years ago, my 16-year-old daughter asked that I not intervene with a high school teacher so that she could handle the situation herself. She was, and is, the type of person who could communicate rationally without becoming rattled. I find this approach difficult, so I prefer the written word.

If the granddaughter is easily intimidated by bullies, she might consider writing a clearly worded letter to her grandmother. With help from her mother, the letter could outline her feelings and offer an explanation as to why she will be no longer be a participant in the gift exchange. This would enable her to put forth her side without risking verbal interruptions and excuses that may be offered by the grandmother. It may even help grandma see the result of her behavior and work to repair their relationship. — *Southern Girl*

Dear Southern Girl: Thank you for offering another option for sharing our thoughts and emotions — the written word. Writing letters can be a beautiful and liberating way to express our emotions. Sometimes, we don't even need to send the letters to experience the catharsis.

DEAR ANNIE



ANNIE LANE
Creators
Syndicate Inc.

COMMUNITY BRIEFS

AAUW holds joint meeting

Members of the Astoria and Seaside branches of the American Association of University Women are hosting a joint meeting at 6 p.m. Tuesday at the Astoria Public Library, 450 10th St. Oregon AAUW President Georgia Applegate will be there.

The meeting offers an opportunity to learn more about the group, and the many ways they advocate for girls and women, such as the joint sponsorship of the Women Interested in Going to School conference scheduled for March 14 at Clatsop Community College.

Participants are provided a daylong event that includes workshop sessions on financial aid, setting educational goals, meeting criteria and many other details involved in going to or returning to college. The event also includes meals and child care — all at no cost.

For information, go to astoria-or.aauw.net and seaside-or.aauw.net

Hydrant flushing, flow testing starts Tuesday

On Tuesday, the city of Astoria Public Works Operations begins the annual flushing and flow testing of 457 fire hydrants, which will take place between 7 a.m. and 3:30 p.m. for approximately five weeks. The locations of testing will be announced daily on the city website and on local radio stations.

Customers may experience temporary low pressure and/or water discoloration during the flushing and flow testing process. If these conditions continue after 3:30 p.m., call Astoria Public Works at 503-325-3524.

Diabetes seminar offered

A "Reversing Diabetes Seminar" is being offered from Feb. 19 to March 25 at the Astoria Seventh-day Adventist Church, 300 Nehalem Ave. For information, and to register, call 503-325-0610 and leave a message.

— *The Astorian*

RELIGION BRIEFS

Crossroads Community SVENSEN — Crossroads Community Church, a Friends Fellowship, at 40618 Old Highway 30, is holding a Free Family Film Friday at 6:45 p.m. Friday. Come enjoy a film and fellowship. All are welcome. For information, call Shawn Leonard, pastor, at 503-949-5033.

Community HU sing SEASIDE — A Sound of Soul Event, Singing HU (Hue), an ancient name for God, takes place at 3 p.m. Sunday at the Seaside Public Library, 1131 Broadway, sponsored by ECKANKAR, The Path Of Spiritual Freedom. For information, contact Seann Valen at eckcoast@gmail.com

Cannon Beach Community CANNON BEACH — Cannon Beach Community Church, 132 E. Washington St., holds an Evensong service at 6 p.m. the first and third Sunday of the month. All are welcome.

Evensong features Wes Warhmund (guitar, flute and clarinet) and meditative songs, psalms, readings, candlelight and time for quiet reflection.

For information, call the church at 503-436-1222.

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship meets at 11 a.m. Sunday at the Performing Arts Center, 588 16th St. The speaker is Sarah Loose from the Interfaith Movement for Immigrant Justice. Childcare is available during the service; a time for socializing follows the service.

Grace Episcopal

Grace Episcopal Church, 1545 Franklin Ave., is holding its annual Books & Brownies & Browsing sale from 10 a.m. to 3 p.m. Friday and Saturday.

For information, call the church at 503-325-4691 or go to graceastoria.org

Bethany Free Lutheran

Bethany Free Lutheran Church, 451 34th St., is having a pie social at 6 p.m. Sunday, which also features the church pastor, Craig Johnson, showing pictures and sharing about recent trips to Israel and India. All are welcome.

HONOR ROLL

The following students have qualified for the honor roll by earning a 3.5 grade point average or higher at school.

Eastern Oregon University La Grande

Cannon Beach:

Danielle Williams.

Warrenton: Noni Webster.

University of Nebraska Lincoln, Nebraska Astoria: Maria Heyen.

SELF-HELP GROUPS

Al-Anon (Astoria) — 7 p.m. Tuesday, Peace Lutheran Church, 565 12th St.; 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087.

Al-Anon (Clatskanie) — 7 p.m. Monday, Faith Lutheran Church, 1010 N.E. Fifth St., Clatskanie. For information, call 503-728-3351.

Al-Anon (Nehalem) — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St. For information, call 503-368-8255.

Al-Anon (Seaside) — 6:30 p.m.

Tuesday, Seaside Public Library, 1131 Broadway, call 503-810-5196 for information.

Al-Anon (Tillamook) — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., call 503-842-5094 for information; 9 a.m. Thursday, 6505 Headquarter St., Tillamook; noon Friday, 5012 Third St., call 503-730-5863 for information.

Al-Anon Family Groups information — Oregon Area Al-Anon website, oregonal-anon.org

Alateen (Tillamook) — 4 p.m. Monday, 5012 Third St. For information, call 503-730-5863.

VIKING CRUISES RIVER & OCEAN CRUISING



VIKING CRUISES
Exploring the World in Comfort®

Get ready to set sail on your next adventure! Join John Jerkovich of Viking Cruises to learn about sailing Europe's storied rivers on award winning Viking Longships and Worldwide ocean itineraries designed to maximize your time spent in each port!

Friday, February 21st at 6:00 p.m.

AAA Warrenton / North Coast Service Center

153 S Highway 101, Warrenton

RSVP Today!

RSVP: 503.861.3118

NORTHCOAST@AAAOREGON.COM



KEEP LIFE GOING®

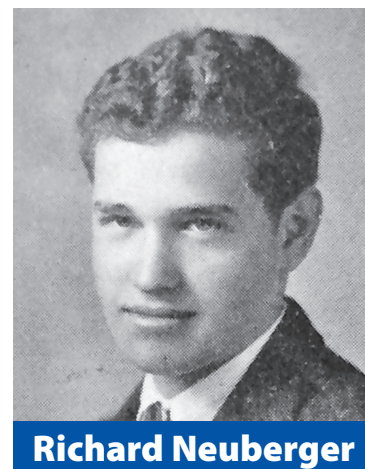
All events are open to the public and free to attend, but space is limited. Please RSVP.

2019-2020 | 30TH SEASON

COLUMBIAFORUM

Tuesday, February 18, 2020

Richard Neuberger of Oregon: A man ahead of his time



Richard Neuberger

When Neuberger died at the age of 47 in 1960, he was one of the most consequential Oregonians of the first half of the Twentieth Century. Through his writing and political career, he moved the center of Oregon politics from conservative to liberal. He was the first Democrat in 40 years Oregon elected to the U.S. Senate. He was the second Jew elected to the U.S. Senate.

As one of America's most prolific freelance writers, Neuberger gave voice to conservation values. As Senator, he was one of three original authors of the National Wilderness Act. He also moved the Highway Beautification Act through the Senate.

After decades of research, Forrester has authored a chapter on Neuberger for *Eminent Oregonians: Five Who Matter*, which will be published in early 2021. Subsequently, he will author a full Neuberger biography.

**Tuesday,
February 18, 2020**

6 pm Appetizers

6:30 pm Dinner

7 pm Program

Lecture-only attendees

arrive 6:45 pm

Columbia Forum Sponsors:

- The Astorian/Coast River Business Journal
- KMUN
- Cannery Pier Hotel and Spa
- Craft3
- OSU Seafood Lab

COLUMBIAFORUM 2019-20

RSVP by Thursday, February 14, 2020

To Attend:

Members: Dinner & Lecture \$25 each; Lecture only free.
Non-Members: Dinner & Lecture \$35 each; Lecture only \$15 each

For reservations, to become a member or be added to contact list:

Call 503-325-7679 or

email forum@dailyastorian.com



Forum to be held at
Baked Alaska's
NEKST EVENT
175 14th St., Ste 100
Astoria
Foot of 12th St.